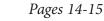


Dusty Trail Class of 2012 heads to Jacks Valley.

Page 4



Field Day Basic Cadets battle it out during spirited competition.





Immersion Cadets visit India, experience unique culture. Pages 17





Photo by Mike Kaplan

Giddy up

A low-altitude, high-speed stage coach pass during the Pikes Peak or Bust Rodeo Saturday included "The Bird" riding shotgun with passengers Academy Superintendent Lt. Gen. John Regni, his wife Debby, and Command Chief Master Sgt. Arvin Davis and his wife Faye on board. General Regni served as host for Academy Appreciation Day. See more from the rodeo including special recognition for Academy members on pages 8 and 9.



GTCCs expire on Nov. 29, 2008 at 11:59 p.m. Eastern Standard Time. Your new travel card will be mailed to your mailing address on file with Bank of America, so please ensure it is current. If you do not receive your new card by Oct. 31, notify your Agency Program Coordinator.

Anyone scheduled for a ermanent Change Station move, should make sure his or her address is updated in the database. The new travel card will be sent to the address on file and any mail sent to an incorrect address will be returned to sender. APCs will not have the option to forward mail to a new address. Travelers are reminded to verify receipt of the new travel card to ensure timely activation. This can be accomplished anytime after Aug. 15. The contact information will be on a sticker that is affixed to the card. As part of the receipt verification process, travelers will be asked to accept the Cardholder Agreement Terms

& Conditions. Each must agree to the Terms & Conditions in order to use his or her new travel card.

Traveling during the cutover

Anyone traveling during the cutover (Nov. 29-30, 2008), should charge all official travel expenses up to, and including, Nov. 29, on the current Bank of America GTCC. Travel expenses incurred from midnight Nov. 30, should be charged to the new GTCC. For those who do not receive the new travel card, it may be due to an outdated address on file. Anyone who believes the address of record on file is outdated, should notify his or her APC immediately. The primary contact for transition information is the APC. Cardholders can also visit www.defensetravel.dod. mil; www.gsa.gov/smartpay; or send questions to dtmotc @dtmo.pentagon.mil for more information.'Send it our way, we'll get the job done!'

Softball

MDG#2 trounces MDG#3 in intramural softball action.

Page 20

<u>INSIDE</u>	
Commentary	2
News	3
Feature	14
Sports	20
Community	21
Classifiers	22

Arriving this Summer. Your current Government Travel Charge Card expires on November 29, 2008 Verify receipt of your new card immediately.



The Department of Defense' current Government Travel Charge Card contract with Bank of America is ending this year. As the Travel Card Program transitions to the new SmartPay[®] 2 contract, all government travel cardholders should receive new cards this summer.

The new GTCCs will be issued by Citi and ready for use on Nov. 30, 2008, after the current Bank of America





Recognizing shining stars increases awareness, morale

By Ken Carter Editor

Several weeks ago we solicited response from Academy Spirit readers encouraging all to consider throwing a hat into the "Commentary" ring.

Since then, we've received three outstanding contributions including: A reminder to lead by example; Insight into the joy of becoming an American citizen; and, The benefit of gaining and maintaining club membership.

Most recently, we received an Email from an Academy staff sergeant who shares his appreciation for his commander using phrases like, "She'll bend over backwards for her people and ensures the highest levels of morale within her unit." These comments were further expressed by another individual within the chain of command between the staff sergeant and the commander. Their combined persistence made it clear there's something about this Academy leader her people appreciate, admire and respect.

The Academy Spirit staff (and the entire directorate of public affairs for

call the Action Line to resolve issues: 333-3900

that matter) takes great pride in sharing stories of cadets, active duty military members and civilians alike when it comes to messages of teamwork, success and accomplishment.

The identity of the aforementioned leader is purposely not being disclosed as we intend to let her own people shine the light in a commentary in the July 25 edition of the Academy Spirit.

In the meantime, once again, we encourage all to share commentaries for publication consideration. It's a chance to share an opinion, to acknowledge a superior performer, to offer reminders of what Integrity First, Service Before Self and Excellence in All We Do really means ... and so much more.

How about sharing the highlight of an Air Force experience, whether you are a civilian, a cadet, an airman basic or sport stars on your shoulder? The Air Force is a family and it's normal for families to share stories. The Academy family is as diverse as they come ... and everyone reveals a great story when asked the right questions.

Another example of appropriate commentary subject matter is a topic enhancing the understanding of personal safety.

A dear friend, Academy employee, and avid hiker has a story to share and I know he will. The essence of his experience is preparation, planning and wise execution of a solo trek though Colorado's mountains cannot be taken lightly. His future commentary, I suspect, will encourage many to get out and experience nature's beauty in a way they never have ... while at the same time, offer potentially lifesaving wisdom.

Only our imaginations will limit what future commentaries will appear within the Academy Spirit from one week to the next.

To those who've responded already, our sincere thanks. To those who've yet to respond, we await your submissions with great anticipation.

To those wondering who the mystery commander is who has obviously won the loyalty of her people, you'll have to check right here next week to find out.



To responsibly inform and educate the Academy community and the public about the Air Force Academy Lt. Gen. John Regni -Academy Superintendent Maj. Brett Ashworth -Director of Public Affairs Capt. Corinna Jones -Chief Internal Information Ken Carter — Editor kenneth.carter@usafa.af.mil Butch Wehry — Senior Staff Writer whalen.wehry@usafa.af.mil Ann Patton — Staff Writer elizabeth.patton.ctr@usafa.af.mil Denise Navoy — Graphic Designer

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Submissions

Send submissions to: HQ USAFA/PAI, 2304 Cadet Drive, Suite 3100, U.S. Air Force Academy, CO 80840-5016 or deliver to Suite 3100 in Harmon Hall.

Deadline for free classified ads on a space-available basis is noon every Tuesday for that week's publication date. Paid classified advertising is accepted by the publisher at 329-5236. The number to call for display advertising is 634-5905.

Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the Academy Spirit editor at 333-8823.

The Academy Spirit also accepts story submissions by fax at 333-4094 or by e-mail: pa.news paper@ usafa.af.mil.

Character Corner BCT Honor Education

By Maj. Tom Devore Center for Character Development

So, what does "honor" mean to you? It seems everybody has his or her own definition of honor, but Webster's Dictionary says the noun denotes: "respectability, esteem and complete integrity of character"

uprightness in principle and action." For the past two weeks, the Class of 2012 has been learning about what it means to live honorably at the U.S. Air Force Academy.

Each of us should strive to live a life it speaks volumes about one's character. above reproach. The Class of 2012 will be In the Air Force, to be an honorable immersed in 13 honor education lessons person means we are trustworthy in all during basic cadet training. Topics of these our actions, deeds, and communications ... demonstrated in both public and private life lessons include: honor, trust, respect, honesty, in our public and private lives. Our most accountability and moral courage. These precious commodity (our people) depends An honorable person is "marked by lessons lay the foundation for not only living on it.

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"under the code", but for becoming officers and leaders of character. Doing the right thing might not necessarily be convenient or what satisfies us at that point in time, but



Character Matters airs Wednesdays at 8 a.m. and 8 p.m. on KAFKA radio, 97.7 FT.



What does living honorably mean to you?

"Living up to the example of those from the past and setting the example for those in the future."

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Staff Sgt. Todge Smith 10th Security Forces Canine Unit



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Aireen Blush Identification Checker



Airman 1 st Class Jacob Heine 10th Security Forces Squadron Entry Controller





New language program Web site aids deploying troops

by John J. Kruzel American Forces Press Service

WASHINGTON (AFPN) — Officials who oversee a Defense Department program that provides cultural and linguistic training to soon-to-deploy military personnel have activated a new Web site.

Launched this month, the Defense Language Institute Foreign Language Center's new online resource offers deploying service members easier access to hundreds of linguistic materials, free of charge, according to a DLIFLC news release.

Language lessons can be viewed, downloaded and ordered at www.dliflc.edu under the "Products" tab. Aspiring students must register and receive DLIFLC account approval before placing an order.

Among other curricula, the Web site offers Language Survival Kits: pocket-size booklets with audio CDs in more than 30 languages that outline common greetings, military commands, medical vocabulary and other useful phrases in the native tongue of the students' destination.

The Monterey, Calif.-based language institute also offers new Headstart language DVD programs that use cutting-edge technology and computer animation to teach 80 hours of self-paced lessons and are designed to teach survival phrases in Iraqi Arabic and in Afghan Dari and Pashto, the release states.

