



# Resources for Health Care Providers Treating Service Members, Veterans and Military Families

Service members who return from deployment with concerns related to psychological health or traumatic brain injury (TBI) rely on both military and civilian health care providers for counsel and treatment. The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) offers a variety of resources for health care professionals, designed to assist them in treating service members, veterans and their families. Descriptions of these resources are below.

## DCoE Outreach Center

The DCoE Outreach Center is staffed by trained health resource consultants who are available 24 hours a day, seven days a week. These individuals can provide service members, veterans, families, clinicians and researchers with information and resources related to psychological health and TBI. The DCoE Outreach Center can be reached via:

- Phone: 866-966-1020 Toll-Free
- E-mail: [resources@dcoeoutreach.org](mailto:resources@dcoeoutreach.org)
- Live chat: [www.dcoe.health.mil/24-7help.aspx](http://www.dcoe.health.mil/24-7help.aspx)



Clinical Providers Booth Display

## Clinical Guidance Documents

The DCoE Website, [www.dcoe.health.mil](http://www.dcoe.health.mil), provides resources for health care professionals which summarize the latest clinical guidance for TBI, as well as a number of other psychological health topics.



Mental Health Resources Poster

## inTransition

The inTransition program facilitates the seamless continuation of care for service members who receive mental health treatment and face a transition (e.g., call to active duty, relocation, retirement, etc.). This joint Department of Defense and Department of Veterans Affairs (DoD/VA) collaboration connects these service members with resources and a personal coach, available by phone, to help them with their transition. Coaches can help identify local community resources, support groups, crisis intervention services and other assistance in the service member's new location.

For more information on inTransition, visit [www.health.mil/inTransition](http://www.health.mil/inTransition).

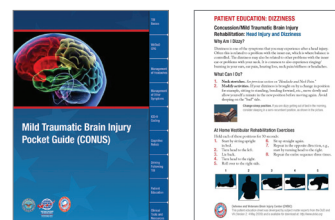


Clinical Providers Booth Display

## Conferences and Training Events

DCoE sponsors and attends several conferences throughout the year. In addition, DCoE connects health care providers with courses offered by the DoD on various subjects related to psychological health and TBI.

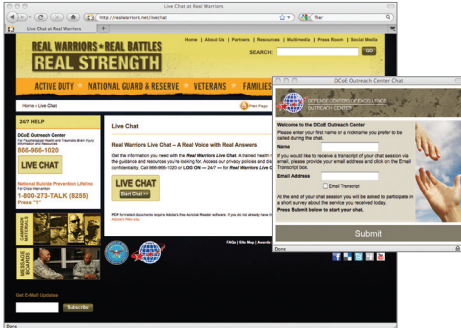
For more information, visit [www.dcoe.health.mil/training.aspx](http://www.dcoe.health.mil/training.aspx)



mTBI Pocket Guide

## Real Warriors Campaign

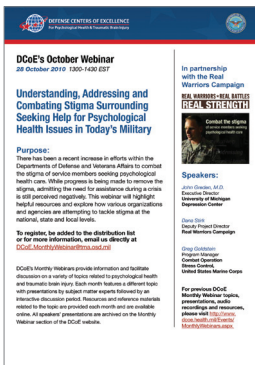
Real Warriors is a public education initiative to promote help-seeking behavior for warriors and veterans with invisible wounds by sharing the stories of real service members who are proving through example that reaching out is a sign of strength. The campaign website ([www.realwarriors.net](http://www.realwarriors.net)) features special articles, message boards and video profiles for health care providers, as well as information about resilience and treatment for warriors and the families who support them. The site is updated frequently with new resources.



Real Warriors Campaign Website

## Monthly Webinars

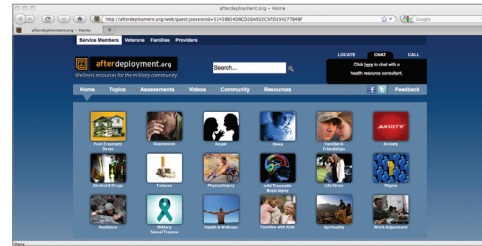
DCoE hosts monthly webinars that focus on important topics from trauma in military children to sexual assault in the military. In fact, DCoE's first webinar in December 2009 focused on the role of chaplains in supporting treatments for psychological health and TBI. The hour-long virtual event is open to the public, and occurs on the final Thursday of each month. Sign up today by e-mailing [dcoe.monthlywebinar@tma.osd.mil](mailto:dcoe.monthlywebinar@tma.osd.mil).



Webinar Invitation

## afterdeployment.org

The mission of [afterdeployment.org](http://afterdeployment.org) is to help warriors and their loved ones manage the challenges that are often faced following a deployment. Information and self-guided solutions for dealing with common post-deployment problems, such as stress, anger, depression and relationship issues are available on the website. The content is directed at service members, their families, veterans and providers. To access the self-assessments, quizzes and other interactive features of [afterdeployment.org](http://afterdeployment.org), please visit <http://afterdeployment.org>.



[afterdeployment.org](http://afterdeployment.org) Website

## DCoE Component Centers

DCoE also connects health care providers with resources from its six component centers:



**Defense and Veterans Brain Injury Center**  
[www.dvbic.org](http://www.dvbic.org)



**Center for Deployment Psychology**  
[www.deploymentpsych.org](http://www.deploymentpsych.org)



**Deployment Health Clinical Center**  
[www.pdhealth.mil](http://www.pdhealth.mil)



**Center for the Study of Traumatic Stress**  
[www.centerforthestudyoftraumaticstress.org](http://www.centerforthestudyoftraumaticstress.org)



**National Center for Telehealth & Technology**  
[www.t2health.org](http://www.t2health.org)



**National Intrepid Center of Excellence**  
[www.dcoe.health.mil/ComponentCenters/NICoE.aspx](http://www.dcoe.health.mil/ComponentCenters/NICoE.aspx)