

PART I - FACE SHEET

APPLICATION FOR FEDERAL ASSISTANCE		1. TYPE OF SUBMISSION: Application <input checked="" type="checkbox"/> Non-Construction														
Modified Standard Form 424 (Rev.02/07 to confirm to the Corporation's eGrants System)																
2a. DATE SUBMITTED TO CORPORATION FOR NATIONAL AND COMMUNITY SERVICE (CNCS):	3. DATE RECEIVED BY STATE: 21-JAN-11	STATE APPLICATION IDENTIFIER:														
2b. APPLICATION ID: 11AC123725	4. DATE RECEIVED BY FEDERAL AGENCY:	FEDERAL IDENTIFIER: 09ACHNY0010007														
5. APPLICATION INFORMATION																
LEGAL NAME: Oswego City - County Youth Bureau DUNS NUMBER: 625832477	NAME AND CONTACT INFORMATION FOR PROJECT DIRECTOR OR OTHER PERSON TO BE CONTACTED ON MATTERS INVOLVING THIS APPLICATION (give area codes): NAME: Kathleen K. Andolina TELEPHONE NUMBER: 315.349.3451 FAX NUMBER: 315.349.3231 INTERNET E-MAIL ADDRESS: kathleen@oswegocounty.com															
ADDRESS (give street address, city, state, zip code and county): 70 Bunner Street Oswego NY 13126 - 3357 County: Oswego																
6. EMPLOYER IDENTIFICATION NUMBER (EIN): 156000463	7. TYPE OF APPLICANT: 7a. Local Government - Municipal 7b. Local Government, Municipal															
8. TYPE OF APPLICATION (Check appropriate box). <input type="checkbox"/> NEW <input type="checkbox"/> NEW/PREVIOUS GRANTEE <input checked="" type="checkbox"/> CONTINUATION <input type="checkbox"/> AMENDMENT If Amendment, enter appropriate letter(s) in box(es): <input type="text"/> <input type="text"/> A. AUGMENTATION B. BUDGET REVISION C. NO COST EXTENSION D. OTHER (specify below):	9. NAME OF FEDERAL AGENCY: Corporation for National and Community Service															
10a. CATALOG OF FEDERAL DOMESTIC ASSISTANCE NUMBER:94.006 10b. TITLE: AmeriCorps State	11.a. DESCRIPTIVE TITLE OF APPLICANT'S PROJECT: Oswego AmeriCorps Program															
12. AREAS AFFECTED BY PROJECT (List Cities, Counties, States, etc): Oswego County	11.b. CNCS PROGRAM INITIATIVE (IF ANY):															
13. PROPOSED PROJECT: START DATE: 09/01/11 END DATE: 12/31/12	14. CONGRESSIONAL DISTRICT OF: a.Applicant <u>NY 023</u> b.Program <u>NY 023</u>															
15. ESTIMATED FUNDING: Year #: <u>2</u>	16. IS APPLICATION SUBJECT TO REVIEW BY STATE EXECUTIVE ORDER 12372 PROCESS? <input type="checkbox"/> YES. THIS PREAPPLICATION/APPLICATION WAS MADE AVAILABLE TO THE STATE EXECUTIVE ORDER 12372 PROCESS FOR REVIEW ON: DATE: <input checked="" type="checkbox"/> NO. PROGRAM IS NOT COVERED BY E.O. 12372															
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%; border-bottom: 1px solid black;">a. FEDERAL</td> <td style="border-bottom: 1px solid black; text-align: right;">\$ 270,169.00</td> </tr> <tr> <td style="border-bottom: 1px solid black;">b. APPLICANT</td> <td style="border-bottom: 1px solid black; text-align: right;">\$ 236,268.00</td> </tr> <tr> <td style="border-bottom: 1px solid black;">c. STATE</td> <td style="border-bottom: 1px solid black; text-align: right;">\$ 0.00</td> </tr> <tr> <td style="border-bottom: 1px solid black;">d. LOCAL</td> <td style="border-bottom: 1px solid black; text-align: right;">\$ 0.00</td> </tr> <tr> <td style="border-bottom: 1px solid black;">e. OTHER</td> <td style="border-bottom: 1px solid black; text-align: right;">\$ 0.00</td> </tr> <tr> <td style="border-bottom: 1px solid black;">f. PROGRAM INCOME</td> <td style="border-bottom: 1px solid black; text-align: right;">\$ 0.00</td> </tr> <tr> <td style="border-bottom: 1px solid black;">g. TOTAL</td> <td style="border-bottom: 1px solid black; text-align: right;">\$ 506,437.00</td> </tr> </table>	a. FEDERAL	\$ 270,169.00	b. APPLICANT	\$ 236,268.00	c. STATE	\$ 0.00	d. LOCAL	\$ 0.00	e. OTHER	\$ 0.00	f. PROGRAM INCOME	\$ 0.00	g. TOTAL	\$ 506,437.00	17. IS THE APPLICANT DELINQUENT ON ANY FEDERAL DEBT? <input type="checkbox"/> YES if "Yes," attach an explanation. <input checked="" type="checkbox"/> NO	
a. FEDERAL	\$ 270,169.00															
b. APPLICANT	\$ 236,268.00															
c. STATE	\$ 0.00															
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e. OTHER	\$ 0.00															
f. PROGRAM INCOME	\$ 0.00															
g. TOTAL	\$ 506,437.00															
18. TO THE BEST OF MY KNOWLEDGE AND BELIEF, ALL DATA IN THIS APPLICATION/PREAPPLICATION ARE TRUE AND CORRECT, THE DOCUMENT HAS BEEN DULY AUTHORIZED BY THE GOVERNING BODY OF THE APPLICANT AND THE APPLICANT WILL COMPLY WITH THE ATTACHED ASSURANCES IF THE ASSISTANCE IS AWARDED.																
a. TYPED NAME OF AUTHORIZED REPRESENTATIVE: Kathleen L. Fenlon	b. TITLE: Executive Director	c. TELEPHONE NUMBER: 315-349-3451														
d. SIGNATURE OF AUTHORIZED REPRESENTATIVE:		e. DATE SIGNED: 05/10/11														

