

Youth Regional Treatment Center



Indian Health Service



**Welcome West Plainfield Community**

**Proposed Youth Treatment Center  
on DQ University Property**



Margo D. Kerrigan, M.P.H

*Director*

**U.S. Department of Health and Human Services**

*Indian Health Service/California Area Office*



# Indian Health Service & the YRTC

## 1. *Overview of IHS*

## 2. *Northern California Youth Regional Treatment Center*

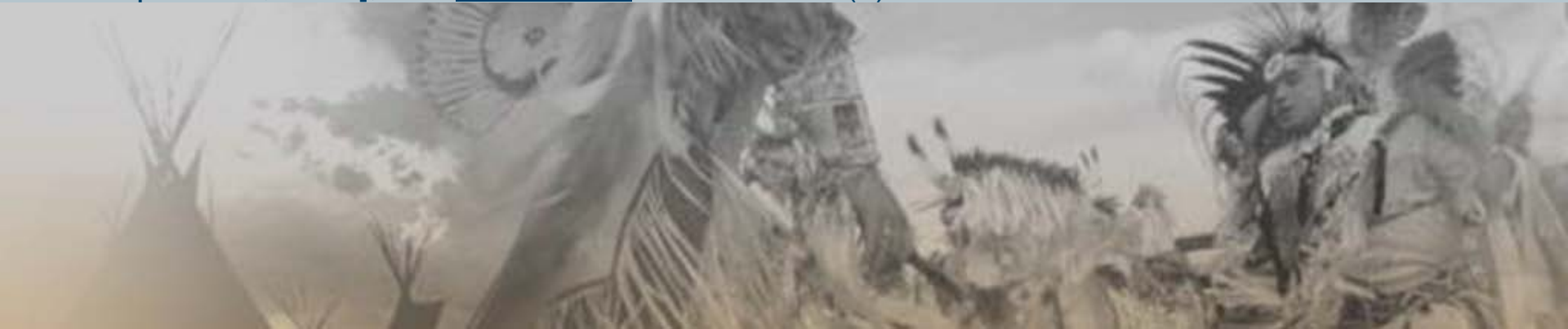
- *Chemical dependency treatment for Native American youth*
- *Top-ranked site is on DQ University parcel (site=12 acres S.W. Corner)*
- **Not** a detention center, **it is** voluntary treatment for ages 12-17
- *20-year history in IHS, 12 centers nationwide*
- *Gary Ball and Dr. Sprenger will provide details in a moment*



# Congressional Mandate for YRTCs

- **IHS must:** construct, appropriately staff, and operate, a youth regional treatment center in each of the 12 IHS geographic service areas.\*
- **Two must be built in California**
- **All IHS areas have YRTCs, except California**

\*P.L. 102 – 573 [1992 Amendment to “Indian Health Care Improvement Act,” September, 1976], and P.L. 94-437 Section 704 (b)



# The Need in California

*Most California Native American youth are sent out of state for treatment (about 100)*

*Thousands of Native American youth in California are in need of residential care*

*Out of state costs more and can prevent families from participating in treatment*

*DQ University's property offers enormous potential*



# Tonight's Agenda

1. Facility Overview (5 minutes)

*Gary Ball, Staff Architect*

2. YRTC Treatment Model (10 minutes)

*Dr. Sprenger, Chief Medical Officer*

3. Q & A (time: community's choice)

4. Staff will stay after the Q&A (time: community's choice)

*for one-on-one discussions*





**Gary Ball**

*Staff Architect, YRTC Project Lead*

**U.S. Department of Health and Human Services**

*Indian Health Service/California Area Office*



A new youth wellness center: design is inspired by Native American art and culture



## **The Healing Lodge of Seven Nations**

**Spokane, WA**

<http://www.healinglodge.org/>





# Building Plans

- **Residential treatment center:** for American Indian/Alaska Native youth age 12–17
- **Develop:** approximately 12 acres (currently vacant land, not on campus grounds)
- **Two new buildings:** state of the art, eco–friendly (*LEED Certified*). 32 beds, five family suites, offices, and common space
- **Responsible mitigation and land–stewardship**





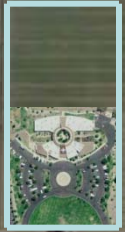
Total DQU parcel=642 acres

DQ University

DQU Boundary

← Campus grounds

Proposed new facility  
← (12 acres total)



DQU Boundary

County Road 31

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# CONCEPTUAL SITE PLAN AND BUILDING DESIGN ON TWELVE ACRES

DQU Boundary



**FEATHER RIVER TRIBAL HEALTH CENTER** (Butte County)  
one example of cultural design vernacular



DQU Boundary

County Road 31

# Proposed Budget and Staffing

- **Development Budget: \$17.6 million**
  - *Planning: \$1.0 million*
  - *Design: \$1.4 million*
  - *Construction: \$15.2 million*
- **Annual Operating Budget: \$4.5 million (estimate)**
- **70 Full Time Employees**



**David Sprenger, M.D.**

*Chief Medical Officer*

**U.S. Department of Health and Human Services**

*Indian Health Service/California Area Office*

*Assistant Clinical Professor*

**Department of Psychiatry, UC Davis School of Medicine**





# Proposed Staffing Plan

## Medical, Mental Health, and Education (30 total)

1 Physician (*Board Certified Psychiatrist*)

1 Psychiatric Nurse Practitioner

10 Registered Nurses (*24/7 coverage, can respond to medical emergencies*)

10 Mental Health Care Providers  
(*Psychologists, Therapists, & Counselors*)

3 Cultural Advisors/Counselors

3 Credentialed Teachers

## Administrative (6 total)

2 Managers

4 Administrative Support

6 Total

## Facility (36 total)

23 Resident Assistants

11 Housekeeping and Foodservice

36 Total



# Youth Chemical Dependency

- Substance abuse rate among Native American youth almost double that of general population (19% vs 10% last 30 days use)\*
- Approximately 40 of California's Native American youth are sent out-of-state for treatment, and thousands go without.

\*U.S. Department of Health and Human Services, *Child Health USA, 2010.*



# Treatment at YRTC's

*Treatment duration 3–6 months*

- Mental health *and* medical care
- Chemical dependency counseling
- Family therapy
- Traditional healing services
- Academic and life–skills education
- Cultural activities
- Traditional arts and crafts
- Aftercare planning



# Treatment Levels

- **Medically-monitored**  
*medium- to high-intensity*
- **High-level national certification**  
*American Society of Addiction Medicine level 3.7 on a scale of 1 to 4*
- **Highest-level state certification**  
*California Foster Care level 14 or 15 on a scale of 1 to 15*



# The YRTC will Comply with High Standards

- 24-hour licensed healthcare providers and constant supervision of youth
- Nationally accredited health care facility and must comply with very strict standards





# Panel Discussion

U.S. Department of Health and Human Services  
*Indian Health Service/California Area Office*

**Margo D. Kerrigan, M.P.H.**  
*Director*

**David Sprenger, M.D.**  
*Chief Medical Officer*

**Gary Ball**  
*Staff Architect, YRTC Project Lead*



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