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1ST FTS MILESTONE

Initial Flight Screening school flies 100,000th sortie. **Page 3**

LEADERSHIP SEMINAR

Seminar prepares cadets to become leaders. Page 5

'VAULTING' AHEAD

Air Force's Cale Simmons sets a new Academy record at track meet. **Page 10**





February 17, 2012

NCLS TO KICK OFF WED. Headliners at the 2012 symposium will include H. Ross Perot and "127 Hours" subject Aron Ralston. **Page 8**



100's night excitement Cadet 1st Class Matthew Ward, left, expresses his excitement at learning he will attend medical school at the the Uniformed Services University of the Health Sciences in Bethesda, Md., after graduation from the Academy. Ward, who is assigned to Cadet Squadron 30, and the rest of the senior class learned of their future assignments during a 100's Night dining-in at Mitchell Hall here Wednesday. Pictured with him is Cadet 1st Class Michael Moore of Cadet Squadron 22, who discovered that he would be going to pilot training at Columbus Air Force Base, Miss. Cadet squadrons find creative ways to reveal assignment locations to seniors, such as baking a strip of paper into a cupcake.

ELIZABETH ANDREWS

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DON BRANUM

Lt. Col. Ryan Osteroos is the assistant professor for the Air Force Academy's Aeronautics Department and a 1994 Academy graduate. He was named Military Hero of 2011 by the Colorado Springs Red Cross.

Academy instructor earns local Red Cross honors

By Don Branum Academy Spirit staff writer

Test pilots are no strangers to tragedy. Few other careers subject men and women to such risk while expecting them to fly in such an exacting manner and to recover in a moment's notice from anything that may go wrong in midair. But while tragedy was not in the

forefront of Lt. Col. Ryan Osteroos' mind on a sunny Friday afternoon in Reno, Nev., the aeronautics instructor and test pilot nonetheless found himself on the front lines of a frantic effort to save lives after a modified P-51 Mustang crashed into a crowd of air race enthusiasts on Sept. 16, 2011.

The Colorado Springs Red Cross recently named Osteroos its Military Hero of 2011, an award it will present to him at the Antlers Hilton hotel downtown March 8. But against the backdrop of the Reno Air Race crash, the award is bittersweet. For Osteroos, it is a cause to remember both those who died and the responders, including Osteroos, the cadets in his aeronautical engineering class and local responders, who kept the death toll from climbing even higher.

FIELD TRIP

The Academy's Aeronautical Engineering 456 course, "Flight Test Techniques," covers fundamental flight test methods for determining performance and flying qualities characteristic of fixed-wing aircraft, according to the Air Force Academy's Fall 2011 Curriculum Handbook. Cadets fly sorties in T-41 Mescalero aircraft here and T-38 Talons at Edwards Air Force See AWARD Page 4



Cadet 'thankful' for today's diversity

By Cadet 1st Class Jamela Satterfield Cadet Squadron 05

To me, African-American History Month represents equality and opportunity. I am thankful that today, people of all cultures can sit in a room together and not think twice about it. Growing up in Sacramento, Calif., I was used to a lot of diversity and being around other cultures from preschool all the way through the Air Force Academy Preparatory School.

Coming to the Air Force Academy was a little bit of a culture change for me because, in many of my classes, I am the only, or one of few, black cadets in the class. During my freshman year I felt a little out of place, but now I barely notice, especially since I am in major's courses and go from class to class with all the same people, who I am familiar with. I see everyone as equal and I would hope that everyone here felt the same.

There are also clubs here that represent the different cultures, such as Pacific Rim and Way of Life Committee. These clubs allow cadets to get back to their roots by being around people who have the same background as them while also keeping an open mind and allowing anyone to join. I am part of the Way of Life Committee, which is focused mainly toward black cadets. We focus on community service and hosting events that deal with African-American History Month and Tuskegee Airmen.

Recently our team went to the movies together to see Red Tails, along with our basketball head coach. This gave us all a perspective on how far the Air Force has come in response to diversity issues. The struggles that African American pilots went through back then helped shape the Air Force today. In those days people would have been surprised to see our commandant, Brig. Gen. Richard Clark, and probably would have labeled him as "black general," but to us today he's just a general and our commandant.

History has given me, as well as many others, opportunities that would not have been dreamt of decades ago, or even in my parents' generation. Today most kids are expected to graduate from high school and attend college, but that wasn't always the case. Alabama's head coach was probably laughed at for wanting to attend and play sports at Alabama, but he became the first African-American to receive an athletic scholarship there and changed everything. Events like that made it possible for me to be the senior captain of my team here at the Academy, without getting upside down looks.

While our team was at Alabama, we took a team picture in front of their gym where blacks were once denied equality. Throughout practices that week, Coach Williams took away small things from different individuals: no water breaks for certain people, holding others out of drills. We didn't understand why she was doing this until the last day of practice, when she explained the history of Alabama and how they were denied rights for no reason. That just showed us that discrimination can happen to anyone for a number of reasons, but today we are deprived of water breaks instead of human rights.

To me African-American History Month represents all struggles and overcoming them to make a change that will shape the future for everyone.

Editor's Note: Cadet Satterfield is the captain of the women's basketball team.



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ELIZABETH ANDREWS

Health fair draws 281

Carolyn Kalaskie, right, hands a questionaire form to Yong Sharp during an African-American History Month women's health fair Wednesday. The health fair, which drew nearly 300 people, featured events including door-prize giveaways, free healthy food and information about diseases that affect not just black women but all women. Kalaskie is an outreach worker at the Penrose Cancer Center in Colorado Springs. Sharp is an equal opportunity specialist with the 10th Air Base Wing Equal Opportunity Office.

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AF flight screening program marks 100,000 sorties

By John Van Winkle Air Force Academy Public Affairs

PUEBLO, Colo. — The gateway to Air Force aviation flew its 100,000th sortie Feb. 10.

That gateway is run by the 1st Flying Training Squadron at Pueblo Memorial Airport, which oversees Initial Flight Screening for all of the Air Force's pilot, combat systems officers and remotely piloted aircraft candidates.

The IFS program is the first step in the U.S. Air Force's undergraduate pilot training process. IFS provides ground and flight training to students in preparation for specialized undergraduate pilot training, undergraduate combat systems officer training and remotely piloted aircraft initial screening and training.

Its two primary objectives are to provide the Air Force an opportunity to screen aviation candidates prior to entering undergraduate flying training and to begin developing students' aviation skills.

"Flying 100,000 sorties is a significant milestone for any flying operation," said 1st FTS Director of Operations Lt. Col. James Claborn. "When you consider that most of the students that begin training here have never flown an airplane before, it makes it even more significant to reach this milestone with a very strong safety record."

The instructor and student pilots for that 100,000th sortie were instructor pilot Andy Shirk and student pilot 2nd Lt. Andrew Breest.

"It was simply luck of the draw that I was on the 100,000th sortie," Breest said. The student pilot hails from Fayetteville, Ga., and is a ROTC graduate from George Washington University.

Rather than professing grand dreams of being the next F-35 Lightning or CV-22 Osprey pilot, his goals are a little more grounded.

