



FIRST ARMY

FIRST IN DEED



TRAINING FOR TODAY'S
REQUIREMENTS AND
TOMORROW'S
CONTINGENCIES

2012 - 2014

First Army

First Army, commanded by Lt. Gen. Mick Bednarek, serves as Forces Command's (FORSCOM) Executive Agent for Reserve Component (RC) mobilization. First Army provides training support in accordance with FORSCOM priorities to accomplish assigned missions.

First Army's core competency is designing and conducting collective training and exercises to train Soldiers, Staffs and Command Teams. Our Trainer/Mentors provide support to RC forces in achieving and sustaining readiness.



Mission

The mission of First Army is to advise, assist and train RC units during pre-mobilization periods. We conduct mobilization, training support, readiness validation, and deployment of alerted forces. Execute demobilization of RC forces in accordance with Department of the Army and FORSCOM directives. Provide trained and ready forces in support of the Army Force Generation model. As directed, provide training to Joint, Combined, Interagency and Active Army forces.

Who We Are

A multi-component organization composed of Active Duty, Active Duty Guard and Reserve, and Army Reserve Troop Program Unit personnel. Full-time personnel comprise approximately one-quarter of the total strength. One-half of our total strength is Army Reserve personnel in Army Reserve units under the operational control of First Army. These personnel are utilized in mobilized and non-mobilized status to provide training support to Army and Joint Forces as directed by FORSCOM.



Organizational Structure

First Army is comprised of a Headquarters (Rock Island, Ill.), two divisions (Division East at Fort Meade, Md., and Division West at Fort Hood, Texas), 16 training support brigades (TSBs) located at mobilization training cen

ters (Fort Stewart, Joint Base McGuire-Dix-Lakehurst, Camp Atterbury, Camp Shelby, Fort Knox, Fort McCoy, Fort Hood, Fort Bliss and Joint Base Lewis-McChord) and 103 training support battalions located throughout the continental United States.

Who We Train

In 2011, First Army trained nearly 70,000 Soldiers, Sailors and Airmen organized into more than 700 units with diverse missions ranging across the operational spectrum from Expeditionary Sustainment Commands, Brigade Combat Teams conducting Full Spectrum Operations, Combat Aviation Brigades, Brigade Security Forces, Counter-Rocket Artillery and Mortar, Counter-IED, Base Camp Command and Control, the Air Defense mission in the National Capitol Region, to two-person Unit Ministry Teams in support of Combatant Commander requirements around the globe.



What We Train

First Army provides training across a broad set of mission requirements ranging from Operation New Dawn in Iraq (OND), Operation Enduring Freedom in Afghanistan (OEF), Kosovo Force (KFOR), Joint Task Force Bravo in Honduras, the Multi-National Force Observers in the Sinai (MFO), the Horn of Africa (HOA), Guantanamo Bay (GTMO)



and Homeland Security Response Forces. We also provide training support to Army Reserve and Army National Guard formations during their annual training periods in support of collective training exercises.

Division East

Mobilized 28,951 Soldiers in Fiscal Year 2011

Division East mobilizes, trains, validates, deploys and demobilizes Reserve Component (RC) units for employment around the world at its Mobilization Training Centers of Camp Atterbury, Camp Shelby and Joint Base McGuire-Dix-Lakehurst. Additionally, Division East provides training support to RC units that are not mobilized — providing advice, assistance and training to increase and sustain RC unit readiness levels. Last year, Division East executed post-mobilization training in support of these combatant commander requirements.

Kosovo Forces Training Mission (KFOR)



Division East mobilizes, trains, validates and deploys all units assigned to assist in stability operations to joint and multi-national forces to meet the European Command force requirements in Kosovo. This mission is in its 12th year, and has the end state of ensuring normal relations and improving security throughout the Serbo-Croatian peninsula.

NATO Training Mission Afghanistan Mission (NTM-A)

Division East developed and implemented a training program of instruction for the training and mentoring teams deploying to Afghanistan. These teams are trained to conduct mentorship and training of the Afghan Security Force Kandaks to alleviate pressure from inbound Coalition Operational Mentor and Liaison teams.

