Vol. 50 No. 1

# AMT gets a stripe for the holidays

By Staff Sgt. Don Branum Academy Spirit staff

An Academy Military Training NCO with Cadet Squadron-04 here got a surprise gift Dec. 22: a new stripe for the holidays.

The surprise came for now-Master Sgt. Bryant Ward during a meeting with Commandant of Cadets Brig. Gen. Samuel Cox and members of the commandant's staff. The topic of cadet disenrollment packages came up, and General Cox had asked Sergeant Ward to explain his numbers. That's when Academy Superintendent Lt. Gen. Mike Gould entered the room to turn up the

The coordinated subterfuge set the scene for what came next: The Academy's command chief, Chief Master Sgt. Todd Salzman, broke out a pair of master sergeant stripes, and the room erupted into applause.

"I thought I was losing a stripe!" the newly promoted master sergeant said after the applause settled down and the reality of his new rank — effective immediately through the Stripes for Exceptional Performers program started to sink in. "If I had to say anything, it would be, thank God! Thank Him, then my wife, then all the people here ... Thank you so much, seriously.



Lt. Gen. Mike Gould and Chief Master Sgt. Todd Salzman pin stripes on a surprised Master Sgt. Bryant Ward in the commandant's conference room Dec. 22. Sergeant Ward, an Academy Military Training NCO with Cadet Squadron 04, was promoted through the Stripes for Exceptional Performers program. General Gould is the Academy superintendent; Chief Salzman is the Academy's command chief.

I'm speechless!"

Air Force Academy from U.S. Air Forces servicemember of the year award and

I really appreciate this. This is ... wow. in Europe. While he was stationed with USAFE's Lance P. Sijan award. He was USAFE, he received multiple awards, Sergeant Ward recently came to the including U.S. European Command's

USAFE's Raven Program manager, supporting 448 missions and more than

See STEP, Page 3

# Vandenberg Hall boasts new facelift

By Ann Patton

Academy Spirit staff

With a half-century of wear and tear under its belt, Vandenberg Hall is now receiving some much-needed renovations.

Before the upgrades, the cadet dormitories in the east side of Vandenberg Hall were "dismal" and a "draft trap," said Lt. Col. Justin Davey, 10th Civil Engineer Squadron

The nine-phase project began with upgrades to mechanical systems and infrastructure in Phase 1. Phase 2 was the first to include renovation of rooms and common areas on all levels in Vandenberg Tower. Construction on that phase finished at the end of 2009, in time for Cadet Squadrons 02, 04, 06 and 08 to move in after winter break.

"The old windows were more like screens," said Cadet 4th Class Daniel Gregory from CS-04. "I definitely felt a breeze sitting at my old desk."

His roommate, Cadet 4th Class Lee Bussey, said he was also pleased with the renovation.

"I like it. The windows don't rattle, and they're

Rusty Meyer, the Cadet Wing deputy director for training support, said the lack of insulated windows was the biggest issue.

"The windows didn't fill the space very well," he said and noted that sometimes as much as two or three inches of snow would pile up on window sills. The windows rattled on windy days, and noises from the outside also penetrated the windows.

the 224 bedrooms went smoothly, and the rooms are striked each cadet, bed, desk and chair as well as two lounge chairs ingly light, warm and fresh.

"They are more or less brand new rooms," he said. Phase two renovations began in January last year at

a cost of \$24.4 million. The infrastructure redevelopment firm Weston Solutions Inc. served as the primary contractor.

Renovations included replacements of all curtain walls, heating systems piping, radiators and control, domestic water pipes and drains, building substations and electrical risers. Bathrooms were upgraded with

new fixtures and tiles and improved ventilation and lighting. Rooms saw improvements in lighting, individual temperature controls and communications lines needed for modern electronics.

Hallway ceilings were lowered to allow for renovated fire suppression systems, and doors and interior wood work were refinished.

Phase 2 represented 107,851 square feet of building space, including rooms, halls and bathrooms.

Dorm rooms measure about 12 feet by 14 feet. Dorm manager Carey Bonnin said the move into Double occupancy rooms include a set of drawers for and a small table. In three-occupant rooms, two of the beds are stacked as bunk beds, and the rooms do not have the lounge chairs and small table. All rooms contain closets and static vanities with sinks.

> Jim Rosa, cadet services director with the 10th CES, said moving furniture and personal goods around to accommodate construction was a challenge in the beginning but those involved in the move now have a clearer idea of what needs to be done in future phases.

> > See VANDENBERG, Page 3

### WEEKEND WEATHER SATURDAY 37 15 SUNDAY 17

#### **Energy Conservation**

A mechanical engineer wins an Air Force award for leading the Academy's energy efforts.

Page 5

#### Downrange

An Academy officer helps train future Iraqi air force leaders.

Page 6

#### Year in Review

See five of the Air Force Academy's top stories of 2009.

Pages 10-11

Reflective wear is critical for exercising pedestrians See the Jan. 15 Academy Spirit for more on personal safety practices

# **Privatized housing:**

### A great decision for USAFA

By Col. Timothy Ferguson 10th Mission Support Group commander

USAFA's conversion to privatized housing is widely known. What some may not know is this effort is Air Force wide and means a significant change in the way we build, manage, and fund our housing communities. Housing privatization brings several very good things to the table, that without our corporate partners, we could not have otherwise afforded as a military service. These include new houses and existing home renovations.

At USAFA, we partnered with Hunt Construction to build and remodel our homes, and ForestCity Residential Management to direct day-to-day housing operations, manage who goes in and out of our homes, and provide all housing maintenance. While these new relationships are not without some growing pains, USAFA has matured in its relationship with our partners and we are moving forward to provide unsurpassed customer service to our entire USAFA Family. We also provide some of the best homes anywhere, on any base in the United States and across the world. This is a partnership where the leadership of the 10th Air Base Wing, Hunt Construction and ForestCity Residential Management are committed to each other and to the families who live in our homes. It is a strong partnership and we are in step to continue improving our community and setting the highest standards for our residents and ourselves.

As far as new and renovated homes are concerned, all over the Air Force, old homes are being torn down and new

This (\$91 million) is money the Air Force did not have to spend and allowed us to reprioritize and spend dollars elsewhere to improve dormitories, child care centers and numerous other family-oriented activities."

ones are being built in their place. These houses represent a significant investment for the contractors building them, the residential management firms overseeing the communities, and to the Air Force. Here at USAFA we have torn down 262 homes to date, and we also have 549 more scheduled for demolition over the next three years, concluding with all homes in Pine Valley being demolished by the end of FY13. In their place we have built 34 new homes and remodeled 300 homes, all in Douglass Valley. Also turned over to the residential management team of ForestCity were 92 MILCON homes that were built in 2004. The investment of money in USAFA alone is \$91million over the life of the 50-year project. This is money the Air Force, and the United States as a whole, did not have to spend and allowed us to reprioritize and spend dollars elsewhere to improve dormitories, child care centers and numerous other family-oriented activities.

When all is complete at USAFA in late FY13, there will be 427 homes remaining, all new or renovated. It also means our community expands in its cultural diversity. Previously, Air Force housing developments were almost exclusively the domain of Air Force members and their families. Now our base becomes home to Army, Navy, and Marine Corps families too. It also

expands to our DoD civilians, contractors, and even a small number of military retirees and civilians.

Even though we have new homes and a changing community culture, the standards we expect in our communities have not changed. When the Air Force managed our housing units, there was an expectation that all residents would maintain their houses, yards, and common areas to a standard that makes the Air Force proud and sets an example for all who come onto our installation. The U.S. Air Force Academy, being a national historic treasure, sets an even higher standard. This is a one of a kind installation, and both Air Force Academy leadership and ForestCity understand that fact and want to show our families and those who visit USAFA we have great housing that conforms to the highest standards.

Our expectations for the residents who now occupy our houses are no different than those of any upscale neighborhood in Colorado Springs, or any other neighborhood in any city in America. We expect houses to be well maintained, inside and out. We expect yards to be clean. We expect pets to be leashed and taken care of. In short, we expect the outstanding appearance USAFA is known for and we will continue to uphold that high standard in our community.

To responsibly inform and educate the Academy community and the public about the Air Force Academy Lt. Gen. Mike Gould Academy Superintendent Capt. Corinna Jones Deputy Director of Public Affairs Staff Sgt. Don Branum NCOIC of Internal Information donald.branum@usafa.af.mil Ken Carter — Editor kenneth.carter@usafa.af.mil **Butch Wehry** — Senior Staff Writer whalen.wehry@usafa.af.mil Ann Patton — Staff Writer

The Academy Spirit is published by Colorado Springs Military Newspaper Group, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the U.S. Air Force Academy. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Academy Spirit are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

elizabeth.patton.ctr@usafa.af.mil Denise Navoy — Graphic Designer

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force, or Colorado Springs Military Newspaper Group, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. The printer reserves the right to reject any advertisements.

Editorial content is edited, prepared and provided by the U.S. Air Force Academy Directorate of Public Affairs. The editor reserves the right to edit articles to conform to Air Force policy and Associated Press style. All photos are U.S. Air Force photos unless otherwise indicated.

