

## **Community Innovations for Aging in Place**

### **Project Summary**

**Grantee Organization:** Catholic Charities - Diocese of Stockton

**State:** California

**Project Title:** Older Adult Outreach and Engagement Project

**Project Period:** September 30, 2009 to September 29, 2012

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#### **Project Summary:**

Catholic Charities - Diocese of Stockton proposes a three-year Older Adult Outreach and Engagement Project in collaboration with Tuolumne and Calaveras County's social service agencies, the Area Agency on Aging, and community organizations supporting the needs of older adults. The approach is to expand the current Older Adult Outreach and Engagement Program by adding new services and strengthening existing ones.

#### **Goals and Objectives:**

The primary goal of the project is to provide a comprehensive, community-coordinated case management system that is responsive and addresses the diverse needs of older adults residing in rural area, enabling more elderly residents to safely age in place, continue to live independently in their community while retaining the dignity and respect they have earned. Objectives include: 1) increase assessment and intervention services which address both physical and psychosocial needs; 2) establish a senior home sharing program; 3) improve both physical and mental activity levels among elderly clients by strengthening already existing senior volunteer programs and creating a partnership between teen/young adults and seniors.

#### **Outcomes and Products:**

The expected outcomes are that senior citizens can maintain an important level of independence enabling self-determination and increasing the level dignity necessary for a higher quality of life. The Senior Home Sharing program will expand seniors' housing options well beyond placement in long-term care facilities. Pre- and post-evaluations will be conducted with participants to accurately document baseline needs, challenges and successes. Quarterly participant evaluations will reflect positive results from the expanded range of coordinated services. Deliverable products will include a final report with statistically supported findings. Recommendations which delineate methods for replicating successful project results will be included in a publishable report.