## Federal Benefits FastFacts

What to do When Your Health Plan is Terminating Coverage in Your Area or Leaving the Federal Employees Health Benefits (FEHB) Program.

There are four ways your plan's enrollment can be affected. Each may require a different response, so be sure to identify your situation.

- 1. Plan leaves FEHB Program entirely;
- 2. Plan reduces its service area and eliminates its enrollment code;
- 3. Plan reduces its service area and keeps its enrollment code; or
- 4. Plan drops an option.
- \* How will I know if my enrollment is affected? You will receive a letter from your plan stating that it is no longer participating in the FEHB Program or that it is no longer providing services in your area. You can change your plan during Open Season. You can contact your Human Resources (HR) office or refer to the Federal Benefits Open Season: FEDVIP and FEHB Program Significant Plan Changes at <a href="https://www.opm.gov/retire/pubs/bals">www.opm.gov/retire/pubs/bals</a> or <a href="https://www.opm.gov/insure/health/reference/hr.asp">www.opm.gov/insure/health/reference/hr.asp</a>
- \* What do I do now that I know my enrollment is affected? You will need to change your enrollment to another plan during Open Season. Follow the instructions in the letter you received from your plan.
- \* My plan is leaving the FEHB Program entirely. What happens if I don't change to another plan? If you are an employee and you do not change plans, you will not have coverage in the new plan year. If you are a retiree, you will be automatically enrolled in the Blue Cross Blue Shield Service Benefit Plan Standard Option.
- \* My plan is reducing its service area AND eliminating my enrollment code.

What happens if I don't change to another plan? If you are an employee and you do not change plans, you will not have coverage in the new plan year. If you are a retiree, you will be automatically enrolled in the Blue Cross Blue Shield Service Benefit Plan Standard Option.

- \* My plan is reducing its service area AND keeping my enrollment code. What happens if I don't change to another plan? You will only have coverage in your area for emergency or urgent care services in the new plan year. You would need to travel to the plan's remaining service area to receive benefits for other eligible medical care.
- \* My plan is eliminating my option.
  What happens if I don't change to
  another plan? You will be automatically
  enrolled into one of the plan's options that
  remain. Please refer to the letter you
  received from your plan for more
  information.
- \* If my High Deductible Health Plan (HDHP) is terminating coverage in my service area or is leaving the FEHB Program, what happens to my Health Savings Account (HSA) or my Health Reimbursement Arrangement (HRA)? If you wish to continue contributing to your HSA, you must enroll in another HDHP. If you do not enroll in another HDHP, you can withdraw money from your HSA for qualified medical expenses. You should check Internal Revenue Service (IRS) guidance on use of HSA dollars for non-qualified medical expenses. You should work directly with your fiduciary to make decisions regarding your HSA.

Unless you use your HRA credits, they will be forfeited once the plan you've elected becomes effective.

\* How do I change my enrollment to another plan? If you are an employee, use your agency's online self-service system such as Employee Express, MyPay, Employee Personal Page, EBIS, etc. If you need additional help, please contact your HR office for details.

If you are a Civil Service Retirement System (CSRS) or Federal Employees Retirement System (FERS) retiree, you should call Open Season Express at 1.800.332.9798 or access Open Season Online at

https://retireeFEHB.opm.gov. If you receive an annuity from another retirement system, please visit

www.opm.gov/insure/health/planinfo/enroll. asp#annuitants for information on how to change your enrollment.

\* When does my old plan stop providing coverage? The plan will continue to provide benefits until the plan you've elected becomes effective.

What are my rights if I'm pregnant or I have a chronic or disabling condition? Under the Patients' Bill of Rights, enrollees who are seeing a specialist for a chronic or disabling condition or who are in the second or third trimester of a pregnancy have a right to continued treatment for up to 90 days of care (or treatment through the end of post-partum care) following notice that a health plan is leaving the FEHB Program.

\* When does the health plan I've elected during Open Season start providing coverage? Your coverage begins on the first day of the first full pay period in the next contract year. For example, below shows the 2012 effective dates for most enrollees.

Non-Postal Employees	Jan. 1
Postal Employees	Jan. 14
Retirees	Jan. 1
Office of Workers'	Jan. 15
Compensation (OWCP)	

- \* How can I compare the different health plans available to me? There are several resources available to help you compare plans.
- Compare Health Plans - <u>www.opm.gov/insure/health/search/plans</u> earch
- Health Plan Brochures www.opm.gov/FEHBbrochures

- Guide to Federal Benefits www.opm.gov/insure/health/planinfo/guid es/index
- PlanSmartChoice www.plansmartchoice.com/registration.aspx
- Consumer's Checkbook - <u>www.checkbook.org/newhig2/hig.cfm</u> (for employees only)
- \* Where can I find the plan brochures?
- Visit www.opm.gov/FEHBbrochures
- Call the plan directly
- Contact your HR office
- \* How do I find out if my doctor is part of the health plan? You can find provider directories at <a href="https://www.opm.gov/FEHBbrochures">www.opm.gov/FEHBbrochures</a>, or call your plan, or contact your provider.
- \* I have a supplemental dental plan offered through my old FEHB plan. What happens to that coverage? Since your plan is terminating coverage, any supplemental dental and/or vision coverage that you have through your plan will also terminate. The Federal Employees Dental and Vision Insurance Program (FEDVIP) offers dental and vision insurance for eligible Federal employees and retirees. To find more information about dental insurance, please visit www.opm.gov/insure/dental. To find more information about vision insurance, please visit www.opm.gov/insure/vision. If you are currently enrolled in FEDVIP, your FEHB plan's termination will not affect your FEDVIP enrollment.
- \* I have other supplemental coverage through my old FEHB plan. What happens to that coverage? Since your plan is terminating coverage, any supplemental coverage that you have through your plan will also terminate. Please contact your plan for more information about your supplemental coverage.

Where can I go for more information on Open Season? Visit <a href="www.opm.gov/insure">www.opm.gov/insure</a> and <a href="www.opm.gov/insure/openseason">www.opm.gov/insure/openseason</a>. The Open Season website will be updated with information in late October.