Narratives

Executive Summary

Oswego AmeriCorps members will serve youth and families in Oswego County by mentoring disadvantaged youth and providing physical education and nutrition education activities to combat childhood obesity. Members will serve at schools, libraries, recreation programs and not for profit organizations.

Rationale and Approach

Compelling community need:

Oswego County is an economically distressed rural area on the southeastern shore of Lake Ontario and in the center of New York State. Along with the small cities of Oswego and Fulton, the county is made up of ten villages and 22 towns. The rate of children and families in Oswego County living below the poverty level are consistently higher than the upstate New York rate (all counties excluding New York City) and the national rate. The same holds true for children receiving food stamps with 22.4% of children in grades K through 6 for Oswego County receiving food stamps compared to 19.3% in New York State. The unemployment rate in Oswego County is historically one of the highest in New York State. In October 2009 our county's unemployment rate was 9.3%, the fourth highest rate among all 62 counties in the state and second highest among counties outside New York City.

All nine of the school districts in Oswego County fall below the state average for graduation rates. Their rates vary from 67% in Hannibal to 87% in Phoenix. Based on input from school district staff throughout the county there is a high need for mentoring at-risk students.

A needs assessment conducted by United Way of Oswego County ranked obesity as a high priority for children, adolescents and adults. A community survey that was part of the needs assessment rated access to social activities and recreation as high priority for adolescents, as well as children. The New York State Department of Health estimates that one in four New Yorkers under the age of 18 is obese. A

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Behavioral Risk Factor Surveillance Study for July to December 2008 shows that 38.9% of Oswego County adults were reported as obese compared to 23.6 for New York State. High adult obesity is an indicator of childhood obesity, and the Oswego County Health Department is starting a task force on childhood obesity in early 2010. Youth Bureau/AmeriCorps staff will be invited to join.

The poor economics, low graduation rates and obesity are all problems that are spread throughout Oswego County. Our scattered site approach targeting youth will address these issues at different sites spread throughout the county. We are in the 13th year of operating an AmeriCorps program and have strong ties with schools and community based organizations in our county. Under the education priority, we will continue our successful mentoring program. Under the healthy futures priority area, we propose to provide fitness activities and nutrition education at out of school sites.

Description of Activities and Member Roles:

AmeriCorps members will mentor disadvantaged youth both during the school day and in after school programs. During the school day, members will work with teacher identified individual students or with small groups of up to three students. Adult volunteers, recruited and supervised by AmeriCorps members, will also provide mentoring during the school day. For after school programs, mentoring will be provided either at a school or a recreation program, with high school students supervised by an AmeriCorps member acting as mentors for elementary school aged participants. At non-school sites, members will plan and implement fitness activities and/or nutrition education for youth. These sites would include recreation programs, libraries and human services agencies.

Our program's current efforts include mentoring activities at 10 schools in five of the nine school districts in our county. An after school mentoring program coordinated by one of our members serves two additional school districts. We plan to retain these sites in the next program year and recruit others.

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In the current program year, we are providing out of school activities at two YMCAs, local Salvation Army, Catholic Youth Organization, low income housing complex, public libraries, a church run community teen center and a variety of municipal recreation programs. We plan to utilize these existing sites in our fitness and nutrition activities for the upcoming year.