"Right now, I'm focused on learning how to fly the DA-20 and then the T-6 after IFS. I'm taking



JOHN VAN WINKLE

Instructor pilot Andy Shirk gives a thumbs-up from the cockpit of a Diamond DA-20 aircraft before the 1st Flying Training Squadron's 100,000th sortie. The 1st FTS operates Initial Flight Screening in Pueblo, Colo.

one step at a time," he said, after finishing his sortie and pulling 0.8 G's.

The 1st FTS and Doss Aviation conduct initial flight screening for all Air Force pilots, CSOs and RPA candidates. Doss fulfills the \$200 million, 10-year Air Force IFS contract.

Outside of the actual sorties, the entire 1st FTS and Doss Aviation facility is completely self-contained. Lodging, academics, dining, ground instruction, flight planning and administration are all under the same roof. Maintenance facilities and the parking for their DA-20s just a sneeze away. "The students learn in a world-class facility and are taught by highly experienced instructors," Claborn said. "Many of the instructor pilots are former military aviators with thousands of hours instructing in a variety of aircraft."

Students learn to fly in the Diamond DA20-C1 aircraft.

"The DA20 has a remarkable safety record and is an excellent platform to teach basic flying skills. Students who graduate from the 1st FTS are extremely prepared for their follow-on training, whether it be pilot, CSO or RPA," Claborn said.



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Award

From Page 1

Base, Calif., to learn how to collect flight data.

Cadets who take the course in the fall semester also take a field trip to the Reno Air Races, which are held annually in September. That gives them the chance to interact with the crews responsible for customizing and maintaining the planes that fly at speeds close to 500 mph.

"They like to see us out there, because they know we know what they're talking about," Osteroos said.

It was 3:15 p.m. Osteroos had just cut the cadets loose to tour the "pits" and joined an acquaintance, retired Lt. Col. Carl Hawkins, in the stands to watch the races. The gentlemen watched as the "Galloping Ghost," a customized P-51, began another lap in the race.

"Out of the corner of my eye, I saw it climbing," he recalled. "I watched it for a second, and Hawkins said, 'What is that guy trying to do?' Then we saw it roll over onto its back, and I said, 'Is that guy going to try to pull through?"

The Galloping Ghost apparently lost its elevator trim tab in the middle of a steep left turn after hitting a spot of turbulence, according to a preliminary National Transportation Safety Board report. The plane, originally designed with a top speed of 360 mph, was flying at least 50 mph above that limit.

"The airplane suddenly banked momentarily to the left before banking to the right, turning away from the race course and pitching to a steep nose-high attitude," the report states. The resulting climb would have inflicted at least 10 G's of acceleration on the pilot, 80-year-old Jimmy Leeward. After the roll, the Galloping Ghost descended toward the ground, headed directly for Osteroos.

WAR ZONE

The plane pitched over, nose low. Osteroos remembers thinking, "That's right on us. There's nowhere to go."

But the plane picked up speed as it angled toward the ground. As it accelerated, the lift along the top of its wings pulled it away from the center of the stands, towards the tarmac.

When the plane hit the ground, pieces of the aircraft spread in all directions. When the debris settled, Osteroos checked Hawkins and the other spectators around him to make sure they were OK. After making sure no one in his vicinity was seriously hurt, he moved for the tarmac to see how he could help.

"I walked up to it and thought, 'Oh, my," he said. "I thought I could help by providing self-aid and buddy care, but that's not what I saw."

What he saw, according to his after-action report, was an "area of carnage" in a 50-foot radius centered around the impact site, with about 30 people in "various conditions of trauma."

"I thought to myself, 'Are you going to do this? Yes, you're going to do this. Take a step. Take another step.' It was kind of overwhelming." But once he had taken those first steps toward the accident scene, he was committed.

The first two victims Osteroos tried to help were already dead. The third died in his arms. Nine people total died that day, and two more died later in the hospital from their injuries. He and other volunteers provided the best medical care they could using belts as tourniquets and plastic sheet protectors to treat sucking chest wounds. As trained EMTs and other volunteers arrived, Osteroos continued to help as best he could.

"The ambulances and helicopters that arrived on the scene were bringing enough people to ensure medical attention was at hand for everyone," Osteroos wrote in his report. A triage response was set up, with red, yellow and green response areas that allowed victims to be cared for and transported to hospitals in an orderly fashion.

An EMT placed Osteroos in charge of coordinating transport for victims in the yellow zone. Meanwhile, cadets helped behind the scenes. After rallying at the military appreciation tent and trying to contact their instructor, they provided logistical and security support.

"We were asked to set up a securi-

ty cordon around the debris about an hour or so after the crash," Cadet 1st Class Bryan Rhoades wrote in his after-action report. Another group provided transportation for the medics who had arrived with the ambulances so that they could return to the local hospitals.

LOOKING BACK

The next day, Osteroos talked with Col. Martin Sellberg, state air surgeon for the Kansas Air National Guard, who had helped him stabilize victims at the scene.

"We lost 11, but he said, 'Think of all the people we did help. Because if you think about the people we didn't help ...," Osteroos said. "I didn't sleep that night," he

continued. "I tried to sleep with the lights off that night, but I just couldn't. I kept seeing all the faces of the victims in my mind."

Osteroos remembers the names and stories of those who died that sunny Friday afternoon in September. One, he said, was a custodian working at the event. Another was a first-time race watcher.

He said he was concerned about the cadets' state of mind in the wake of the accident. He asked them repeatedly if they had been exposed to anything that might cause them mental trauma.

"It gave me something to focus on," he said. "I still had a group of cadets that I needed to get safely back to the Academy."

In light of their the victims' deaths, the Red Cross award is not a celebration; instead, it is a call to action.

"I intend to take some time and take EMT classes because I want to be better prepared for situations like these," he said. He added that people should take their self-aid and buddy care training seriously, as it may be the only thing they have to rely upon during a medical emergency.

Osteroos will receive the Colorado Springs Red Cross Military Hero award March 8 at the Antlers Hilton.

The 1994 Academy graduate is scheduled to assume his first squadron command this summer when he takes over the 412th Operations Support Squadron at Edwards AFB, Calif.

Mobile Web app makes accountability easier

By Jon Hanson

JOINT BASE SAN ANTONIO-RAN-DOLPH, Texas (AFNS) — Software developers have created a new mobile Web application that allows total force Airmen the ability to account for themselves and family members from their smartphone during a crisis or natural disaster.

During a crisis, the Air Force uses the Air Force Personnel Accountability and Assessment System to account for and assess the needs of the Air Force's Total Force — active-duty Airmen, selected reservists, Department of the Air Force and non-appropriated fund civilian employees, Air Force contractors assigned overseas and family members.

AFPAAS becomes operational, or active, at leadership request during crises to allow the total force to account for themselves and their family's safety and whereabouts. Now individuals have improved access through certain smartphones to the accountability and assessment features of AFPAAS.

"The Air Force is taking AFPAAS to the next level to align with what is used in the private sector every day," said Brian Angell, the Air Force Personnel Center Personnel Readiness Cell operations chief. "This wireless capability enhances Air Force accountability during crises and natural disasters."

In the case of an active AFPAAS event, members can use a smartphone to log into the application via their user identification and password. The application is accessible on iPhones, Androids and certain touch-screen Blackberry phones; however it is not available on iPads or non-touchscreen phones.