The institute is a component of a comprehensive Defense Department language roadmap published in January 2005 and the National Security Language Initiative that President Bush proposed a year ago.

Gail H. McGinn, deputy undersecretary of defense for plans, oversees the Defense Department's foreignarea officer program, a linguistics initiative that embeds cultural and linguistic specialists with military members in their region of expertise.

Ms. McGinn said language has a unique ability to connect U.S. operators with their foreign counterparts and local civilians.

"To be able to communicate with the people, to understand what they're saying, to understand what they're thinking, to understand what their habits are and the correct way to interact with people is incredibly important," she said during an interview with an American Forces Press Service reporter in December.

The cooperation among federal agencies, Congress and the White House on linguistic initiatives underscores

the increasingly prominent role language skills play in U.S. missions at home and abroad.

"Deficits in foreign language learning and teaching negatively affect our national security, diplomacy, law enforcement, intelligence communities and cultural understanding," a National Security Language Initiative fact sheet on the State Department Web site states.

"The NSLI will dramatically increase the number of Americans learning critical-need foreign languages ... through new and expanded programs from kindergarten through university and into the work force," according to the fact sheet.



Making memories

Bill Anderson prepares the Class of 2012 Jaguars Squadron, A Flight, for their Basic Cadet Training yearbook photograph. All BCT squadron images, with the new and improved Old Glory backdrop, were taken this week in Arnold Hall. The final product is part of the annual BCT yearbook produced by the Office of Cadet Wing Media. For more information, call 719-333-4644.



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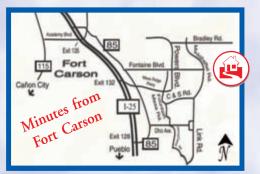
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Working dog kennels receive massive renovation

by Staff Sgt. Vincent Borden 386th Air Expeditionary Wing Public Affairs

SOUTHWEST ASIA (AFPN) — Military working dogs transitioning through a base in the U.S. Central Command area of responsibility are receiving a "bonea-fide" upgrade to their accommodations, courtesy of the 386th Expeditionary Civil Engineer Squadron.

The renovations, which included floor stripping and resealing, and the installation of air-conditioning units, floor drains and plumbing, are part of an overall space expansion project for the kennels.

Labor for the project is a collaborative effort being handled by different sections of the 386th ECES.

"The project is totally in-house from start to finish," said Master Sgt. Gerald Amidon, NCO in charge of the 386th ECES structures section. "We moved the kennels once they arrived, put them together and installed all the plumbing and electric power."

The upgrade allows more K-9s to be accommodated in kennels during their time here before continuing their journey to locations in the AOR. The old facility could accommodate a maximum of eight working dogs; the facility expansion easily triples that number.

"When you're dealing with the Army, Air Force and Navy, the 386th Expeditionary Security Forces Squadron can receive anywhere from 12 to 24 dogs a month," said Tech. Sgt. Matthew Rebholz, 386th ESFS kennel master. He and his team of military dog handlers are responsible for the K-9s assigned to this location and others in the local area.

"The dogs fly through here from stateside bases on their way to [different locations in the AOR], Sergeant Rebholz said. "They're on the ground here no longer than 72 hours before departing on six-month assignments in Iraq and other locations."

The improvements are far from just an amenity upgrade, however. As a part of the renovation package, the 386th ECES modified and installed electric heat alarms in the kennels, an improvement from the batteryoperated ones they were previously equipped with.

The heat alarms have saved two dogs' lives since they were modified this year.

"If the temperature in the trailer goes above 80 degrees it immediately sounds the alarms," Sergeant

Searching for a

way to get

ahead? Look

no further.

Rebholz said. "They've sounded once since I've been here ... there were two dogs in the kennel. It was still a decent temperature in there when the alarm sounded, so the handlers were able to take their dogs and put them in kennels in their tents before the temperature rose further."

The kennels also provide a comfortable haven for dogs traveling with the Army and Navy, who at times may wait here a week or more before traveling to different locations in the AOR. Extended stays present their own set of problems.

Before the kennel facilities were set up, handlers were forced to keep their dogs in kennels in their tents,

Sergeant Rebholz said. There they were susceptible to things like heat-related injury due to air-conditioning malfunction, as well as interaction with other people living inside the tent when they were let out of their kennels.

The new facilities alleviate any possibility of those types of safety-related mishaps from occurring.

"This gives handlers a fully-functional kennel to put their dogs into during their stay here before traveling abroad," Sergeant Rebholz said.

Other upgrades scheduled to be completed by the 386th ECES include entry ramps for the building and a fence surrounding the facility.



Step by step

Commandant of Cadets Brig. Gen. Susan Desjardins and Dean of the Faculty Brig. Gen. Dana Born lead the Class of 2012 on its trek to Jacks Valley. See next week's Academy Spirit for an update on the events and challenges the class faced once there.



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Academy cadets shadow active-duty mentors during summer visit to Mildenhall

By Tech. Sgt. Eric Petosky 100th Air Refueling Wing Public Affairs

RAF MILDENHALL, England — Sixteen U.S. Air Force Academy cadets are visiting RAF Mildenhall as part of Operation Air Force, a three-week mentorship course designed to give firsthand experience for the Air Force's future leaders.

Sophomores, juniors and seniors are the only cadets eligible to take advantage of the opportunity, according to Capt. Eric Fryar, 100th Operations Support Squadron aircrew flight equipment commander, and they are given a series of goals to meet while here.

"This program is designed to take cadets out of the classroom and put them side by side with the regular Air Force," said Captain Fryar, one of two program coordinators for Mildenhall. "Cadets get the opportunity to learn about different career fields and shadow officers currently serving in those fields."

Sophomores focus mainly on the working relationship between enlisted Airmen and officers, and must even be signed off on an enlisted core training task in whichever unit they've been assigned. They must complete a mentoring session with a chief master sergeant and first sergeant during their visit as well.

Juniors shadow officers in the operations and support groups to give them a larger breadth of knowledge of the Air Force specialties available to them. They too must complete mentoring sessions, but with squadron commanders and director of operations or their equivalents.

Since seniors have already selected a specialty, they are specifically matched with active-duty officers currently serving within that specialty under a traditional shadow program. Three mentoring sessions are required, specifically with field grade officers in their chosen specialty.

This is the third summer visit to a base for Cadet 1st Class Tyron Gary. He will be a navigator once he becomes a second lieutenant, although he is number 12 on a waiting list for a pilot position. Since earning wings also incurs a 10-year service commitment, the visit is invaluable in his career choices.

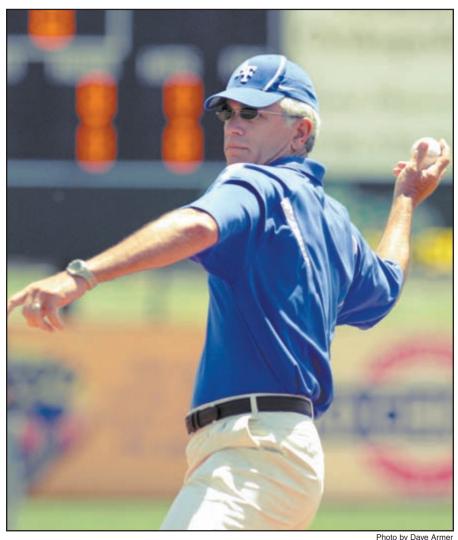
"At the Academy, you really don't think much about what you'll be doing,"

said the 21-year-old Memphis, Tenn., native. "But then you get to a base, and it's a real wake-up call. We've been here a week and a half, and just watching the day-to-day operations in the flying squadron is truly eye opening."

Cadet Gray was able to take part in an air refueling mission aboard a KC-135 Stratotanker with the 351st Air Refueling Squadron. He was joined by Cadet 2nd Class Addison Gentry, a 21year-old from Roseville, Calif. Both said the experience made them want to fly for the Air Force that much more.

"This program really works," said Cadet Gentry. "Last week I was in the 100th Logistics Readiness Squadron, and this week I'm with the 100th Operations Group. The experience has made me more confident in my career goals. I want to be a pilot. I don't have any preferences on air frame - I just want to be in the fight."

The cadets will return to Colorado Springs, Colo., in mid-July. They are the second of three groups of cadets scheduled to visit RAF Mildenhall throughout the summer.