The members' role in these activities is to work under the direction of program staff to develop and implement activities with youth. In some cases, members will oversee volunteers providing services to youth. We are requesting 30 half time members and 27 minimum time members to provide these services to youth. We have found that half time positions work best in our program. They provide flexibility so members are able to complete their hours during the school year with its numerous holidays, recesses and in our area, snow days. These positions also allow college students and individuals with jobs to serve in our program. Minimum time positions in the summer address a variety of needs for county youth during their summer recess while providing meaningful service for high school graduates and college students.

We ensure that our program does not violate non-duplication, non-displacement, and non-supplementation requirements by including these in our site application paperwork, requiring sites to sign a certification form after their member starts and making the members aware of this requirement at the start of their service. We plan for member development, training and supervision to encompass the variety of sites where members are serving. Much of the training is site specific and handled by site supervisors. We include funding in our staff training budget line to assist members who might need CPR, first aid or other certification at their site. We discuss youth asset development and share best practices at team meetings along with a text based discussion series on the Meaning of Service. We meet with site supervisors individually at the beginning of the member's term of service to ensure that they understand our requirements and procedures and for them to sign agreements and certification forms.

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Prohibited activities are explained to members at their contract signing. The list is included in their member contract. The site supervisor agreement lists the prohibited activities and is discussed at the meeting with the supervisor. Staff review member's biweekly activity reports that accompany their time sheets to see if any prohibited activities are shown. If found, the time spent would be disallowed on the time sheet.

Receiving an AmeriCorps grant for 2010-2011 will enable us to build on past successes working with youth through schools and community based organizations. Over the years we have developed a strong mentoring program. We can utilize the many out of school placements for AmeriCorps members to strengthen our community's fight against childhood obesity. We are in a strong position to advance two of AmeriCorps newly established priority areas and demonstrate meaningful impact in these areas.

Measurable Outputs and Outcomes

Our program will address the Education priority area by providing a mentoring program and the Healthy Futures priority area by providing physical activities and nutrition education. We will be using standard performance measures.

For mentoring, our outputs will be the number of disadvantaged youth/mentor matches that are commenced by our program, those that were sustained for at least the required time period (school based at least once a week over nine months) and those students (in the mentor matches) who have not been suspended over the course of the AmeriCorps program's involvement. Our intermediate outcome will be that 80% of the mentees will develop up to three personal goals during the first two months of the mentoring relationship with the achieve at least one of the goals established at the beginning of the

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mentoring experience. Our end outcome is that 80% of the mentees that have established goals will achieve at least one of their goals by the end of the mentoring experience. The AmeriCorps members, using our mentoring log sheet to record names and dates of mentoring sessions, will track outputs. Intermediate outcomes will be tracked through mentee goal/success sheets that list goals set at the beginning of the mentoring experience and a determination if goals have been met by the end of the mentoring experience. Both forms have been used by several years for our program and have worked well to track information.

For our healthy futures activities, our outputs will be the number of youth engaged in in-school or after school physical education activities and the number receiving nutrition education, both with the purpose of reducing childhood obesity. Our intermediate outcome will be that 75% of surveys returned by participants will indicate an increased awareness of the value of good nutrition and/or fitness activities on their health. Members will use log forms to record dates of fitness and nutrition activities and use participant logs to keep an unduplicated count of youth involved. The participant log forms have been used for several years with our program. We will develop logs for the specific activities.

For our mobilizing volunteer activities, our output will be the number of volunteers that will contribute hours to their community. We aim to have 500 volunteers contribute 2500 hours. In addition to volunteers serving at our sites with mentoring programs, our members will plan and implement 40 service projects such as food drives, park clean ups and nursing home visits. Members can do these projects independently or collaborate with other members.

Plans for Self-Assessment and Improvement:

Members will submit an unduplicated count of youth served on a quarterly basis for the school year programs and at the end of the summer for summer sites. Logs are submitted along with these reports.

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Staff can evaluate the success of forms for capturing data and implement changes on a quarterly basis if necessary. Feedback is given to members after submission of their reports and results are shared when reports are compiled. Members share information with site supervisors as quarterly and summer reports are submitted to our office. Summaries of reports are shared with the AmeriCorps advisory board and the Youth Bureau board of directors.

Community Involvement:

Staff and board members from local school districts, human service agencies, United Way, and the county health department have been surveyed to identify needs and activities for our grant. The needs being addressed are in line with identified needs from the recent United Way Needs Assessment, and are in line with needs identified in the Oswego County Child and Family Services Plan. They were asked to respond to priority areas identified in the grant application and how our program could address them. Community partners and stakeholders are contacted on a regular basis during the program year through meetings and on-site visits. Their on-going role will be to assist us with site and member recruitment and suggestions for programming. The AmeriCorps advisory board, made up of community representatives (schools, human service agencies and our local college), selects sites that are in line with our program objectives. They review application information and make approvals, suggest stipulations for approval or deny sites participation in our program.