Once logged in, users can account for themselves and their family members. Other available functions include the ability to update sponsor and evacuation contact and location information as well as complete a needs survey if necessary.

The mobile Web app uses the browser on the phone versus downloading an application and uses the same URL as AFPAAS, said Donna Williamson, the lead developer with SPAWAR Systems Center Pacific.

The site recognizes the person is using a smartphone and will present the site in a mobile format.



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ELIZABETH ANDREWS

Cadet 1st Class Jonathan Kim, of Cadet Squadron 18, participates in a communication exercise during the Commanders Leadership Enrichment Seminar Jan. 21.

Seminar provides leadership enrichment for cadets

By Luis Rendon Academy Spirit staff writer

The Behavioral Sciences and Leadership Department has enriched and developed cadets through their Commanders Leadership Enrichment Seminar for more than 30 years.

Though the seminar has gone through various names and has been revised to accommodate the changing needs of the cadet population, the purpose of developing cadet leaders to intentionally pursue meaningful progress has been unwavering.

The seminars are held at the beginning of every semester and are comprised of cadet commanders and intercollegiate team captains who are striving to see progress and change within their squadron or team.

The latest seminar, made up of 59 cadet leaders, was held Jan 20-21 and was the largest yet, said CLES Assistant Director Capt. James Walliser.

"We're giving the cadets the tools that they can use as leaders to set goals, communicate effectively with the people they're leading and really just make change in their organization for the better," Walliser said. "We're helping them do what they already want to do."

With only a short amount of time for the cadets to pursue their goals, the seminar focuses on helping cadets realize goals that are specific, measurable, challenging and realistic.

Cadet 1st Class Michael O'Donnell, the Cadet Group 1 commander, believes CLES has a lot to offer cadets.

"It is amazing how many facets there are to leadership and how every leader

(uses) their individual skills differently," O'Donnell said. "My biggest takeaway from CLES would definitely be in the interaction with both squadron and wing leadership. It was great to bounce ideas off of each other and understand the worldview of those I am working with.

"As cadets we constantly strive to satisfy our personal needs and goals and sometimes overlook the struggles of those around us. I learned at CLES that in order to build trust with your subordinate you have to listen to them and empower them," O'Donnell added.

A four-pronged process of reviewing goals, brainstorming with facilitators and mentors, foreseeing obstacles and other issues and getting feedback is the structure set up by CLES directors to ensure cadet success.

One piece of the process, however, really makes the difference.

"Our facilitators are really the backbone of the program," Walliser said. "They are some of the sharpest people in the Academy, and they help our cadets with whatever issues they might have."

Walliser said many cadet leaders in the spring are facing motivational issues, which have to do with the fact that most are looking forward to graduation and are sometimes easily distracted.

Armed with the tools from the seminar, however, and the cadets' intrinsic desires to see their group do well, Walliser believes their time spent at the seminar is valuable.

"I'm not so sure we're teaching our cadets anything new," said Walliser. "I think what they are taking away is a confidence and intentionality to apply these tools."

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Air Force 2013 budget: Cuts while keeping agile, flexible, ready force

By Tech. Sgt. Richard Williams Air Force Public Affairs Agency

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WASHINGTON (AFNS) — The Air Force released its fiscal 2013 budget Feb. 13 and stressed the need for difficult budgetary cuts to meet the new defense strategy while maintaining the service's agility, flexibility and readiness.

The Air Force is requesting \$154.3 billion in the president's 2013 budget, a reduction of 5 percent from the \$162.5 billion the service received in fiscal 2012.

"The Air Force made some very difficult choices," said Maj. Gen. Edward L. Bolton Jr., the Air Force deputy assistant secretary for budget. "But it was our priority to tightly align with the new strategy and also stay within the fiscal environment as a result of the realities we are facing economically."

The Air Force Strategic Choices and Budget Priorities paper, released by Secretary of the Air Force Michael Donley and Chief of Staff Gen. Norton Schwartz on Jan. 27, calls for streamlining of the force, making it smaller and more efficient with care to not create a hollow force.

Under the Budget Control Act, the Defense Department must reduce expenditures by \$487 billion over the next 10 years with a reduction of \$259 billion over the next five years.

"It is worth noting that our budget has reduced by 12 percent in real terms since FY09," Bolton said. "So we have seen a consistent trend of reductions in the budget."

The Air Force budget portion of the Budget Control Act reductions over the next five years is \$54 billion, Bolton said.

The Air Force's portion is not a result of simply dividing responsibility between the services. Instead, the budget amount is strategy driven, while maintaining a properly equipped force with the ability to deter, deny and defeat an opportunistic aggressor in a combined campaign any time, anywhere, he added.

"The strategy requires a different force structure and different tools; the Air Force is realigning the total force to address the future," Bolton said.

The service has drawn down many times in the past, but never as a nation still at war. Size reductions in previous decades focused more on maintaining force structure, which left the Air Force with a hollow force, Bolton said.

"It is really about balancing risk among the themes of force structure, readiness, modernization and taking care of our people," Bolton said. "We have sized the force to the strategy within the fiscal constraints we are facing."

The Air Force is looking at a nearly \$3 billion reduction in procurement cost because the service divested and is purchasing less hardware. Also, there is a reduction of about \$500 million in research, development, testing and evaluation, but the Air Force continued its focus on modernizing key components that will maintain the service's technological edge, Bolton said.

"Funding for intelligence, surveillance and reconnaissance and space remain a priority," he added. "We will continue to develop programs in ISR ensuring we are supplying this skill set to the joint warfighter and coalition partners."

Bolton said that funding also remains in place for the F-35 Lightning II joint strike fighter — the centerpiece for future modernization to be able to prevail in contested environ-



ments.

"Ensuring fiscal goals are met and fleet modernization continues are only half of the goal in the new strategy," said Bolton. "Taking care of Airmen and their families is a key component and cannot get lost in talking of mere numbers.

"We are reducing the force by 9,900 Airmen, which will reduce the end strength of active duty, Guard and Reserve to around a 501,000 total force," he said. "This allows us to appropriately size the force structure to the strategy and hardware we are going to have in the inventory."

The Air Force is proposing a 1.7 percent military pay raise in fiscal 2013 and a 4.2 percent raise in basic allowance for housing and 3.4 percent raise in the basic allowance for subsistence as a continuing growth of compensation for service.

"We are budgeting more than \$700 million for family programs including child and youth programs and child development centers," Bolton said. "We will continue to take care of our folks; we just need to ensure it is being done efficiently under tighter fiscal constraints."

Maj. Gen. Edward Bolton Jr. discusses the Air Force's fiscal year 2013 budget Monday. He stressed the need for difficult budgetary cuts to meet the new defense strategy while maintaining the Service's agility, flexibility and readiness. Bolton is the Air Force deputy assistant secretary for budget.

STAFF SGT. TIFFANY TROJCA

Housing is a key ingredient to taking care of Airmen, Bolton said. The Air Force is close to reaching its goal of 53,000 privatized housing units forcewide with more than 40,000 units in place and the remaining units to be ready in fiscal 2013.