Horn Of Africa Training Mission (HOA)

Soldiers deployed to the Horn of Africa conduct sustained security engagement through military-to-military programs, military-sponsored activities, and other military operations, as directed.

Agribusiness Development Teams (ADT)

ADTs are small teams of 58 Soldiers with agricultural expertise who deploy to provide basic agricultural education and services in support of stability operations for the people of Afghanistan. Division East partners with USAID, USDA as well as land



grant universities to provide the most current and relevant training for these agricultural specialty missions.

Multi-National Force and Observers (MFO)

The MFO mission resulted from the Camp David Peace Accords signed in 1978. Since 2005, First Army has trained, validated and deployed units to support the peace keeping mission in the Sinai. Units deployed to MFO maintain a vigilant watch to verify that Egypt and Israel abide by the terms of the peace accords.

Full Spectrum Brigade Combat Teams

Division East is the primary trainer of National Guard BCTs for deployment to OND and OEF to provide the full range of military options. These BCTs conduct training on individual and squad level tasks during pre-mobilization using their organic resources and training support from Division East. At the Mobilization Training Center, the unit conducts platoon through company level training including day and night live fire exercises to prepare the unit to conduct a rotation at one of the Army's Combat Training Centers prior to their deployment to the theater of operations.

Provincial Reconstruction Teams (PRT)

Provincial Reconstruction Teams are multi-component, joint, and interagency organizations trained by Division East to support reconstruction efforts and empower local governments in Afghanistan. First Army, in conjunction with the combatant commander and governmental agencies, developed the prototype training plan for these teams and continues to improve the training based on feedback from the teams and theater. This one-of-a-kind training has been conducted since January, 2006.



Joint Sourcing Training Oversight (JSTO)

First Army began training airmen and sailors to execute ground based missions in 2004. These joint service units are trained on a mix of survival, first aid, combat service and combat service support skills that prepare them to operate and perform their assigned missions in theater. Last year, Division East trained approximately 12,000 Navy, Air Force and Coast Guard personnel.



189th IN BDE
191st IN BDE
Joint Base
Lewis-McChord, WA

181st IN BDE
Fort McCoy, WI

First Army HQ
Rock Island
Arsenal, IL



First Army Division West
Fort Hood, TX

5th AR BDE
402nd FA BDE
Fort Bliss, TX

120th IN BDE
166th AVN BDE
479th FA BDE
Fort Hood, TX



U.S. ARMY





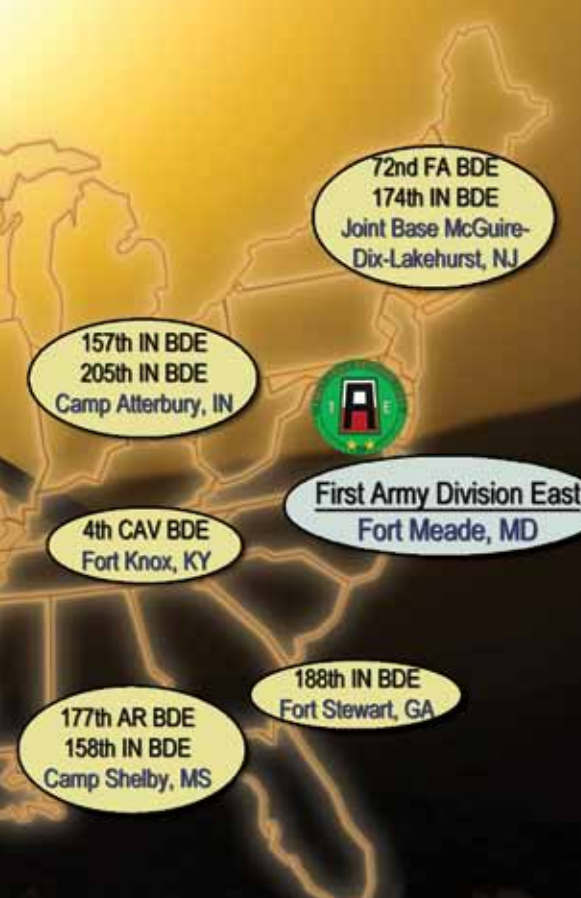
2 Divisions
16 Training Support Brigades
103 Training Support Battalions
(located throughout the U.S.)

