

Thomas E. Lorentzen has served in senior capacities in three administrations (Ronald Reagan, George H. Bush & George W. Bush). Positions held have included Special Assistant & Speech-Writer to the Secretary of U.S. Department of Health & Human Services; Consultant to the Under Secretary of Education; Associate Administrator for Business Development, Director of Private Sector Initiatives at the U.S. Small Business Administration; and Senior Advisor to the Regional Administration at the U.S. General Services Administration (San Francisco). He earned a M.A. degree from the University of Nevada, Reno, and a B.A. degree from California State University, East Bay.

Tal Moore is the Director of the Falmouth Institute's Consulting Division. His primary focus at Falmouth is working with organizations in customizing and delivering consulting and on-site training services for tribal organizations and federal agencies. His experience in helping governments and organizations to identify a variety of training topics and technical assistance programs have enhanced current systems and introduced new methods of operation. Mr. Moore has served more than 75 tribal organizations directly on-site training programs and consulting services. Programs have included Customer Service Systems, Personnel Policy Revisions, Cultural and Diversity Initiatives, Comprehensive Organizational Assessments, Safety and Risk Management, Management & Leadership Programs and a variety of Human Resource topics. All training and consulting projects are conducted in a culturally appropriate manner.

LT Janae Price, MPH has been an epidemiologist for the California Area Office since July 2005. As a key member of the National GPRA Support Team, she is involved in collecting, analyzing, and reporting GPRA data to Congress. She plays an integral part in the three GPRA reports generated annually (12-Area book, National Summary, and California Area Book) and provides feedback and technical assistance for Area GPRA coordinators as well as California Area IHS Programs. LT Price also provides consultation on epidemiologic projects to California Area tribes and serves as the Area Statistics Officer for workload and user population statistics. She completed her undergraduate degree at Purdue University and obtained a Masters in Public Health (MPH) from Indiana University.

Arnold Thomas is a member of the Shoshone Paiute Tribes of the Duck Valley Indian Reservation in Owyhee, Nevada. For the past 15 years, he has consulted with communities throughout North America. Mr. Thomas is a very dynamic motivational speaker and has a powerful message to share. He earned his Bachelor's degree in Psychology and his Master's degree in Social Work from the University of Utah. Mr. Thomas has been involved in developing curriculum for substance abuse, suicide prevention and intervention programs on local and national levels. He served as a member of the National Institute of Health's C-SAT (Center for Substance Abuse Treatment) work group in Washington D.C. He also served as a spiritual advisor for Native American inmates incarcerated in the Utah State Correctional system. Mr. Thomas currently works with homeless Native Americans through Volunteers of America and serves as spiritual advisor for inpatient substance abusers at the George E. Whalen Department of Veterans Affairs Medical Center in Salt Lake City. He owns White Buffalo Knife Consulting. For more information about Mr. Thomas and his work, please visit his website at www.whitebuffaloknife.com.

Special points of interest:

- **Health Fair** located in The Lodge lobby and pool area
- **Fun Run/Walk "Just Move It" Event** - 4:30 p.m. Wednesday. Don't forget your sneakers!
- **Exhibits and craft vendors** are located in The Lodge lobby area.
- **Fasting blood sugar and cholesterol checks** - stop by Carlino's before you eat breakfast.
- **Casino Shuttle Service** - for more information call 530-528-3504



2008 Annual Tribal Leaders' Consultation Conference

Breakout Session Descriptions - in alphabetical order

Chronic Care Initiative Model

Dan Calac, M.D., Indian Health Council, Inc.

Chronic conditions such as diabetes, cardiovascular disease, asthma, renal disease, depression, and cancer have become increasingly prevalent in American Indian and Alaska Native communities and are placing growing demands on health care systems. Given the limited available resources, there is an urgent need for a strategic plan to address the treatment and prevention of chronic conditions in the Indian Health Service (IHS) health care system. The Chronic Care Model has been successfully applied to a variety of chronic illnesses, health care settings, and target populations.