"We've increased our family housing budget by \$93 million and this will allow us to meet our goal," Bolton said. "Completing this transition is important because we have found through privatization we are able to increase the quality of housing for our Airmen and their families."

Looking back to the 2011 requirements — military action and support in Iraq and Afghanistan, supporting NATO missions in Libya, along with humanitarian support to Japan following a major earthquake — Bolton reinforced the reach and responsibility placed on today's Airmen and emphasized the importance of providing them the tools required for a versatile force.

"We will continue to do everything we can to provide them with the tools they need to continue to be the best Air Force in the world for decades to come," Bolton said.



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Troops, families to benefit from landmark settlement

By Elaine Sanchez

American Forces Press Service

WASHINGTON — Service members and their families are among the Americans who will benefit from a "landmark" \$25 billion foreclosure settlement between the government and banks, federal and state officials said today.

The federal government and 49 state attorneys general reached the agreement with the nation's five largest mortgage lenders to address mortgage loan servicing and foreclosure abuses. This agreement includes substantial financial compensation for military homeowners — above and beyond the \$25 billion — and sets up significant new protections for troops and their families for the future, officials told reporters during a conference call today.

"On my travels to military communities across the country during the past year, I have repeatedly heard about the devastating impact of the housing crisis on military homeowners," said Holly Petraeus, assistant director for the Consumer Financial Protection Bureau's Office of Servicemember Affairs. "I have spoken out about the unique challenges to service members caught in this current housing crisis, and I am pleased that this settlement addresses those challenges."

Petraeus, alongside Tom Perez, assistant attorney general for the Justice Department's civil rights division, and Delaware State Attorney General Beau Biden explained how this settlement will affect distressed homeowners and, in some cases, all military members and their families in the days ahead.

To start, four lenders — JPMorgan Chase & Co., Wells Fargo & Company, Citigroup Inc. and Ally Financial Inc., formerly GMAC — have agreed to conduct a full review, overseen by the civil rights division, to determine whether any service members were foreclosed on in violation of the Servicemembers Civil Relief Act since Jan. 1, 2006, Perez explained. The SCRA offers a wide range of financial protections to active duty and deploying service members in areas such as credit card debt and mortgage payments.

For violating the law, Wells Fargo,

Citigroup and Ally will be required to provide any service member who was a victim of a wrongful foreclosure a minimum payment of \$116,785, plus the service member's lost equity and interest, Perez said. The service member's payment could be higher as a result of the review conducted by banking regulators, he added.

To ensure consistency with an earlier private settlement, JPMorgan Chase will provide service members who were a victim of a wrongful foreclosure either their home free and clear of debt or the cash equivalent of the full value of the home at the time of sale. "In addition," Perez said, "service members will receive compensation for any additional harm suffered."

Citigroup, Wells Fargo and Ally also have agreed to conduct a review to determine whether service members from Jan. 1, 2008, to present — were charged interest in excess of 6 percent on their mortgage after a valid request to lower the interest rate, in violation of the SCRA, Perez said. Lenders will be required to provide these troops with a payment equal to a refund, with interest, of any amount charged in excess of 6 percent, plus triple the amount refunded or \$500, whichever is greater.

JPMorgan Chase already has compensated service members charged interest in excess of 6 percent on their mortgage through the private settlement, Perez added.

All four lenders have agreed to numerous other measures, he said, including SCRA training for employees and agents. The lenders also will repair any negative credit report entries related to wrongful foreclosures and will not pursue any remaining amounts owed under the mortgages.

The settlement also involves expanded protections for service members and their families.

The SCRA prohibits foreclosures on service members without court orders on mortgages that were originated before military service began. This settlement extends this protection to all service members, regardless of when their mortgage was secured, if they were receiving hostile fire or imminent danger pay and were stationed away from their home within nine months of the foreclosure, according to a Justice Department news release.

"The provisions relating to the Servicemembers Civil Relief Act in this agreement will help ensure that members of the military won't be denied critical consumer protections or face foreclosure when they are deployed to a war zone," Petraeus noted.

The agreement also requires all five lenders to provide some service members ordered to relocate access to loan modifications without going into default, Perez said. If they must sell their home at a loss but are ineligible

for funding through the Defense Department's Homeowners' Assistance Program, lenders must, in some cases, provide troops with short sale agreements and mandatory deficiency waivers.

"The cost of this program will not be paid by DOD and the taxpayers, but rather by the servicers," Perez noted.

The banks had neglected to discuss options, such as short sale agreements, with military families faced with a mandatory move. As a result, these families often stayed behind when the service member moved, Biden noted. "We simply should not force families to be separated" due to a military move, he said.

Biden, a military lawyer and major in the Delaware Army National Guard, said he takes this settlement personally. He served alongside troops affected by lenders' wrongdoing while deployed in Iraq for a year, he said. Troops and their families already serve and sacrifice and shouldn't have to bear another hardship, he added.

Petraeus lauded the settlement and said she hopes it will bring peace of mind to military families dealing with housing-related challenges.

"I urge financial institutions to pay heed to these provisions and ensure that our men and women in uniform have better options than accepting foreclosure or leaving their families behind when they go to their next multiyear assignment," she said.

The settlement, Perez added, will enable service members "to focus on the critical role they play in protecting our nation."

Service members and their families who believe their SCRA rights have



METROGRAPHICS

been violated should contact the nearest Armed Forces Legal Assistance office. Additional information is available at http://www.servicemembers.gov.

Perez also invited service members who believe they're entitled to compensation under this settlement to directly contact the Justice Department at 1-800-896-7743.

However, he added, service members don't need to apply for this relief. The Justice Department will have access to information that will determine victims of wrongdoing and will contact these service members.

Perez declined to give a specific compensation deadline. "The investigative process of reviewing these records will take some time," he explained. But we are going to be working to ensure it's as little time as possible."

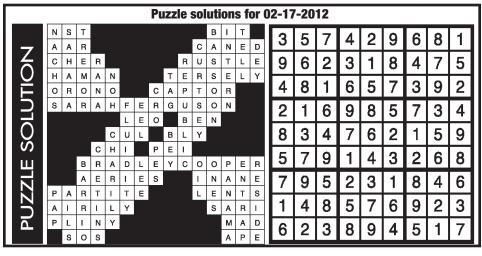
In remarks yesterday, President Barack Obama noted the significance of the \$25 billion settlement.

"We have reached a landmark settlement with the nation's largest banks that will speed relief to the hardest-hit homeowners, end some of the most abusive practices of the mortgage industry, and begin to turn the page on an era of recklessness that has left so much damage in its wake," he said.

"No compensation, no amount of money, no measure of justice is enough to make it right for a family who's had their piece of the American Dream wrongly taken from them," he added. "And no action, no matter how meaningful, is going to, by itself, entirely heal the housing market. But this settlement is a start. And we're going to make sure that the banks live up to their end of the bargain."



gazette.com/dealoftheday





Annual National Character and Leadership Symposium nearing

Two day event takes place Feb. 23-24

Amber Baillie

8

Academy Spirit staff writer

The 19th Annual National Character and Leadership Symposium will take place at the Air Force Academy Feb. 23-24 and feature distinguished leaders throughout the country to illustrate the importance of character development and leadership.