Relationship to other National and Community Service Programs:

This year we are hosting a VISTA member through the Serve NY program in Buffalo. She provides indirect service by assisting us with recruitment of both members and volunteers and she plans events for the national days of service. Her service has been valuable in doing outreach and spreading the word about our openings and activities. She has involved VISTA members from the local Literacy Volunteers program and the Campus Compact at the State University of New York at Oswego to plan and to assist

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with our events. She participated recently in an Extreme Home Makeover project in Buffalo and took one of our current AmeriCorps members along to help. We hope to build on the success of her position by continuing our involvement with Serve NY's VISTA program. She is a strong advocate for national service and an excellent role model for our members for the ethic of service.

We do not receive funding from any other Corporation sources. We have been receiving funding through the New York State Commission on National and Community Services for the last 13 years.

Potential for Replication:

Our program could be easily replicated by other organizations. We have shared program information and our past experience with other agencies interested in applying for an AmeriCorps grant. We have explained our strategies for setting up a multi-site format, our site application and selection process, how our local match is collected and how we recruit and oversee member positions. We currently do not have any plans for replication.

Organizational Capability

Sound Organizational Structure:

The Oswego City-County Youth Bureau was established in 1974. The focus of the youth bureau is to provide positive youth development opportunities for all youth, as well as early prevention services for youth at risk of becoming involved in delinquent behavior. The youth bureau directly provides several youth development programs, including Leadership Oswego County Youth Program, County Youth Advisory Council, Oswego AmeriCorps Program, Youth Court, and runaway and homeless youth coordination. The youth bureau also oversees parks and recreation for Oswego County. The youth bureau is supported with state aid from the NYS Office of Children and Family Services, numerous state and federal grants, and local funding. The agency has a long history of successfully managing state and federal grants and program, including funding from NYS Department of Health, NYS Division of

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Criminal Justice Services, US Department of Agriculture, US Tennis Association and Workforce Investment Act. The Youth Bureau has successfully administered an AmeriCorps program for 13 years. In the early years of our AmeriCorps program services focused on tutoring, out of school activities for youth and health issues. In recent years, it has focused on mentoring, out of school activities and volunteer management.

The youth bureau has successfully operated an AmeriCorps grant since 1997. The program has a strong consistent track record of accomplishments and outcomes over its history. The grant is fiscally administered by the County of Oswego, which complies with all government accounting principles. All payment vouchers are prepared in the youth bureau office and approved by the director. They are then audited by the County audit department, and paid by the Treasurer's office. These funds are part of Oswego County's annual federal fiscal audit.

The AmeriCorps coordinator and program assistant oversee the multi-site programs through site visits, yearly monitoring, reports, and tracking of outcomes through data collection.

The Advisory board made up of community representatives, site supervisors and current and former members make the site selection. They have wide-ranging knowledge and experience with local programs and represent areas across the county. They review site applications, discuss the feasibility of each site and often ask the staff to gather further information before they make decisions. The board takes into consideration feedback from staff on past performance of sites. They often stipulate changes in the details of the site application to make improvements based on best practices at other sites.

Oswego County is an economically distressed area and the board does try to spread out the placement of AmeriCorps members for the maximum benefit of the county.

Many of our sites have long standing relationships with our program. New and returning sites receive an

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application packet that outlines all financial and program requirements. Sites complete a cover sheet, applicable performance measures and site management forms. The program coordinator and program assistance monitor each site on a yearly basis to see that AmeriCorps positions are utilized in a manner consistent with the site application and overall AmeriCorps guidelines. Sites sign off on the application form that they will not be using any federal funding for the local share payment for their AmeriCorps member.

AmeriCorps signage is distributed to sites where members are placed. Members are required to wear AmeriCorps service gear, lapel pins or to be identified as an AmeriCorps member on their site ID. Site supervisors are regularly updated on program activities through e-mails and newsletters. Sites often collaborate on service projects and events.

Board of Directors, Administrators, and Staff:

The Board of Directors for the Oswego AmeriCorps Program is the Oswego County Legislature. There is also an AmeriCorps Advisory Board that reviews and approves host site applications for the scattered sites. The Advisory Board is made up of interested community members, host site supervisors, the local college, and current and former AmeriCorps members.

The youth bureau director supervises the AmeriCorps program coordinator. On-going meetings are held to ensure that the program is on track with program activities and with meeting proposed outcomes. The youth bureau director periodically reports on the AmeriCorps program to the Oswego County Legislature and the youth bureau board of directors.

The current AmeriCorps program coordinator has been with the program since its inception in 1997 and had previous experience with program monitoring at the youth bureau. The position oversees the

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general operation, recruitment and support of members and sites, reporting requirements, monitoring of sites, member evaluation, enrollment of members, tracking of service time, exit of members and facilitation of their education award. The program assistant who is currently working through our Recovery grant has previous experience as our program assistant from the early years of our programs. That position is supervised by the coordinator and assists with the general operations of the program.