#### **Submissions**

Send submissions to: HQ USAFA/PAI, 2304 Cadet Drive, Suite 3100, U.S. Air Force Academy, CO 80840-5016 or deliver to Suite 3100 in Harmon Hall.

Deadline for free classified ads on a spaceavailable basis is noon every Tuesday for that week's publication date. Paid classified advertising is accepted by the publisher at 329-5236. The number to call for display advertising is 634-5905.

Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the Academy Spirit editor at 333-8823.

The Academy Spirit also accepts story submissions by fax at 333-4094 or by e-mail: pa.newspaper@ usafa.af.mil.



### First and Always

By Tech Sgt. William Garringer, Superintendent, Honor Remediation

With finals approaching at the Academy recently, I was reminded of an article I'd read a few months back. entitled Cheaterpants, by Martha Brockenbrough.

In it were statistics stating that cheating occurs at high schools and colleges by 60 to 70 percent of the students (depending on which survey report you use). The article does address how cheating is gaining an unfair advantage, but what I found disturbing was the brief discussion on how clever the cheaters had become. The author notes that there is good news about cheating. This is derived from the creative ways technology was

being used to help cheaters save time and lighten their burden. An example used was how mankind had invented various modes of transportation to cover ground faster, rather than walking everywhere. While I am all for competitions and advances in our society, we could be more concerned with the integrity of our society.

When we allow the opportunity to cut corners or compromise to advance our own desired outcomes, it selfishly undermines our core principles of Service Before Self, Excellence In All We Do and directly opposes Integrity First. No clever trick or creative method to gain a short-term advantage will ever replace honorable living.

"Communication as we know it

will change for the better on the

virtue in the cheating student's cunning - as misguided as this might be - the cheater is still a cheat. Those character flaws won't stay exclusive to academic work they will be repeated somewhere and sometime and the cost could be extraordinarily high – a price we cannot afford. I would much rather serve alongside a service member who may not have accomplished all A's, but is complete in the integrity and has solid morals and values.

These words may not always be easy; however, they are always right and tell us how we should live our lives

I am sure the author was trying to find some Tune into KAFA, 97.7 FM for Character Matters, Wednesdays at 8 a.m. and 8 p.m. Also on iTunes or www.usafa.org.

### What will the Air Force be like in 20 years?

battlefield."

"[I think] There will be no piloted aircraft. There will be robotics and vehicles fueled by water."

Senior Master Sgt. Wayne Terry 137th Space

Warning Squadron



"I feel the Air Force will be more efficient with resources and incorporate more technologies in combat and peacetime operations."

Capt. Anthony Mariapain 98th Flying Training Squadron



"I think that in 20 years there will be much more hands-off. The Air Force is leaning toward more (unmanned aircraft), but hopefully, they keep pilots

in airplanes."

Cadet 3rd Class Trevor Spiro Cadet Squadron 20



Elaine Perkins Fire Station 2



Cadet 4th Class Lee Bussey pulls personal belongings out of a trunk in his new dormitory in the Academy's Vandenberg Hall Monday. Cadet Bussey and his roommates, Cadets 4th Class Daniel Gregory and David Dunkel, are among approximately 450 cadets from Cadet Squadrons 02, 04, 06 and 08 who recently moved into renovated dorms in Vandenberg Hall.

### Vandenberg \_\_\_\_\_

From Page I

Phase 3 includes 210 cadet rooms in the sectionwest of the Phase 2 construction area.

Mr. Rosa praised the contractor for keeping cadet safety in mind with, for example, a protective arch structure in the construction zone which leads into the post office area.

Colonel Davey said in the early planning stages to renovate Vandenberg Hall, thoughts were given to somewhat of a band-aid approach to improvements, which were abandoned as 10th CES uncovered major mechanical problems.

Mr. Meyer said resolving those problems required tearing into walls for such projects as lowering ceilings for fire suppression.

"They did it the right way by going into the infrastructure system," he said.

A major consideration in the renovation project was preserving the architectural integrity of the building while making badly needed repairs and upgrades. The Academy is on the National Register of Historic Places and subject to statutory guidelines managed by the State Historic Preservation Officer in Denver.

Plans call for six-month time periods each for the remaining construction phases as funding permits.

"We're looking forward to having all nine phases done," Mr. Rosa said.

### Step\_

From Page I

1,000 days deployed to keep Air Force and Defense Department assets safe and secure.

"You've done some great things here as a senior NCO even before you were wearing the stripe," Chief Salzman

Sergeant Ward left the security forces career field to become an AMT at the Academy. Since arriving here, he spent 40 hours preparing, training and evaluating an 80-cadet cadre for Basic Cadet Training. He also evaluated squadron training plans and guided CS-04's leadership to an "excellent" rating in a cadet operational readiness inspection.

"The enlisted corps is a very important piece (of the Air Force), and coming to the Air Force Academy enlightened me on how important that piece is," Sergeant Ward said. "I enjoy it. I go home and talk to my wife about all the things that I've learned, because the cadets teach me as well as I hope I'm teaching them."

After hours, Sergeant Ward has volunteered for Airmen Against Drunken Driving, the Denver Fisher House and other local organizations, and he maintained a 3.8 grade-point average while taking 17 semester hours in 15 months.

"Your (nomination) package stood out," Chief Salzman said. "Sometimes the nominees' accomplishments jump right off the packages, and yours jumped right off. I'm very proud to be a part of this and giving you the master sergeant stripes."

Sergeant Ward has a Community College of the Air Force degree in criminal justice. He received the commandant's award while attending his NCO Academy professional military education. The senior NCO has been in the Air Force for about 17 years, including almost five years as a technical sergeant.

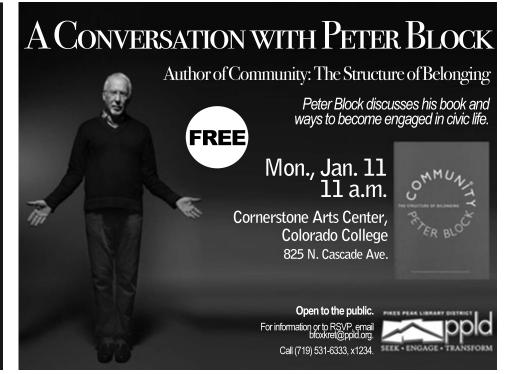
"Now all you've got to do is start working for senior master sergeant and you're well on your way," Chief Salzman said.



### Practice makes perfect

Freshmen cadets practice rifle drill and ceremony during Cadet Honor Guard practice on the Academy's Honor Court Monday. The Cadet Honor Guard comprises approximately 70 cadets split into three flights: a rifle drill flight, a sabre drill flight and a details flight.





ACADEMY SPIRIT

January 8, 2010



### Firefighters get new gear for holidays Air Force Academy deputy fire chief Ken Helgerson accepts a gift of

firefighting equipment from Academy Superintendent Lt. Gen. Mike Gould at one of the Academy fire stations Dec. 22. Mr. Helgerson was one member of the Academy's world-champion over-40 relay team at World Firefighter Combat Challenge XVIII, which was held in Las Vegas Nov. 16-20. General Gould also presented gear to other 10th Civil Engineer Squadron firefighters and to the Colorado Springs Fire Department's Stacey Billapando.

### AF officials issue notice of intent for F-35 basing

LANGLEY AIR FORCE BASE, Va. (AFNS) — Air Force officials here published the notice of intent in the Federal Register Dec. 30 to prepare an environmental impact statement to assess the potential environmental impacts of a proposal to establish operational F-35 Lightning II aircraft at one or more existing Air Force and Air National Guard installations within the continental United States.

The F-35, the Air Force variant of the joint strike fighter, is the next generation, stealth air-to-ground fighter, designed to complement the F-22 Raptor and replace aging and legacy aircraft.

The proposed basing alternatives include Mountain Home Air Force Base, Idaho; Hill AFB, Utah; Burlington Air Guard Station, Vt.; Shaw AFB/McEntire Joint National Guard Base, S.C.; and Jacksonville AGS, Fla. The environmental impact analysis will examine the issues relating to land use, airspace and safety, air and water quality, noise, socioeconomics, biological and cultural resources, and cumulative actions.

Air Force officials expect to complete the environmental impact analysis process in about one year and public involvement Littleton, N.H.; and Watertown, N.Y. is an essential part of this process.

Public scoping meetings will be held in an open house format starting Monday from 6 to 8 p.m. Air Force representatives will provide information on the proposal, Park, Lake Wales and Palatka, Fla.

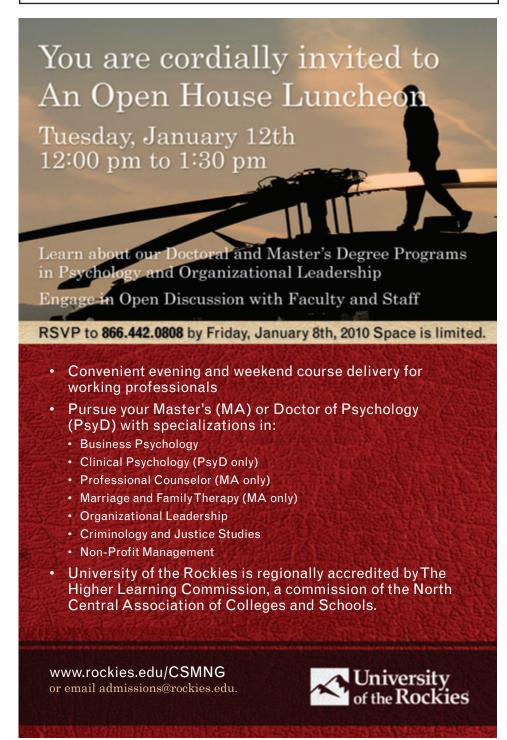


An F-35 Lightning II joint strike fighter takes off from a Lockheed Martin facility in Fort Worth, Texas, for an initial flight as part of system development testing.

answer any questions the public might have, and receive comments on any issues or concerns regarding the proposal. Exact dates and locations for these meetings will be published in local newspapers the week prior.