The two-day event will include 46 discussion panels and individual speakers such as former presidential candidate Ross Perot, Medal of Honor recipient Army Sgt. 1st Class Leroy Petry and adventurer Aron Rolston, subject of the movie, "127 Hours."

"We have a menu of options for people to choose from so that it's not just one particular area," said Lt. Col. Dave Keller, program director at the Academy's Center for Character and Leadership Development. "In some cases we've had to turn away speakers because we have enough and try to invite them down the line for future years."

Keller said that presenters will often waive speaking fees or reduce them greatly for the Air Force Academy to accomodate Academy rules.

"To me, that speaks to them being focused on supporting the military and developing leaders, giving back and actually walking the walk," Keller said. "It's their own ethical actions in regards of understanding public service opportunities to develop military leaders."

The theme for the event is "Walk the Walk: Leaders in Ethical Action," selected by the cadets and asks the question, do our actions match our words?

"It's a cadet-driven theme and the concept behind that is behavioral integrity," Keller said. "It's not just about sitting and thinking about being a person of character, it's also about being a person who goes out and makes a difference in the world around them."

The symposium is a premiere event and will include cadets, faculty, community guests and visiting students.

"It's not just for cadets and that's

ful experience centered on the topic of character-based officership and character-based leadership."

Approximately 300 cadets help with NCLS planning. Cadet 1st Class Jim Evans, the cadet in charge, said that cadets select anything from the theme to the speakers.

"Cadets play a big role in the execution of NCLS," Evans said. "I like having my voice heard and the ability to share my opinion and ideas with the permanent party."

Evans helps maintain a partnership with cadets and the permanent party through announcements, weekly staff meetings and briefings.

"I like being able to influence on a strategic level and see how it's put together," Evans said. "I'll consider emails that I've received from cadets and pursue the pros and cons of issues from a cadet's perspective."

This year will include a live video feed from Afghanistan, a new showcase for NCLS, which will feature two graduates who are currently working on anti-corruption efforts with Afghans.

"They will be sharing opportunities to exercise character and leadership opportunities in a deployed environment," Keller said. "We're trying to lay the initial foundation for that by having live discussions with people who are in the field doing those kinds of things," Keller said.

Last year, around 6,000 attended NCLS, and Keller said that he expects the same turnout for this year.

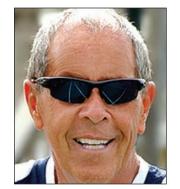
"Four thousand cadets and then add in all faculty, other staff and members of the Association of Graduates," Keller said. "I think as people attend various sessions, they're going to find somebody that inspires them to look deep inside themselves and really desire to elevate their performance and development."

Evans said that the event will put leadership into practice.

"It's a unique opportunity to see leadership theories come to life and see real world stuff," Evans said.

Cadets can register for the event through Feb. 22. For more inforone of my favorite things about it," mation on NCLS 2012 visit http://

Strength in Leadership: 2012 NCLS speakers



Nicholas Bollettieri



Ellen Ochoa



H. Ross Perot

Other speakers include:

Dick Abel Ethan Casey Justin Conelli William Driscoll Felisa Dyrud Joseph Ehrmann Tom Enders Helen Fisher James Frankosky Joseph Garcia Marc Gopin **Guy Gruters** Will Gunn Derrick Hall

Identifying Yourself - Nick Bollettieri is one of the most influential people in the world of tennis and a legend who has transcended the sport. In 1978, he founded the Nick Bollettieri Tennis Academy, the first full-time tennis boarding school to combine intense training on the court with a custom-designed academic curriculum. The Bollettieri approach not only builds athletes on the court, but more importantly, prepares them for a successful life off the court as well. It was this proven method that he used to coach 10 No. 1 players in the world: Agassi, Becker, Courier, Hingis, Jankovic, Rios, Seles, Sharapova, and Venus and Serena Williams, as well as others.

Leaders in Ethical Action - Selected by NASA in January 1990, Dr. Ochoa became an astronaut in July 1991. Her technical assignments in the Astronaut Office include serving as the crew representative for flight software, computer hardware and robotics, Assistant for Space Station to the Chief of the Astronaut Office, lead spacecraft communicator in Mission Control, Acting Deputy Chief of the Astronaut Office, Deputy Director of Flight Crew Operations, and Director, Flight Crew Operations, where she managed and directed the Astronaut Office and Aircraft Operations.. A veteran of four space flights, Dr. Ochoa has logged more than 978 hours in space.

Keynote Lecture - Ross Perot graduated from the U.S. Naval Academy in 1953. After serving four years at sea on a destroyer and on an aircraft carrier, Perot was honorably discharged. In 1957, he joined IBM as a salesman in the Data Processing Division in Dallas. In 1962, he started Electronic Data Systems. Over the next 22 years, he built EDS into one of the worlds largest technology services firms. In 1988, he founded a new technology services company, Perot Systems Corporation, where he served as Chairman Emeritus until November 2009, when it was acquired by Dell Inc. In January of 2009, for his lifetime of service to veterans and the military, Perot received the Veterans Administration Secretary's Award.

> John Register Janine Rozina Angela Salinas Arthur Schwartz Tony Simons Matthew Spitzer Ellen Tauscher Samuel Tongoi Sherron Watkins Justin Widhalm John Willink

Keller said. "It's an opportunity for ncls2012.net. the entire school to have a purposeLeroy Petry Aron Ralston Robin Rand

Gregory Hall

Carla Harris

Julia Hubbell

Timothy Kirk

Gary Packard

Pamela Paresky

Jim Mack

Qamar-ul Huda

Linell Letendre

Theresa Melaragno

Mike Hoyt

Tim Willis Jerome Yellin

Whom are you excited to see at NCLS and why?



"I'm excited to see the World War II pilot, Jerry Yellin, the P-51 pilot. I'm excited to see him because he is from a generation that is dwindling away pretty quickly and soon we're not going to have a chance to interact with them for much longer. I think it's important

that we can learn from the greatest generation because they know sacrifice in a way that we could probably never imagine." Michael Duff, Class of 2013



"Besides escorting Mr. Gregory Hall, the CEO of the company that rescued the Chilean miners several years ago, I am very interested in seeing Lieutenant General Rand and hearing his speech about the environment of trust, and how trust is important in this day and age

where not having the right amount of trust can have severe consequences, whether it's in a team, squadron, or organization." Nick Espinoza, Class of 2013



"I think I'm excited to see Jim Mack and the Sijan Panel because they're going to be discussing how it was to find Captain Sijan, and I heard that he will be joined by Captain Sijan's sis-

ter. I think it will just be really cool to hear about it. "

Misha Ignacio, Class of 2015



AF medical service, patients will communicate through secure portal

by Gary Pomeroy and Jon Stock Air Force Surgeon General Public Affairs

WASHINGTON (AFNS)— Patients at Air Force-wide medical treatment facilities will soon be able to communicate securely and privately with their health care teams anywhere and anytime thanks to the expansion of secure messaging. Secure messaging will be available

to patients through what is known

as the MiCare portal. The MiCare portal is built to facilitate secure, online communications between patients and their healthcare team. The goal of MiCare is to improve the quality of healthcare that patients receive and provide a mechanism for patients to have better access to their own health information at whatever time is most convenient to them, Air Force Medical Service officials said. MiCare will streamline communication and access to information between office visits, reducing the frequency of office visits for some patients. It will also reduce reliance on telephone calls, providing more convenience for the patients.

