

## Academy graduate to pilot STS-130 shuttle mission

By Capt. Corinna Jones  
Academy Public Affairs deputy director

A 1989 graduate of the U.S. Air Force Academy will pilot the STS-130 mission to the International Space Station aboard the Space Shuttle Endeavour, currently scheduled to launch from the Kennedy Space Center in Florida Sunday.

Col. Terry Virts Jr., an astronaut, fighter pilot and test pilot with more than 3,800 flying hours in more than 40 different aircraft, said the Academy played a significant role in preparing him for his Air Force career.

“The Academy’s academic experience gave me a great background in engineering and taught me how to approach and understand real world technical problems,” he said. “The diverse classes we take — chemistry, physics, aero, astro — I have used at least a little bit of all of these in my career.”

“More importantly, the Academy gave me training and experience in leadership, ethics and integrity — something many schools do not and something that is absolutely essential for any career as an officer and post-Air Force careers,” he said.

The colonel said athletics also played a key role.

“Staying in shape is a key part of any healthy life. The Academy got me used to staying active in lots of different activities — running, swimming, sports, skiing,” he said. “There’s no better place to prepare you as a ‘whole person’ than the Air Force Academy. It’s tough and not always fun while you’re there, but it’s worth it.”

The Columbia, Md., native had one more pitch for cadets: “Beat Navy. Beat Army. And beating BYU would be nice too.”

During the STS-130 mission, Endeavour will deliver a third connecting module — the Tranquility node — to the station and a seven-windowed cupola to be used as a control room for robotics. The mission will feature three extra-vehicular activities, or spacewalks.

STS-130 is the 32nd shuttle mission to the station and Colonel Virts’ first trip to space. Mission commander George Zamka will lead the 130 mission. Mission specialists are Nicholas Patrick, Robert Behnken, Stephen Robinson and Kathryn Hire.

Colonel Virts graduated from the Academy with academic distinction and a Bachelor of Science degree in mathematics. He also attended the French air force academy, *L’École de l’Air*, in 1988 on an exchange program.

NASA selected Colonel Virts to become a pilot in July 2000. His technical assignments include lead astronaut for the T-38 supersonic trainer jet, a Shuttle Avionics Integration Laboratory test crewmember, Expedition 9 crew support astronaut and lead astronaut for appearances. He has worked as a capsule communicator, or CAPCOM, through 11 space station expeditions and 12 space shuttle missions, communicating directly with the station crew using the call sign “Houston.” Most recently, he served as the lead ascent and entry CAPCOM.

Colonel Virts was selected for U.S. Air Force Test Pilot School in 1997 and graduated a year later. Following his graduation, he served as an experimental test pilot at



Photo Courtesy of NASA

Col. Terry Virts Jr., a 1989 graduate of the Air Force Academy, will pilot the Space Shuttle Endeavour during the STS-130 mission scheduled for Sunday. The mission will be NASA’s 32nd to the International Space Station and Colonel Virts’ first trip to space.

the F-16 Combined Task Force at Edwards Air Force Base, Calif., from 1999 until July 2000.

His other assignments include flying F-16s with the 307th Tactical Fighter Squadron at Homestead Air Force Base, Fla., the 36th Fighter Squadron at Osan Air Base, South Korea, and the 22nd FS at Spangdahlem AB, Germany. While at Spangdahlem from 1995-1998, he flew 45 combat missions to suppress enemy air defenses during *Operation Allied Force*.

## Air Force secretary to headline NCLS lineup

By Ann Patton  
Academy Spirit staff

The 17th-annual National Character and Leadership Symposium will feature presentations by Secretary of the Air Force Michael Donley and other keynote and concurrent speakers who will gather here Feb. 17-19 with cadets, faculty, Academy alumni, government employees and other university students.

This year’s theme is “Guardians of Trust: Leaders in the Modern Era.”

NCLS is regarded as one of the premier national symposiums in the area of character development. It is designed to guide cadets toward turning ethical reasoning into action, improving knowledge of ethics and foundations of character, and developing a sense of moral courage, said Maj. Olivia Nelson, an individual mobilization augmentee with the Center for Character Leadership and Development, which sponsors NCLS.

Participants will speak with visiting undergraduate university student leaders from across the country, known as a student consortium, in seminars and discussions to pursue understanding the importance and challenges of sound moral character and leadership.

The three-day event is hosted and sponsored by the Academy’s Center for Character and Leadership Development, Association of Graduates and Class of 1973. Other sponsors include the Sabre Society, the Air Force Academy Athletic Association, John and Lyn Muse Educational Foundation, the Phillis Foundation, the Senator Margaret Chase Smith Foundation, the USAFA Class



of 1959, the Academy Class of 1974 and the 10th Air Base Wing.

“The best leaders tell great stories — to illustrate, to inform, to share,” Major Nelson said. “At NCLS, we orient leaders to see themselves and their world differently, to see opportunities for character and leadership development and to emerge ... to being great leaders whose decisions and actions will shape a better future.”

The round-up of speakers includes:

- Secretary of the Air Force Michael Donley
- Retired Gen. Lee Butler, former commander of U.S. Strategic Command
- Retired Gen. Michael Hayden, former

principal deputy director of national intelligence

— Retired Air National Guard Maj. Gen. Martha Rainville, the National Guard’s first female adjutant general

— Navy Capt. Steve Trainor, chair of the Department of Leadership, Ethics and Law at the U.S. Naval Academy in Annapolis, Md.

— Retired Army Col. Joe LeBoeuf, professor of the practice of management at Duke University’s Fuqua School of Business

— Retired Army Lt. Col. Brian Birdwell, a survivor of the Sept. 11, 2001, attack on the Pentagon

— Lt. Col. Rod Lewis, commander of the 4th Airlift Squadron at McChord Air Force Base, Wash.

— Capt. Amy Kauvar, a brain cancer survivor

— Army Chief Warrant Officer Lance McElhiney, a helicopter pilot

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**WEEKEND WEATHER**

**FRIDAY**  
43 19  
MOSTLY SUN

**SATURDAY**  
41 18  
PARTLY SUN/PM SNOW

**SUNDAY**  
36 13  
SNOW

### Bronze Star winner

A 10th Medical Group physician’s assistant returns from war.

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### Tuskegee Airman dies

Lt. Col. Lee Archer died of coronary complications at age 90.

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### Winter Spree

Cadets host Cub Scouts for a day of competition and team building.

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# At the Academy, it's all about respect

By Lt. Gen. Mike Gould  
Academy Superintendent

In the last several days, you've read or heard or seen that the Air Force Academy has established an area for Earth-centered worship. Some of what you read or hear is sensationalized. I want to separate fact from fiction.



We made the decision to add a worship area for followers of Earth-centered religions based on religious rights outlined in the U.S. Constitution. The stone circle is located atop a hill overlooking the visitor center and is the latest addition to a collection of worship areas that already include Protestant, Catholic, Jewish, Muslim and Buddhist sacred spaces.

The United States Air Force remains neutral regarding religious beliefs and will not officially endorse nor disapprove any faith belief or absence of belief. The Earth-centered spirituality group that meets at the Air Force Academy falls within the definition of religion as defined in the United States Air Force Instruction 36-2706:

"A personal set or institutionalized system of attitudes, moral or ethical beliefs and practices held with the strength of traditional religious views, characterized by ardor and faith and generally evidenced through specific religious observances."