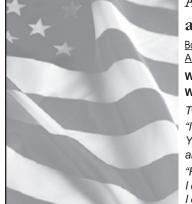
The schedule of public scoping meetings is as follows:

- Monday Thursday Grand View, Twin Falls, Boise and Mountain Home, Idaho
- Jan. 19 to 22 Ogden, Layton and Callao, Utah; and Wendover, Nev.
- Jan. 25 to 28 Winooski, Vt.;
- Feb. 1 to 4 Sumter, Eastover and Kingstree, S.C.; as well as Augusta and Brunswick, Ga.
- Feb. 8 to 12 Jacksonville, Avon





### ACADEMY ALLERGY, ASTHMA, AND SINUS CENTER "You Serve Our Country. We Will Serve You!"



#### Ashok Rambhai Patel, MD and Scott Pace, MD

Both Trained at National Jewish Hospital and Board-Certified Allergists Appointments immediately available

#### WE ARE NOW ACCEPTING NEW PATIENTS WE WELCOME ALL PRIVATE INSURANCES & TRICARE

Two of many compliments we have received from our patients: "I thank you very much for taking care of me during my illness. You are indeed a healer for people with sickness due to allergies, asthmas or any upper respiratory problems."

"For 20 years I have struggled with extended bouts of coughing. I consulted you....after using the medications you prescribed, I cough very little and breathe so much more easily."

3116 N. Elizabeth Street **Pueblo, CO 81008** (719) 542-7222

3220 N. Academy, Suite 2 Colorado Springs, CO (719) 637-1222

www.mvbestallergist.com

5

## Academy engineer lauded for energy conservation

**By Ann Patton**Academy Spirit staff

A mechanical engineer with the 10th Civil Engineer Squadron here has taken the top spot in outstanding individual performance for the annual Air Force Energy Conservation Awards.

"It came totally out of the blue," said Russell Hume, who received notification that he had won the award via e-mail while on leave during the winter break.

"He was a clear choice," said Lt. Col. Jace Davey, 10th CES commander. "He works very well with both the engineers and the cadets."

A 12-year veteran of the 10th CES, Mr. Hume was dubbed "energy czar" last year by retired Academy Superintendent Lt. Gen. John Regni.

The husband and father of two youngsters said he was "very pleased" about the award — but also a little embarrassed.

"Many have done good work, some as long as 20 years in the trenches, and they never lack for ingenuity or initiative," he said.

He also credited the 10th CES and 10th Air Base Wing for supporting his work on the Academy in terms of both commitment and involvement.

"It's great when you have commitment, but it's better when individuals are involved," he said.

Mr. Hume stressed that energy is but one component of his work on the Academy, which also includes building projects to compete for funding at the Air Force level and competing within the Academy to develop and execute projects.

Among the projects he has been involved with are renovations of Vandenberg, Mitchell and Fairchild halls, revamping the 10th Medical Group's Urgent Care Clinic and overseeing projects involving housing privatization.

He also serves as technical adviser to Academy contractor CH2M Hill on compliance issues and is involved with the Academy's selection as the Air Force's Net-Zero installation by the Department of Defense. The project is intended to serve as a template for energy planning and management for other military installations in the future.

Cadets benefit from Mr. Hume's expertise in such



Photo by Ann Patton

Russell Hume delves into plans for the Cadet Character and Leadership Center, slated for construction beginning in 2011. Mr. Hume, a mechanical engineer with the Air Force Academy's 10th Civil Engineer Squadron, received a 2009 Air Force Energy Conservation Award for his efforts in moving the Academy toward fossil fuel independence by 2015.

projects as developing the curriculum for the Civil Engineering Department's sustainability project for six cadets. He said cadets appreciated the course for its bridge to understanding real-world experiences.

No day appears to be the same as another for Mr. Hume.

"I may spend six minutes on one project, then spend six minutes on another project," he said of the variety of his work, which he seems to relish.

"It's the diversity I like," he said.

On energy conservation, the University of Wyoming graduate spoke frankly.

"Energy-efficient things are more costly," he said. For example, energy-efficient fluorescent light bulbs are more expensive than conventional bulbs but also save money and energy in the long run. The issue of return on investments for energy efficiency remains a very sensitive issue.

"The return on investments is not there sometimes,"

he said. "The ends need to justify the means."

Mr. Hume said the Academy's solar array, which is anticipated to begin operating this year, was a wise move.

"Solar (energy) makes sense," he said, especially considering funding support from the American Recovery and Reinvestment Act of 2009, tax incentives and the capacity to market renewable energy certificates.

On energy conservation, Mr. Hume wants those who work on the Academy to be mindful of and cut down on even small drains on energy, such as leaving on computer monitors when not in use and heavy use of space heaters.

"We want them to have that mindset," he said.

Mr. Hume began his engineering career by surveying missile silos at F.E. Warren Air Force Base, Wyo., and an internship at Mountain Home AFB, Idaho, before coming to the Academy. He has no particular pet projects.

"I try to treat every project the same way," he said. "We give the best we can to all of them."

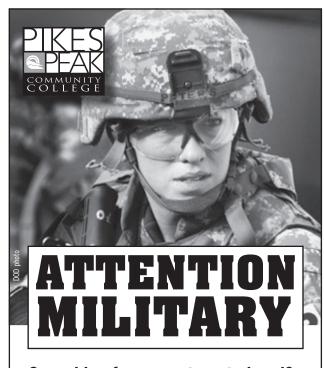




You're missing out on reaching over 70,000 active, retired and DOD employees and high-level business executives.



Call now for rates and info (719) 329-5236 Or email: classifieds@csmng.com



Searching for a way to get ahead? Look no further. You can get college credit for your Military training and experience.

Whether you are Permanent or TDY Military, you and your dependents qualify for in-state tuition. Financial Aid Available.

Ask about the exciting new Post 9/11 GI Bill benefits! Enroll Today – Spring Classes Begin January 20

Find out more at PPCC.EDU/Military PPCC Military Programs 719.502.4100

# AFA officer helps develop Iraqi air force

By Butch Wehry Academy Spirit staff

Early this month the fledgling Iraqi air force is shutting down at Rustamiyah and will relocate to its new permanent location at Tikrit.

Lt. Col. David Keller, chief of the Iraqi air force officers program, will move with them.

"I oversee a team of U.S. advisers who work alongside their Iraqi air force staff counterparts to train and develop officers for the growing Iraqi Air Force," said the Academy commandant's issues team director who is the senior U.S. advisor to the Iraqi Air Force.

Rustamiyah's U.S. team worked alongside a NATO team to develop then Iraqi army academy and joint staff college.

"My team interacts regularly with forces from other coalition nations to include the England, Poland, Italy, Bulgaria and Lithuania," said the 1990 Academy graduate from Houston, who was in Saudi Arabia supporting southern "no-fly" zones in the early 1990s. "This is an added bonus for our deployed experience because we get to learn their experiences as well as develop a better appreciation for other cultures, procedures and

This month, Rustamiyah will graduate and

commission 247 young men into the Iraqi air force and the schoolhouse there will be officially closed.

"The remainder of my employment will be to assist in the transition to Tikrit," he said. "I will assist the Iraqi air force in shaping and developmental three-year curriculum for the new academy. The first class arrives in May."

A favorite aspect to his Iraq mission is interacting with the Iraqi people.

"I live on an Iraqi army base and work side-byside daily with Iraqi air force officers here," he said. "The staff and students have a strong desire to improve their country. There is an intense national pride that is energizing to be around."

The lessons taught at the U.S. Air Force Academy about dignity and respect for others are being confirmed daily, he said.

"One of our major points of emphasis is learning and appreciating the culture and people of Iraq," Colonel Keller said. "These Iraqi officers and cadets assume great personal risk each day as they strive to restore military capabilities and pride. Iraq is still a dangerous place, and they are often targets. We are learning from them just like they are learning from us, and making some new friends along the way."





Lt. Col. David Keller presents an award to a distinguished Iraqi air force graduate. Colonel Keller, the chief of the Iraq air force's officers program is deployed from the Academy.

### Vaccines remain most effective defense

Tricare beneficiaries can now receive select vaccines with no out-of-pocket expense at retail pharmacies.

For the first time, beneficiaries can visit Tricare retail network pharmacies to receive seasonal flu, H1N1 flu and pneumonia vaccines at no cost. This expanded coverage is available to all Tricare beneficiaries eligible to use the Tricare retail pharmacy benefit.

Other vaccines still must be administered in a doctor's office or authorized convenience clinic to be fully covered by Tricare's preventive health services cost-share waiver.