Play Ball ...

in the series.

Academy Superintendent Lt. Gen John Regni winds up to throw the ceremonial first pitch at Sky Sox Stadium Sunday to kick off Military



Senior Airman Justin Hawley, 100th Logistics Readiness Squadron, right, shows Cadet 2nd Class Matthew Haxton how to receive supply assets.

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Club card changes promote, enhance membership

This summer, Chase Bank and Air Force clubs are launching an enhanced cash-back, Military Free Cash Rewards Program.

Additionally, new club membership applicants can choose between a MasterCard or a limited-use proprietary credit card. The new card option will be featured on new Air Force club membership applications.

The card benefits associated with the MasterCard and proprietary cards differ significantly. Those differences are outlined in the chart below. It should be noted both these cards are reported to the credit bureaus.

The MasterCard Club membership card carries a credit line starting at \$1,000 and has a one-of-a-kind rewards program that's free to all members with a MasterCard membership card.

The "cash back" rewards program offers Air Force club members "double bonus points" - two points for every dollar in purchases made on their club membership card in all services activities, the base exchange and the commissary.

All purchases made off base generate one point per dollar spent. For as few as 2,500 points, members can redeem for cash (\$25) or for gift cards to major merchants and restaurants - an outstanding value.

Travel redemption options and double points for AAFES gas purchases have been added to the Military Free Cash Rewards in 2008.

The proprietary card has a maximum credit limit of \$500, and members' charging privileges are limited to on-base at the Falcon Club and other services activities. There are no rewards programs associated with the proprietary card. Delinquent payments are reported

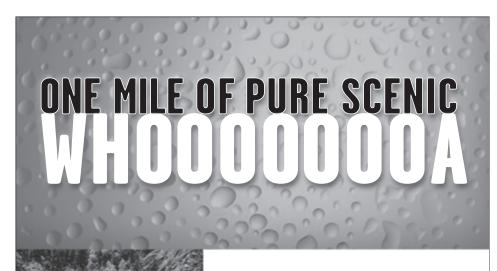


to base personnel and credit bureaus. Failure to pay in accordance with terms and conditions may result in garnishment of wages.

Current members wishing to change from a MasterCard to the proprietary card will be allowed to do so. To change, existing members must close their MasterCard accounts and reapply for the proprietary

card. Members will continue to be responsible for any debt on their closed MasterCard account. Any accumulated reward points on their MasterCard will be forfeited at time of closure.

For more information on this club membership initiative, stop by the Falcon Club or call the Air Force Food and Beverage Division at 1-800-443-4834.



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First steps

Members of the Preparatory School Class of 2009 take their first steps toward appointments to the Academy. The class has 243 students, with 19 percent women and 49 percent minorities. The day after inprocessing, the new preppies will spend 18 days, mostly on the Prep School campus, receiving basic military training.



VA announces online claims application

WASHINGTON (AFPN) -- The Department of Veterans Affairs will now accept online applications from veterans, survivors and other claimants for various benefits without the additional requirement of submitting a signed paper copy of the application.

People can now file initial applications for disability compensation, pension, education, and vocational rehabilitation and employment benefits online. VA will process applications received through its online application Web site, VONAPP, without the claimant's signature. The electronic application will be sufficient authentication of the claimant's application for

WASHINGTON (AFPN) -- The Department of benefits. Normal development procedures and rules of evidence will still apply to all VONAPP applications.

VONAPP, found at *www.va.gov/onlineapps.htm*, is a Web-based system that benefits both internal and external users. Veterans, survivors and other claimants seeking compensation, pension, education, or vocational rehabilitation benefits can apply electronically without the constraints of location, postage cost, and time delays in mail delivery.

Officials announced that VONAPP reduces the number of incomplete applications received by VA, decreasing the need for additional development by VA

claims processors. The online application also provides a link to apply for VA health care benefits and much more.

More than 3.7 million veterans and beneficiaries receive compensation and pension benefits from VA, and approximately 523,000 students receive education benefits. Approximately 90,000 disabled veterans participate in VA's Vocational Rehabilitation and Employment program.

For more information about VA benefits, go to VA's Web site at *www.va.gov* or call the toll-free number (800) 827-1000.

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Rodeo creates fond memories for workers, participants





Photos by Mike Kaplan Above: Academy Superintendent Lt. Gen. John Regni, with his faithful sidekick, "The Bird," addresses attendees at the 68th Annual Pikes Peak or Bust Rodeo Saturday.

Left: A bronco rider launches from the shoot under the watchful eyes of cowboys concerned for one another's safety.

By Academy Spirit staff

The dust from the 68th Annual Pikes Peak or Bust Rodeo has settled and many broke from the herd.

We were able to round up two Academy members who shared a few memories of the experience.

Ms. Teresa Rose' job at the event was working the gate used by rodeo contestants and ensuring only those with the appropriate credentials entered.

The event is past but not the afterglow for the 10th Medical Group's *Continued next page*



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Rodeo

From previous page

family practice registered nurse from Colorado Springs.

"I enjoy doing volunteer work and especially enjoy the rodeo atmosphere," she said.

She was a bit surprised when she accidentally entered a closed area where a television show was being filmed. She was run off immediately.

"The best memory is the number of people who volunteered," said Nurse Rose. "It was wonderful to see so many people giving their time by volunteering. The most fun was getting to meet new volunteers and talking with contestants."

Staff Sgt. Cynthia Tassey saw it as her chance to help with a momentous Colorado event.

"I took tickets at one of the main doors to allow entry into the rodeo," said the 10th Medical Operations Squadron allergy and immunology technician from Crystal City, Texas. "I was surprised there was Spanish music being played by a real band. That was my best memory and it really reminded me about the festivals back home."



hoto by Mike Kaplan

Academy honorees

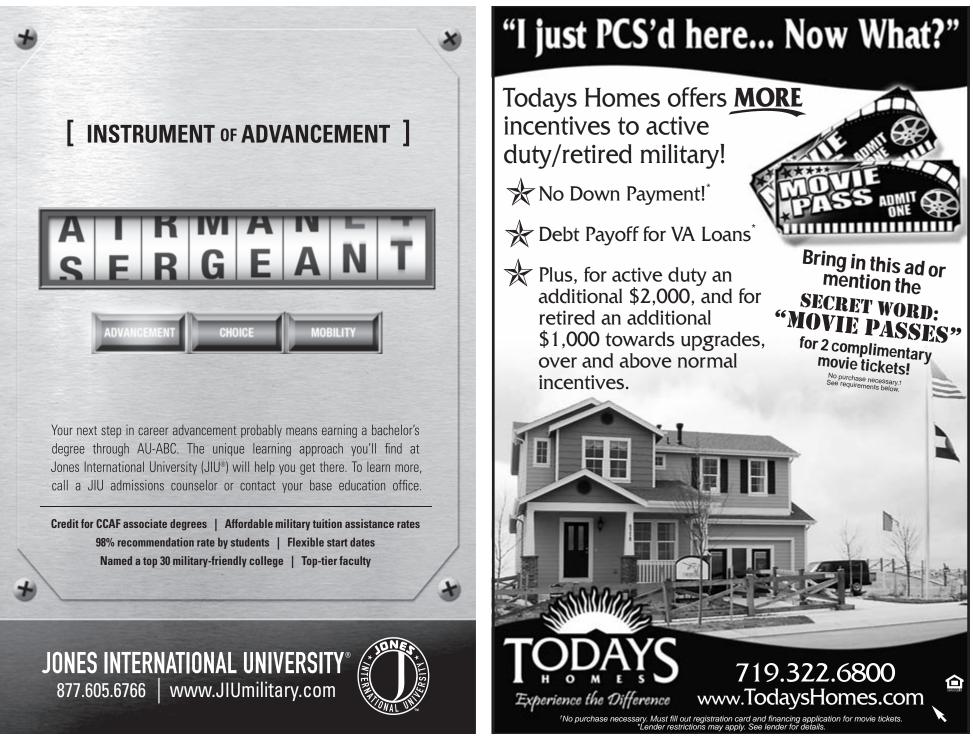
Seven enlisted Academy Airmen were recognized during a special ceremony following a day of rodeo events Saturday at the Norris Penrose Equestrian Center. Pictured are Academy recipients of a special medallion: Staff Sgt. Kevin Kelly, Tech. Sgt. Mark Christmas, Tech Sgt. Todd Johnson, Master Sgt. Ernest

Medina, (Gen. Robert Kehler, commander, Air Force Space Command, and presenter), Airman 1st Class Sabrina Hibbens, Staff Sgt. Carly **Evans and Senior Airman Devin** Fodness.