Earth-centered worship falls in this definition. Adding the Earth-centered

worship circle was done in response to the request of both cadets and active duty personnel who asked that their religion be accommodated by the Air Force Academy chaplaincy. Therefore, it is our obligation, my obligation, to accommodate the group's religious requirements in a manner that is fair and consistent with other religious groups who are accommodated at the Academy.

You may have also heard that a cross was found at the site. The cross was made of railroad ties being left at the Earth worship site. This topic has also been extensively covered and not always accurately. Though we don't know the circumstances behind this incident, whether or not it was a malicious act or not, or even if Academy personnel were involved, we directed an inquiry that is ongoing. If we find that this is an intentional incident and identify those responsible, we'll take the appropriate action. But, we take this seriously and on the 27th of January I personally talked to my senior staff to reiterate the Academy's stance on respect and dignity. Since then, our dean of the faculty has addressed this with her faculty and staff, our commandant of cadets has talked to the entire cadet wing, our athletic director has talked with our coaches and physical fitness and administrative staffs, our prep school commander has talked with his staff and the 220 cadet candidates and the commander of our air base wing has done the same with his staff.

Our message is simple: we are taking this incident very seriously and conducting an inquiry. We absolutely do not stand for any type of destructive behavior or disrespect for human dignity.

The Air Force Academy is not the

first Air Force institution to accommodate Earth-centered religions and we won't be the last. However, at the Air Force Academy the issue of religion is far greater than accommodation, it's about religious respect.

The mission of the United States Air Force Academy is to educate, train and inspire men and women to become officers of character to lead the United States Air Force in service to our nation. We are dedicated to creating a learning and training environment where cadets can realize their highest potential regardless of their religious or other beliefs.

Cadets learn that to succeed as an Air Force officer we must be able to support and respect the people who we lead, serve with and fight alongside even if they do not share our personal beliefs.

Cadets learn that every service-member is charged with defending freedom for all Americans and that includes the freedom to practice a religion of their choice or to not practice any religion at all.

Cadets learn that it is a great honor and privilege to wear the uniform of our armed services and serve to protect freedom, to include religious freedom.

On graduation day, the same day as they are awarded a commission as second lieutenants in the United States Air Force, they will take an oath to support and defend the Constitution of the United States.

At the Air Force Academy we focus and will continue to focus on respect for human dignity to ensure all personnel respect the spirit and intent of the First Amendment to the U.S. Constitution. This is our common duty as members of the United States Air Force.

## Religious freedom enshrined in Constitution

By Chaplain (Lt. Col.) William Ziegler  
Cadet Wing Chaplain

The American Airmen who comprise your United States Air Force come from diverse backgrounds. However, one thing we all hold in common is that each of us has pledged to "support and defend the Constitution of United States." Rooted in our Constitution's First Amendment is freedom of religion, a right to be protected for all Americans regardless of religious preference. Air Force chaplains serve as caretakers of this right for military members.

Throughout our nation's history, the

U.S. military has, time and again, paved the way for social progress. Those who have worn and currently wear the uniform understand that mutual respect fuels freedom. To successfully defend freedom for all Americans, we must respect one another's rights. To deny or disrespect the freedom of one is to put at risk the freedom of all. This includes religious freedom.

The Air Force remains neutral regarding religious beliefs and will not officially endorse nor disapprove any faith belief or absence of belief. Air Force Instruction 36-2706, defines religion as "A personal set or institutionalized system of attitudes, moral or ethical

beliefs and practices held with the strength of traditional religious views, characterized by ardor and faith and generally evidenced through specific religious observances."

Persons of Earth-centered faith have been meeting at the Air Force Academy for more than 10 years and are included in within this definition. Outdoor worship space is one of their religious requirements. Therefore, persons of all religious affiliations need to recognize and appreciate that the United States Air Force Academy outdoor Stone Circle represents the freedoms that all of us as Americans enjoy as well as the freedoms we, as Airmen, have pledged to defend.

### ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

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Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the *Academy Spirit* editor at 333-8823.

The *Academy Spirit* also accepts story submissions by fax at 333-4094 or by e-mail: pa.newspaper@usafa.af.mil.



### Who is your pick to win the Super Bowl?

"I'm rooting for the Saints, but the Colts look good and on top of things."



Capt. Eric Dittman  
Portuguese instructor

"The Saints, because they've never won before and New Orleans deserves it."



Kerry Linfoot  
Department of English  
and Fine Arts

"I really don't know. I don't even know who's playing."



Staff Sgt. Matt Duggie  
Plans and Programs

"I'm going with the Saints. They've never won a Super Bowl."



Ben Ruiz  
Altech Corporation

# Panel to look into ending 'Don't Ask, Don't Tell'

By John J. Kruzel  
American Forces Press Service

WASHINGTON (AFNS) — Defense Secretary Robert Gates established a Defense Department panel here Tuesday to prepare the military for the potential elimination of the "Don't Ask, Don't Tell" policy that bans openly gay people from serving in the armed forces.

The working group is tasked to assess the relevant issues within a year in an effort to prime the department to adapt to any changes Congress makes to the 17-year-old law underpinning the controversial personnel policy — a legislative move supported by Secretary Gates, President Barack Obama and the nation's top military officer.

"I fully support the president's decision," Secretary Gates told the Senate Armed Services Committee. "The question before us is not whether the military prepares to make this change, but how we best prepare for it."

Noting the political climate in which the policy debate is playing out, Secretary Gates said a guiding principle of the department's effort will be to minimize disruption and polarization within a military engaged in two wars.

The working group, to be headed by Jeh Johnson,

the Pentagon's top lawyer, and Army Gen. Carter Ham, the commander of U.S. Army Europe, will immediately begin reviewing the issues associated with implementing a repeal to "Don't Ask, Don't Tell."

"The mandate of this working group is to thoroughly, objectively and methodically examine all aspects of this question and produce its finding and recommendations in the form of an implementation plan by the end of this calendar year," Secretary Gates told lawmakers.

Appearing alongside Secretary Gates was Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, who echoed the secretary's endorsement of repealing the policy.

"Speaking for myself and myself only, it is my personal belief that allowing gays and lesbians to serve openly would be the right thing to do," Admiral Mullen said. "No matter how I look at this issue, I cannot escape being troubled by the fact that we have in place a policy which forces young men and women to lie about who they are in order to defend their fellow citizens."

The chairman said "Don't Ask, Don't Tell" is an issue that strikes at the integrity of the U.S. armed forces as an institution and that of individual servicemembers, who Admiral Mullen believes would accommodate a change to the policy, praising troops' adaptability. But he

also acknowledged the likelihood that repealing the law would lead to a disruption in the forces.

"We would all like to have a better handle on these types of concerns, and this is what our review will offer," Admiral Mullen told the Congressional panel.

The hearing on "Don't Ask, Don't Tell" comes after President Obama announced in his State of the Union address last week his desire to end the policy.