Plan for Self-Assessment or Improvement:

The program coordinator reviews procedures on a yearly basis and makes adjustments and improvements as needed. Both the advisory board and youth bureau director provide oversight and make recommendations to the program director. Post service member surveys and feedback from site supervisors are also utilized.

Plan for Effective Technical Assistance:

The state administrator assigned by the state commission provides technical assistance for the program. The administrator and other AmeriCorps program directors are valuable resources for the program coordinator. Networking with staff from other programs at commission events as well as calls and e-mails have been of assistance. Materials from the National Resource library and its website, as well as discussions on the AmeriCorps listserv have also been helpful.

Sites receive technical assistance through individual orientations and meetings. Many of our site supervisors have been with our program for over five years and have been an asset in assisting newer site supervisors. Several former AmeriCorps members from our program have been site supervisors in recent years.

As our program continues to evolve, issues will surface through members' questions and site issues. New

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and revised policies are developed as needed. Visits at sites can be done at the beginning of the member's term for signature of site supervisor paperwork along with the mid term evaluation meeting provide opportunities for assistance.

Sound record of accomplishments as an organization

Volunteer generation and support:

The youth bureau is supported by the efforts of volunteers of all ages. A Reality Check grant that ended earlier this year recruited teenagers to educate peers on the deceptive marketing practices of the big tobacco companies. City and county youth court train middle and high school students to assume the roles of judges, lawyers and clerks in the trial by peer process. Camp Hollis, which is run by the youth bureau as part of its parks and recreation services, is supported by the Friends of Camp Hollis. The Friends are an active group that raises funds for scholarships and plans activities for all ages -- from residential camp for youth to camping experiences for senior citizens. The Youth Advisory Council does volunteer activities throughout the year. Leadership Oswego County Youth does a class project with volunteers and their curriculum is based on community involvement.

Organizational and community leadership:

The Oswego City-County Youth Bureau is a leader in youth development in the Oswego County community. The youth bureau director and staff are active on numerous county boards and collaborative committees that impact programs and services across Oswego County. This includes active participation on the United Way Workforce Development Board, Salvation Army, Oswego YMCA, Weston T. Hyde Educational Foundation, Bridges Out of Poverty, and Child Care Council. Youth bureau staff are also active on several local committees and task forces that plan community events such as Harborfest Children's park and a community mural project. A few years ago, the Youth Bureau received

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a National Association of Counties award for its Rainbow of Hope camp for bereaved children.

Current grantees only: success in securing match resources:

As a multi-site program, each host site pays the local share of the member's costs. For year round positions, sites are billed on a quarterly basis. For summer positions, sites are billed in July. This process has worked successfully for many years. Sites vary from year to year, depending on their own budget constraints. Many sites have been long time supporters of the AmeriCorps program. Oswego County has an excellent track record of collecting the agreed upon match requirements from host sites. Host sites also provide on-site supervision of member, which is an in-kind match. Oswego County also provides cash and in-kind match. The county has supported AmeriCorps since its inception, and includes the required cash and in-kind match in its annual budget.

Success in Securing Community Support

Collaboration:

Having scattered sites throughout the county has led to collaborations with a variety of organizations. The variety and location of our sites has continued to grow. While operating a Recovery grant in addition to our regular grant, we have been able to place members at locations that serve youth in all nine school districts in our county and add some services for adults. Our sites include 12 school buildings, migrant education outreach, five museums, three libraries, a skate park, two camps, two YMCAs, Catholic Youth Organization, six municipal recreation programs, the Department of Social Services, Workforce NY, Literacy Volunteers, a local cultural festival, and various other community organizations. In the most recent program year, we have added sites at a Salvation Army, an emergency food pantry and a subsidized housing complex. A local church, whose pastor is one of our former AmeriCorps members, has been able to start up a teen center in a very rural community through the efforts of two of our members.

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Local financial and In-kind contributions:

Oswego County has shown strong commitment to the program. The county provides office space, internet connection and printing. They pay all of the staff fringe benefit costs except for FICA and cover the cost for workman's compensation for the members.

Members serve at various sites throughout our county. Each member receives 1-2 hours per week of direct site supervision. This is shown as an in-kind contribution.

Wide Range of Community Stakeholders:

We have a diverse mixture of long standing and new sites. Of the 28 sites where our members are currently serving through our regular and Recovery grants, fifteen have been with us for more than 5 years, eight have been with us for between 2 to 5 years and five were added last year or this year. Each site for the regular program year contributes to our program. These local share costs have increased over the years. Non-financial support from community stakeholders includes providing meeting space on a monthly basis, input on community service projects, and informational presentations at member meetings.