Diabetes & Restoring Balance

Beverly Calderon, California Area Office

The Diabetes & Restoring Balance presentation will address diabetes management from a community-based approach. It will present a whole person perspective, incorporating native culture. It is designed to assist participants to take the needed steps toward balancing diabetes for themselves or in helping family members.

GPRA Measurement Matters!

Elaine Brinn, California Area Office
Susan Ducore, California Area Office
Janae Price, California Area Office

The Government Performance and Results Act (GPRA) is a rich resource for communities that want to evaluate healthcare quality and clinical outcomes. This session will provide an overview of the Community Health Improvement Process (CHIP) and utilization of GPRA, which requires every Federal agency to demonstrate that funds are used effectively by reporting on a set of performance measures. The session will also provide practical tools, examples, and general discussion on how communities can target and evaluate topic areas such as immunizations, diabetic care, and cancer screening practices.

Pathway to the Prevention of Child Abuse & Neglect

Jerry Endres, M.S.W., California State University - Monterey Bay

An orientation to the new Pathway for the Prevention of Child Abuse and Neglect (2007), developed at Harvard University. It is designed to assist local communities to plan prevention programs that nurture children and strengthen families with best practice services, increase community responsiveness especially in vulnerable communities. Local design and measures will be discussed and access to this resource will be provided.

Tribal Health Board Roles & Responsibilities

Tal Moore, Falmouth Institute

Indian health boards are responsible for contracting and sometimes delivering services where numerous laws and regulations apply. Health board members must stay abreast of the proposed regulations and legal issues that affect Indian health care and tribal organizations. This presentation looks at the myriad of issues health board members face, along with the "big picture" role of health board members.

Biographies - in alphabetical order

Barbara Aragon, M.S.W. has worked for over 25 years in Indian Country, primarily in the areas of human service, behavioral health, prevention and community wellness.



Elaine Brinn is a Management Analyst who serves as the California Area HIS Government Performance and Results Act (GPRA) Coordinator and a member of the National GPRA Support Team, at the California Area Office. Since 2003, this group has been responsible for providing GPRA data collection, aggregation, and analysis services to IHS headquarters. Prior to joining the Indian Health Service in 1999, she held a variety of managerial and analytical positions in the private and Federal sectors. She is a magna cum laude graduate of the University of New Hampshire at Durham.

Balancing physical activity and a healthy diet is your best recipe for managing weight and promoting overall health and fitness.

Stacy A. Bohlen is the Executive Director of National Indian Health Board and serves the Board as an advisor. A 16-year veteran policy professional in Washington, DC, she served as the Acting Executive Director for the NIIHB since January 2006, a position she achieved after serving as the organization's Deputy Director. Ms. Bohlen received her Bachelor's degree in Political Science from Oakland University in Rochester, MI and Masters degree in Government, ABT from Johns Hopkins University, Baltimore MD. Prior to her service to NIIHB, Ms. Bohlen was the Director of Federal Relations for the American Indian Higher Education Consortium, Deputy Director of the American Osteopathic Association's Washington, DC Office, and served on the staff of former U.S. Congressman Bob Traxler. Ms. Bohlen was born and raised in Michigan and is an enrolled member of the Sault Sainte Marie Tribe of Chippewa Indians.

Dr. Daniel Calac is the Chief Medical Officer at Indian Health Council, Inc. His story begins only 5 miles down the road where he was raised on the Pauma Indian Reservation. After completing his primary education at local public schools, he received his Bachelors degree in Biology at San Diego State University. He then matriculated to Harvard Medical School and completed his medical education in 1999. Wishing to return home and complete training in an underserved area, he completed his internship and residency at University of California - Los Angeles. His combined internal medicine and pediatric training was geared towards primary care and service to Indian people. Selecting the Indian Health Council, Inc. as his site for service payback after receiving the Indian Health Service Scholarship, he is embraced by his community as a role model and physician.