"This year, I will work with Congress and our military to finally repeal the law that denies gay Americans the right to serve the country they love because of who they are," President Obama said. "It's the right thing to do."

As the group undertakes the year-long review and assessment, Secretary Gates said the department also will take measures to implement the current "Don't Ask, Don't Tell" policy more fairly.

"The Department of Defense understands that this is a very difficult, and in the minds of some, controversial policy question," Secretary Gates told lawmakers. "I am determined that we in the department carry out this process professionally, thoroughly, dispassionately, and in a manner that is responsive to the direction of the president and to the needs of the Congress as you debate and consider this matter."

## NCLS

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- Former Congresswoman Heather Wilson of New Mexico
- Dr. Marvin Berkowitz, co-director of the Center for Character and Leadership at the University of Missouri-St. Louis
- Dr. David McCone, associate professor of the Academy's Department of Behavioral Sciences and Leadership
- Dr. Rick Rigsby, author of "Lessons from a Third Grade Dropout"
- Dr. Thomas Zweifel, a leadership professor and author
- FBI Special Agent Arthur Everett, assistant special agent in charge for the Chicago FBI Field Division
- Brian Billick, former NFL head coach and TV sports analyst

- Steve Birdine, author and diversity educator
- Dr. Michele Borba, author of "Building Moral Intelligence"
- Mark Bowden, author of "Black Hawk Down"
- Dr. David Callahan, author of "The Cheating Culture"
- Dr. Annette Clark, interim dean and associate professor of law at the Seattle University School of law
- Dan Clark, an author and motivational speaker
- Dinesh D'Souza, author of "The Virtue of Prosperity: Finding Values in an Age of Techno Influence"
- Derek Foster, a former cadet and traumatic injury survivor
- Eric Greitens, chairman of the Center for Citizen Leadership
- Frances Hesselbein, chairman of the Leader to Leader Institute's Board of Governors
- C.L. Lindsay, founder of the Coalition for Student

- and Academic Rights
- Mike Melvill, a commercial test pilot
- Judith Registre, director of policy and outreach for Women for Women International-UK
- Darrell Scott, father of Columbine High School victim Rachel Scott and founder of the "Rachel's Challenge" Foundation
- Nate Self, a former Army Ranger and veteran of the Battle of Roberts Ridge in Afghanistan
- Kaylei Deakin and Moranda Hern, co-founders of "The Sisterhood of the Traveling BDUs"
- Jordan Thomas, an amputee and president of the Jordan Thomas Foundation
- Jim Tressel, head football coach at Ohio State University
- Mikey Weinstein, a Class of 1977 graduate and founder of the Military Religious Freedom Foundation



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# Academy medic earns Bronze Star in Afghanistan

By Butch Wehry  
Academy Spirit staff

A physician's assistant with the 10th Medical Group earned a Bronze Star medal while deployed to Afghanistan from June to December 2009 and learned some important things during his time downrange.

"I learned ... some great things about myself and reinforced other things that I already knew about the importance of faith in family, friends and God during times of trial," said Capt. Jason Rogers, who returned from post-deployment leave recently and who received the medal during a 10th Air Base Wing commander's call Jan. 26.

"I'd like to believe that I increased my medical knowledge and ability," Captain Rogers said. "I became convinced that great work is being done in Afghanistan."

Col. (Dr.) Christopher McNulty, commander of the Academy's Acute Care Clinic, first met Captain Rogers at the airport upon his return from deployment.

"I knew about the Bronze Star he'd earned, and as such, expected to meet a most impressive man," Doctor McNulty said. "I was not disappointed. He's a most talented medical provider, a polished officer, a devoted father and husband and a remarkable man."

Captain Rogers began his military career as an enlisted Soldier. He earned his commission through the Army's Officer Candidate School before attending physician's assistant school.

"(That experience) helped a great deal with understanding and working within the combined-operations community," he said. While deployed, he was assigned to the Combined Joint Special Operations Task Force Forward Surgical Team in Tarin Kowt, Afghanistan.

The Bronze Star citation cited Captain Rogers' service as being "vital to the unyielding prosecution of the Global War on Terrorism." He traveled to Heart Province to take part in a medical civil affairs program, or MEDCAP, in the midst of combat



Capt. Jason Rogers, right, and Maj. Jeff Lewis perform a surgical operation in Afghanistan July 3, 2009. Captain Rogers, a physician's assistant with the 10th Medical Group, received a Bronze Star Medal during a 10th Air Base Wing commander's call Jan. 26.

operations in the province.

The special operations community in Afghanistan focused on inspiring and fostering goodwill among the population and providing direct humanitarian support. The Forward Surgical Team provided direct medical and surgical care to coalition forces, contractors and local national civilians, regardless of whether their injuries were battle or non-battle related.

"We saw patients at least twice a week from the local communities and worked with military, governmental and nongovernmental entities to facilitate transport and care of complicated injured and ill patients," he said.

The medic's thoughts and feelings about Afghanistan remain vivid.

"I feel honored to have been able to serve my country and the good people of Afghanistan in this capacity," he reflected. "I was fortunate to ... observe and associate with truly heroic individuals. Many of them are still there quietly sacrificing for the benefit of others. I appreciate the people of Afghanistan, and I'm moved by their struggle for peace and freedom from oppression and terrorism. As a family, we continue to support the efforts of those serving and sacrificing for this cause and pray for their success."

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# Ensure your last wishes are carried out

By Ann Patton  
Academy Spirit staff

You can't take it with you but you can sure decide who's going to get it once you're gone. Writing a will can make that happen.

The Academy's Judge Advocate office offers free will services for servicemembers, retirees, Department of Defense employees and their families, said Capt. Jacob Frank, the Academy's chief of legal services.

Captain Frank said it is especially important to have a will if someone has minor children or is preparing for a deployment.

A basic will dictates the disposition of such assets as cash reserves, real property and provisions for care for minor children as well as subsidiary, or "other" properties, which might include intellectual properties.

A will first determines an executor, who carries out the intentions of the deceased. It can also name a legal guardian, who retains custody of children, and a conservator, who distributes the assets of a minor heir's inheritance. One person may be appointed for both roles.

Captain Frank said clients should put considerable thought into the process before they visit the Judge Advocate Office.

"They should have a good idea how to distribute their assets, think of the people involved and make sure they are comfortable in the probate process," he said.

A trust may also be established for those with considerable assets, about \$1 million or more. This can help clients avoid the 55-percent estate tax currently in effect.

A personal property memorandum, not a formal document, may be drawn to keep with the will to cover specific property gifts to individuals.

The Academy legal office can also draw up a living will to determine the extent of medical care desired and to determine who can execute a medical power of attorney.

"It is for times when you can't speak for yourself," Captain Frank said, adding that spouses have that authority even without a living will by Colorado law.

After a will is finalized, clients should never write or mark on it with pen and ink because it could be viewed as modifying the will's original intent.

"Wills are very fragile documents in that respect," he said.

Captain Frank also recommends storing wills in fireproof areas such as bank vaults or even a home freezer. However, he cautioned that executors should know where the will is located and how to access it.

Wills may need to be modified, in such instances as the death of heirs, an executor, guardian or conservator; considerable upward changes of economic status, or, as Captain Frank said, "anytime there are major life changes."