"Vaccines are the most effective defense against the seasonal and H1N1 flu and pneumonia," said Rear Adm. Thomas McGinnis, Tricare's chief pharmacy officer. "We hope this new, convenient and affordable option encourages Tricare beneficiaries to get At the Academy ... their vaccinations."

To receive the vaccines, beneficiaries can call their local Tricare retail network pharmacy to make sure it participates in the vaccine program and has the vaccine in stock. To locate a participating retail network pharmacy, go to www.expressscripts. com/Tricare or call Express Scripts at 877-363-1303.

The 10th Medical Group is offering the H1N1 influenza vaccine to all military, beneficiaries and civilians to include contractors. Per Air Force guidelines, all active duty members are required to receive the H1N1 and seasonal flu shots. For more information on H1N1 Influenza, visit: www.af.mil/h1n1/.

# ork n fork

To advertise in Cork 'n Fork please call 719-329-5236 Rates are \$35 per week with a 13 time commitment.

Reach 110,000 readers weekly, other discounts are available ask your representative when you call

### **BAKERY**



Take-n-Bake Pizza, Kolaches, Breads, Pastries, award winning Cinnamon Rolls, & more. The Business Box is a sampling at a discount. Customized, great tasting CAKES. 10% MILITARY DISCOUNT on Wednesdays. www.altitudesweets.com

#### **BBQ CAJUN**



**Nawlins** 3317 Cinema Point (at the IMAX on Powers and N Carefree) 571-9777

10% Military Discount. 20% Military Discount on Wednesdays! Happy Hour \$2 drink specials on beer, wine, margaritas & hurricanes 2-7 pm. \$4.95 express lunch til 4 M-F. Football in HD & live music weekends! Tasty bbg, seafood, cajun & creole including exotic

#### DOWNTOWN DINING

THE WAREHOUSE

The Warehouse Restaurant and Gallery 25 W. Cimarron St (2 Blocks East of I-25 on Exit 141) 719.475.8880 www.thewarehouserestaurant.com Experience upscale vet casual Contemporary Colorado Cuisine in a turn-of-the-century warehouse turned restaurant and art gallery. Gallery available for events. Happy Hour Mon.-Fri. 4:00 to 7:00 \$2 drafts, half off all martinis and bar appetizers! All members of the military dining in the restaurant receive a 10% discount on all regular-priced menu items.

#### **GERMAN**



Schnitzel Fritz 4037 Tutt Blvd., Colorado Springs TEL. 719-573-2000 Mon-Sat 10am-7pm www.schnitzelfritz.com (1 block South of Sky Sox Stadium)

\*Bringing the BEST of Germany to COLORADO\* Authentic German Food. All NATURAL & FRESH Wiener-, Jaeger-, Rahm-Zugeuner-, Holsteiner-, or Zwiebelschnitzel. Bratwurst, Knackwurst, Weisswurst, Sauerkraut, Red Cabbage, Spaetzle, Fried Potatoes. Potato-, Cucumber-, Tomato- or Bean Salads. Enjoy our Daily "Stammessem" (Specials) Sauerbraten, Gulasch, and more

#### **ITALIAN**

**BAMBINOS** Italian Eatery &

Catering Co.

Catering Co 2849 E. Platte Ave. Colorado Springs, CO 80909 www.bambinospizza.com

Bambinos Italian Eatery &

Open 7 days a week. Centrally located on the SE corner of Circle and Platte. Serving pizza, calzones, pasta, salad bar and sandwiches. All you can eat Italian buffet every day and Wednesday and Sunday evenings. Monday and Tuesday, kids under 11 eat free + make your own pizza. Private banquet room available that fits 90, great for Hail and Farewell. Monday is Military Discount Day, 20% off food ticket. Family owned and Operated for 31 years.

#### MIDDLE EASTERN



Taste of Jerusalem Café 15 F Bijou (Downtown) Colorado Springs CO 80903 719-477-1777 www.tasteofjerusalemcafe.com

Buy any combo get the

We carry a full selection of authentic middle eastern food from appetizers to dessert. Healthy vegetarian, melt in your mouth Shawarma, falafel, hummus, babaganooj, tabouleh, variety of baklava, Hot middle eastern tea, Turkish coffee and many other delicious foods are available for take-out or to eat in. Come see our Belly Dancers Friday nights 6-8:30pm. Visit next door, Hookah King now open. Free downtown delivery. 15% discount with military I.D.

### Reach 110,000 readers weekly

#### THAI



Lanna Thai 8810 N Union Blvd Colorado Springs, CO 80920 Union and Research next to Albertsons 719-282-0474

NEW in the Briargate area and soon to be voted the "Best Thai in Colorado Springs" All dishes prepared with the freshest ingredients. Try the famous "Pad Thai" or "Pa-nang curry". Serving lunch and dinners Monday - Saturday.

# 10th MDG officer helps hospital care for families

By Senior Airman Evelyn Chavez Combined Joint Task Force-82 Public Affairs

PAKTYA PROVINCE,

Afghanistan (AFNS) — Afghanistan National Security Forces and their family members are entitled to free military health care throughout the country, but families don't often use the service because they are unaware of it or are not near a military facility.

The Medical Embedded Training Team at Forward Operating Base Lightning is trying to help the staff of the Paktya Regional Military Hospital, a 50-bed inpatient facility, raise awareness of the resource. Of the hospital's hundreds of daily outpatients, only a few are family members.

The goal of the program, named Women and Children's Clinic, is to provide ANSF family members with medication, prescriptions, immunizations and health education. FOB Lightning's Medical ETT assisted with the availability of medication, consultation and educational materials.

"We are hoping it is an all (Afghan National Army) operation, Afghans taking care of Afghans," said Capt. Tess Marcial, a logistics and patient administrator deployed from the 10th



Medical Group at the Air Force Academy. "We offer suggestions and provide materials, but the patients need to trust and gain confidence in the medical professionals available to them."

Three months of preparation by both Paktya Regional Military Hospital staff and U.S. Medical ETT consisted of facilitating entrance of female dependents onto the base, identifying the program as a priority and getting the information out to key leaders, supplying medication and hygienic products, and preparing an examination room with a private entrance.

The clinic is primarily directed by the Poly Clinic, which consists of three physicians whose backgrounds are treating women and children. These physicians emphasize that although the Women's and Children's Clinic has a set day and time, care for families will continue to be available whenever it is needed. They offer medical examination, review and dispensing of immunizations, hygiene



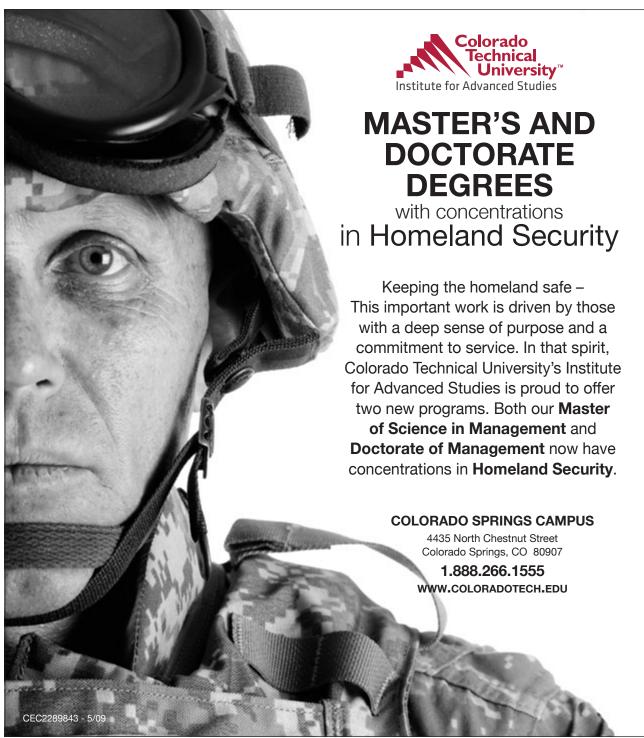
Capt. Tess Marcial hands a toy animal and candies to an Afghan child visiting the Paktya Regional Military Hospital Dec. 14, at Paktya Province, Afghanistan. The program member's goal is to provide Afghan National Security Forces families with medication, prescriptions, immunizations and health education. Captain Marcial is a logistics and patient administrator.

education and prescriptions which include prenatal vitamins, children's vitamins, stomach medications, birth control pills and other over the counter medications.

"Most families don't know that these services are offered here in the

Paktya community," Captain Marcial said. "My hope for this program is that families will become aware of this benefit as an entitlement and get the feeling there is an extended military family here to meet their medical needs."







Gift Certificates Available Performance Exhaust **Trailer Hitches & Wiring** Computerized Wheel Alignment Truck Accessories



Se Habla Español



Hours: M-F 8-5 • Sat 8-1

1207 S. Nevada Ave.

3930 Galley Road

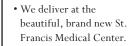
719-471-3800

719-638-4580

www.discountexhaustworks.com

#### FRONT RANGE OBSTETRICS & GYNECOLOGY

C. Scott Russell, MD FACOG



- We gladly accept TriCare. We have convenient
- Tuesday evening and Saturday morning hours.