Special Circumstances:

Our county is a rural area with only two small cities. Corporate resources are very limited. Other than United Way, there is no community foundation or philanthropic organization. We have historically high poverty and unemployment rates.

Cost Effectiveness and Budget Adequacy

Cost Effectiveness

Corporation Cost per Member Service Year:

The corporation cost per Member Service Year in this grant application is \$13,045.

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Diverse Non-Federal Support:

Resources for program implementation and sustainability come from a variety of sources. Each host site must agree to provide a non-federal cash match to help support member costs. These cash matches come from a variety of sources including local municipal dollars, state and private grants, United Way, local organization funding, and fundraising. In addition, each host site agrees to provide on-going direct supervision and support to the members. Oswego County provides in-kind support for space, internet access, and copying costs. Additionally, they provide cash match by covering the costs of all staff fringe benefits except FICA, and the member worker's compensation costs.

The Oswego AmeriCorps program will continue to work with members and host sites to promote activities that are sustainable beyond the federal funding. The program continues to seek new host sites that will provide in-kind and match support. Each year of the program, changes and additions are made to the list of host sites.

Current grantees only: Decreased Reliance on Federal Support

From the beginning of our local AmeriCorps program, Oswego County has increased the cash contribution. Additional county cash matches can be applied in future years, including the cost of staff retirement costs. The Oswego AmeriCorps Program constantly seeks out new sites to broaden its impact in the community. Through relationships the youth bureau and the AmeriCorps program has with a diverse group of local stakeholders, the opportunity for organizations to apply is well advertised. On-going outreach serves to draw in other agencies.

Budget Adequacy

The 20.7 MSY slots in the proposed budget provide the opportunity to address the program outputs and

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outcomes as stated earlier. The budget also includes member expenses for service gear, recognition, training and meeting supplies. The budget also includes the cost of one full time Program Coordinator who oversees all program operations. A full time Program Assistant is included to assist with interviewing, orienting and supporting the members. Operating costs are included for basic office expenses, and for staff to travel to host sites and team meetings.

Evaluation Summary or Plan

Evaluation Summary or Plan

Our program participated in the Statewide Evaluation of New York's AmeriCorps programs.

Although program activities vary by grantee, a common goal of most of New York State's AmeriCorps*State Programs is to mobilize community volunteers and to strengthen the capacity of the organizations where they serve. To help achieve this goal, the Volunteer Generation initiative is part of each state program's efforts, unless granted a waiver by the State Commission. As an effort to evaluate those Volunteer Generation efforts, the New York State Commission entered into an agreement with the Center for Human Services Research at SUNY Albany (CHSR).

In 2006-2007 CHSR developed a data collection system and database. A workgroup comprised of local and state shareholders was convened and offered advice and feedback in developing the data collection system. Based upon this input, CHSR developed a series of data collection forms, programmed a web-based management information system, began to train users, and deployed the application.

During the 2007-2008 contract year, CHSR continued to train users, provided user support, developed additional reports based on user feedback, conducted quality assurance checks on the data, met with executive staff and local stakeholders, and presented at the statewide conference.

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The work plan for the 2008-2009 program year included designing and initiating a process study to collect supplemental data on volunteer generation and strengths and weaknesses of data collection, analyzing all available MIS data from 2007-2008, consolidating findings and preparing reports based on these analyses.

Summary reports were generated in 2009 addressing the research question to the full extent that data allow. In addition to reports generated directly through the web-based application, CHSR will respond to requests from programs for customized descriptions or presentations of the data. Reporting of results focuses on identification of best practices for volunteer recruitment, training and management. Results are also reported according to the needs and interests of OCFS. Data can be aggregated statewide, by region, by program, or by selected community characteristics.

Internal evaluation takes many forms. Oversight is provided by the Advisory Board with review of quarterly reports compiled with members' input and with site visits. Our VISTA member has initiated an on-line post-service survey for members. Site supervisors can be surveyed to provide assessment of our program operation. We have included funding in our budget to contract with a local college to provide evaluation of our program.

Amendment Justification

N/A

Clarification Summary

A three part background check will be done for all office staff, site supervisors and AmeriCorps members serving in our program. Each individual will complete our background check form which will allow us to do both a criminal history search through the New York State Unified Court System and an on-line check of the Department of Justice National Sex Offender Public Registry.

For the members, these will be done before they start at their site. In addition, the member will be finger

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printed at our county's Correction Center free of charge before their term of service starts and then they will apply to the FBI for a criminal history check. Once the member has received the report and given it to our office, they will be reimbursed by our program for the \$18 FBI fee.

After the member starts at the site, the site supervisor will be given our background check form and will be informed of the process to follow for the FBI finger print check (as explained above). The site supervisors can also be reimbursed for the FBI check. Staff will have all three parts of their background checks done at the beginning of the program year.