Legal assistance walk-in reporting times, which includes times for wills, are Tuesdays from 8:30 to 9:30 a.m. and Thursdays from noon to 1 p.m.

For more information, call the JA office at 333-3940.

## New site gives clients head start

By Ann Patton  
Academy Spirit staff

The Air Force Judge Advocate General launched a new Web site Monday to give clients a head start on the decisions they must make before drawing up legal documents.

The site, [www.aflegalassistance.com](http://www.aflegalassistance.com), provides information on legal assistance topics that commonly affect military members as well as legal worksheets and an online survey.

"It will make things easier and give clients time to think about it well ahead of time," said Capt. Jacob Frank, chief of legal services for the Air Force Academy's Judge Advocate office. "It also allows us to get a heads-up on your issues, and we can research them ahead of time if we need to."

The information portion is in no way legal advice, and site visitors are directed to speak with a licensed attorney before relying on the informa-

tion in the site to make a decision or take action.

Clients can get a head start on preparing information pertinent to documents such as wills, advance medical directors and powers of attorney, which can be printed for reference only, through a worksheet section on the Web site. Clients must visit an Air Force JA office to obtain a legal document — worksheets printed from the Web site are not legal documents.

After clients complete a worksheet, the Web site will generate a ticket number for an Air Force JA office to schedule an appointment or at arrival time during walk-in legal assistance hours. The ticket number may also be used to modify information before meeting with a lawyer.

The site is secure and information is only accessible by clients and Air Force legal personnel. Completing a worksheet is not a requirement for obtaining legal services.

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# NSBE project benefits local students

By Ken Carter  
Editor

Academy cadets representing the National Society of Black Engineers recently performed a community service project with Community Partnership for Child Development that will benefit more than 300 local students.

The volunteer project through CPCD was, in part, possible through a donation by IBM, according to Capt. Steve Brooks, Academy Regional Diversity Director of Admissions.

"CPCD has had a long-standing relationship with cadets at the Academy and have worked on many projects together," the captain said. "Once all 10 desks have been completed 340 children, 34 per classroom, will use the desks and computers in 10 different

classrooms."

In a two hour period on this first assembly session Jan. 20, 10 cadets assembled four computer desks, a process involving many intricate steps, at a school in Colorado Springs.

Those who each lent a pair of hands included: Cadets 1st Class Devon Ford, Jr., Cadet Squadron 40; Carrie Emerald Wong, CS 11; Anthony Mitchell, CS 37; Cadets 2nd Class Gavin Foley, CS 40; Laronce Franklin, CS 36; Carmilya Boykin, CS 08; Bachar Satchell, CS-36; Carrie Tengelsen, CS 03; Braylon Gurnell, CS 36; and Cadet 3rd Class Patrick Williams representing CS 35.

The captain is quick to point out he was involved simply to 'oversee' as the real credit goes to the cadets in charge and their team of volunteers.

"Cadets 1st Class Ford, CS 40 president of Cadet Chapter of National Society of Black Engineers, and Carrie Wong led the way," Captain Brooks said. "These two organized the community service event. I was there to oversee and support."

From the cadets' perspective, helping out these local students with this project came with great meaning and the reliability and historical contributions of the cadet volunteers is not taken for granted.

"The cadets are outstanding young men and women who have provided us with many hours of volunteer service over the years," said Delberta Uvalle, CPCD volunteer coordinator. "They are wonderful to work with and are one of the first organizations I think of when looking for a group to complete a

project."

So what lies ahead?

"Cadets are working on a possible painting project this weekend and the home of one of our families who is receiving a 'Home Makeover' through a partnership with Broodmoor Community Church," Captain Brooks said. "The cadets also have three other outdoor projects scheduled between now and mid March."

**Editor's note:** In 2008 CPCD applied for a grant to upgrade its computer lab from IBM through the Teaming for Technology program. In 2009 IBM wanted to place Young Explorers computers (complete with a child-friendly desk and preschool-age games), and through Teaming for Technology CPCD was awarded the 10 units.

# Dental Health Month aims to fight tooth decay

By Christine Swanberg  
10th Dental Squadron

The American Dental Association is promoting awareness of young ones' teeth with Children's Dental Health Month in February.

The ADA's theme for 2010 focuses on brushing and flossing daily.

The campaign features a two-sided poster with new characters the McGrinn Twins, Flossy and Buck. One side reminds children, "For a sparkly smile, remember to brush and floss every day" on one

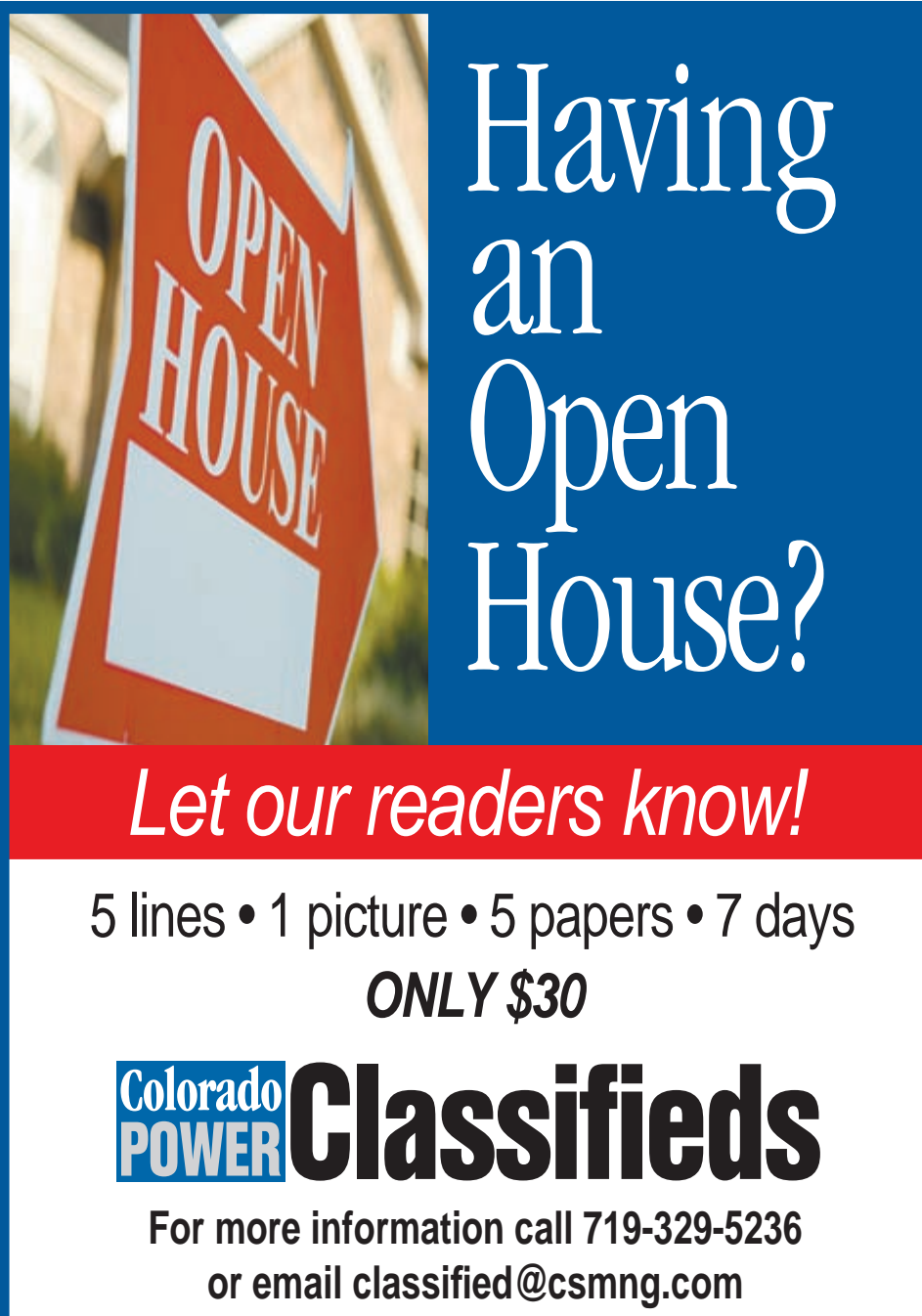
side. The opposite side encourages pre-teens and teens to "Rock your smile" with general oral health messages.