"MiCare will make routine health care more convenient for our patients, while reducing unnecessary visits to the MTF, thus freeing up our providers to see more acute patients," said Lt. Gen. (Dr.) Charles B. Green, the Air Force Surgeon General. "This is an important goal in Air Force Patient-Centered Medical Home."

Benefits from MiCare's secure messaging tool include patient access anytime, anywhere to:

• Communicate privately with their healthcare team online without waiting in phone trees or playing phone tag;

• Ask their healthcare team for advice about non-urgent symptoms;

• Receive medical test and lab results;

• Request medication renewals;

• Request a copy of immunization records; and

• Access physician-approved health resource links at their convenience. The healthcare team will be able to contact patients via MiCare to provide:

• Appointment reminders;

• Follow up on a condition without requiring a trip to the MTF;

• Medication alerts/refill informa-

tion;

•Medical test and referral results; and

• Notifications regarding Flu vaccinations, school and sports physicals, MTF closure dates, etc.

In addition, according to AFMS officials, in the near future, MiCare will offer patients secure access to their personal health record. The PHR feature will allow patients to capture medical information in a central, online location. Officials emphasized that this has not been an option for patients in the past, making it difficult for them to keep track of health information coming from different doctors, treatment locations, emergency providers and overseas stations.

Since MiCare is a patient-driven service, the beneficiary must register with their MTF to have an active account. MiCare deployment to Air Force hospitals and clinics is underway and will progress through the remainder of 2012. In the coming months, more information will be coming directly from the MTF regarding when MiCare will become available at each base and what to expect when MiCare arrives.

To find out more, please visit www. sg.af.mil/MiCare, or ask your local MTF when it will be available to you.

Teen Dating Violence: Are you aware?

By Kristin Larkey Family Advocacy intervention specialist

February is Teen Dating Violence Prevention and Awareness Month. This is a national effort to raise awareness about abuse in teen-20-something relationships and promote programs that prevent it during the month of February. For years young people across the nation have organized to put a stop to dating abuse. In 2006 Congress declared the first full week in February "National Teen Dating Violence Prevention and Awareness Week" and in 2010, Congress dedicated the entire month to the cause.

On Feb. 12, 2005, Sarah Van Zanten, 15, was lying on the floor with an ice pack on her aching ribs. For a moment, she had no idea where she was until her boyfriend's face came into focus. They were at a party and Joe (not his real name), the cute football player she'd been dating, kicked her so hard that she propelled into a wall, hit her head and blacked out. "I woke up and he was hovering over me," Sarah, now 18, said. "I just wanted to get away." Four months prior, Sarah thought she had found the perfect boyfriend, ready with corsages, compliments and movie dates. Quickly the sweet talk gave way to insults, demands and finally, physical abuse. Within days of the kicking incident, Sarah, a willowy, strawberry blonde with a spray of freckles across her cheeks, stood in line at the family division of the Santa Clara County, Calif., Court Clerk's Office and waited to pick up a copy of a restraining order. "I never would have thought something like this would happen to me," Sarah said.

(The above is an excerpt from a true story in People Magazine titled "A High School Student's Nightmare: Dating Violence," Sept 10, 2007, Vol 68.)

Sarah's story is not an uncommon one. According to the Centers for Disease Control and Prevention, about one in four teens report verbal, physical, emotional, or sexual violence each year. In addition, approximately one in five high school girls have been physically or sexually abused by a dating partner.

Like Sarah, most teens don't think they could ever end up in a violent relationship. Often, teens aren't aware of the warning signs that indicate someone could become abusive or they may be in an abusive relationship without even recognizing it.

Teen dating violence is not an argument every once in a while or a bad mood after a bad day. Dating violence is a pattern of violent behavior that someone uses against their partner to cause pain. Teen dating violence runs across race, gender, and socioeconomic lines. Both males and females are victims, but boys and girls are abusive in different ways. Girls are more likely to yell, threaten to hurt themselves, pinch, slap, scratch, or kick. Boys injure girls more severely and frequently. Some teen victims experience violence occasionally and others are abused more often, sometimes daily ("Teen Victim Project," National Center for Victims of Crime, http://www.ncvc.org/tvp). Technology also plays a large role in teen dating violence. Teens are well connected through today's technology. As a result, cell phones and the Internet have become tools of dating violence through which emotional abuse and sexual violence can occur. The controlling behavior that abusers often exercise over their partners is easy to translate to the digital world. Teen abusers can easily monitor their dating partners by frequently checking in by cell phone, text or instant messenger or by requiring a dating partner to check in.

One in three teens say they are text messaged up to thirty times an hour by a partner or ex-partner inquiring where they are, what they are doing, or who they are with (http://www.breakthecycle.org). Between cell phone calls and frequent texting, an abuser can exert almost constant control over a partner day and night.

Teens in violent dating relationships often don't report the abuse because they're hesitant or embarrassed to talk to adults about the issue. They may also use a variety of excuses to justify the harm that is being done to them or their own harmful behavior. It's important for adults to be aware of excuses for dating violence, both from the victim and from the perpetrator. Both adults and teens should be familiar with warning signs that something may be wrong in a relationship and should recognize that a perpetrator often acts appropriately when they are around other people and only demonstrates abusive behavior in private.

doing this and in time the violence will get worse. You need to take care of yourself. Talk to a trusted adult or locate a shelter or agency serving victims of domestic abuse in your community. Together, you can talk about making a plan to end the relationship and remain safe. If you need to talk to someone about being in abusive relationship, the following resources are available 24 hours a day, seven days a week:

• National Teen Dating Abuse Hotline: 866-331-9474

• Colorado Coalition Against Domestic Violence 24-hour hotline: 1-888-778-7091

• TESSA Crisis line (local agency that offers confidential services): 633-3819

You may also contact the Academy's Family Advocacy Program at 333-5270 for further information or resources.

If you are a teenager involved in an abusive relationship or if you know someone who is, you need to remember that no one deserves to be abused or threatened. Remember you can't change the person who's

ACADEMY SPIRIT FRIDAY, FEBRUARY 17, 2012

Track: Simmons takes NCAA lead with Academy pole vault record

Air Force junior Cale Simmons became the NCAA's top pole vaulter Saturday with an Academy-record clearance of 18' 1½' during the track and field team's second day of competition at the Air Force Invitational.

Simmons' clearance, which was more than a foot higher than the rest of the field, is the best clearance in the NCAA to date this season, the third-highest vault in the U.S. for 2012 and the third-best clearance in Mountain West Conference history.

His mark, which vaulted the junior from sixth to first on the program's all-time list, broke Nick Frawley's 2009 record of 18' 1".

Senior Paige Blackburn improved her career-best mark in the shot put to 49'7³/₄", easily winning the 31-member event by nearly four feet. That mark, which bettered her own distance by over five inches, is the second-best throw in Academy history.