The reduction of one 900 hour position from our original proposal will not impact on the implementation of our performance measures.

We would like our grant start date and member enrollment period start date to be September 1, 2011 to accommodate our many school sites.

Continuation Changes

No Changes in the Narrative section. Changes were made in the Performance Measure section to update education performance measures from the pilot ones from the current year to those of the upcoming program year. The increase in the budget is due to a contractual increase for two staff members and the new requirement for FBI criminal background checks for members and site supervisors. We have some sites that host more than one member so we estimated a smaller number of site supervisors than members.

Our recruitment/enrollment rate was 100% for the 2009-2010 program year.

Performance Measures

SAA Characteristics

- AmeriCorps Member Population - None
 Geographic Focus - Urban
 Geographic Focus - Rural
 Encore Program

Priority Areas

- | | | | |
|--|-------------------------------------|---|-------------------------------------|
| <input checked="" type="checkbox"/> Education | | <input checked="" type="checkbox"/> Healthy Futures | |
| <i>Selected for National Measure</i> | <input checked="" type="checkbox"/> | <i>Selected for National Measure</i> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> Environmental Stewardship | | <input type="checkbox"/> Veterans and Military Families | |
| <i>Selected for National Measure</i> | <input type="checkbox"/> | <i>Selected for National Measure</i> | <input type="checkbox"/> |
| <input type="checkbox"/> Economic Opportunity | | <input type="checkbox"/> Other | |
| <i>Selected for National Measure</i> | <input type="checkbox"/> | <i>Selected for National Measure</i> | <input type="checkbox"/> |

Grand Total of all MSYs entered for all Priority Areas 20.71

Service Categories

Other Health/Nutrition

Mentoring

National Performance Measures

Priority Area: Healthy Futures

Strategy to Achieve Results

Briefly describe how you will achieve this result (Max 4,000 chars.)

AmeriCorps members will provide physical education activities to youth up to age 18 at schools, recreation programs, after school programs and other out of school activities. Using input from the Oswego County Health Department's Task Force on Childhood Obesity, staff and members will develop these activities. The children and youth participating in these activities will be between the ages of 7 and 18 years old and enrolled in elementary, middle and high school programs within a public, charter, private, or home-schooled arrangement.

Result: Intermediate Outcome

Result.

Children and youth participating in physical education activities will learn about fitness activities and be able to identify two new activities that they have learned as a result of their participation. This can lead them to be more physically active and improve their health.

Indicator: Number of participants who are able to report a change in knowledge as a result of

Target : 1250 children and youth participating in physical education activities done by AmeriCorps members will complete a participant questionnaire and be able to identify two new fitness activities that they have learned as a the result.

Target Value: 1250

Instruments: Participant questionnaires will be completed by children and youth who have participated in physical education activities planned and implemented by AmeriCorps members.

PM Statement: 1250 children and youth who participate in physical education activities planned and implemented by AmeriCorps members will complete a participant questionnaire and be able to identify two new fitness activities that they have learned as a result of their participation. AmeriCorps members will lead participants in activities such as stretching, aerobics, yoga, fitness walks, dance games, obstacle courses, relay races, jump rope club, fitness drills and other group games.

National Performance Measures

Result.

participating in physical education activities conducted by AmeriCorps members.

Result: Output

Result.

AmeriCorps members will plan and implement physical education activities for children and youth. These activities will take place at schools, recreation programs, after school programs and other out of school activities.

Indicator: H5: Youth engaged in activities to reduce childhood obesity.

Target : 1,500 youth will participate in physical education activities for children and youth at schools, recreation programs, after school programs and other out of school activities. These activities will be planned and implemented by AmeriCorps members.

Target Value: 1500

Instruments: Members will complete participant logs to determine an unduplicated count of children and youth participating in physical education activities.

PM Statement: 1,500 children and youth will participate in physical education activities for children and youth at recreation programs, after school programs and other out of school activities. Members will track number of children and youth through participant logs which will determine an unduplicated count of participants.

Priority Area: Healthy Futures

Strategy to Achieve Results

Briefly describe how you will achieve this result (Max 4,000 chars.)

AmeriCorps members will plan and implement nutrition education activities for youth up to age 18 at schools, recreation programs, after school programs, libraries and other out of school activities. Using input from the Oswego County Health Department's Task Force on Childhood Obesity, staff and members will develop these activities. The children and youth participating in these activities will be between the ages of 7 and 18 years old and enrolled in elementary, middle or high school programs within a public, charter, private or home school arrangement.

Result: Intermediate Outcome

Result.

Children and youth participating in nutrition education activities will learn about healthy eating and be able to identify two new ways that they can add nutrient-rich foods and beverages to their daily consumption as a result of their participation.

