

Workshop: Are Your Support Programs for Service Members Effective?



READY MINDS PROGRAM: INTRODUCTION TO CASE STUDY FOR PROGRAM EVALUATION

Program Description: The *Ready Minds* program has a primary goal of promoting readiness among service members with deployment related conditions through education and behavioral health interventions. *Ready Minds* program services have been designed to: identify and treat psychological health concerns as well as screen and provide referrals for co-morbid conditions (e.g., traumatic brain injury).

Ready Minds Mission: “We are dedicated to the evaluation and care of Wounded Warriors with Psychological Health disorders”

Ready Minds promotes service member readiness by:

- Increasing knowledge and education surrounding behavioral health disorders
- Providing interventions to service members with psychological health disorders
- Identifying other co-morbid health issues and referring service members to other specialty clinics as appropriate

Ready Minds services include:

- Intake interviews and diagnostic evaluations
- Screening for co-morbid conditions and referrals to other specialties as appropriate
- Behavioral health information sessions
- Therapies (Individual & group therapy; Medications)
- Educational material dissemination
- Self-paced online courses

Problem Description: *Ready Minds* has been in place for 4 years at Camp Somewhere, staff numbers have increased from nine to 22 over the past two years, and the program has served more than 1,500 participants. In order to receive continued funding for the *Ready Minds* program, Bureau of Medicine and Surgery (BUMED) has requested that *Ready Minds* provide data to prove their programs’ effectiveness and to what extent the program is meeting its objectives.

Task: You have been asked to develop a plan for conducting a Program Evaluation of *Ready Minds* in order to demonstrate effectiveness of the *Ready Minds* program to BUMED.