"It was an impressive ceremony and very uplifting to see the support Colorado Springs gives its troops,"

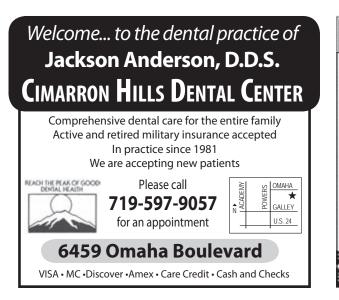
said Sergeant Johnson.

The event was held by the InterQuest Rotary and all of Colorado Springs in presenting recognition medals to 100 of the finest non-commissioned active-duty military members from Fort Carson, Peterson Air Force Base, the U.S. Air Force Academy, Schriever AFB and Cheyenne Mtn.













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PREBLE STORY: of mice and humans

By Butch Wehry Academy Spirit staff

The Preble's Meadow Jumping Mice at the Academy have heightened security with federal protection under the Endangered Species Act.

The elusive little jumping mouse with an extremely long tail, large hind feet and long hind legs, inhabits the foothills in southeastern Wyoming, southward along the eastern edge of the Front Range to Colorado Springs.

"Surveys conducted by the Colorado Natural Heritage Program between 2000 and 2005 suggest that we can have anywhere from 13 to 48 mice per stream mile," said Dr. Brian Mihlbachler, range and wildlife biologist with this base's U.S. Fish and Wildlife Service. "If you extrapolate that

data to all of the perennial stream miles on the Academy which we know are occupied by mice, then it is reasonable to estimate that we may support many hundreds of Preble's — possibly over 1,000 during good years — on the base."

The Academy plays a significant role in the long-term conservation of the mouse due to the size of population, the base's location within the species' range, and the integrity of the base's riparian and upland habitat along the stream corridors.

"There has been extensive erosion damage to mouse habitats along the eastern tributaries of Monument Creek due to an increased volume of runoff from off-base development that is threatening the base's ability to conserve the mouse," Dr. Mihlbachler said. "The 10th Civil Engineer Squadron will embark on some very expensive stream restoration projects this fall to help minimize and mitigate this off-base threat, but the ultimate success of these efforts will ultimately depend on other positive actions being taken by off-base entities to better manage the delivery of storm water to Monument Creek."

But even the Academy may not be a rodent's utopia. The mouse has a long list of predators that includes garter snakes, rattlesnakes and bullfrogs

It's habitat has relatively undisturbed grassland communities and a nearby water source. The small, long-lived creature favors relatively dense combination of grasses, forbs, and shrubs. They are known to regularly range outward into adjacent uplands to feed and hibernate.

Only genetic testing can show a



The Preble's Meadow Jumping Mouse population is closely monitored along the Front Range.

Preble's Meadow Jumping Mouse from a regular mouse. However, the Preble has a distinct dark, broad stripe on its back that runs from head to tail and is bordered on either side by gray to orange-brown fur. The hair on the back of all jumping mice appears coarse compared to other mice. Total length of an adult Preble mouse is approximately 8-10 inches with more than 60 percent

of its length in its tail.

The population fluctuates widely, as with other small mammals, based on the quality of the habitat, annual food resources, winter survival, predation and drought. The Academy is at the forefront of the species research, monitoring, and habitat management conducted since it's listing as threatened in 1998.



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'Send it our way, we'll get the job done!'

By Senior Airman Carolyn Viss 379th Air Expeditionary Wing Public Affairs

SOUTHWEST ASIA (AFPN) -- Air Mobility Command Airmen in Southwest Asia work around the clock to ensure passengers and cargo move in and out of the U.S. Air Forces Central area of responsibility, proudly proclaiming, "You need it, we move it."

The 255 members of the 8th Expeditionary Air Mobility Squadron, a tenant unit of one of the largest, most diverse expeditionary wings in the Air Force, is composed of Airmen from 13 career fields who do everything from tracking missions and communicating with aircrew, to cleaning the bathrooms in the passenger terminal.

"Last year, we transported 270,000 passengers and 94,000 tons of cargo," said Capt. Robert Corley, the director of operations.

Earlier this year, the runway at Incirlik Air Base, Turkey, was shut down for repairs for 30 days, and the 8th EAMS team here readily stepped in to take on all of the Operation Iraqi Freedom workload Incirlik passed on.

"All of their normal sorties were flying out of here," Captain Corley said. "We took 4,600 pallets of cargo into Iraq that month."

The team of C-17 Globemaster III maintainers, aerial port personnel, command and control specialists, communications/navigation and mission systems journeymen, and supply troops work together as one squadron, to take on a work load comparable to that at Ramstein Air Base, Germany, but with one-third the number of Airmen Ramstein AB's squadron has.

"It's been rewarding to get to work as a team and learn each other's jobs," said Senior Airman Jon Houston, a communication and navigation journeyman from Charleston Air Force Base, S.C.

"The crew here is very capable," he said. "Pretty much everyone has the attitude, 'send it our way, we'll get the job done.' From every NCO to every Airman, "they accomplish the mission and accomplish it well."

Even though he's only been in the Air Force for two years, Airman Houston is responsible for maintaining all the radios and navigation equipment aboard the C-17. The equipment allows pilots to speak to anyone, anywhere, anytime.

"I like the complexity of the job," he said. "It always makes me feel like I just did something worthwhile."

Airman 1st Class Veasna Suong, an air transportation specialist who works with the passengers who flow in and out of the terminal, is responsible for passenger accountability, building and palletizing baggage and even cleaning the bathrooms.

"Sometimes people are a bit irritable," he said, "but I always try to have a positive attitude. They don't always



photo/Senior Airman Domonique Simmons

L.

Airman 1st Class Veasna Suong ties down palletized cargo in preparation for transportation July 8 in Southwest Asia. Last year, the 8th Expeditionary Air Mobility Squadron members transported 270,000 passengers and 94,000 tons of cargo. Airman Suong is an 8th EAMS air transportation specialist.

realize it's not my fault when a plane is late or has to skip a leg, so I put on a smile and try to explain as best I can."

The Airmen must also combat the heat and sun while palletizing air freight on the ramp. Staging and uploading cargo, stock and anything that has to go into the area of responsibility, and ensuring it's tied down properly for airlift and airdrop is backbreaking work, but Airman 1st Class Zachary Weakley is happy to do it, he said.

"I've always liked using 'top heavy' equipment like k-loaders and forklifts," he said. "At the end of the day, I'm tired but relieved. If we didn't move this cargo, troops down range couldn't stay safe and do their job so my job is very important."

The controllers also stay busy, constantly monitoring radio calls, sometimes on as many as three to four missions at a time. Each mission is tracked to ensure everyone who needs to meet the incoming aircraft is in place when it lands. Last year alone, the squadron handled 15,000 missions.

As the director of operations, Captain Corley sees these career fields work together daily and never miss a beat.

"This is one of the best jobs I've ever had and one of the best deployments I've ever been on," he said. "It's unique because I get to see the full spectrum of operations -- from maintainers fixing aircraft to aerial port specialists loading them to controllers launching and receiving them. Everyone has a vital role, and each piece affects the others. It's a superior squadron of highly-motivated, professional Airmen from who get the job done from start to finish."

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More shocking truth about lightning myths

Academy Safety Office and 306th OSS

Editors Note: Continued from last week's *Academy Spirit.*

MYTH: Lightning never strikes the same place twice.

TRUTH: Lightning often strikes the same place repeatedly, especially if it's a tall pointy isolated object. The Empire State Building used to be used as a lightning laboratory, since it is hit nearly 25 times a year.

MYTH: If it's not raining, or if clouds aren't overhead, there's no lightning danger.

TRUTH: Lightning often strikes more than three miles from the thunderstorm, far outside the rain or even thunderstorm cloud. Bolts from the blue, though infrequent, can strike 10-15 miles from the thunderstorm. Anvil lightning can strike the ground more than 50 miles from the thunderstorm, under extreme conditions. Lightning in clouds has traveled more than 100 miles from the storm.

MYTH: Rubber tires protect from lightning in a car by insulating from the ground.