6160 Tutt Boulevard, Suite 270 • Colorado Springs, CO 80923 Phone: (719)599-4692 • Fax: (719) 260-6250

www.frontrangeobgyn.com • E-mail: frontrangeobgyn@q.com



uniforms are on the front lines of our war on terrorism. In wars past, a Blue Star Banner in the window of a home showed a family's

Every neighborhood has someone serving in the current war on terrorism. As we steel ourselves for a long and difficult war, the sight of the Blue Star Banner in homes will remind

From the more than 4 millio men and women of The American Legion, the American Legion Auxiliary, the Sons of The American Legion ... and all your fellow



#### ASHFORD UNIVERSITY SERVES AIRFORCE STUDENTS ANYWHERE IN THE WORLD

EARN YOUR ONLINE ASSOCIATE'S, BACHELOR'S, OR MASTER'S DEGREE

- · Your military training counts. Transfer up to 99 previously earned credits from prior college/work experiences.
- Your Ashford Military Tuition Grant covers all required books and you pay only \$250 a credit.
- Only 5-6 week courses taken one at a time, so you can earn your degree without disrupting your life.
- · Your application and technology fees are completely waived.
- · Learn more regarding all of the distinct benefits available to the military community.



VISIT US ONLINE TODAY! Military. Ashford. edu/Spirit

**CALL TOLL FREE!** 888.373.4018



SHFORD

ACCREDITED BY THE HIGHER LEARNING COMMISSION (NCAHLC.ORG)



Whether you crave a "Smothered dog" or seek a spot for a romantic rendevous, check out our new

Jork*iv F*ork guide just before the classifieds.

special discounts!

Play our "Bite Me" trivia contest

for a chance to win a

tandoori? • thirsty for margaritas?

for eggrolls? • tantalzing



pizza? • praying for pastry? • craving for fondue? • famished for crab cakes • jonesing for java? • starving for

Check out our new section in the classifieds. Find the "Bite Me" trivia question and email the correct answer to classifed@csmng.com for your chance to win our bi-weekly drawing.

continuation of the property o



## Collegiate parachuting championships wrap up

By John Van Winkle Academy Public Affairs

ROSHARON, Texas - An Air Force Academy senior cadet became the nation's top collegiate parachutist over the holiday break, and gave up a scholarship in the process.

Cadet 1st Class Alicia Bouges of Cadet Squadron 33 and the Wings of Blue earned the most competitive collegiate competitor medal at the U.S. Parachuting Assocation's 2009 U.S. National Collegiate Parachuting Championships, Dec. 28-Jan. 2.

Fighting high winds, low clouds and rain to the bitter end, Cadet Bouges was one of 103 college students from around the nation who wrapped up the collegiate nationals Jan. 2, the final day of scheduled competition. It's the first time in recent memory that the meet went the full five days and competitive jousting for medals went down to the wire, according to the U.S. Parachuting Association.

Cadet Bouges was the team captain for the Air Force Groove team, which helped her earn the most competitive collegiate competitor medal and Istel Scholarship, which bestows \$500 to be used for education. Because the cadet attends a military service academy, USPA won't allow her to accept a scholarship for educational purposes, since her education is paid for by the Air Force.

"So giving it up wasn't really a choice, but I did choose who to give it to," Cadet Bouges. "I chose Virginia Tech Skydiving Club because I admire the dedication and hard work of the VT four way that won gold — the team that beat my four way — in the open

Cadets aren't exactly swimming in cash, but they don't have any out-ofpocket expenses when it comes to parachuting for the Academy. Yet Cadet Bouges understands the additional resources traditional college students must devote in order to become a competitive parachutist.

"I am often running out of money as is, and my skydiving and training is paid for. I can't imagine being a civilian student and supporting such a successful skydiving career they've had with so much time, energy, and money," she said. "I hope that the money will be used to introduce new people into the sport or to help train a new four-way."

Cadet Bouges is now in her final semester at the Academy. The behavioral sciences major hails from Lincoln, Neb., and will go on to a career as an airfield operations officer after she graduates in May.

Until then, she's still got many more jumps ahead of her with the Wings of Blue.

Members of the Wings of Blue competed in all seven categories at the collegiate nationals. The categories focus on either mid-air formations by teams of two, four or six parachutists while in free-fall, or on landing accuracy for individuals or teams.

With status and medals at stake in seven disciplines and the majority of skydivers coming from three military academies - Air Force, Navy, and West Point—it was expected they would do pretty well, which they did. But the competition was not completely dominated by the military—Virginia Tech's four-way formation skydiving team, bested the rest by a large margin, and Jeremy Foster and Cody Edgeworth, from the University of Houston and University of Chicago, took home the gold in two-way formation. The sport accuracy first place novice winner was Brad Carrender from Kansas State.

The Wings of Blue earned gold and silver medals in the team classic accuracy event. The accuracy is measured by how close to the center of the target the parachutist lands, with combined distances determining a team's final accuracy rankings. The Air Force Lawn Darts team of Cadets 2nd Class Joshua LeMair, Kyle Yohe, Alexander Meyer and Eric Wallace took the gold, and the Air Force Groovy Tap-A-Tune team of Cadets 1st Class Bouges, Ryan Martelly, Lauren Franks and Chris Yuen took the silver. The Wings of Blue Air Force Epic Ace team of Cadets 1st Class Joseph Brundidge, Steven Azab, Cameron Rochelle and Justin North



Cadet 2nd Class Rob Hemker of the Wings of Blue slows his landing during the sport accuracy event in Rosharon, Texas, Dec. 29.

came in fifth.

In the four-way formation advanced category, the Wings of Blue took first and third places, while West Point took second place. Both academies tied for fourth place. The Wings of Blue's gold-medal team was Air Force Impulse, comprised of Cadets Meyer, LeMair, Wallace and Yohe, and their bronze-medal team was the Air Force Eminence team of Cadets 2nd Class Michael Walker, Jesse Galt, Nolan Sweeney and Kyle Tomaszewski. Tying for fourth place with West Point was the Air Force Vendetta team of Cadets 1st Class Joshua Thomson and Robert

Winchester, and Cadets 2nd Class Krystal Sweitzer and Whitney Gremillion.

In the six-way speed category, the Wings of Blue took first and second places. Earning the gold medal was the Air Force Silver team of Cadets Meyer, LeMair, Franks, Walker, Wallace and Yohe. Winning the silver was the Air Force Bliss team of Cadets North, Yuen, Bouges, Brundidge, Rochelle and Martelly.

In the four-way formation open category, Virginia Tech took first place, followed by the Air Force Groove team of Cadets Bouges, Martelly, Franks and Yuen.



Specialized treatment planning for all ages Treatment under conscious sedation and general-anesthesia Digital radiography for pinpoint treatment plans and reduced radiation exposure Parents can stay with children during treatment Delta Dental, Tri Care Dental, United Concordia, Cigna and Care Credit plans accepted

Healthy Smiles are Beary Special



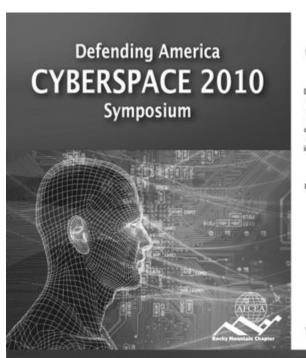


🐧 Jeff Kahl, DDS 🚰 Derek Kirkham, DDS

> Committed to vour children's oral health!

Welcoming New Patients

9480 Briar Village Point, Suite 301 • (719) 522-0123



#### January 12 - 14, 2010 Colorado Springs, Colorado

Defending America, CYBERSPACE 2010 (formerly Defending America/Space Comm) is THE venue where you will hear first-hand about the critical cyberspace issues facing our country. The three day agenda will focus on the "Blueprint for Cyber Integration," drawing speakers and participants in government and industry leadership positions from intelligence, Air Force Space, Service C4 leaders, Homeland Defense and Security Operations and Army Space. Participate in panel discussions covering current

Cyberspace support for the warfighter.

Preview state-of-the-art capabilities at ndustry and government exhibits.

Defending America/CYBERSPACE 2010 will Colorado Springs.

For complete information about registration, exhibiting, sponsorship and more, visit our web site.



FEATURE ACADEMY SPIRIT

### In Review: 2009

By Staff Sgt. Don Branum Academy Public Affairs

Below are the Academy Spirit's picks for the top five stories of 2009:

#### 5. THE YEAR IN SPORTS

The year saw outstanding performances from the hockey, football and men's basketball teams. In basketball, the Falcons made it to the won their first Mountain West Conference tournament game in the team's history but ended up losing to top-seeded BYU, 80-69, in the second round. The Falcons ice hockey team skated into the NCAA's Frozen Four for the first time in Academy history, advancing to the NCAA quarterfinals before losing to Vermont in double overtime. Finally, the football team capped a 7-5 regular season by trouncing the 25th-ranked Houston Cougars 47-20 in the Bell Helicopter Armed Forces Bowl.



Falcon guard Evan Washington lays one up for two points in the Thomas and Mack Center in Las Vegas Wednesday against Mountain West Conference rival 8th seeded Colorado State. The Falcons went on to upset the Rams and earned their first tournament win as a member of the MWC with a 71-67 victory.



