



Youth Substance Abuse:

Continuum of Care and the California Youth Regional Treatment Centers

California Area Office Staff

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- Steven Zerebecki, *California YRTC Planner*

Youth Substance Abuse Continuum of Care

Dave Sprenger, M.D.

Area Office Medical and Behavioral Health Consultant

Overview

- ASAM levels of care
- California State Foster Care levels
- California Area future YRTC's

American Society of Addiction Medicine (ASAM)

- ASAM Patient Placement Criteria first developed in early 90's to facilitate:
 - Individualized treatment
 - Ready access to service
 - Attention to multiple treatment needs
 - Ongoing reassessment and modification of the plan

Broad view of ASAM Levels

- 0.5: Early intervention/ prevention
 - I: Out-patient treatment
 - II: Intensive out-patient/ partial hospitalization
 - III: Residential Treatment
 - IV: Medically-managed intensive inpatient (hospital)
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- Each level has a Detox track (e.g. IID)
 - Correspond to many assessment scales

Prevention Activities (ASAM 0.5)

- No identified patient
- Primary prevention- aimed at youth in general. Examples:
 - Public service announcements
 - Recreational activities
- Secondary prevention- targeted toward “at-risk” youth. Examples:
 - After school programs
 - In school groups

Out-patient substance abuse counseling (ASAM I)

- Most of our tribal and urban Indian programs have out-patient substance abuse services
- Interventions at this level consist of evaluation of youth who has been identified as having a substance abuse problem, individual and group substance abuse counseling and recovery support oriented case management
- The IHS recommends at least 1 substance abuse counselor FTE per 1200 service population

Intense outpatient/partial hospitalization (ASAM II&II.5)

- There have been a few tribal/urban Indian health programs with this level of care, but not many (Toiyabe)
- This can be used as a primary treatment, as well as step-down care
- Aftercare is important, but does not receive adequate attention

Residential Treatment levels (ASAM III)

- III.1: Clinically-managed, low intensity residential (halfway house, sober living)
- III.3: Clinically-managed, medium intensity residential
- III.5: Clinically-managed, medium to high intensity residential
- III.7: Medically-monitored, intensive inpatient

Medically-managed intensive in-patient (ASAM IV)

- This is hospital-level care, usually located at a hospital, or medical center

California State Foster Rate Levels

- Developed by California State Department of Social Service for “group homes” (includes residential)
- Developed for youth in custody of court or social services (over 50% of youth treated through Risk Pool had been in foster care at one time)

Foster rate levels

- Level 1 through 15, based upon intensity, education level of following staff:
 - Residential care
 - Social service
 - Mental health
- Funding from state based upon level, currently:
 - Level 1 = \$2,159
 - Level 14= \$9,146

Community Treatment Facility

- Highest Level =15
- Needs to be licensed by both Department of Social Services and Department of Mental Health
- Similar in intensity to ASAM III.7 or IV
- Project justification document was approved at a Level 15, CTF

Previous IHS/California Area YRTC's and group homes

- La Posta facility operated by SIHC was state foster rate level 12, probable ASAM rating of III.3 to III.5
- Toiyabe Transitional Living Center was foster rate level of 11, probable ASAM of III.3
- Yuki Trails TLC state foster rate level 10, probable ASAM of III.3

Contract facilities

- Red Rock Canyon School is an ASAM level III.5 facility
- With an on-site pediatrician and psychiatrist, Cinnamon Hills Treatment Center is ASAM III.7

Future IHS/CAO YRTC's

- Both YRTC's will be at state foster rate level 15
- ASAM criteria level III.7 at minimum
- Staffing plan developed via State of California Community Treatment Facility guidelines

Future IHS/CAO YRTC staffing

Title	FTE
Program Administrator	1.0
Deputy Administrator	1.0
Mental Health Program Director	1.0
Psychiatrist (Board Eligible)	1.0
Pediatrician/Family Practice	0.5
Licensed MH Staff	3.0
Certified A/ASA Counselors	3.0
Nurse Supervisor (RN/BSN)	1.0
Licensed Nursing Staff	10.0
Intake/Aftercare Coordinator (licensed MH)	3.0
Certified Recreational Therapist	1.0
Cultural Coordinator	1.0
Assistants to Recreation Therapists and Cultural Coordinator	2.0
Billing/Insurance Coordinator	1.0
Health Educator	0.5