TRUTH: Most cars are reasonably safe from lightning. But it's the metal roof and metal sides that protect, not the rubber tires. Thus convertibles, motorcycles, bicycles, open shelled outdoor recreational vehicles, and cars with plastic or fiberglass shells offer no lightning protection. Likewise, farm and construction vehicles with open cockpits offer no lightning protection. But closed cockpits with metal roofs and sides are safer than going outside.

MYTH: When touching a lightning victim, you too could be electrocuted. TRUTH: The human body doesn't



TRUTH: Lightning can injure or kill when a storm's center is miles away.

store electricity. It is perfectly safe to touch a lightning victim to administer first aid. This is the most chilling of lightning myths. Imagine someone dying needlessly, for need of simple CPR or mouth-to-mouth resuscitation, when the chance of survival was 90 percent.

MYTH: If outside in a thunderstorm, go under a tree to stay dry.

TRUTH: This is the second leading activity for lightning casualties.

MYTH: I'm in a house, so I'm safe from lightning

TRUTH: While a house is a good place for lightning safety, just going inside isn't enough. You must avoid any conducting path leading outside, such as corded telephones, electrical appliances, wires, TV cables, plumbing (including plastic pipes with water in them), metal doors or window frames, etc. Don't stand near a window to watch the lightning.

MYTH: When playing sports and thunderstorms threaten, it's okay to finish the game before seeking shelter.

TRUTH: Sports is the activity with the fastest rising rate of lightning casualties. No game is worth death or lifelong severe injury. All people associated with sports should have a lightning safety plan and stick to it. Seek proper shelter immediately when lightning threatens. Adults are responsible for the safety of children!

MYTH: Structures with metal, or wearing metal on the body attract lightning.

TRUTH: Height, pointy shape, and isolation are the dominant factors controlling where a lightning bolt will strike. The presence of metal makes virtually no difference on where lightning strikes. Mountains are made of stone, but receive many strikes each year. When lightning threatens, take proper protective action immediately. Don't waste time shedding metal off your body, or seeking shelter under inadequate structures. But while metal doesn't attract lightning, touching or being near long metal objects (fences, railings, bleachers, vehicles, etc.) is still unsafe when thunderstorms are nearby. If lightning does happen to hit it, the metal can conduct the electricity a long distance (even more than 100 yards) and still electrocute.

MYTH: If trapped outside and lightning is about to strike, lie flat on the ground.

TRUTH: This advice is decades out of date. Better advice is to use the 'lightning crouch': put your feet together, squat low, tuck your head and cover your ears. Lightning induces electric currents along the top of the ground that can be deadly from more than 100 feet away. While lying flat on the ground gets you as low as possible, which is good, it increases your chance of being hit by a ground current, which is bad. The best combination of being low and touching the ground as little as possible is the 'lightning crouch'. But the 'lightning crouch' should be used as a last resort. Much better is to plan outdoor activities around the weather to avoid thunderstorm exposure and to have proper shelter available.

MYTH: Go near a tall pointy isolated object when thunderstorms threaten, to be within the 45 degrees "cone of protection."

TRUTH: The "cone of protection" is a myth! While tall pointy isolated objects are statistically more likely to be struck by lightning, it's not nearly reliable enough to rely on for safety. Lightning can still strike you near the tall object. Besides, the lightning electricity will likely spread out along the surface of the ground and can still kill from more than 100 feet from the "protecting" object. Also, if you are close to or touching the tall object, you can be electrocuted via side flash or contact voltage.

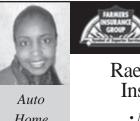








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Weekend brings spirited c



Photo by Dave Ahlschwed

FEAT





Each year Field Day provides lots of thrills and spills. The fierce competition between squadrons from the Class of 2012 Saturday was no exception. From relay races to tugof-war, to the traditional push-ball event it was intensity personified. All events required finely-tuned teamwork, but maybe none more than the log relay where each had to be totally in stride with fellow

Photo by Dave Ahlschwede

teammates.

Photo by Dave Ahlschwede



Photo by Rachel Boettcher



Commandant of Cade Susan Desjardins attac honoring the Flying Tig who claimed honors as Day Champions.

Photo by Rachel Boettcher



ompetition, welcome relief for basics

By Staff Sgt. Tim Jenkins Public Affairs

During Basic Cadet Training, cadets learn the fundamentals of military and Academy life under the leadership of a cadre of first- and second-class cadets. Basic cadets learn military customs and courtesies, learn proper wear of the uniform, practice marching, study military knowledge and undergo a rigorous physical training program.

During the second half of BCT, basic cadets march to Jacks Valley, where they complete the program in a field encampment environment. Upon completion of BCT, they receive their fourth-class shoulder boards, take the Honor Oath and are formally accepted as members of the Cadet Wing.

However, between the two halves of BCT, basic cadets get a welcomed break in the forms of Field Day and Doolie Day Out.

The weekend began with Field Day Saturday. The basic cadet trainees marched onto the Academy's athletic fields and were greeted by Academy leaders. After the formation, it was game on as squadrons competed in various athletic events including men's and women's tug of war, guerilla relay, log relay, distance run, steeple relay and a traditional pushball event, where basics wrestle, push and volley an 8-foot inflated ball.

"We didn't win, but it was still a lot of fun," said Basic Cadet Catherine Degan, a Dallas native with the Barbarians Squadron.

Field Day concluded with another military formation, presentation of championship banners, and a parachute demonstration by the Academy's Wings of Blue parachute demonstration and competition team.

"Field Day was a lot of fun," said Barbarians Squadron's Basic Cadet Josh Burton. "It was a nice break from getting screamed at all the time and the competition was great."



Basic Cadets Tate Montgomery and Kody O'Connell take a quick break from video games Sunday to visit with Gus. The Ahlschwede family including Jill, at top, and Joshua, at bottom, hosted the pair of basics on Doolie Day Out. Dave Ahlschwede is a photographer with the DenMar photo staff.

Sunday, basics were given a short break from Basic Cadet Training for Doolie Day Out. The yearly event is the first opportunity basics have to leave the Academy grounds, and gives them a chance to relax, spend time with sponsor families, make calls home, and, in many cases, take a midafternoon nap.

"Doolie Day out was pretty good," said Basic Cadet Burton. "After three weeks you forget what it's like to be normal. It brings you back to reality. It was also good to be able to talk with people back home and to eat the food you want to eat."

Although enjoyable, some found it difficult to return to their newly-learned Academy lifestyle.

"We've all decided Doolie Day Out is a big mind game," said Basic Cadet Westin Smith from Barbarians Squadron. "It puts you in a home setting and makes you feel like you're home again, but then you have to come back. It was hard to come back, but it was good day."



Photo by Dave Ahlschwede

ets Brig. Gen. hed the ribbon gers squadron the 2008 Field

Lakenheath Airman gives someone a second chance

by Airman 1st Class Jessica C. Donnelly 48th Fighter Wing Public Affairs

16

ROYAL AIR FORCE LAKEN-HEATH, England (AFPN) -- Staff Sgt. James D. Kelley, 48th Equipment Maintenance Squadron repair and reclamation journeyman, is saving a life by donating peripheral blood stem cells at Fairfax Hospital near RAF Lakenheath, England, July 18.

The PBSC transplant consists of shots for five days to increase the amount of stem cells in the bloodstream. On the fifth day, blood is drawn and the stem cells are removed for donation. The blood is then replaced back into the body said Sergeant Kelley.

Doctors look for a match in the family first because there is a 30 percent chance of finding one, said Tim C. Campbell, National Marrow Donor Program coordinator. However, if a match is not found, the doctors search the NMDP registry.

Sergeant Kelley signed up to become a donor in 2001 when he joined the Air Force. He did not hear from the C.W. Bill Young/DoD Marrow Donor Program about any matches until June, more than seven years later.

"It was a bit of a reality check, but once I realized why I am doing it, of course I still wanted to," said Sergeant Kelley about receiving the call.

"I think donating goes that extra step," he said. "Being in the military, they say you're saving lives every day, now I'm going to get to do it firsthand."

More than 5.5 million people have joined the NMDP, but only about 8 percent are a potential match like Sergeant Kelley. Once a potential match is found, a health screen is completed and more tests are done to see if the donor is an exact match. If the tests come back positive, the volunteer is then able to donate. Approximately 0.5 percent of the volunteers are an exact match.