Falcons senior defensive lineman Ben Garland tries to beat a block by Cougars offensive lineman Roy Watts during the Armed Forces Bowl in Fort Worth, Texas, Dec. 31. Air Force's defense held Houston to 331 total yards and intercepted Houston quarterback Case Keenum six times in the Falcons' 47-20 victory.



Andrew Volkening makes one of his 43 saves against thirdranked Michigan to lead Air Force to a 2-0 victory over the Wolverines in the first game of the NCAA East Regional, March 27, in Bridgeport, Conn. Volkening led the Falcons to their first ever NCAA Tournament win and was named to the East Regional all-tournament team. Air Force fell in the regional final to No. 10 Vermont, 3-2, in double overtime March 19.

#### 3. CHANGE OF **COMMAND**

Lt. Gen. Mike Gould assumed the mantle of superintendent during a change of command ceremony June 9, less than two weeks after graduation. General Gould, a Class of '76 alumnus, is the first superintendent to have graduated from the Academy Preparatory School.

"There is no more noble and important mission than the one we have here," General Gould said at the ceremony, over which Air Force Chief of Staff Gen. Norton Schwartz presided."The cadets who serve here are among America's finest. This Academy exists for one reason — to develop them into leaders of character."

General Gould succeeded Lt. Gen. John Regni, who retired after 40 years of honorable service to the United States.



1. CLASS OF '09

Despite a teleprompter that tried

"What am I going to tell the pres-

He went on to tell the graduating

Do you have a memorable story

class, "This is your moment to bend history to the service of a better day."

The Thunderbirds aerial demonstration

from the last 12 months? If so, share

it with us at pa.net@usafa.af.mil.Your

story might make it onto the Web site

team capped the ceremony.

or into the Academy Spirit.

to steal the show, 1,046 cadets became

second lieutenants during the 2009

Graduation ceremony at Falcon

ident when I tell him his teleprompter

joked after a gust of wind took out one

**GRADUATES** 

Stadium May 27.

Lt. Gen. Michael Gould (right) accepts the Air Force Academy guidon from Gen. Norton Schwartz, chief of staff of the Air Force, during a change of command ceremony at the Academy June 9, 2009. General Gould, a class of '76 Academy graduate, succeeded Lt. Gen. John Regni, who retired.

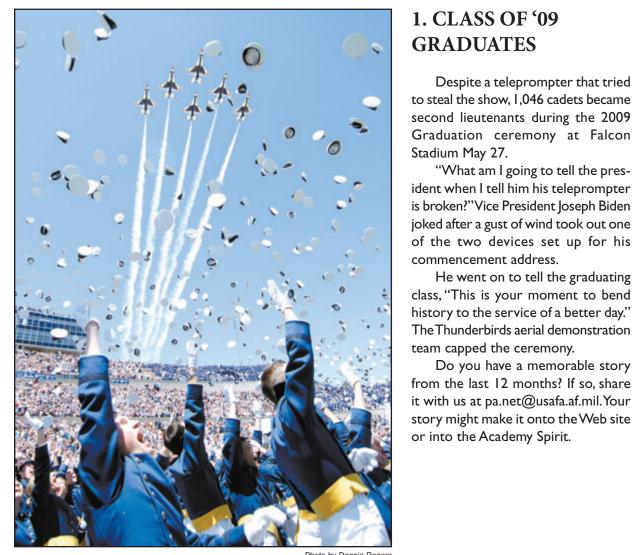
Cadet 4th Class Kyle Fitle checks his temperature using a disposable thermometer during Basic Cadet Training at the Academy's Jacks Valley July 13, 2009. The cadet population was screened for influenza-like symptoms after more than 150 cadets were diagnosed with the H1N1 flu virus.

#### 2. H1N1

Who would have thought that a small microbe could have such a large impact on the Academy and the nation? The "swine flu" influenza strain began to spread through the cadet population shortly after Basic Cadet Training began; by July, I I percent of the basic cadet population — and roughly 150 cadets in all — became ill with the disease.

However, the 10th Medical Group responded quickly to contain the disease and help cadets recuperate. The 10th MDG had to decide quickly how to limit interactions, how to isolate the cadets and how to treat patients, said Col. (Dr.) Kenneth Knight, the Medical Group commander.

Their efforts ultimately proved successful, and the Medical Group's Lt. Col. (Dr.) Catherine Witkop shared the Academy's lessons learned in October to help other institutions prevent the spread of the disease among their student populations.



One thousand forty-six newly commissioned second lieutenants commemorate their achievement by tossing their hats as the Air Force Thunderbirds fly over Falcon Stadium May 27, 2009.

Photo by David Ahlschwed FalconLaunch-7 undergoes a test firing in Jacks Valley. The rocket was launched from White Sands Missile Range, N.M., in April.

#### 4. FALCONLAUNCH HIGHS, LOWS

The FalconLaunch program saw a high point in April as FalconLaunch-7, launched from White Sands Missile Range, N.M., soared above 350,000 feet to reach the edge of space. In doing so, it set an unofficial world record for altitude for a university-built rocket.

FalconLaunch-6 wasn't so fortunate. Less than a second after ignition during a static test fire Nov. 4, the rocket experienced a malfunction and exploded. Cadets and faculty launched an investigation and found that faulty placement of the igniter was the most likely cause of the accident that destroyed the rocket.

FalconLaunch-8 will undergo a static test fire later this month and is scheduled for launch in April



FalconLaunch-6 explodes during a static test fire at the Air Force Academy's Jacks Valley Nov. 4, 2009. The malfunction was traced to the placement of the igniter within the rocket.



# Third try a charm for Falcons in 47-20 win

By John Van Winkle Academy Public Affairs

FORT WORTH, Texas (AFNS) — Six interceptions powered the Air Force Academy to a 47-20 win over the University of Houston Cougars in the Armed Forces Bowl here Dec. 31.

This was the third time the Air Force Academy and University of Houston met on the gridiron in two years. The Academy defeated the Cougars 31-28 during the 2008 regular season, and Houston repaid the Falcons by

handing them a 34-28 loss during the 2008 Bell Helicopter Armed Forces Bowl.

The 2009 Armed Forces Bowl was Air Force's third trip to the bowl game in as many years, and turned out to be a rematch for the Falcons and Cougars, and pitted Air Force's No. 1-ranked passing defense against Houston's No. 1-ranked passing offense. And it was the defense that won this battle, ending six Houston drives with interceptions and limiting the Cougar offense to only four of 10 third-down conversions.

"We were outplayed today by Air Force," said Houston

head coach Kevin Sumlin. "I don't think there's any doubt about that. They had the number one pass defense in the country and showed it today. We were a little off, frankly in all areas.

"You can't expect to win any time when you turn the ball over like we did," he said. "This loss was turnoverrelated and from not getting off the field on third down. We didn't make the plays on third down and I'll have to look at the tape to evaluate the other mistakes. Air Force took advantage of some of our errors and created opportunities on their own."

The Falcons racked up two scores on their first two possessions, with their run-heavy triple-option attack, and larger-than average number of passes.

On their opening possession, an option left and two carries by fullback Jared Tew made the Houston defense tighten up on the run. That allowed Falcon quarterback Tim Jefferson to hit two consecutive passes to wide receiver Kevin Fogler and then tailback Asher Clark and move the ball to the Houston 36-yard line. An option and good blocking on the next play sprung Clark free to race into the end zone for the score left to Clark. Falcon place kicker Erik Soderberg added the extra point to put Air Force up 7-0.

When Houston first took the ball, it was the start matchup of the nation's number one passing defense and passing offense. On this possession, it was the Air Force's top-ranked passing defense that gained the upper hand on a pass deflection which was intercepted by Falcon defensive back Anthony Wright. His grab make it Falcon football at their 37-yard-line.

The Falcons kept the momentum by moving the ball to the Houston 43-yard line, before Jefferson found wide receiver Kevin Fogler relatively open on a deep rout and hit him for a 37-yard gain, moving the sticks to the Cougar Continued next page



Falcons fullback Jared Tew fends off Houston cornerback Jamal Robinson on his way to a 71-yard touchdown run for the final score of the game as Air Force beat Houston 47-20 in the Armed Forces Bowl. Tew, a native of Park City, Utah, had 175 yards.

#### **Hockey**

Jacques Lamoureux was named the Atlantic Hockey Association Player of the Month for December as he averaged 1.0 goals and 2.0 points per game. The center from Grand Forks, N.D., scored the gamewinner vs. AIC on Dec. 4 and was a +6 in four games. He scored in all four game

#### Mens basketball

Zvonko Buljan led four players in double figures with 14 points and TCU used a late 13-0 run Wednesday to defeat Air Force, 59-50, in the Mountain West Conference seasonopener at Fort Worth, Texas. Buljan added 11 rebounds for his fifth doubledouble of the season. Kevin Butler and Greg Hill each added 12 points and

Ronnie Moss had 10 points and six assists as the Horned Frogs improved to 8-7 overall and 1-0 in the MWC. Mike Fitzgerald and Taylor Broekhuis each had 11 points for Air Force (8-6, 0-1), which lost its 17th consecutive regular-season league game. Broekhuis tied his career-high with five rebounds while Fitzgerald collected a careerbest three boards. Fitzgerald hit two

free throws with 5:54 remaining in the game to give the Falcons their first lead at 42-40. Moss hit a jumper to tie the score, then a hook shot by Broekhuis put Air Force up 44-42 at the 4:45 mark. TCU responded with 13 consecutive points over the next 3:50, including four each from Butler and Hill, to seal the victory.