Indicator: Number of participants who are able to report a change in knowledge as a result of

Target : 1250 children and youth participating in nutrition education activities done by AmeriCorps members will complete a participant questionnaire and be able to identify two new ways of adding nutrient-rich foods and beverages to their daily consumption.

National Performance Measures

Result.

attending nutrition education activities conducted by AmeriCorps members.

Target Value: 1250

Instruments: Participant questionnaires will be completed by children and youth who have participated in nutrition education activities sessions planned and implemented by AmeriCorps members. Participants will be able to identify two new ways they can add nutrient-rich foods and beverages to their daily consumption that they have learned as a result of their participation.

PM Statement: 1250 children and youth who participate in nutrition education activities planned and implemented by AmeriCorps members, will complete a participant questionnaire and be able to identify two new ways they can add nutrient-rich foods and beverages to their daily consumption that they have learned as a result of their participation. AmeriCorps members will lead youth in activities such as comparing food labels from home to find the healthiest foods; making a paper rainbow out of pictures of fruits and vegetables; doing a "Good Food" hunt to find foods from all food groups; and planting and maintaining vegetable plants and gardens.

Result: Output

Result.

Children and youth will participate in nutrition education activities planned and implemented by AmeriCorps members at schools, after school programs, recreation programs, libraries and other out of school activities.

Indicator: H6: Youth receiving nutrition education.

Target : 1500 children and youth will participate in nutrition education activities planned and implemented by AmeriCorps members.

Target Value: 1500

Instruments: Participant logs will be used to collect an unduplicated count of children and youth participating in nutrition education activities that have been planned and implemented by AmeriCorps members.

PM Statement: 1500 youth will participate in nutrition education activities planned and implemented by AmeriCorps members. An unduplicated count of youth will be tracked by members through participant logs.

Priority Area: Education

Strategy to Achieve Results

Briefly describe how you will achieve this result (Max 4,000 chars.)

AmeriCorps members or volunteers that they manage will be matched with at risk youth and develop a mentoring relationship with them. Mentoring will take place both during the school day and after school. During the school day, mentors and volunteers will give students individual attention and work with them on either teacher or self identified issues such as reading, math, test taking, organizational skills or positive behaviors. In the after school programs, mentors (members or volunteers) will participate in recreational activities and/or homework help with their mentee.

Result: Intermediate Outcome

Result.

225 youth out of the 250 mentored will not be suspended from school during their involvement in a mentoring relationship with an AmeriCorps member or a volunteer mentor managed by an AmeriCorps member.

National Performance Measures

Result.

Indicator: ED7: Students with fewer disciplinary referrals or suspensions.

Target : 225 youth who are involved in a mentoring relationship through the AmeriCorps program will not be suspended from school.

Target Value: 225

Instruments: Mentoring logs will be kept by the AmeriCorps members to record details of mentoring relationship- dates of meetings, amount of time spent with the mentor and a description of activities done. The form will also include whether the mentee has been suspended from school or not.

PM Statement: 225 youth of the 250 who have commenced a mentoring relationship with an AmeriCorps member or a volunteer mentor managed by an AmeriCorps member will not be suspended from school. Members will track suspensions through the completion of a mentoring log.

Result: Output

Result.

Mentoring matches made between disadvantaged youth and an AmeriCorps member or volunteer mentor managed by an AmeriCorps member will be sustained for at least 6 months of one school year.

Indicator: (PRIORITY) ED4A: Youth/mentor matches sustained.

Target : 200 of the matches will be sustained for at least six months of the school year.

Target Value: 200

Instruments: Mentoring logs will be kept by members to track dates of mentoring meetings, time spent and activities involved. They will show that the mentoring relationship was sustained for at least six months of the school year.

PM Statement: 200 of the 250 mentoring matches made with disadvantaged youth and an AmeriCorps member or a volunteer mentor managed by an AmeriCorps member will be sustained for six months of the school year. This will be tracked through mentoring logs completed by the AmeriCorps member or the volunteer that they manage.

Result: Output

Result.

Disadvantaged youth/mentor matches will be commenced by AmeriCorps members or volunteers managed by AmeriCorps members. Mentors and mentees will meet for at least one hour per week for at least 6 months in the school year.

Indicator: ED3A: Youth/mentor matches started.

Target : 250 disadvantaged youth/mentor matches will be commenced by AmeriCorps members or volunteers managed by an AmeriCorps member.

Target Value: 250

Instruments: Mentee goal sheets will be completed near the beginning of the mentoring experience. Teachers/staff or youth will identify up to three goals for the mentoring experience.

PM Statement: 250 disadvantaged youth/mentor matches will be commenced by AmeriCorps members or volunteers managed by AmeriCorps members. Information will be collected through mentee goal sheets that will be completed near the beginning of the mentoring experience.

Required Documents

Document Name

Status

Evaluation

Not Applicable

Labor Union Concurrence

Not Applicable