Active-duty servicemembers and officials with the Cadet Dental Clinic will offer presentations at the base school, the child development centers and the youth center throughout the month. The posters will also be available for these facilities to display. The Academy Spirit will publish information throughout the month.

The Children's Dental Health Month effort seeks to educate children and parents about the risks from

a diet high in processed sugars and starches. While almost all foods have some type of sugar that has nutritional value and should not be eliminated from diets, Americans are consuming "junk" foods and drinks in larger portions than ever before. A steady diet of sugary foods and drinks can ruin teeth, especially for those who snack throughout the day.

The hope of promoting awareness that starts with Children's Dental Health Month continues to make proper oral hygiene and good nutrition an important part of the daily routine for everyone.



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# Optical refrigeration to enhance air, space sensor applications

By Maria Callier  
Air Force Office of Scientific Research

ARLINGTON, Va. — Under a multi-university grant from the Air Force Office of Scientific Research, a team led by Dr. Mansoor Sheik-Bahae, a professor at the University of New Mexico created the first all-solid-state cryo-cooler that can be applied to airborne and space-borne sensors.

This technology, which allows coolers to reach temperatures near 155 degrees Kelvin, or minus-180 degrees Fahrenheit, may lead to advances in superconducting electronics because it would enable miniaturization for cooling purposes.

Graduate students Denis Seletskiy and Seth Melgaard designed and performed the experiments at UNM's department of Physics and Astronomy in collaboration with researchers from Los Alamos National Laboratory and the University of Pisa, Italy.

"Optical refrigeration or solid state optical refrigeration technology offers many advantages over currently used, bulky mechanical coolers because it is vibration-free, compact, lightweight and agile," Dr. Sheik-Bahae said.

Previously, only solid-state coolers based on standard thermoelectric devices were able to reach temperatures as low as 170K, and even so, only with minimal efficiency.

"We obtained cooling down to 155K using optical refrigeration," Dr. Sheik-Bahae said. "We expect that material research may lead to temperatures dipping below 77K (the boiling point of liquid nitrogen), and in the future as low as 10K may be possible."

The scientists enhanced cooling efficiency by growing pure crystals, using thin optical fibers, keeping their samples in thermal isolation inside a vacuum, trapping laser light in a resonant space and exploiting resonances in the absorption spectrum.

In the future, Dr. Sheik-Bahae said he and his team will continue collaborations with Professor Mauro Tonelli and his researchers at the University of Pisa in Italy as well as with Dr. Epstein of the Los Alamos. Together, they plan to research product purity and new materials for cryo-coolers.

"We are also pursuing optical pump sources that can further enhance cooling efficiency of the devices," he said.



Photo by Capt. Tom Piña

## Slipping the surly bonds

An Academy glider soars below a nearly full moon Jan. 26. The gliders are part of the soaring program, which familiarizes sophomore cadets with aircraft controls, checklists, pattern work and perspective to Earth. The program flies more than 7,000 sorties annually.

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# Cadets, Cub Scouts take to the field for Winterspree

By Ann Patton  
Academy Spirit staff

Air Force Academy cadets and Cub Scouts from the Boy Scouts of America's Pikes Peak Council squared off at Falcon Stadium Jan. 23 for a day of challenges and just plain fun during what has become an annual event.

More than 450 Scouts attended the two sessions, 174 more than 2009. The morning session hosted 154 Webelos Scouts, ages 9 and 10, and 311 Tiger, Wolf and Bear Scouts, ages 6-8, attended the afternoon session.

Winterspree challenges included relay races, tug-o-wars, an obstacle course and stretcher races. Cubs also got to a visit to the stadium press box, mingling with Falcon football players and demonstrations from the Cadet Honor Guard and Sabre Drill team, falconers and military working dogs.

Members of the cadet Eagles' Club sponsored the event. Winterspree is one of two main annual events for the club yearly; the other is Freez-o-ree, which is scheduled to take place Feb.



Photos by Johnny Wilson

The Air Force Academy Cadet Honor Guard's Rifle Drill Team marches in Falcon Stadium during its demonstration Jan. 23.

26-28 at the Academy. Cadet 1st Class David Arlington of Cadet Squadron 39 is current club president and previous cadet in charge for Winterspree.

"This year's Winterspree was magical to say the least," Cadet Arlington said.

The Winterspree events were designed to encourage teamwork and develop Cub Scouts' personal growth, said Cadet 1st Class Christopher Kopp from CS 39, founder of the Eagles' Club and this year's cadet in charge. Events also gave Cubs a chance to show "what they're made of" and the advantages of working together.

"It was a time for Cub Scouts to lose themselves in a world of possibilities facilitated by Scouting and encouraged by their own excitement at one time," Cadet Arlington said.

The principles of truth and knowledge define both the Academy and the Scouting community, Cadet Arlington said. It is also a time when cadets can encourage and motivate Scouts to achieve through education, athletics and Scouting.

There was plenty of fun packed into the activities as well.

"I had a great time," Cadet Kopp said. "The tug-o-war is always one of the most exciting events, along with

the obstacle course, but I think the lunchtime (demonstrations) were the highlight this year."

He also overheard Cubs saying how "cool" cadets are and that they want to come to the Academy, too.

Cadet Arlington said the Eagles Club numbers more than 250 and comprises Eagle Scouts, Girl Scout Gold Award recipients and other motivated and enthusiastic cadet Scouts. Club members share Scouting stories, host Scout events and Academy tours and help fledgling Eagle Scouts with projects. They also pitch in to show Girl Scouts what cadet life is about.

Cadet Kopp recalls his own Scouting experiences, from building a birdhouse and making a car the Pinewood Derby as a Cub to backpacking and the outdoors, activities he still enjoys.

"Scouting has had a huge impact on my life so far," he said and added, "I wouldn't trade my Scouting experiences for anything."



Above: Members of the Cadet Honor Guard Sabre Drill Team finish their presentation for Cub Scouts in Falcon Stadium Jan. 23.