January 8, 2010

### **Bowl**

6-yard line. Tew hit the hole on the next play off the right side for the Falcon's second touchdown. A Soderberg extra point upped the Falcons' lead to 14-0.

The teams traded turnovers on their next possessions. Houston's into chance with the ball was a more methodical drive which gained a foothold in Falcon territory before the defense left the Cougars with a fourth-and two at the Falcon 43-yard-line. The Cougars went for it, and quarterback Case Keenum did a pooch-punt to play the field-position game with the Falcons, as the ball was downed at the Falcon 3-yard-line. Three runs gave the Falcons enough room to safely punt, and Houston had a fresh set of downs at the Falcon 44 yard line.

The pass-happy Cougars moved the ball to the Air Force 16-yard line before facing a fourth down. Houston's coaches chose a field goal attempt to narrow their 14-point deficit. Houston placekicker Matt Hogan made the kick to give the Cougars their first score, 14-3.

The Falcons answered with another long drive, capped off when Jefferson optioned to Clark, and the tailback ran right and crossed the goal line on the right sideline for the Falcon's third TD. Another Soderberg extra point put the Falcons up 21-3.

Houston answered with a 33-yard field goal by Hogan, to narrow the score to 21-6.

Knowing the potency of Houston's high-scoring offense, Falcons head football coach Troy Calhoun was going to make use of every scoring opportunity. So with more than two minutes left on the clock, he went deep into his play-calling archives and dusted off the twominute drill. Air Force started working the sidelines, airing out the ball and putting time-outs to use, to keep the clock alive and move the ball from the Falcon 34-yard line into Houston territory.

Then Jefferson found his favorite wide receiver, Fogler, down the right sideline and hit him for a 34-yard gain to set up a first-and-goal at the Houston 9-yard-line. An option right and a timeout gave the blue-suiters a second and five

with 24 seconds left in the half. Wide receiver Jonathan Warzeka was called on to run, and gained three yards to make it third and goal from the 2 yard line. The third-down play was a disaster when Jefferson rolled out to pass and slipped.

"We tried to call a bootleg to try to not get caught on the field of play and maybe score," said Coach Calhoun.

While the play was a bust, the team's preparation did hit paydirt. Facing a fourth down with the clock ticking and zero timeouts left before halftime, the field goal team rushed on the field to get Soderberg in place to hit the field goal and put the Falcons up 24-6 going into halftime.

Houston justified Coach Calhoun's concerns, and Cougar kick returner Tyron Carrier returned the opening kickoff for a touchdown. It was his fourth of the season, and with the extra point, made it Air Force 24, Houston 13.

And Air Force responded accordingly. Warzeka took the kickoff at the Falcon goal line and took it the distance, for the Falcons' first kickoff return for a touchdown since the nowretired Lt. Col. Scott Thomas did it against Utah in 1985. That was 297 games ago, and the longest streak of going without a kickoff return for a TD in the country.

The back-to-back kickoff returns for touchdowns at the Armed Forces bowl was the first time it's ever happened in a bowl game and only the third time in NCAA history that it had ever happened. Aside from the historical standpoint, the extra point made it Air Force 31, Houston 13.

Houston got its offense back on track, when quarterback Case Keenum hit wide receiver Patrick Edwards for a 10-yard touchdown pass to narrow the scoring margin to Air Force 31, Houston 20. The Falcons followed up with another long drive and a Soderberg



Asher Clark turns upfield for positive yardage. Clark, a sophomore and native of Lawrenceville, Ga., had 129 rushing yards for two touchdowns.

field goal, to make it 34-20.

The Falcons defense snuffed out Houston's next drive to take over possession at their 25-yard line. The Falcons drove to sneezing distance of the Houston goal line, and Jefferson stretched out on the keeper to break the plane, with his senior offensive line pushing ahead of him and Warzeka adding a push from behind. The score put the Falcons up 40-20, and Soderberg's kick made it Air Force 41, Houston 20.

A pair of interceptions by Falcon defensive backs shut down Houston's next two scoring attempts, while the Falcons continued to grind away at the clock. Air Force added a touchdown on a Jared Tew run added another six points to give the Falcons a 47-20 victory in front of a bowl-record 41,414 fans.

"I want to thank the Air Force fans for the great turnout and show of support," said Coach Calhoun. "That was a great win, baby!"

"We are giving the MVP trophy to Asher Clark, but this could go to the entire team. The ultimate team place is Air Force football. The best stuff these guys will ever do is ahead of them in service to their country. This was just a terrific all-around effort across the board. These guys fought hard and played well. The third time here was a charm!"

For the coaches and players, the joy of a hard-won bowl game win on New Year's Eve will soon give way to preparation for the 2010 football season.

"We have to start from scratch, with a new team and new year. The work doesn't stop," said Coach Calhoun. "I leave Dec. 31, and hit the country to start recruiting."

Several other coaches will also be hitting the road, looking for players who fit the athletic, academic and character mold of becoming a Air Force Academy cadetathlete.

Fifteen of the cadet-athletes who played in the bowl game are bound for graduation. As for the rest, the weight rooms await, as their offseason conditioning program started Monday.



Jonathan Warzeka returns a kickoff 100 yards for a touchdown. Warzeka's kickoff return for a touchdown is the first for the Falcons since 1985 and the longest in the Armed Forces Bowl's history.

#### Women's basketball

Emily Carter had 18 points and No. 25 TCU beat Air Force 72-35 on Wednesday night in the Mountain West opener for both teams. The victory was the sixth consecutive for the Horned Frogs and improved their overall record against the Falcons to 14-

TCU held Air Force to a season-

low in points on 21.7 percent shooting and forced 21 turnovers. Air Force, 1 of 17 from 3-point range, is 1-6 in its last seven games.

The Falcons opened the scoring on Kelsey Berger's 3-pointer, but the Horned Frogs scored the next 19 points.

Falcon guard Alicia Leipprandt led Air Force with nine points.

#### **Falcons at Home Today** Men's Ice Hockey vs. Connecticut — 6:05 p.m.

Saturday Women's Basketball vs. Colorado State at 2 p.m. Men's Ice Hockey vs. Connecticut at 7:05 p.m. Wednesday Men's Basketball vs. BYU at 6 p.m.

Jan. 15 **Track** Air Force All-Comers Meet at 4 p.m. **Boxing** Friday Night Fights at 4:30 p.m.



#### 10th ABW commander's call

A 10th Air Base Wing commander's call is scheduled for Jan. 26 at 2 p.m. in the Arnold Hall Theater. Contact the 10th ABW commander's office at 333-1010 for more information.

#### Track and field

The track and field team wants volunteer officials for the Academy's 2010 season indoor and outdoor meets. The first meet is scheduled for Jan. 15.

For more information, call Scott Irving, associate head coach for men's and women's track and field, at 333-3013.

#### Reading: Spread the gift

The Children's Literacy Center seeks volunteers to tutor children who need help in their reading skills. Training



#### CADET CHAPEL

Call 719-333-2636 for more information.

Wednesday - 6:30 p.m.

Friday - 7:00 p.m.

#### <u>Muslim</u>

Friday Prayer - 12:15 p.m.

Liturgical Worship Sun. - 8 a.m. Traditional Worship Sun. - 9:30 a.m. Contemporary Worship Sun. - 11:30 a.m.

#### Roman Catholic

Mass

Sunday - 10 a.m.

Academic Year, when cadets are present Mon, Tues, and Thurs - 6:40 a.m. Wednesday - 6:30 p.m.

#### **Sacrament of Penance**

Sunday - 9:00-9:40 a.m.

Academic Year, when cadets are present Wednesday - 5:30-6:15 p.m.

### **Exposition of the Blessed Sacrament**

Academic Year, when cadets are present Wednesday - 5:30-6:20 p.m.

#### Paganism/Earth-centered Spirituality

Academic Year, when cadets are present Monday, 6:30 - 7:50 - Room 1M125 (1st Floor - Fairchild Annex -- Astronautics Museum) Contact TSgt Longcrier at 719-333-6187

### **COMMUNITY CENTER CHAPEL**

#### Catholic Masses: Saturday

Reconciliation - 3:30 p.m.

Mass - 4 p.m. Sunday

Mass - 9 a.m.

Religious Formation - 10:15 a.m.

(September - May)

**Tuesday-Friday** 

Mass - 11:30 a.m.

#### **Protestant Services:** Wednesday

Wednesday Night Live - 6 p.m. Dinner followed by Religious Education (September - May).

#### Sunday

Evangelical - 10:15 a.m. Gospel - 11:30 a.m.

and orientation sessions will take place Jan. 19-21 from 5:30 to 8 p.m. at the center, located at 2928 Strauss Lane in Colorado Springs. Tutoring will begin in February. For more information, call the center at 471-8672.