Title	FTE
Receptionist/Clerk	1.5
Quality Assurance/ Outcome Mgt.	1.0
Resident Assistant Supervisor	1.0
Resident Assistants	22.0
Credentialed Teachers	2.0
Housekeeping/Maintenance Supervisor	1.0
Housekeeping/Maintenance	3.0
Food Service Supervisor (Dietician)	1.0
Food Service Worker	8.0

Total = 70.5 full-time staff

Relative facility size

- Yuki Trails TLC- 10 bed group home for males on Round Valley reservation about 4,500 sf
- The La Posta facility, 20-bed male and female residents was 12,000 sf
- The future IHS/CAO YRTC's will be about 42,000 sf

Summary

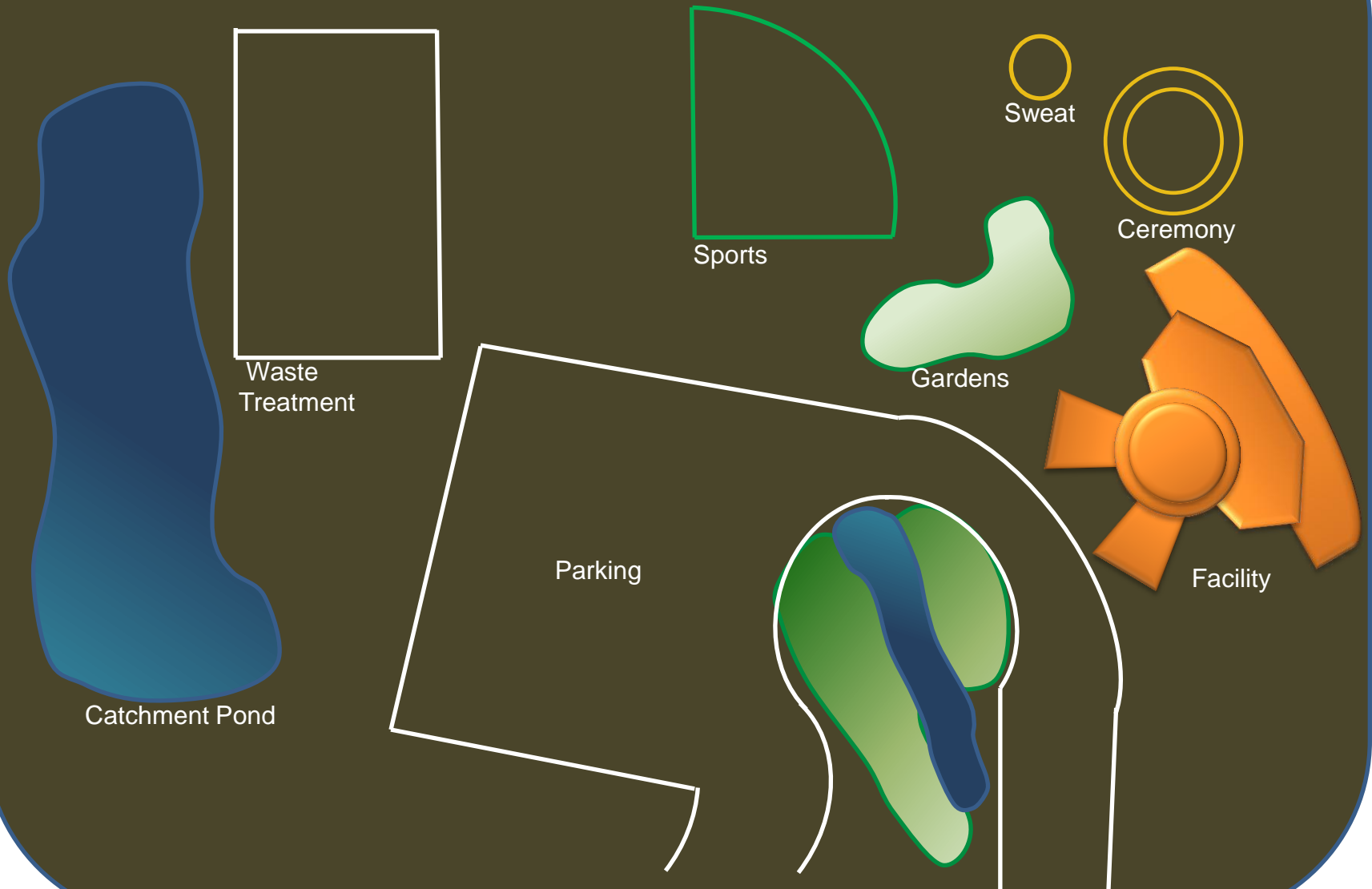
- The future IHS/CAO YRTC's will be large, complex facilities, unlike anything yet in our Area
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California
Youth Regional Treatment Centers
(YRTC)