Left: Kelly, a military working dog with the 10th Security Forces Squadron, demonstrates her takedown skills on Staff Sgt. John Havlik Jan. 23. Sergeant Havlik is a 10th SFS military working dog handler.



Photo by Airman 1st Class Brett Clashman

The U.S. Air Force Academy Parachute Team jumps out of their aircraft over Nellis Air Force Base, Nev., for the Aviation Nation air show Nov. 15, 2009. The open house was an opportunity for the Las Vegas community to view aerial demonstrations and static displays of various aircraft from the military.



Photo by Staff Sgt. Charity Barrett

Members of the 86th Airlift Wing base honor guard conduct a flag-folding ceremony during the Ramstein Honor Guard Appreciation Day, Sept. 11, 2009, at Ramstein Air Base, Germany.

## ‘Year in Photos’ captures 2009 events

Throughout the past year, Airmen, deployed and at home, successfully carried out the Air Force mission to fly, fight and win in air, space and cyberspace.

Whether it was maintaining and launching aircraft, tending to a wounded warrior or building airfields anywhere in the world, total force Airmen — active-duty, Guard, Reserve and civilian — served selflessly and honorably.

During 2009, military photographers have taken thousands of photographs that document the service of the nation’s Airmen. The annual “Year in Photos” captures the spirit and essence of the men and women serving in the United States Air Force with 52 photos in all, including four photos highlighting the Air Force Academy. To view the full slideshow, go to <http://bit.ly/9knyeG>.



Photo by Staff Sgt. Bennie Davis III

Pararescueman Senior Airman Dan Warren rises from the waters of the Banana River in Florida. He is a member of the 920th Rescue Wing, and he and his fellow pararescuemen must locate, rescue and provide medical treatment to astronauts in the event of an emergency during launch or landing.



Photo by Mike Kaplan  
U.S. Air Force Academy junior pitcher Alex Truesdale delivers a pitch during the 20-13 loss to the University of Nevada, Las Vegas at Falcon Field April 25, 2009, at the Academy. The Falcons had 18 hits on the day with three homers, but dropped to a 14-25 overall record.



Photo by Senior Airman Marc I. Lane

At Rhey Village near Herat, Afghanistan, 1st Lt. Etan Funches lets an Afghan boy try on his helmet, Sept. 2, 2009. Lieutenant Funches was deployed to near-by Camp Stone from Schriever Air Force Base, Colo.



## Air Force breaks conference losing streak with 70-63 win

By Staff Sgt. Don Branum  
Academy Public Affairs

The Falcons broke a 22-game Mountain West Conference losing streak dating back to March 2008 by beating Wyoming, 70-63, at the Clune Arena here Saturday.

Evan Washington scored a career-high 23 points against the Cowboys to lift the Falcons to 9-11 overall and 1-6 in the MWC.

Other leading scorers for Air Force included Michael Lyons with 16 points and Grant Parker, who had 12. Parker led the Falcons in rebounds with five, followed by four each for Lyons, Washington and Taylor Broekhuis.

*Photo by J. Rachel Spencer*  
**Evan Washington splits a seam between two Wyoming defenders during the Falcons' 70-63 victory over the Cowboys at Clune Arena Saturday. Washington scored a career-high 23 points to give Air Force its first Mountain West Conference victory since March 2008.**

Wyoming led 29-26 at the end of the first half and held onto its lead until a three-pointer by Todd Fletcher tied the score with 11:31 to play. Fletcher nailed a second field goal to put Air Force ahead, and a 10-point run in the final three minutes secured the victory. Washington scored eight points during that streak, including six points from free throws.

"We made free throws when we needed to today," Air Force coach Jeff Reynolds said in a news conference after the game. "In the second half, we shot it the way we do in practice."

Air Force led early in the game, building up an eight-point margin in the first 10 minutes of play, but Wyoming rallied behind Jaydee Luster to claim the lead going into halftime. Wyoming's Desmar Jackson led scoring for the Cowboys with 21 points, followed by Amath M'Baye with 11. Luster and Djibril Thiam each had 10. Thiam led Wyoming in rebounds with nine, followed by Jackson and Boubacar Sylla, who each had six.

## Women gymnasts tumble to UC Davis



By Valerie Perkin  
Athletic Communications

Despite a pair of event titles from sophomore Jenna Dudley and junior Brittany Dutton, the Air Force women's gymnastics team dropped a 191.575-185.300 decision to conference leader UC Davis Saturday at the Academy.

Dudley matched her career-best tally of 9.775 to win the floor exercise, while Dutton captured the vault title with a mark of 9.625.

Dudley bettered the field by .125 to earn her second floor title in as many meets. Her score of 9.775 matches the mark she set last year. In addition to her career-best mark, Dudley set two other season-best scores, while finishing within the top five on every event. The sophomore placed third on the vault (9.550), fourth on the uneven bars (9.525) and tied for fifth on the balance beam (season-best 9.575) to place second in the all-around with a season-high total of 38.425.

Like Dudley, Dutton picked up a title in back-to-back meets, as she won the vault with a score of 9.625.

Senior Michelle Denise scored a season-high mark of 9.650 on the floor exercise to tie for second on that event, while also earning a finish within the top half of the field on the uneven bars (sixth, 9.450). Junior Lisa Wong tied for fifth on the balance beam with a season-best score of 9.575.

Two other Falcons tallied career-best marks this evening. Freshman Tara Harris improved her floor exercise (9.275) and all-around (36.375) scores, while junior Holland Davis bettered her balance beam score to 9.200.

Air Force returns to action on Sunday, when they travel to Denton, Texas, to face Texas Woman's University and Northern Illinois in a triangular meet at 2 p.m.



*Photos by J. Rachel Spencer*  
**Junior Brittany Dutton competes on the uneven bars during Air Force's women's gymnastics meet against UC Davis Saturday in the Cadet Gymnasium. Dutton took the vault title with a 9.625, but Air Force lost the meet 191.575 to 185.300.**

**Sophomore Jenna Dudley poses during her floor routine at the Air Force-UC Davis women's gymnastics meet in the Cadet Gymnasium Saturday. Dudley claimed first place in the floor exercise with a 9.775, finished in the top five of every event and placed second in the all-around with a score of 38.425.**

### Mens gymnastics

Three members of the Air Force men's gymnastics team will represent the Academy at the prestigious 2010 Winter Cup Challenge through Saturday. Nash Mills, Joel Uptmor and Tory Brown will compete against some of the nation's best gymnasts at the annual event in Las Vegas,

Nev. The 2010 Winter Cup Challenge is designed to determine the 15 gymnasts who will make up the 2010 U.S. Men's Senior National Team. In addition to some of the nation's top collegiate gymnasts, the meet will feature three members of the 2008 Olympic Team, five members of the 2009 World Champ-

ionships team, 11 members of the senior national team and 13 members of the junior national team.

### Falcons @ Home

**Today**  
**Women's Tennis**  
vs. Montana - noon  
**Men's Ice Hockey**

vs. CC World Arena - 7:35 p.m.