Kori J. Kelley, Sergeant Kelley's wife, did not know that her husband was a donor until he had been contacted by the NMDP. She said she was nervous about him doing the procedure at first. She thought he was going to have to be put under and have surgery, but his match came back as needing just blood.

Mr. Campbell explained, the transplant center decides which procedure needs to be done, either through marrow or PBSC. A volunteer has the option to choose to do one procedure over the other, but they could potentially be refusing to donate to an exact match. Sergeant Kelley has agreed to do the PBSC transplant.

"I'm really proud of him," Mrs.

Kelley said. "Not only is he serving our country, but he's also helping someone in need."

A year after a volunteer donates for the first time, their name is added back to the registry if they agree to it, said Mr. Campbell. A volunteer can only donate up to two times.

Sergeant Kelley said not much information is given about the person his donation is going to because of patient confidentiality. However, he does know his donation is going to help a 39-yearold female.

"Even after making it this far, the program explains I have the decision to back out at anytime," Sergeant Kelley said. "But when there's an identity to the person you're donating to, you know you're saving a life. I would recommend becoming a donor; you're saving someone's life and you don't get to do that every day."



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INDIA: cadets meet the east

By Butch Wehry Academy Spirit staff

Four cadets and their escort officer returned from cultural immersion in India recently.

Mingling with the Indian people was extremely important for half of the trip when their travel and hotel plans were based on the relationships they built versus the security of a travel agency.

During the week-long trip they covered a lot of ground including the Indian capitol of Delhi, both Old Delhi and New Delhi. They walked through the streets of Old Delhi and saw how people lived on their rickshaws at night instead of a home.

"We were able to experience the regular conveniences of a modern city in New Delhi juxtaposed with the history and associated impoverished living conditions of Old Delhi," said Capt. Nathan Kartchner a 2000 Academy Graduate and instructor of civil and envi-

ronmental engineering.

They stayed one night at a type of guest house. The owner invited his friends over to watch the Pakistan-India cricket game on TV and the Americans ate on the floor using their hands as utensils. The team even bathed in the Ganges alongside religious devotees.

"All of us on this trip had the 'cultural experience' we were seeking," Captain Kartchner said. "All of us better understand the complicated interactions between the many ethnic groups that comprise India, and we also have a better feel for India's hopes for the future."

The team also climbed the Himalayas which allowed them to escape the summer heat and gain an appreciation for the variety of the Local transportation had little in common with back home. country and the people.

"We visited the town of Haridwar, on the Northern

end of the Ganges river," the captain said. "It holds a very important role for many religions."

There was Agra with the Taj Mahal, the world-renowned jewel of Muslim art in India.

"One can't go to India without visiting this icon," he said.

Courtesv Photos Traveling Cadets were a big hit with local children every where they went.

They went all the way to Jaipur to experience the more western-Indian cultures.

Following Captain Kartchner into the subcontinent was Cadet 1st Class Chase Webster, Cadets 2nd Class Bradford Waldie, John Wieninger, Chris Ladehoff and two Naval Academy cadets.

The trip marked Cadet Wieninger's first time out of the country, and Cadet Ladehoff's first time visiting somewhere other than Europe.

"This experience will help cadets realize there is more than one perspective on any issue, it will help them be more sensitive when working with people with different backgrounds, and it will help them appreciate the freedom and the prosperity they may have taken for granted before this trip," said Captain Kartchner. "They will bring this expanded perspective to the Air Force and the Air Force will benefit from it in the same ways."

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Youth Fire Safety Camp increases awareness

By Ken Carter Editor

Thirty-two 8 to 12-year olds got to brush up on their fire safety knowledge and related skills Wednesday at the Academy's Fire Station #1 in Pine Valley.

The youth attended a four-hour training session intended to be both fun and useful.

According to Academy Fire Inspector Mike Mater, the safety camp, now in its fourth year, included educational videos, fire extinguisher training, hose roll and bucket brigade and fire hose target practice.

"The kids loved it and it was just as much fun for us as it was for them," Mr. Mater said.

The "us" represents the 12 Academy firefighters, both on- and off-duty, and three members from the fire inspectors' staff who gave of their time to share the potentially life-saving information with the youngsters.

To date, more than 100 children have attended the annual camp.

"We want kids to recognize the need

for a family evacuation plan from home, to understand emergency reporting procedures, how to use a fire extinguisher, and even the stop, drop and roll technique should their clothing ever catch on fire," he said.

"Our staff pitches in as a group to help make it a well-rounded presentation.

"The training is designed to raise awareness that a home can be fully engulfed in as little as four minutes. Having a plan including where to meet, what to do, and importance of how to effectively use a 911 call to get help are all discussed."

The last fire in Academy base housing was in 2006. It occurred within an oven and was extinguished before firefighters arrived. Nonetheless, reminders of home fire safety and training to spread the word on how to prevent fire remain critical keys to success.

For more information on the Academy Youth Fire Safety Camp, call Tracy Nichols at 333-2051.

Sign-up normally begins about a month prior to the event each summer, Mr. Mater said.



Inspector Brian Pille instructs attendees concerning proper use of a fire extinguisher during the 2008 Academy Youth Fire Safety Camp July 9.



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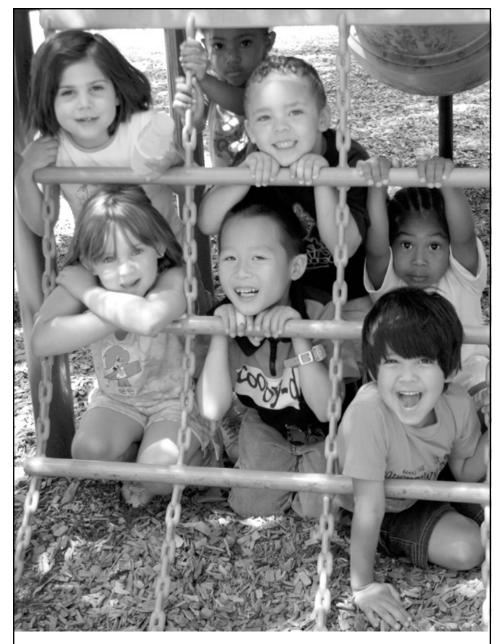
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Special riders mount up for rodeo

By Ann Patton Academy Spirit staff

One hoof beat at a time.

That is how equestrians with disabilities from the Pikes Peak Therapeutic Riding Center measure the road to freedom.

In conjunction with the Pikes Peak or Bust Rodeo, 14 riders had a great day of flag, barrel and goat tie racing, ring tosses and egg-in-spoon carries June 9 at the Pro Rodeo Hall of Fame.

John Huguley, Jr., son of Maj. John Huguley, 306th Operations Support Squadron, was one of those riders.

"It's been a wonderful experience for him," said Major John Huguley with the 306th Operations Support Squadron. He added horseback riding is one of the activities his son enjoys most and has been a tremendous help in such areas as balance and communication.

John, Jr. couldn't wait to mount Calvin, his favorite horse at the PPTRC.

"He has a great relationship with Calvin," said John's mother, Karolyn Bryant. "When John got out here today, he got very motivated because he and Calvin knew how to trot."

The event, the 13th of its kind in Honnen Arena, was sponsored jointly by the Hall of Fame and the Pikes Peak Range Riders.

"It's an absolutely wonderful day," said Range Rider Ron Foster. "It's a chance for them to be a part of a real rodeo."

Range Rider Ray Skala agreed it was a special event.

"Just seeing kids out there with a horse is the neatest thing in the world," he said. "Horses understand riders and relate to children with disabilities. They do commu-



John Huguley Jr., concentrates during the ring toss event.

nicate with people."

Like any self-respecting rodeo, riders received prizes, which, in this case, went to everyone. Riders received belt buckles, scarves, hats, shirts, ropes and tickets to the Pikes Peak or Bust Rodeo.

Before the competitions began, Range Riders treated guests to an exhibition ride. During the intermission, the Academy horse "Stubbs" strutted his stuff around the arena to advertise his 46th birthday party at the Falcon Trails Youth Center set for Aug. 6.

Rodeo queens from around the country, including Girl of the West Holly Humiston, mingled with riders, parents and other guests.

Cadet 2nd Class Jessica Fisher thoroughly enjoyed helping out.

"I love watching little kids," she said. She has young cousins she dotes on, and her grandfather was a rodeo man and her father a horseman. She is looking forward to saddling up at the Academy Equestrian Center.