Beverly A. Calderon, MS, RD, CDE is the Health Promotion/Disease Prevention (HP/DP) Coordinator for the California Area. She has worked for the California Area since 2004 and prior, was with the U.S. Air Force. She has been involved with health promotion and integrating it into clinical care for the past eight years. Her experiences include, Deputy Health Promotion Director, Nutrition Programs Manager, Certified Diabetes Educator, Certified Lactation Educator, and Nutrition Science Associate Faculty. Beverly's focus is working with communities to develop capacity for community-based wellness interventions and wellness planning. She is the interim Diabetes Consultant and will conduct her presentation on community-based diabetes efforts.



"Think about what you can do, rather than what you can't."
Anon

Susan Ducore, RN, BSN, MSN is the Nurse Consultant for the California Area IHS, holding this position since October 2001. She is also a Project Officer, Immunization Coordinator, and Maternal Child Health Consultant for the California Area. As a Nurse Consultant, Susan represents CA nursing at the national level of IHS as a member of the National Nurse Leadership Council. Over her career, she has held a variety of nursing positions focusing on clinical practice, nursing education and management. Prior to her current position, she was a member of the Nursing Faculty at California State University, Sacramento. In addition to her other assigned duties, Susan is currently participating in the 2007 IHS Injury Prevention Epidemiology Fellowship; her project "Best Practices in Elder Falls Prevention". As Immunization Coordinator, Susan is actively involved with Federal, State, and Local immunization initiatives, representing the CA Area Programs with a goal of improved immunization coverage.

Jerry Endres, M.S.W. is the director of the Institute for Community Collaborative Studies at California State University, Monterey Bay. He has worked with tribes throughout the country on community-based wellness initiatives for over 16 years. His areas of interest focus around communities and includes collaboration, leadership, health promotion, outcome measures, and public policy. He has a bachelor's degree in social welfare and a Master's degree in Social Work. While working for Stanford University's Center for Research in Disease Prevention, he developed the 1992 "Restoring Balance," a community focused health promotion manual and provided external review of the 2007 IHS revision. Jerry has most recently worked with Harvard University on the "Pathway Project Effective Interventions."

Dr. Valarie Blue Bird Jernigan is currently a postdoctoral fellow at the Stanford University School of

Medicine Prevention Research Center. She completed her doctoral work at the University of California, Berkeley, where she worked in partnership with Stanford University to develop a diabetes self-management program for Native Americans using the Internet. Her area of expertise is community-based participatory research. She has worked within Native communities across the country, previously with the Association of American Indian Physicians and the Strong Heart Study at the Center for American Indian Health Research, University of Oklahoma. She is a founder of the Native Diabetes Community Action Committee, a community-based action group focused on diabetes prevention and management in Santa Clara Valley, CA. Dr. Jernigan is from Broken Arrow, Oklahoma and is an enrolled member of the Choctaw Nation of Oklahoma.

Margo D. Kerrigan is the Director of the California Area Indian Health Service. She began her career with the Indian Health Service in 1979 at the California Program Office, Office of Program Operations. She also served at the Phoenix Area IHS, Office of Third Party Health Resource Management, followed by an assignment to the Office of the Director in the Nashville Area. From 1989 to 1996, she served as the Director of the Division of Management Policy, Office of Administration and Management, at IHS Headquarters in Rockville, Md. Ms. Kerrigan holds a Bachelor of Arts degree in Human Biology from Stanford University, Palo Alto, CA., and a Master of Public Health degree in health administration, planning, and policy from the University of California at Berkeley. She is a member of the White Earth (Mississippi) Band of the Minnesota Chippewa Tribe. As Area Director, she manages a unique health care program provided entirely through contracts and compacts as allowed by the Indian Self-Determination and Education Assistance Act, Public Law 93-638, where tribes establish and maintain responsibility for the development and operation of their health facilities, programs, and services.



Every child should visit the dentist by age 12 months.



Take time to enjoy your family!