### Saturday

**Men's Basketball**  
vs. TCU - 2 p.m.  
**Women's Tennis**  
vs. Montana State - 8 a.m.  
**Men's & Women's Swimming**  
vs. Wyoming - 1 p.m.  
**Women's Tennis**  
vs. UMKC - 4 p.m.  
**Men's Ice Hockey**

vs. Denver - 7:05 p.m.

### Sunday

**Women's Tennis**  
vs. Texas-San Antonio - noon  
**Tuesday**  
**Men's Basketball**  
vs. Colorado State - 8 p.m.  
**Thursday**  
**Boxing**  
Wing Open Preliminaries - 4:30 p.m.

# Judo team to hit the mat at nationals

By Ann Patton  
Academy Spirit staff

Members of the Air Force Academy's competitive Judo club will test their skills at National Collegiate Judo Association's national championships in California in March and is training for USA Judo's non-collegiate tournaments and events.

Judo, meaning "soft" and among the world's most practiced sports, is the ancestor of the Japanese fighting art Jujitsu, a hallmark of Japanese culture.

The National Collegiate Judo Association falls under the global International Judo Federation. Competitions also have both male and female divisions, with each having seven different weight classifications.

The sport is similar to wrestling but uses more throwing techniques, joint locks and chokes. Competitions fall into one of two categories: novice for members under the rank of brown belt and standard for those above.

Ron Lopez, the Academy's head Judo coach and a Colorado Springs Police detective, has 30 years of involvement in coaching wrestling, swimming and Judo. He sees the sport as perfect fit for cadets, both historically and physically.

After World War II, Gen. Curtis Lemay introduced it to the Air Force. The sport was added to the 1964 Olympic Games in Tokyo.

Coach Lopez said that Judo, with its basic fighting style involving grappling,

throws and submissions, forms the groundwork of the unarmed combat training that cadets learn at the Academy.

"Judo also teaches the cadets discipline," he said. "It is a weight-class sport, so, like wrestlers, Judo athletes have to have low body fat and must have the dedication to cut the weight to make their division."

Judo also teaches cadets how to leverage momentum and an opponent's weight to defeat that person in a competition or real fight, Coach Lopez said, thus aiding them in defeating a bigger and stronger opponent. Cadets also learn falling techniques, skills which will save them from injuries on the mat as well as the battlefield.

The team has between 17 and 20 cadets of various skill levels who attend on a regular basis. Coach Lopez said among the cadets are three yellow belts, two green belts, one first-degree brown belt and four first-degree black belt.

The team practices three days a week in the Cadet Gym, plus two hours on Friday with athletes at the U.S. Olympic Training Center. Joshua Lopez, Coach Lopez's son and a senior at the Academy, trains at the Olympic Training Center as a player and coach for the Academy Judo team.

Senior Nolan Brock said it felt "pretty good" to beat Army at the NAF Judo Championships during the military academies' match Nov. 15 during the National Armed Forces Judo Championships at



Photos by Cadet 3rd Class Ross Gourley

**Nolan Brock executes a throw during a Judo competition at the U.S. Olympic Training Center in Colorado Springs Jan. 16. Brock, a senior, won a gold medal in novice competition and a silver in regular competition during the National Armed Forces Championships in November 2009.**

Fort Leavenworth, Kan.

"I first started Judo when I was a semester exchange cadet at West Point," Brock said. "I was a white belt with most of those guys, and they used to throw me around at practice quite a bit," he said. "I'm glad we won because now I can brag about it to them."

Six cadets brought home medals from the championship. Maria Phillips took gold in the novice women's division. Brock, Ross Gourley and Joshua Johnson and won gold, Mike Wilcox won silver, and Andrew Oury won bronze in novice men's competition. Brock also took a silver medal in regular competition.

The astronautical engineering major said the experience will be valuable to him as an Air Force officer because it has built his confidence in his ability to single-handedly defeat an opponent in unarmed combat.

Oury, a freshman, said he can use the training to outthink and outperform opponents in real time under constantly changing situations and challenges. He looks forward to earning a black belt.

Phillips, a sophomore with a major in operations research, stressed it is important for women to have the ability to be

aggressive too.

"I'm not saying they should be supermanly, but I think everyone needs to have a fighter instinct and ability to make accurate decisions on the spot," she said.

The Texas resident also appreciates the team spirit.

"Every time I go to practice I learn a lot, not just from the coaches but from teaching members too," she said. "It's a really great environment to start getting involved with the sport."

Brock said the best part about the team is its relatively small size.

"We know each other on a personal basis, which really builds team cohesion," he said. "It's nice to come off the mat after a fight and have six or seven of your teammates there to congratulate you and pat you on the back," he said.

Coach Lopez said working with cadets is a coach's dream.

"You have the best of the best here. You don't have to deal with outside distractions and personal individual issues because the Academy has already taken care of those issues," he said. "I love coaching champions, and when the cadets come to me they are already champions. I just have to turn them into Judo champions."



**Josh Johnson pins an opponent during a Judo match. Judo, known as the "way of softness," is a Japanese martial art that focuses on grappling, throws and submissions.**

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### Base honor guard

The Air Force Academy Honor Guard seeks ceremonial guardsmen to render final honors for fellow Airmen, participate in retirements, colors ceremonies, professional sporting events and more.

The honor guard will hold new member training Feb. 11-19 from noon to 4 p.m. for new volunteers. For more information or to volunteer, call Staff Sgt. Michiyo Litynski at 333-5070 or Staff Sgt. Jeremiah Bess at 333-3811.

### Free tax preparation

The Air Force Academy will prepare tax returns free for active-duty servicemembers stationed at the Academy as well as cadets and retirees in Arnold Hall near Hap's beginning Monday.

To have your tax return prepared, you will need a military ID card, wage and

earning statements from your employers and any interest and dividend forms. You will also need bank routing and account numbers if you would like your tax refund issued through direct deposit.

For more information, contact the tax center at 333-3905.

### Sports camps

Early bird registration is now open for 12- to 18-year-olds to attend 2010 Falcons Sports Camps. Sporting events include baseball, basketball, football, cheerleading, and diving and swimming. Prices start at \$150 for three-day commuter camps, \$325 for one-week commuter camps and \$500 for weeklong camps with boarding at the Academy. For more information on prices, check-in times and registrations, call the Athletics Department at 333-2116.

### Weight loss class

The Community Fitness Center will hold a free weight-loss class called "Losing Weight ... the Real Story," given by Robin Brandimore, an Air Force spouse and Air Force Academy fitness trainer.

Call Ms. Brandimore at 200-8914 for more information or to register.

### A&FRC Offerings

The Academy Airman and Family Readiness Center will host the following classes in February. Contact the A&FRC at 333-3444 or 333-3445 with questions or to sign up for a class. Class dates and times are subject to change.

#### Group pre-separation counseling

Held Mondays (except during TAP week), 2 to 4 p.m.

Separating or retiring from the Air Force in a year or less? This mandatory briefing assists you in identifying benefits and services associated with your transition and beyond.

#### Key spouse training

Today, 8 a.m. to noon

Thursday, 5:30 to 7:30 p.m.

Feb. 19, 9 to 11 a.m.

The Academy Key Spouse Program enables open communication between unit leadership and families. Training includes roles and responsibilities, resources, making connections, responding to the call, and how to support families during deployment.