Sophomore Lance Wolfsmith won the mile with a personal-best time of 4:23.80 and paced the Falcons to four of the top six spots in that race. Freshman Elliot Myers placed second in a career-best 4:27.94, while sophomore Gavin Owens and freshman Riley Coates used career-best times to place fourth (4:28.68) and sixth (4:32.65), respectively.

Air Force also earned a first-place finish from senior Nick White, who posted a time of 1:53.47 to win the 800-meter run. Freshman Ronnie Elly also finished within the top eight of that race, as he clocked 1:57.97 to place seventh.

Senior Kimber Shealy was the top collegiate finisher in the pole vault - and finished second overall, with a season-best matching clearance of 13' $1\frac{1}{2}$ ". She was one of two Falcons to place within the top five, as fellow senior Tawny Lambuth cleared 11'9³/4" to take fifth. Junior Jen Bremser finished second in the mile with a career-best time of 5:20.12, while freshman Alex Jones-Hardy clocked the sixthfastest 60-meter dash time in program history (7.74) to finish sixth. The women's 4x440-yard relay team of sophomore Kassie Gurnell, junior Bethany Gross, senior Rachel Thomas and sophomore Heather Shepard clocked a combined time of 3:58.51 to finish fifth. Sophomore Rebecca Esselstein clocked a careerbest 800-meter time of 2:23.30 to finish seventh in that event, while junior Lesly Torres earned the same placement in the high jump with a clearance of 5' 5".

Back on the men's side, Air Force earned an additional pair of top-eight finishes in the pole vault, as sophomore Cort Rogers and freshman Joey Uhle placed fourth and fifth, respectively, with matching heights of $16' 4^{3}/4''$. Ties are broken based on attempts.

Senior Manny Smith finished third in the 400-meter dash with a time of 48.34. Classmate Bryce Bergman clocked a career-best 8.14 in the 60-meter hurdles to take fourth, while junior Michael Tibbs finished eighth in that event with a personal-best 8.38. Air Force earned three top-eight finishes in the 200-meter dash, behind junior Anthony Delgado (sixth, 21.93), freshman Jake Spuller (21.96) and sophomore Michael Craig (eighth, 22.19). The relay squad Smith, Spuller, Craig and Delgado finished fourth in the 4x440-yard race with a time of 3:23.50, while senior Sean Herbison tossed a 52'8" in the shot put to finish sixth.

The Falcons return to action today, when they travel to Laramie, Wyo., for the annual Robert Shine Invitational.



RAYMOND MCCOY

Air Force senior Phaelen French takes to the air during the long jump competition at the Air Force Invitational Saturday. French, a native of Austin, Colo., placed 33rd with a jump of 5.15 meters.



MIKE KAPLAN

Air Force junior Cale Simmons is all smiles after becoming the NCAA's top pole vaulter Saturday with an Academy-record clearance of 18' 11/2" during the track and field team's second day of competition at the Air Force Invitational.

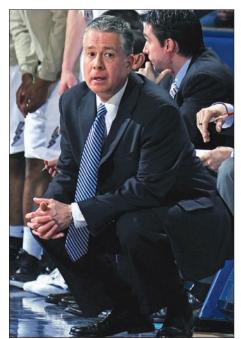
Falcons snap losing skid, beat Wyoming 58-53 behind Lyons' 24



Below: Air Force interim head coach Dave Pilipovich replaced Jeff Reynolds, who was fired last week.

Left: Michael Lyons scored 24 points and nailed six 3-pointers to lead the Falcons in scoring.

PHOTOS BY SARAH CHAMBERS



Michael Lyons led Falcons with 24 points, six 3-pointers

LARAMIE, Wyo. (AP) — A seven-game losing streak, a late-season coaching change and an early 24-10 deficit on the road. It would have been enough for any team to get discouraged. Not this Air Force squad, which rallied, took a nine-point lead with three minutes left and then held on for a 58-53 win at Wyoming on Wednesday night.

Michael Lyons matched his career high with six 3-pointers and scored 24 points to help Dave Pilipovich to his first win as a college head coach. The Falcons improved to 1-1 under Pilipovich, a 25-year assistant who replaced Jeff Reynolds, fired a week earlier.

"Our kids I think just finally got to the point, enough's enough, we just gotta go play," said Pilipovich, adding that Air Force football coach Troy Calhoun offered encouragement last week. Calhoun told him, "These are outstanding young men and when things get tough, they're going to go back to their training. Their character's going to show," Pilipovich said.

Air Force took its first lead, 47-45, on a layup by Taylor Broekhuis with 8:23 remaining. Lyons then added his sixth 3-pointer and Mike Fitzgerald sank two free throws to make it 52-45, capping a 12-0 Air Force surge.

Broekhuis finished with 12 points for Air Force (12-11, 2-7 Mountain West).

Adam Waddell had 15 and JayDee Luster 11 for Wyoming (18-7, 4-5).

Wyoming drew within 56-53 on a layup and free throw by Luster with 1:34 left, but he and two teammates missed 3-pointers in the last minute.

Cowboys coach Larry Shyatt said Air Force deserved the win. "You just saw a group of Air Force players who willed themselves to victory," he said. "We were outplayed, and it really could have been worse."

Broekhuis said the Falcons didn't get discouraged despite falling behind 14-2. "We knew we were better than 14-2. We knew we could play with these guys," he said.

Lyons, who put in extra time over the weekend working on his shot, finished 9-of-15 from the floor and 6-of-8 from beyond the arc. However, he attributed the win to the Falcons' defense, which held Wyoming to 17 points after halftime.

"Coach got on us for giving them open looks, not getting 50-50 balls," he said. "Second half we just came out and did both of those things. We locked up on defense, boarded a little better and we hit some shots."

The Falcons' plan was to fight over screens for Wyoming shooters Luke Martinez and Francisco Cruz and underneath screens for Luster, to keep him from penetrating. Martinez and Cruz were averaging more than 25 points combined. Martinez finished with eight points and Cruz seven.

Air Force was 8-of-19 from 3-point range (42 percent) and held Wyoming to 4-of-21 (19 percent).

Pilipovich said the locker room celebration was a wild one.

"We're jumpin.' We're huggin' each other. We're throwin' things," he said. "We may walk home, we're so excited. It's cold out there, but we may walk home."

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ACADEMY SPIRIT FRIDAY, FEBRUARY 17, 2012

Falcons unable to get past Cowgirls

RIGHT: Junior guard Alicia Leipprandt goes up for a jumper against Wyoming's Angela Johnson in a 71-58 loss to the Cowgirls Wednesday at Clune Arena. Leipprandt scored 16 points to lead the Falcons. Also scoring in double figures for Air Force was senior captain Jamela Satterfield.

BELOW: Falcons forward Dymond James tries to squeeze between two Wyoming defenders. James, a native of Brambleton, Va., had her fourth double-double of the season in Air Force's loss.

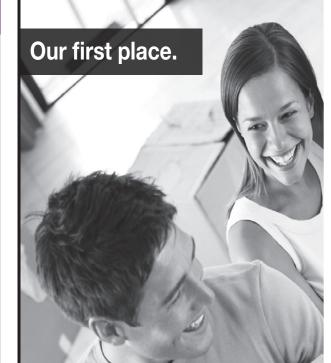
PHOTOS BY SARAH CHAMBERS







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Claims against the estate

All persons, firms and corporations having claims against the estate of Cadet 2nd Class Stephen E. Williams, deceased, must present them to Capt. John A. Miller no later than today and have them legally authenticated by the Academy's Staff Judge Advocate Office for pro-rata payment, or they will be forever barred, and this notice will be pleaded in bar of their recovery.

