



# Coast Guard Family Resources

## Family Resources



**CG SUPRT**

1-855-CG SUPRT  
(247-8778)  
[www.cgsuprt.com/](http://www.cgsuprt.com/)

**Coast Guard Employee Assistance Program**

Office of Work-Life: [www.uscg.mil/worklife](http://www.uscg.mil/worklife)

Coast Guard Career Central: [www.uscg.mil/careercentral](http://www.uscg.mil/careercentral)  
(links to human resources products and services)

Childcare Program: [www.uscg.mil/worklife/child\\_care.asp](http://www.uscg.mil/worklife/child_care.asp)

Coast Guard Chaplain: [www.uscg.mil/comdt/cocg/](http://www.uscg.mil/comdt/cocg/)

Coast Guard Civilian Personnel: [www.uscg.mil/civilianhr](http://www.uscg.mil/civilianhr)

Coast Guard Exchange: [www.cg-exchange.com/](http://www.cg-exchange.com/)

Coast Guard Housing: [www.uscg.mil/hr/cg122/Housing/](http://www.uscg.mil/hr/cg122/Housing/)

Coast Guard Institute: [www.uscg.mil/hq/cg1/cgi](http://www.uscg.mil/hq/cg1/cgi)  
(links to college and tuition assistance)

milConnect: <https://www.dmdc.osd.mil/milconnect/>

Coast Guard Mutual Assistance: [www.cgmahq.org](http://www.cgmahq.org)

Coast Guard MWR: [www.uscg.mil/mwr](http://www.uscg.mil/mwr)

Ombudsman Program: [www.uscg.mil/ombudsman](http://www.uscg.mil/ombudsman)

Scholarships: [www.uscg.mil/worklife/scholarship.asp](http://www.uscg.mil/worklife/scholarship.asp)

Sexual Assault Prevention and Response Program (SAPR):  
[www.uscg.mil/worklife/rape\\_sexual\\_assault.asp](http://www.uscg.mil/worklife/rape_sexual_assault.asp)

TRICARE: [www.tricare.mil/](http://www.tricare.mil/)

Coast Guard Reserve: [www.uscg.mil/reserve](http://www.uscg.mil/reserve)

Coast Guard Retirees: [www.uscg.mil/retiree](http://www.uscg.mil/retiree)

## Follow the Coast Guard



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[www.youtube.com/user/USCGImagery](http://www.youtube.com/user/USCGImagery)



Flickr  
[www.flickr.com/photos/coast\\_guard/](http://www.flickr.com/photos/coast_guard/)

## Coast Guard Links

Coast Guard WWW site: [www.uscg.mil/](http://www.uscg.mil/)

Senior Leadership Bios: [www.uscg.mil/seniorleadership/](http://www.uscg.mil/seniorleadership/)

CG-1 (Human Resources) Flag Voice:  
[www.uscg.mil/hr/flagvoice](http://www.uscg.mil/hr/flagvoice)

Coast Guard Auxiliary: [www.uscg.mil/auxiliary/](http://www.uscg.mil/auxiliary/)

Coast Guard Community Relations:  
[www.uscg.mil/community/](http://www.uscg.mil/community/)

Coast Guard Directives : [www.uscg.mil/directives/](http://www.uscg.mil/directives/)

Coast Guard Diversity: [www.uscg.mil/diversity](http://www.uscg.mil/diversity)

Coast Guard Leadership and Professional Development:  
[www.uscg.mil/leadership](http://www.uscg.mil/leadership)

Coast Guard Messages (ALCOASTs, etc.):  
[www.uscg.mil/announcements/](http://www.uscg.mil/announcements/)

Coast Guard Recruiting: [www.gocoastguard.com](http://www.gocoastguard.com)



**Assistant Commandant  
for Human Resources**

[www.uscg.mil/hr](http://www.uscg.mil/hr)