

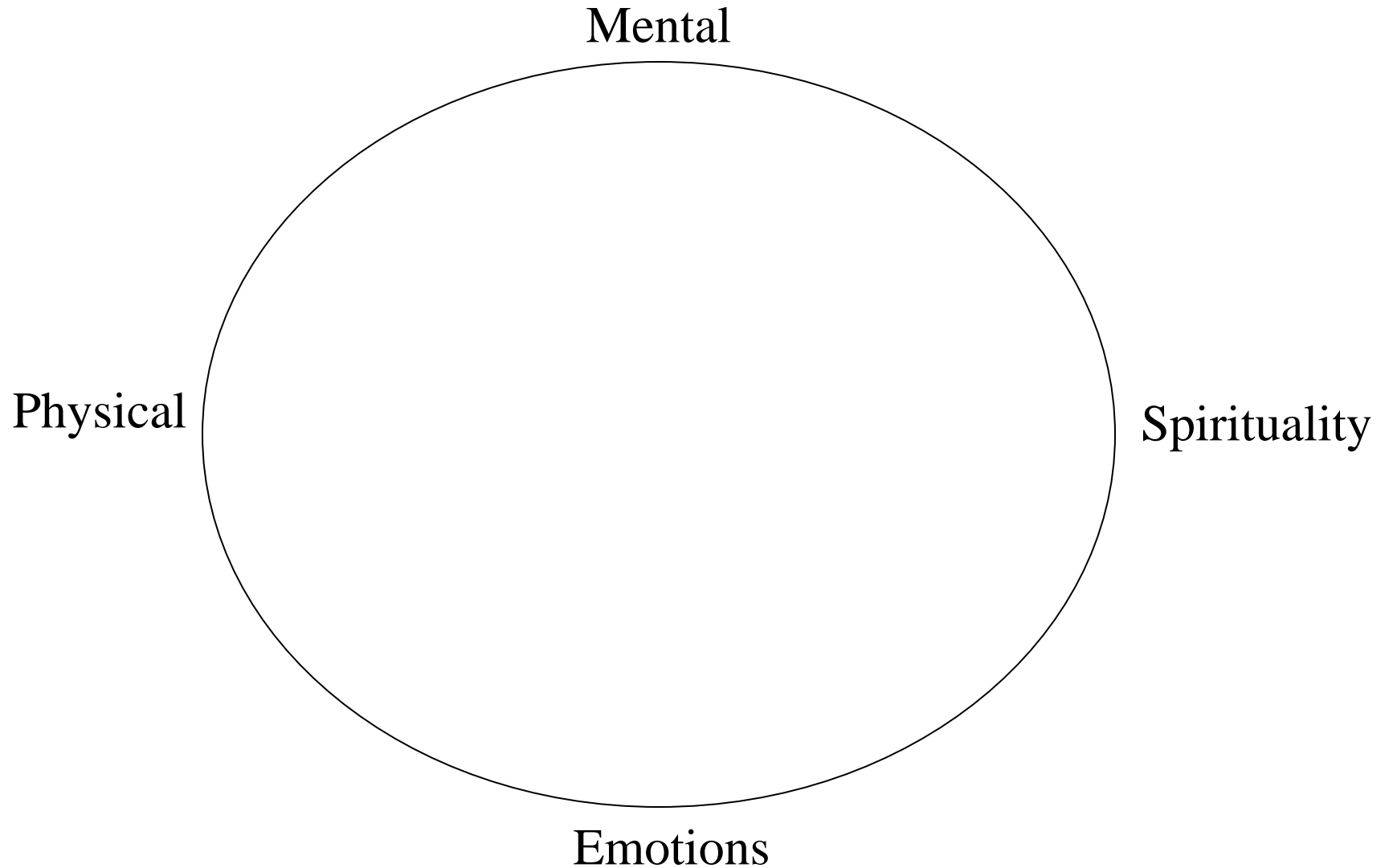
Wellness: Childhood to Elderhood, Bridging the Generations

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There are no mistakes only
lessons.

I am the University of Darryl!

Medicine Wheel



Definition of Power

“With great power comes great
responsibility”

-Spiderman

Lessons in life from a child









Pucker Upi

DON'T BUG ME







Pray Always

What is the Culture of our
Community



MOUNTED POLICE

WARNING
DO NOT FEED BEARS

RCMP

RCMP

How does trauma live in our
community?

We are all motivated for
whatever we are
doing.

- **Change is hard, but possible**





- The Slippery Slope

The Lifelong Journey of Wellness

- Don't be defined by our mistakes
- Forgive
- Love
- Heal
- Hope
- Hang On

- Community “power” is based on daily small gestures as well as large statements. Ultimately it is the responsibility of us, not the previous generation, or the next generation. We choose to create change in; education, political strength, and health and wellness. That is your legacy.

God the Creator Gives The Average Person 27,010 Days in their lives.

Where are you in
yours?

How did you spend it?

How do you want to
spend it.

U.S.S. California

- A well native community is a powerful native powerful

Be Well my friends