Table of Contents PDHRA Battlemind Video

Files that will play/display in a standard DVD player or in the DVD player on you computer: **1) DVD of PDHRA Battlemind Training** (sometimes called Battlemind II)*

35 minute video that is a self contained training. The narrator runs through the Battlemind concepts; includes four video scenarios highlighting the concepts.

2) DVD of the four individual Battlemind Video Scenarios*

These can be used by a live presenter who is covering the Battlemind concepts via the PowerPoint show below (#3). At indicated junctures, the PowerPoint show is paused (minimized) and the scenario is played via the computer's DVD player. There are four video scenarios of several minutes each (total ~11.5 minutes).

Files that are 'data files' and will not show up on your TV's DVD player or computer's TV-like DVD player; to view, you must 'open' the DVD like a CD or other data file:
3) PDHRA Battlemind Training--PowerPoint for use with Individual Video Scenarios (#2 above)

A power point version of PDHRA Battlemind Training for use by a live presenter. This version of the power point incorporates the Individual Video Scenarios and includes speaker notes. It may be downloaded to the computer and played like any other power point show. At indicated junctures, the presenter 'minimizes' the power point show; and then use the computer's DVD player (which one should open and set up in advance) to play the indicated Individual Video Scenario (#2 above) from the DVD menu; when the scenario is finished playing, the presenter should return to the power point show and continue.

4) PDHRA Battlemind Training brochure

A one page TRI-FOLD that may be printed front and back and distributed for use during or at the conclusion of the training. Many Soldiers have found these particularly valuable for later review or for showing to their spouse. The brochure includes the web-address where Soldiers or family members may go to view a streaming video of this training.**

5) PDHRA Battlemind Training—PowerPoint for use with no video scenarios

A version of PDHRA Battlemind II training that does not include video scenarios. This version has even more extensive speaker notes and includes examples and anecdotes that Soldiers have responded to in field testing. It is perhaps best given by trainers who have deployed to OIF or OEF themselves. It however, contains many additional notes and insights that have value for any Battlemind trainer. The 'logic and flow' of the presentation is slightly different than the versions that incorporate the Battlemind video scenarios.

6) Table of Contents (this document)

*Videos that are played on a computer will need external speakers (standard desktop computer external speakers are usually sufficient for a platoon sized classroom). Alternatively, a microphone can be held in front of the computer's speaker and the sound projected in that manner.

PDHRA Battlemind Training is part of the Battlemind series of trainings developed by the Walter Reed Army Institute of research. The trainings have undergone field trials and reflect the input of large numbers of Soldiers and leaders. To see other trainings in the Battlemind series or to review a streaming video of this training, go to **www.battlemind.org