"All of these kids are getting something special," said Cadet 2nd Class Leny Gorine. "They have so many hardships and enjoy the simple things. It's nice to know someone cares a lot."

Cadet 2nd Class Derrick Barnett also enjoyed himself.

"It's good to see little kids having fun," he said and admitted he had never been to a rodeo.

The PPTRC is the first riding center in southern Colorado to offer Hippotherapy, or therapy done on the back of a horse that cannot be duplicated in a traditional clinic setting.

The center is housed on land donated by the Pikes Peak Range Riders Foundation.

Nancy Marshall, PPTRC program director, has seen first-hand what a difference a horse can

make in the lives of disabled riders. The therapy benefits physical, mental, social and emotional development as well as self-esteem and relationships.

Often new riders seem overwhelmed with their first sight of a horse.

"Riders may be afraid at first, but about 20 steps into the ride, their faces light up," she said.

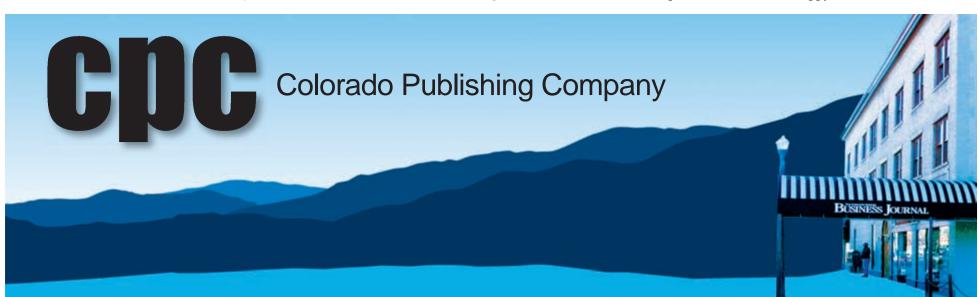
It is not uncommon for disabled riders to say their very first word ever while mounted on a horse.

For John, that word was "move."

He has made great strides in other areas as well during his once-a-week rides.

Instructor Susanne Hays said John is now making decisions on his own. Physical therapist Stacy Rummel said the staff has seen big changes in areas such as teamwork and sharing, and he is more motivated.

Ms. Hays added, "He's such a great kid, always in good spirits. He makes us all happy."



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Air Force announces incoming men's soccer class

By Jerry Cross Athletic Media Relations

Air Force men's soccer coach Doug Hill announced today the 14 players who comprise the Falcons' incoming class of freshmen for the 2008 season. The group includes four players who have played in the Olympic Development Regional Program and four from Colorado.

"We are very excited to have such a strong class join us this fall," Mr. Hill said. "We expect at least half of these players to compete for spots on the traveling squad in their first year and provide us with outstanding depth for the next few seasons. Also, having such a strong presence from the state of Colorado is very rewarding. Our staff did an excellent job of finding players that will not only mesh into our system, but have the desire to become great officers in the United States Air Force."

The class is highlighted by local product Justin Lukso of Colorado Springs and Garrett Getschow from Flower Mound, Texas. Other players from Colorado are Josh Nelson from Fort Collins, Rett Rayhill (originally from Memphis, Tenn, but played his final two seasons

Tourney benefits future patients

The Judith Lombeida Medical Foundation held its 2nd Annual Tournament Monday. It raised over \$2,800 dollars that will support enough surgeries for 14 children. We want to thank all of those who participated. The event is to be played again in July of 2009.

Specifically, we want to offer a heart-felt thanks to: Ron Barnes-tournament director at the Eisenhower Golf Course; Dr. Paul Docktor for Photography and Tech. Sgt. Tammy Taylor, 10th ABW hospital coordinator.

Furthermore, the following sponsors made the event a success and their support is greatly appreciated.

Hole sponsors:

Judy Meyers - Pikes Peak Mortgage Mark Carlson-Watermark Designs Harry Borowski - Heritage Realty Ted Baccara - Re/Max Realty The Fort Carson Physician Assistants Brig. Gen. (retired) Ruben Cubero Col. Gunther Mueller

Tournament Sponsors:

Head Coach Troy Calhoun-Falcon Football The Falcon Football Athletic Department Nancy Hixson-assistant athletic director Blue and Silver Club The Garden of the Gods Country Club The Broadmoor Country Club **UBS** Financial Services

Air Force Academy Men's Soccer Class of 2012

Name	Pos.	Hgt.	Wgt.	Hometown (Previous School)
Zach Brinlee	MF	5-9	165	Oklahoma City, Okla.(Putnam City North HS)
Zach Bruhn	D	5-11	165	Peachtree, Ga. (McIntosh HS)
Ben Chavez	MF	5-4	145	Yorba Linda, Calif. (Servite HS)
Kyle Cressy	MF	5-9	140	Boise, Idaho (Capital HS)
Garrett Getschow	F/MF	5-11	170	Flower Mound, Texas. (Flower Mound HS)
Parker Jamieson	D	6-0	155	Dallas, Texas (Episcopal School of Dallas)
Andrew Knighton	MF	5-9	155	Algonquin, III. (Wheaton Academy)
Justin Lukso	F	6-5	180	Colorado Springs, Colo. (Liberty HS)
Martin Madsen	MF	6-0	150	Denton, Texas (West Texas A&M)
John Melcher	MF	5-9	160	St. Simons Island, Ga. (Glynn Academy)
Josh Nelson	MF	6-0	160	Fort Collins, Colo. (Poudre HS)
D.J. Nottingham	MF	6-I	175	Frisco, Texas (Hebron HS)
Rett Rayhill	MF	6-I	170	Memphis, Tenn. (Fountain Valley (CO) School)
Eric Wilson	D	6-1	180	Monument, Colo. (Lewis-Palmer HS)

of high school at Fountain Valley School in Colorado Springs) and Eric Wilson of Monument.

The newcomers will join a team that finished the

2007 season with a 5-12-1 record. The 2008 regular season kicks off Aug. 29 on the road against 2006 national champion UC Santa Barbara.



Thanks to all of you! Mark Backlin

Play Ball ...

Fourth place MDS#2 trounced MDS#3, 21-1, in intramural softball action Tuesday night. MDS#2 went on to play CW in game two, in a well played game by both teams, MDS#2 lost to CW 14-13, with CW winning the game in the bottom of the 7th inning. Patrick Sullivan, above, applies the tag on a MDS#3 player at home plate to prevent the run from scoring.

INTRAMURALS 8 10 CS 5 13 Softball 9 306 FTG 3 16F-OUT I RETIREES 18 0 10 MDS#3 0 19 I RETIREES 18 0 11 ATH. DEPT 2 8F-OUT 2 MDS#1 16 3 3 5 4 MDS#2 12 7 Golf 5 SFS 11 7 (Week 9) 6 CES 9 10 Division 1Pts. 7 DRU/MSS 8 9 1. 306 FTG 17.5	2. 10TH MDS I 22.5 3. 98 FTS 21.5 4. NSSI 2 14.0 5. DRU I 2.0 6. DRU 3 11.5 7. DFEG 13.0 8. 10TH CS 5.0 9. DFM 4.5 10. CW I 13.5	11. DFP 12.5 12. MAINT 2 20.0 Division 2Pts. 1. NSSI 1 26.0 2. MAINT 1 18.0 3. 94 FTS 21.0 4. 10TH MDS 2 11.5	5. DRU 2 8.5 6. DFL 15.5 7. CW 2 6.5 8. XP 10.5 9. CWCX 4.0 10. 10TH MSS/CCA4.5 11. DFENG 6.0 12. LGR 19.0
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Gym Dandy

The Clune Arena and East Gym floor resurfacing project began Monday and is scheduled to be completed on or before July 31. Both floors remain off-limits.

The Cadet Gym Phase II renovation project is currently working on abatement in the hallway of the locker room level. All should access locker rooms from the west. Demolition has begun in the lower squash and racquetball courts north of the water polo pool.