#### Teen job search

Part 1: Saturday, 9 a.m. to 12:30 p.m.

Part 2: Tuesday, 4 to 6 p.m.

Learn about filling out job applications, résumé writing, interviewing skills, appropriate workplace behavior and volunteer opportunities. An employer panel will provide information and answer questions. The class is open to children of active-duty servicemembers, retirees, reservists, Guardsmen and DOD civilians. Class size is limited, so register early. Minimum age to attend is 15.

#### Medical records review

Monday, 7:30 a.m. to 4:30 p.m.

Feb. 26, 7:30 a.m. to 4:30 p.m.

Individuals within 180 days of retirement or separation can have the Disabled American Veterans review their medical records in preparation of filing for Veterans Administration Disability Compensation through the VA Form 21-526. Call for more information or an appointment.

#### Smooth move

Tuesday, 9 to 10 a.m.

Feb. 17, 3 to 4 p.m.

This is a mandatory class for anyone permanently departing the Academy. Being prepared certainly lessens the stress of an upcoming move. Learn innovative and proven ways to make your move a smooth one — "know before you go."

#### Résumé writing

Wednesday, 9 a.m. to noon

Learn different types of résumé and cover letter styles and how to improve your own. The main purpose of a résumé is to entice an employer to call you for an interview. If your résumé is not doing this for you, then it probably needs some refinement.

#### Sponsorship training

Thursday, 8 to 9 a.m.

This class is for those who have been assigned to sponsor an Academy newcomer. Contact your unit sponsorship monitor for details and to get signed up for this class.

#### Troops to teachers

Thursday, 11 a.m. to 2 p.m.

This workshop provides information for military personnel interested in beginning a second career in public education as a teacher. Learn how you can make the transition to this rewarding career.

#### FERS retirement benefits briefing

Feb. 17, 8 a.m. to noon

Come and learn about your Federal Employees Retirement System benefits and planning for retirement. Seating is limited, and you must be registered to attend. Spouses welcome if they signed up with the member.

#### SCORE – starting your own business

Feb. 18, 9 a.m. to noon

If you've ever thought about owning your own business but are not sure how to start, this workshop is for you!

#### Orientation and information fair

Feb. 20, 9 a.m. to 4:30 p.m.

This is a mandatory orientation for all newly assigned Academy personnel. Spouses are welcome to attend. The event is held at the Milazzo Center.

#### TAP seminar

Feb. 22-26, 7:30 a.m. to 4:30 p.m.

Separating in a year or retiring in two years or less? The Transition Assistance Program workshop is designed to provide the knowledge and skills necessary for a successful transition into the civilian workforce after a military career. Learn interviewing skills, resume writing, networking, negotiations, dress for success, and much more. Call now to reserve your spot in the next available TAP class. These workshops fill very quickly so plan your attendance well in advance.

### Newcomers base tour

Feb. 26, 8:45 a.m. to 2:30 p.m.

This informative base tour gives insight into the Academy's mission and reveals most of the events and activities to see and do while stationed at the Academy. Stops include the stables, Cadet Chapel, Arnold Hall, Arts and Crafts Center, Outdoor Recreation and more.

### Family Advocacy Classes

For information on classes offered by the Family Advocacy Office or to sign up, contact Kristin Larkey of Family Advocacy Outreach at 333-5270.

#### Common sense parenting

Wednesdays through Feb. 17, from 11:30 a.m. to 1 p.m.: All parents occasionally need help and advice when they're having a hard time with their children. This research-based, practical training program, designed for parents of toddlers and preschoolers ages 2-5, teaches parents how to set reasonable expectations, effectively use consequences, when and how to use timeout and how to teach instead of punish. The class is open to active-duty servicemembers, Defense Department civilians, retirees and family members.

#### Anger management

Thursdays through Feb. 18, from 11:30 a.m. to 1 p.m.: Anger is a normal, healthy human emotion, but when it gets out of control, it can lead to problems at work, in relationships and in quality of life. Anger management classes will help attendees better understand their anger and where it comes from, how to handle conflict in frustrating situations and how to relax and de-stress their lives.



### Red Cross seeks hometown heroes

The Pikes Peak Chapter of the American Red Cross is seeking nominations by Feb. 15 for its inaugural Hometown Heroes awards.

Nominees must have responded to a situation with an act of courage, extraordinary compassion or life-saving actions within the past 18 months and must live in one of the 18 counties supported by the Pikes Peak Chapter — El Paso, Pueblo, Teller, Fremont, Elbert, Lincoln, Kit Carson, Cheyenne, Kiowa, Crowley, Custer, Chaffee, Huerfano, Otero, Bent, Prowers, Las Animas or Baca.

The Pikes Peak chapter will present awards for courageous, compassionate or community service actions that have made a difference in others' lives. Nomination forms are online at [www.pparc.org/Heroes](http://www.pparc.org/Heroes). The awards will be presented April 2 at the Antlers Hilton in Colorado Springs.

For more information, visit the Pikes Peak Chapter website at [www.pparc.org](http://www.pparc.org) or call Jennifer Mariano at 641-6365.

## SCHEDULE OF WORSHIP

### CADET CHAPEL

Call 719-333-2636 for more information.

#### Buddhist

Wednesday - 6:30 p.m.

#### Jewish

Friday - 7 p.m.

#### Muslim

Friday Prayer - 12:15 p.m.

#### Protestant

Liturgical Worship Sun. - 8 a.m.

Traditional Worship Sun. - 9:30 a.m.

Contemporary Worship Sun. - 11:30 a.m.

#### Roman Catholic

Mass

Sunday - 10 a.m.

Academic Year, when cadets are present

Mon, Tues, and Thurs - 6:40 a.m.

Wednesday - 6:30 p.m.

#### Sacrament of Penance

Sunday - 9:00-9:40 a.m.

Academic Year, when cadets are present

Wednesday - 5:30-6:15 p.m.

#### Exposition of the Blessed Sacrament

Academic Year, when cadets are present

Wednesday - 5:30-6:20 p.m.

#### Paganism/Earth-centered Spirituality

Academic Year, when cadets are present

Monday, 6:30 - 7:50 - Room 1M125

(1st Floor - Fairchild Annex -- Astronautics Museum)

Contact TSgt Longcrier at 719-333-6187

### COMMUNITY CENTER CHAPEL

#### Catholic Masses:

##### Saturday

Reconciliation - 3:30 p.m.

Mass - 4 p.m.

##### Sunday

Mass - 9 a.m.

Religious Formation - 10:15 a.m.

(September - May)

##### Tuesday-Friday

Mass - 11:30 a.m.

#### Protestant Services:

##### Wednesday

Wednesday Night Live - 6 p.m.

Dinner followed by Religious Education

(September - May).

##### Sunday

Evangelical - 10:15 a.m.

Gospel - 11:30 a.m.

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2005 Jeep Grand Cherokee Ltd, Stk# Cs1062.... **\$19,988**

2007 Mazda Rx8 GT, Stk# Cs1005a.... **\$15,988**

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2008 Mitsubishi Alant ES, Stk# Cs1031.... **\$10,988**

2005 Mitsubishi Evolution, Stk# L9002a.... **\$19,988**

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