All persons, firms or corporations indebted to this estate should make immediate payment to Miller in care of the legal office.

Anyone with questions should contact Miller at 333-2648.

Free tax preparation available

The Academy tax center currently offers free tax preparation by appointment to cadets, service members stationed here and their spouses.

Taxes will be done by appointment only. Appointments will be available 8 to 11 a.m. and 1 to 3 p.m. Mondays and Fridays.



Cadet Chapel

BUDDHIST Sundays, 10 a.m.

PROTESTANT WORSHIP Combined Worship Service: Sundays, 9 a.m.

CATHOLIC WORSHIP Mass: Sundays, 10 a.m.

JEWISH WORSHIP Normal schedule Fridays, 7 p.m.

Community Center Chapel

CATHOLIC WORSHIP Mass: Saturdays, 4 p.m.; Sundays, 9 a.m.; Tuesdays-Fridays, 11:30 a.m. Reconciliation: Saturdays, 3:30 p.m. Formation Classes: For students in grades K-8. Sundays, 10:15-11:30 a.m. The gross income limit for eligibility is \$60,000 for either an individual or joint tax return.

The tax center, located in Arnold Hall, will take appointments this month. For more info, call 333-3905.

Government housing services

The Academy has a government housing management office located inside the Forest City Residential Management building.

This office provides newcomer information, community housing listings, lease review, liaison for privatized housing and dispute resolution for service members both on and off base.

The office is located at 6556 West Columbine Drive in Pine Valley and can be reached at 333-2247.

Base clinic to close March 1

The Academy Clinic will not provide patient care March 1 and will limit ancillary services such as laboratory and pharmacy services due to a medical readiness exercise scheduled for that day.

Normal operations will resume March 2.

Patients who require emergency medical care should dial 911. To schedule or reschedule an appointment, contact the Tricare appointment line at 524-2273.

Deployed spouses luncheon

Forest City Housing will hold a Mardi Gras-themed lunch for spouses of deployed service members Tuesday from noon to 2 p.m. in the event center next to its main office.

Call 867-9688 to RSVP, or contact Kelly Sieber, the Forest City housing asset manager, at 333-9269 for more information.

Vet employment expo

The Military and Veterans Employment Expo will offer classes on resume writing, career exploration, interviewing, networking and more on the Goodwill campus at 1460 Garden of the Gods Road in Colorado Springs Feb. 29-March 2.

For more information about the expo, go to www.mvee.org.

Indoor Triathlon

The Academy Fitness Center will hold an indoor triathlon March 5-7 featuring a $\frac{1}{2}$ -mile swim, a 3-mile run and a 5-mile bike ride.

The race will include five heats per day with three people per heat.

People interested in competing can sign up at the Fitness Center's front desk. For more information, contact Charlie Paul at 333-1988.

Weight Loss Challenge

The Health and Wellness Center will hold its fourth-annual Weight Loss Challenge Feb. 22. Teams of three to five members are invited to join the Health and Wellness Center's 4th Annual Weight Loss Challenge.

A team leader meeting to discuss rules and guidelines will be held Feb. 15 at 2 p.m.

Winners will receive prizes and awards. All participants will receive a free T-shirt.

For more information, call the HAWC at 333-3733.

Walk 4 Life

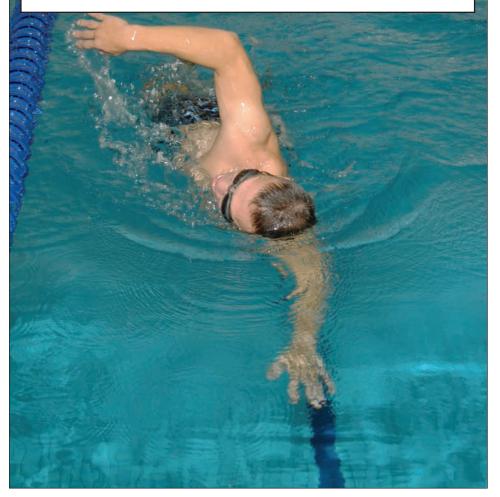
The Fitness Center now offers "Walk 4 Life," a low-impact exercise program designed to improve cardiovascular endurance, flexibility and strength.

The walking sessions are approxi-

Community Center pool now open

The Community Center pool is now open after having been closed for repairs and annual cleaning.

Swimming pool hours of operation are 6 a.m.-8 p.m. weekdays and 7 a.m.-5 p.m. on weekends and holidays.



mately one hour, starting at the Fitness Center. Days and times vary.

To register or for more information visit the Health and Wellness Center or call 333-3733.

Golf Course events

The Eisenhower Golf Course offers the following events in February. Call 333-2606, weekdays between 9 a.m. and 5 p.m. to sign up for these events.

Reservations are required.

Titleist Ball Fitting and Product Info Night – Thursday, 5 p.m. Appetizers and cash bar. Cost is \$10 per person. For more information, contact the golf course at 333-2606.

Racquetball tournament

The Fitness Center will hold its annual doubles racquetball tournament Feb. 18-19.

The event is open to men and women of all skill levels. Entry fees are \$30 per team or \$15 per person. The top three teams in each category will receive gift cards.

For more information, call the Fitness Center at 333- 4522.

Library expands selection

The Community Center Library has created a new collection of existing materials in addition to Exceptional Family Member Program items on a variery of subjects, including development, diversity, resilience and titles currently on the Air Force chief of staff's reading list.

Other subjects include autism, Tourette's syndrome, hearing and visual impairment, physical and mental disabilities and others for both professionals and family members.

Materials will be available for checkout, and book lists will be on hand.

For more information, contact the library at 333-4665.

ATM at Visitor Center

The Visitor Center now has an ATM for visitors' convenience.

A&FRC Offerings

The following classes are available at the Airman and Family Readiness Center. Contact the A&FRC at 333-3444 for more information or to register for classes.

Group Preseparation Briefings – Mondays, 2-4 p.m. (except during Transition Assistance Program weeks). This briefing is mandatory for all retiring and separating military personnel. Spouses are encouraged to attend.

PROTESTANT WORSHIP Evangelical: Sunday, 10:15 a.m.

Gospel: Sunday, 11:30 a.m. **Wednesday Night Live:** For ages 3 to adult. Begins with a meal. Wednesdays, 6-7:30 p.m.

WEDNESDAY NIGHT LIVE

The Community Center Chapel's Protestant Religious Education program has resumed. Each week begins with a free dinner at 6 p.m., followed by religious education classes from 6:30-7:30 pm.

Several new classes are being offered for adults and children. Call the chapel for details at 333-3300.

Intramural volleyball

Preseason games will begin Tuesday for the 2012 intramural volleyball season.

For more information, contact Dave Castilla, the Academy Fitness Center's intramural sports director, at 333-3038.

Final Friday

The Falcon Club will hold its monthly Final Friday today starting at 4 p.m. February's theme is "Mardi Gras favorites."