2nd Annual 1/2 Marathon

Sign up now for the Base Fitness and Sports Center's 2nd Annual 1/2 marathon. The free 13.1-mile race is Aug. 2, 6:30 a.m. The race begins and ends at the Santa Fe Trail at the south entrance to the Academy. Eligible participants include valid military ID card holders including active duty, retirees, civilian employees and family members 18 and older. Registration forms are available at the fitness center or Health and Wellness Center. Return or fax the form by July 25. For more information, call 333-4522 or 333-9133

Hap's Expands Menu

Pick up breakfast items from 7:30 to 9 a.m. or lunch from 10:30 a.m. to 1:30 p.m. Hap's has added hot dogs for \$2 and brats for \$3 to the menu and combos are available with baked beans or potato salad. An all-you-can-eat taco bar is



Catholic Masses: Sunday Reconciliation 9:15 - 9:45 a.m. Mass - 10 a.m.

<u>Protestant Services:</u> Sunday Traditional - 10 a.m.

COMMUNITY CENTER CHAPEL <u>Catholic Masses:</u> Saturday Reconciliation - 3:30 p.m. Mass - 4 p.m. Sunday Mass - 9:30 a.m. Religious Formation - 10:45 a.m. (September - May) Tuesday-Friday Mass - 11:30 a.m. offered Tuesdays and Thursdays for \$5. Orders of 10 or more can be faxed ahead by 9:30 a.m. to be ready by 11 a.m. Call 333-3908.

Volunteers Sought

The Academy's Base Honor Guard needs volunteers. Join an elite group and gain valuable leadership skills while having fun and advancing your career. Training is held periodically. All ranks are eligible. For more information, call 333-5684.

Trash to Cash

Buy and sell trash and treasure at the community activities' monthly outdoor flea market and tailgate sale in the parking lot between the commissary and the base exchange. The turn your "trash" into cash flea market runs from 9 a.m. to 1 p.m. Saturday. Rent a space for \$10. Bring your own table or rent one from community activities for \$5. Seller set-up time is 8 to 9 a.m. For more information, call 333-2928.

Annual Picnic

The annual base picnic committee is looking for volunteers. For more information, contact Staff Sgt. Chasity Heath at 333-5093. The picnic is set for Aug. 1, at the Pine Valley youth fields adjacent to the Airmen & Family and Readiness Center. Parking will be available at Pine Valley Elementary School, Air Academy High School (with shuttle bus service to the picnic areas), and Pine Drive next to the fields. Price is \$3 per ticket; see your first sergeant.

Volunteer Recognition Golf

The Volunteer Recognition Golf Fundraiser is scheduled for Aug. 7 at 1:30 p.m. on the Eisenhower Golf Club Silver Course. Entry fee is \$30 for airman through staff sergeant and first and second lieutenant, and \$40 for all others. Entry fee includes lunch, golf cart, green fees, range balls, post round drinks and rental clubs if needed. Additionally, the Professional Golfers Association staff will conduct a clinic from noon to 1:15 p.m. All proceeds from the fundraiser will benefit the Academy Volunteer Recognition Program. Prizes will be awarded to the first-place team, and men's and women's longest drive and closest to the pin. For more information, call Tim Neuman at 333-2137 or Jeannie Lopez at 333-3444.

Bring DD 2648 to the briefing; mandatory for out-processing, and a must prior to attending the Transition Assistance Program workshop.

Medical Records Review

July 28, Aug. 4 and 18, 7:30 a.m. to 4:30 p.m.

Individuals within 180 days of retirement or separation can have the Disabled American Veterans review their medical records. Attendees must be pre-registered.

Career Tracks

July 29 and 30; 7:30 a.m. to 4:30 p.m. This comprehensive two day career planning course will assist participants

with: Assessing and evaluating skills, values, & interests;

Building an effective 'toolkit' through a career plan, education, & volunteerism;

Conducting an effective job search through research, networking, career fairs, and interviewing; and,

Employer feedback on what organizations specifically look for in a candidate. *Smooth Move*

July 31, 3 to 4 p.m. and Aug. 7, 9 to 10 a.m.

Being prepared certainly lessens the stress of an upcoming move. Learn innovative ways to make your move a smooth one. This is a mandatory class for individuals departing the Academy.

Sponsorship Training

Aug. 5, 8 to 9 a.m.

This class is for those who have been assigned to sponsor a newcomer to the area.

Contact your unit sponsorship monitor for details.

Bundles for Babies

Aug. 6, 8 a.m. to 12:30 p.m.

The Airman & Family Readiness Center hosts a free informational class for expectant parents. Learn about nutrition, infant care, car-seat safety, budgeting for baby and so much more! Eligible families will receive a "baby bundle". Dads are encouraged to attend.

Military Spouse Career Advance-ment Account Orientation

Aug. 7, 1 to 3 p.m.

If you are the spouse of an active duty Air Force member, airman basic through staff sergeant or second lieutenant through captain, have more than a year left at this duty station, and are continuing your education, you may be eligible for an educational grant of \$3,000 per year, two-year maximum. You must be pursuing training/certification in an key base agencies.

Civil Service Class

Aug. 21, 8:30 a.m. to noon

Attendees will learn how to search for federal civil service positions, submit resumes, and apply for employment.



Farmers Market Opens

The Western Museum of Marketing and Industry's offers a Farmers Market in front of the museum's Reynolds Farmhouse. The market will be open throughout the summer months from 9 a.m. to 4 p.m. Mondays and Wednesdays. Renowned for being locally grown and fresh, farmers' markets allow farmers to avoid the middleman thus preserving the nutritional content of fresh produce. The market also allows consumers to talk directly to the grower, get the freshest produce possible and experience the health benefits of fresh produce. For more information, call 488-0880.

County Fair Tickets

The El Paso Country Fair runs in Calhan Saturday through July 26. There, children can meet extreme canines, cows, bulls, dogs and various other critters. There's a demolition derby, tractor pull, carnival and assorted pageantry. Ticket prices vary by event and are available at ITT. For more information, call 333-4475.

Senior Open Military Day

The 2008 U.S. Senior Open and the U.S. Golf Association Grants and Fellowship Department will honor the large contingent of military in Colorado by hosting Military Family Day July 30. All military personnel (active and retired) with proper identification will receive free admission, a voucher for a free lunch and a discount in the merchandise tent for themselves and their families. Those with valid military identification are also eligible for discounted practice round and championship round tickets. Ticket prices range from \$17 to \$39 for daily tickets. Discounted week-long packages are also available. Military tickets must be purchased at the Championship Office, located at 6 Lake Ave. Those purchased in advance of the championship can be given to non-military friends and family; however, only one ticket can be purchased per military ID at the admission gate. Visit the tickets page at: www.2008us senioropen.com or call the Championship Office at (719)471-6488.

Protestant Services: Saturday Contemporary - 6 p.m. Sunday Traditional - 8 a.m. Gospel - 11:15 a.m. Religious formation - 9:30 a.m. (September - May)

Paganism/Earth-centered Spirituality:

Contact Tech. Sgt. Longcrier at 333-6178 Robert.Longcrier@usafa.edu

For more information, call 333-3300.

The Airman & Family Readiness Center hosts:

Resume Writing Wednesday and Aug. 20; 9 a.m. to noon.

Learn different types of resume and cover-letter styles and how to improve yours.

Newcomer's Red Carpet Base Tour July 25 8:45 a.m. to 2:30 p.m. An informative, fun filled base tour that gives insight into the Academy mission and reveals all there is to see and do here at the Air Force Academy.

Group Pre-Separation Counseling July 28 2:30 to 4 p.m.

This mandatory briefing assists individuals separating or retiring from the Air Force in identifying benefits and services associated with transition and beyond. in-demand career field such as health care, education, financial services, information technology, or skilled trades.

Military Spouse Portable Career & Virtual Assistant

Aug. 12 and 13; 8 a.m. to 4:30 p.m. Virtual Assistants are military spouse self-employed professionals who provide off-site support services to their clients from home.

Heart Link

Aug. 20, 8:30 a.m. to 2:30 p.m. RSVP by Aug. 18

This program is for Air Force spouses, especially those new to the military. The goal is to impart information about Air Force life, providing a greater awareness of the Air Force and Academy missions, customs, traditions, protocol and the resources and services available from our

Volksmarch Set

The Falcon Wanderers Volksmarch Club of Colorado Springs will hold 5K and 10K Volksmarches Saturday. Both are family oriented and non-competitive. The trail will follow city streets and sidewalks and the Pikes Peak Greenway Trail. Goose Gossage Ball Park on Mark Dabling Blvd. will serve as the start/finish location. Registration is 7:30 to 11 a.m. For more information, call Gerry at 264-1178 or Russ at 667-5662.

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