Facility and Design Updates

Gary Ball
Area Office Staff Architect

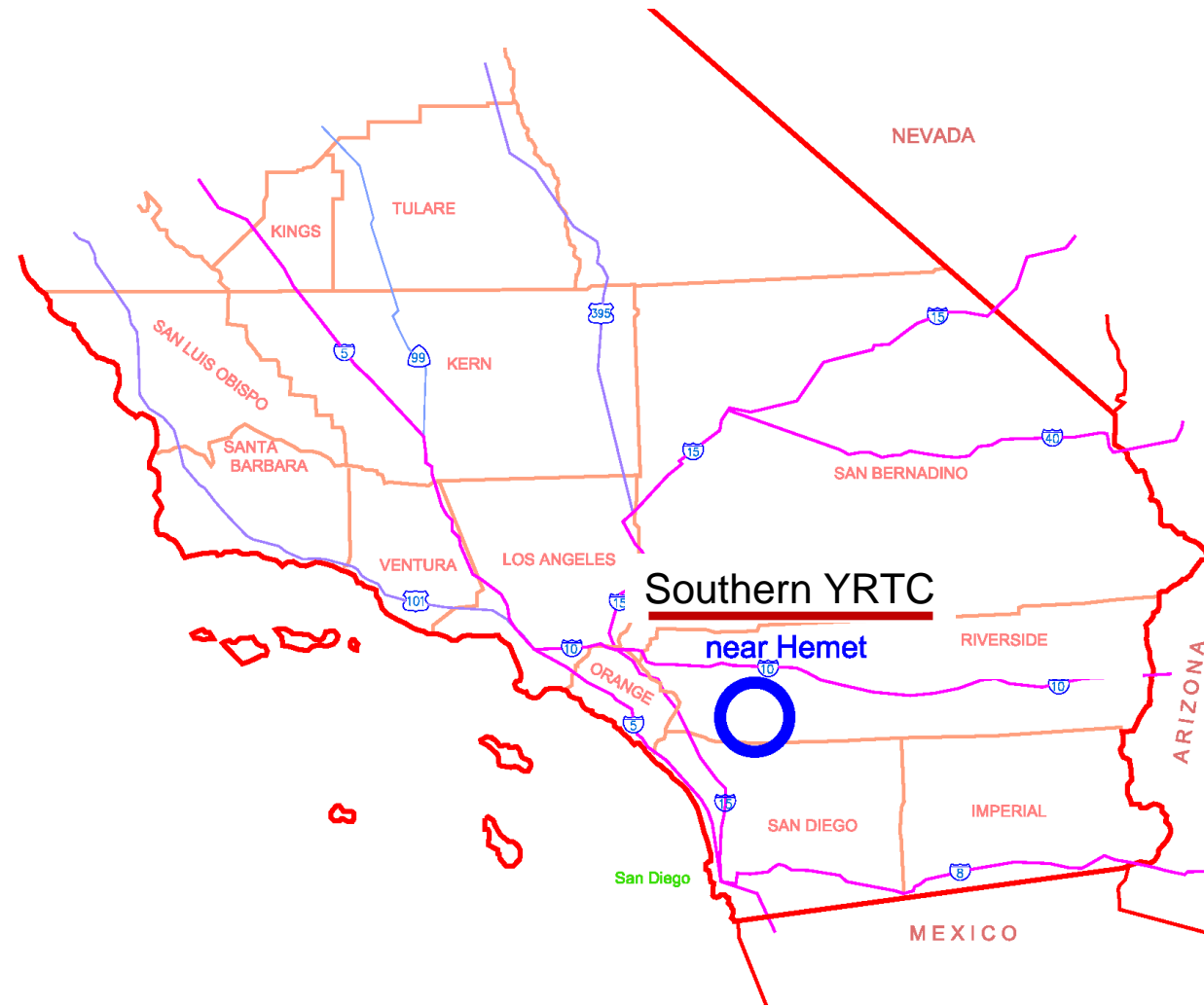
Conceptual site plan for the YRTCs



Southern YRTC



Southern YRTC



- 20 Acres
- Flat Ranch Land
- Design as Bare Land
- 76 miles to ONT
Ontario Airport
- 60 miles to PSP
Palm Springs Airport
- Towns:
Hemet - 17 miles
Temecula - 21 miles