#### **USAFA Recycles**

The 10th Civil Engineer Squadron will hold its 5th-annual electronics recycling event every Wednesday and Thursday through January. People can take electronic items to Bldg. 8125 from 8 a.m. to 3 p.m. to be recycled at no cost. Recyclable items can include personal computers and components, televisions, DVD or CD players, stereos, speakers and VHS players. For more information, call Jeanie Duncan at 333-

#### HAWC offers 'healthy lifestyle' class

The Health and Wellness Center will offer a nutrition and exercise class on the first Wednesday of each month from 9-11 a.m. Information in the "Healthy Lifestyle 101" class will focus on improving Air Force physical training test scores and improving nutrition and exercise knowledge. To enroll or for more information, contact Staff Sgt. Costinel Stefan at 333-3733.

#### **National Prayer Luncheon**

The Academy's 2010 National Prayer Luncheon will be held at the Falcon Club Feb. 9 from 11:30 a.m. to 1 p.m. Contact the Falcon Club at 333-4253 for more information.

#### **A&FRC offerings**

The Air Force Academy Airman and Family Readiness Center hosts the following classes in January. Call 333-3444 with questions or to sign up.

#### **Pre-separation counseling**

Mondays (except during TAP week), 2 to 4 p.m.: Separating or retiring from the Air Force in a year or less? This mandatory briefing identifies benefits and services associated with transition and beyond.

#### Medical records review

Mondays, 7:30 a.m. to 4:30 p.m.: Individuals within 180 days of retirement or separation can have the DAV review medical records in preparation of filing for VA Disability Compensation through the VA forms.

#### VA benefits briefing

Mondays, 8 a.m. to noon: This briefing provides a comprehensive overview of VA benefits for separating/ retiring military personnel. Topics discussed include medical care, disability compensation, education, vocational training, vet preference, small business loans, home loan guarantees and more.

#### **Family Advocacy Classes**

For information on classes offered by the Family Advocacy Office or to sign up, contact Kristin Larkey of Family Advocacy Outreach at 333-5270.

#### **Common Sense Parenting**

Wednesdays, Jan. 13 - Feb. 17, from

11:30 a.m. to 1 p.m.: All parents occasionally need help and advice when they're having a hard time with their children. This research-based, practical training program, designed for parents of toddlers and preschoolers ages 2-5, teaches parents how to set reasonable expectations, effectively use consequences, when and how to use timeout and how to teach instead of punish. The class is open to active-duty servicemembers, Defense Department civilians, retirees and family members.

#### **Anger Management**

Thursdays, Jan. 14 - Feb. 18, from 11:30 a.m. to 1 p.m.: Anger is a normal, healthy human emotion, but when it gets out of control, it can lead to problems at work, in relationships and in quality of life. Anger management classes will help attendees better understand their anger and where it comes from, how to handle conflict in frustrating situations and how to relax and de-stress their lives.



#### Life and Legacy of MLK Jr.

Colorado College will celebrate the life and legacy of the Rev. Dr. Martin Luther King Jr. Jan. 18 with a series of afternoon workshops open to the community in the Worner Campus Center, 902 North Cascade Avenue near downtown Colorado Springs. Events will culminate with an evening program including the Gospel Music Workshop

of America at the Cornerstone Arts Center.

#### **Fruitcake Toss**

The city of Manitou Springs will hold the 15th-annual Fruitcake toss Saturday at the Manitou Springs High School Track from 10 a.m. to 2 p.m. The entry fee is one non-perishable food item or cash donation, which will be given to the Westside Cares charity. Events will include individuals physically throwing fruitcakes as well as launches using trebuchets and other mechanical or pneumatic devices. For more information, visit www.manitousprings.org.

#### **Family Exploration Day**

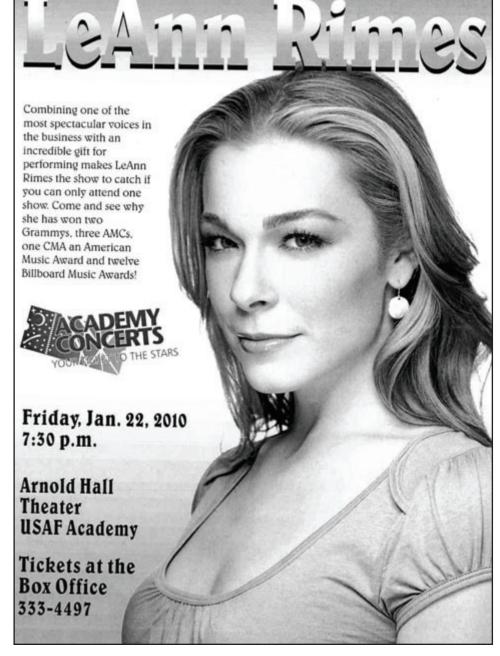
The Museum of Mining and Industry will hold a Family Exploration Day Saturday from 10 a.m. to 3 p.m., featuring Colorado Springs Mineralogical Society members who will help families identify various minerals and rocks. Admission rates are \$8 for adults, \$7 for military members and \$6 for seniors 60 and older and for students 13 and older. Children between 3 and 12 years old may enter for \$4, and children under 3 have no cost.

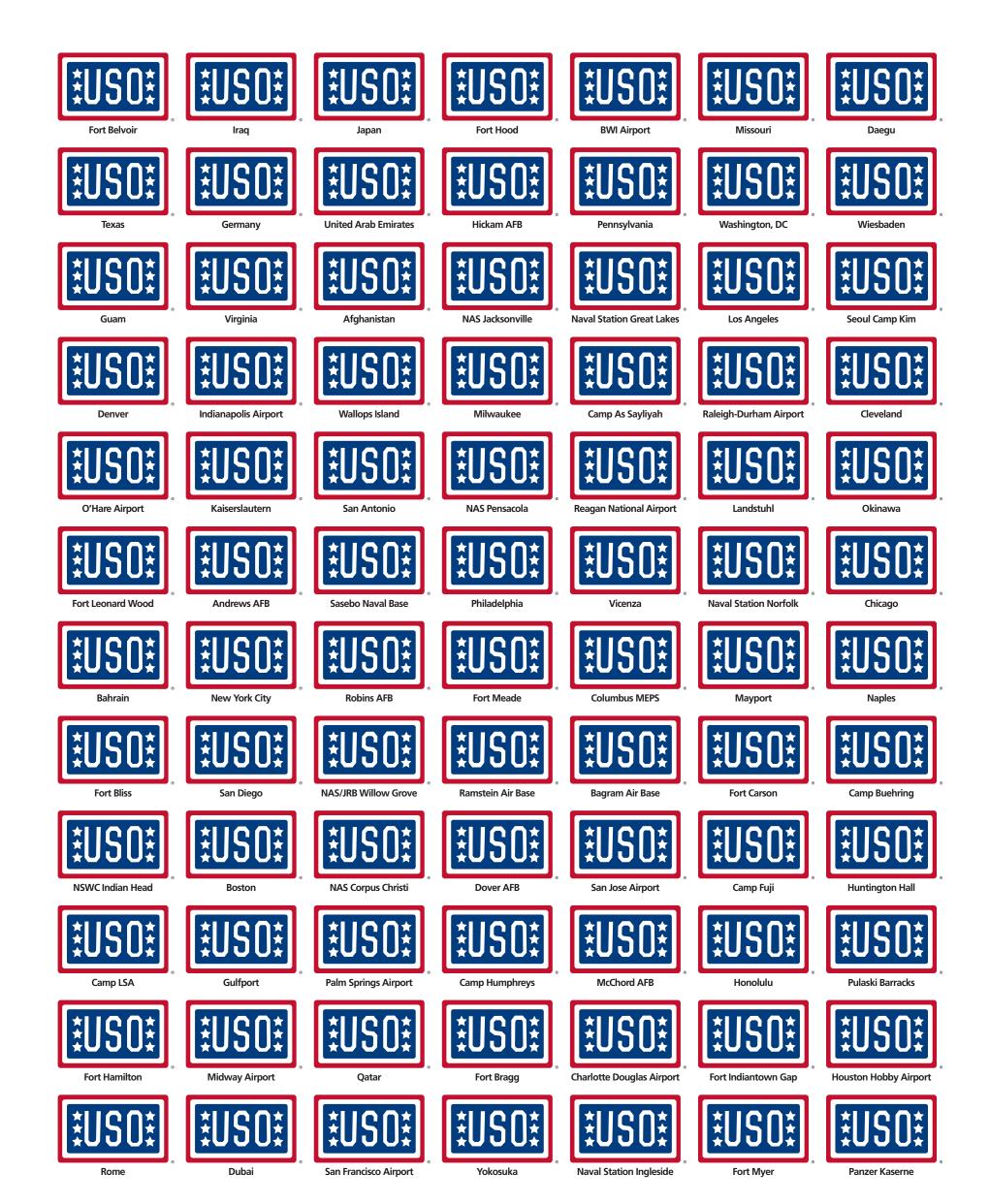
#### Walking with Dinosaurs

Tickets are on sale for the "Walking with Dinosaurs" program, which will take place at the Colorado Springs World Arena Jan. 21 beginning at 7 p.m.

The show, based on the BBC television series, features 17 dinosaurs, including tyrannosaurus, utahraptor, stegosaurus and brachiosaurus.

Tickets start at \$26.50 per person. For more information, contact the World Arena at 719-520-7468.





# There's no place like home. In more than 130 locations around the world, our troops always feel at home at the USO. For more information, visit us today at uso.org