Southern YRTC



Sage Road

Sage Rd

Breck Rd

Best Road

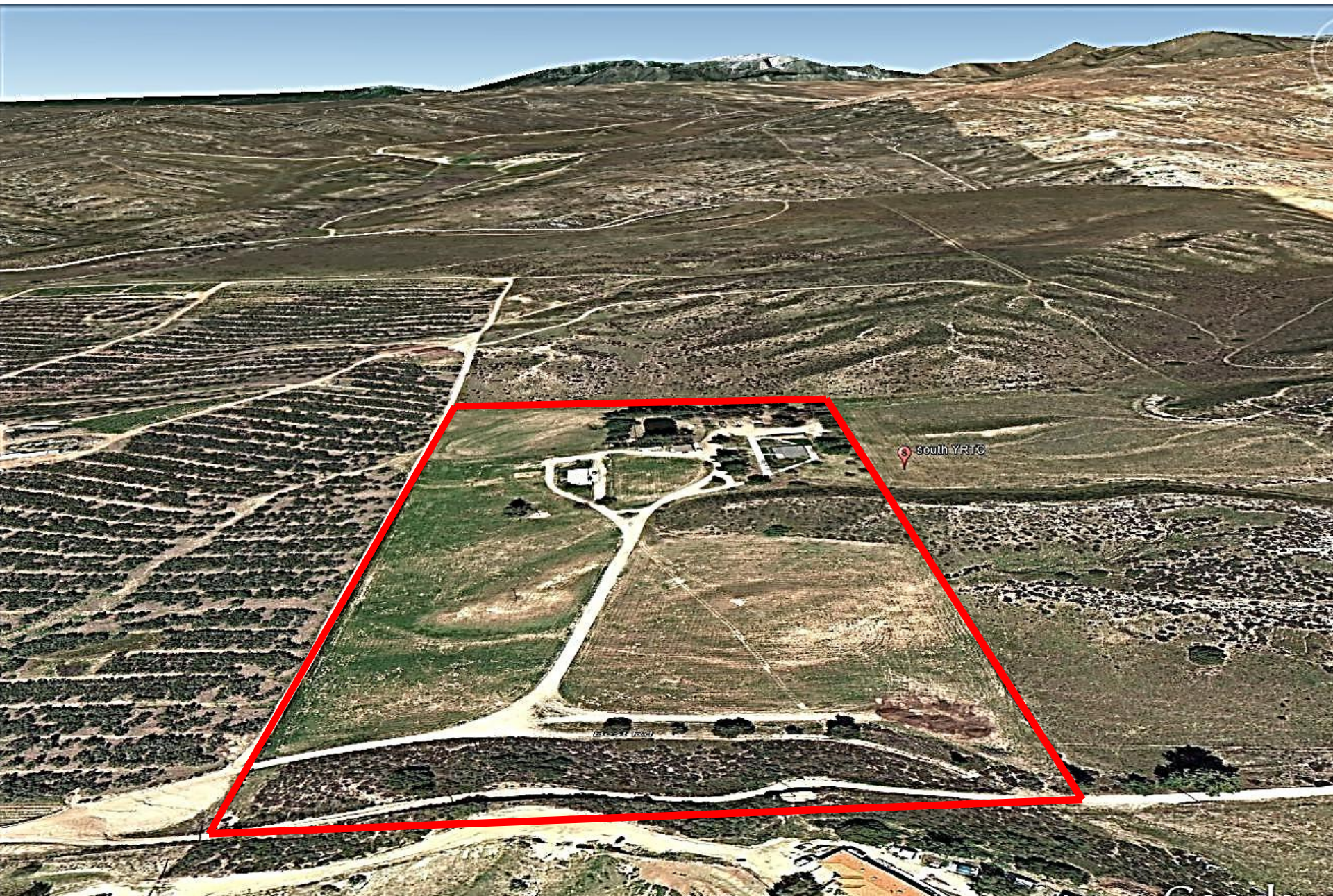
Best Rd

Rena Ln

Fairview Rd

Southern
YRTC

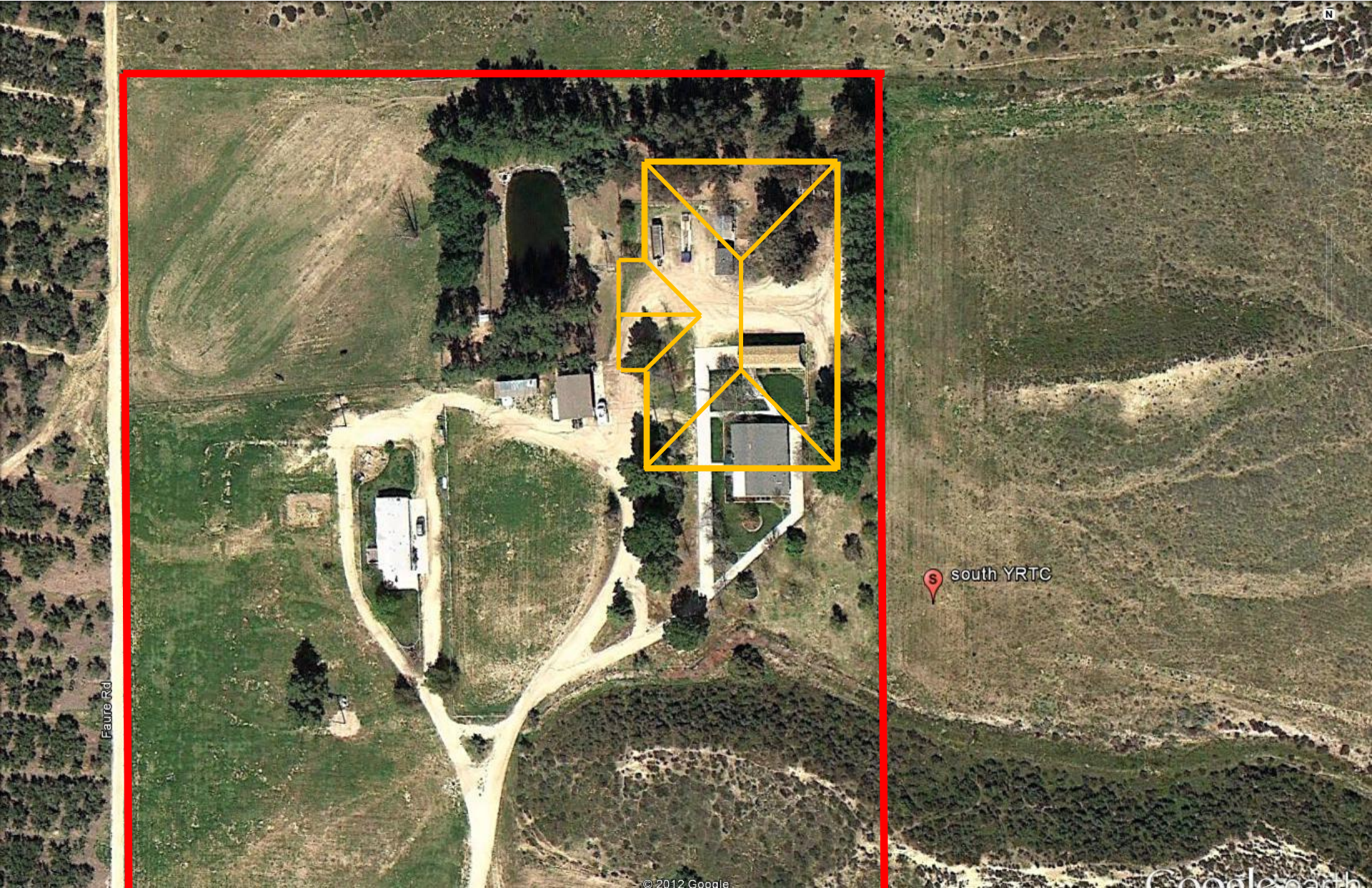
Southern YRTC



Southern YRTC



Southern YRTC



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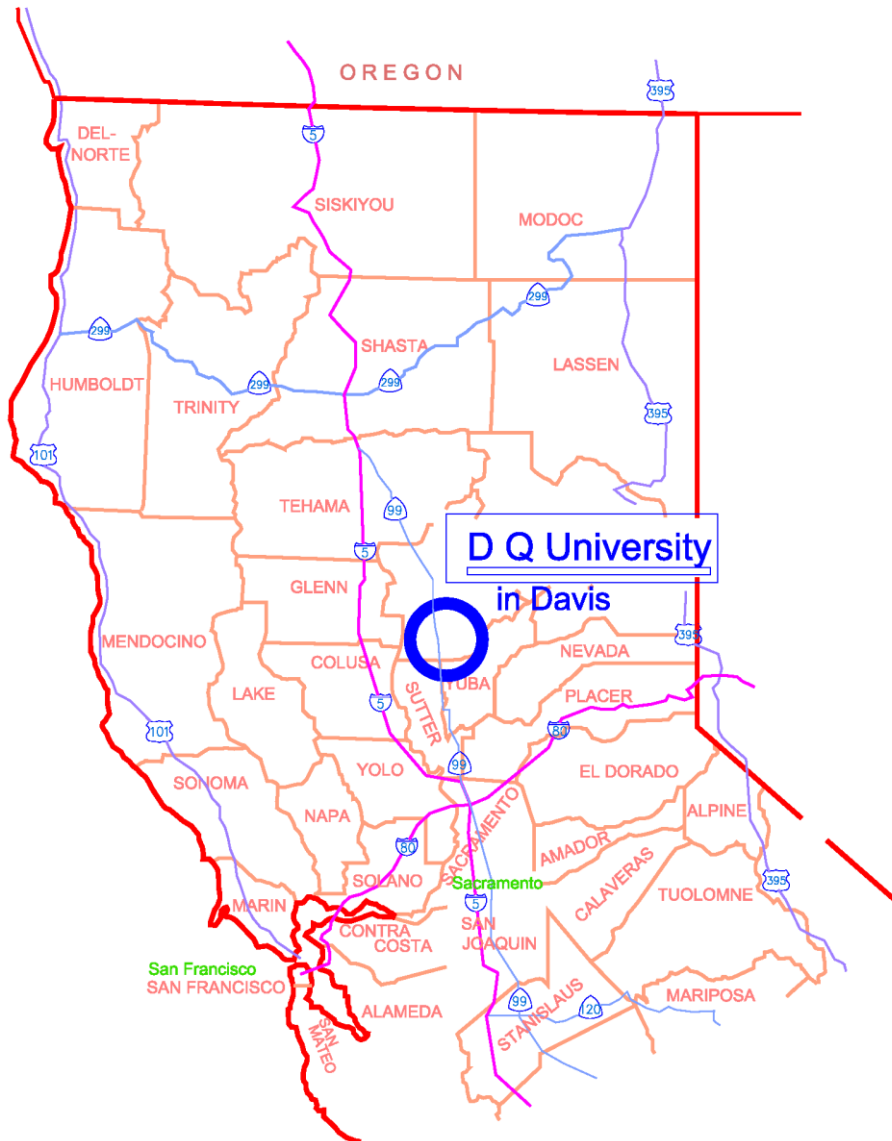
Southern YRTC



Southern YRTC



Northern YRTC



12 Acres

½ mile from D-Q University campus

Flat Farm Land

No adjacent residential or commercial buildings

20 miles to SMF Sacramento Airport

Cities:

Davis – 5 miles

Sacramento - 26 miles

Northern YRTC

DQU Boundary

Corcoran Hill Ln

640 Acres

D-Q University

Northern YRTC

YRTC site

12 Acres

DQU Boundary

County Road 31

Northern YRTC

D-Q University

Twelve-acre site

County Road 31

Northern YRTC

DQU Boundary

Conceptual site plan and building design on twelve acres



DQU Boundary

County Road 31

California
Youth Regional Treatment Centers
(YRTC)

Project and Funding Status

Steven Zerebecki
Area Office YRTC Planner

YRTC Project Status

Northern California YRTC (Yolo County)

- 12-acre site near D-Q University
- Inter-governmental land transfer
- Purchase complete mid-2012
- Environmental mitigation plans pending
- Broad community support for project