FY 2011 Total: 67,975 Mobilized

FY 2012 Mobilization Load: 69,000

Projected FY 2013 Mobilization Load: 45,500

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72nd FA BDE
174th IN BDE
Joint Base McGuire-Dix-Lakehurst, NJ

157th IN BDE
205th IN BDE
Camp Atterbury, IN



First Army Division East
Fort Meade, MD

4th CAV BDE
Fort Knox, KY

177th AR BDE
158th IN BDE
Camp Shelby, MS

188th IN BDE
Fort Stewart, GA

Division West

Mobilized 39,024 Soldiers in Fiscal Year 2011

Division West mobilizes, trains, validates, deploys and demobilizes Reserve Component (RC) units for deployment around the world at its Mobilization Training Centers in Fort Bliss, Fort Hood, Fort McCoy, and Joint Base Lewis-McChord. We also provide training support to RC units that are not mobilized — providing advice, assistance and training in order to increase and sustain RC unit readiness levels. Last year, Division West executed post mobilization training in support of these combatant commander requirements.

Engineers

Engineer units must be proficient as dismounted squads to conduct combat operations under fire during day and night conditions. Division West conducts pre-deployment training for Engineers, training critical and theater specific skills, using subject matter experts from the Army centers of excellence and returning veterans to ensure units and Soldiers are proficient in the latest techniques, tactics and procedures (TTPs) prior to deployment.

Explosive Ordnance Disposal (EOD)

Of the many dangers on today's battlefield, improvised explosive devices (IED) encountered on missions have statistically proven to be one of the most hazardous. The array of variables that can be present on any mission only adds to the sense of unknown. With the enemy using new IEDs and technologies, EOD training provided by Division West leverages counter IED technology and school house subject matter experts to adapt pre-deployment training to the changing battlefield dynamics.

Transportation

Division West trains transportation units to execute individual, collective and battle staff transportation tasks in a realistic contemporary operating environment that replicates theater conditions. Units conduct extensive training on IED-Defeat skills as well as Medical Evacuation tasks. Training is designed to focus units on theater conditions to allow units to identify and react to roadside bombs, small arms fire and rocket attacks as they lead their formations through convoys and employ convoy security.



Signal Corps

Without access to landlines and the internet, units in the Army would struggle to operate effectively. As signal support Soldiers train, they hone skills that provide communication for command elements to continue operations and monitor the progression of their units on the battlefield. These signal skills enable units to provide critical communication capabilities to the warfighter.

Mission Command

Division West is the primary trainer of one and two star commands that mobilize to support combatant commander requirements. In 2010, Division West trained the 36th Infantry Division of the Texas National Guard to deploy and execute duties as the Multi-National Division South in Basra, Iraq. Division West also trained and deployed a Military Police Brigade, an Expeditionary Sustainment Command, a



Signal Brigade, and a Theater Engineer Command to execute functional as well as mission command responsibilities in Iraq and Afghanistan. In order to train these organizations, Division West, with support from Mission Command Training Program (MCTP), conducts a series of command post exercises using numerous unique scenarios complete with realistic and relevant injects and possible branches and sequels to inculcate units in the art and science of operational mission command.

Sustainment Commands

Expeditionary Sustainment Command missions require these units to manage complex theater sustainment operations at the strategic and operational level. Sustainment Brigades support the theater on the tactical level. Sustainment units undergo rigorous command post exercise training designed to hone their technical and battle staff skills prior to executing a robust culminating training event.

All Medical Units

Realistic and relevant medical training saves lives on the battlefield. Division West provides pre-deployment training for all RC medical units and has developed an impressive training regimen to train units for these critical missions. First Army also serves as FORSCOM's

executive agent to design and oversee culminating training events for selected Active Component (AC) Medical Brigades.

Aviation

Division West's 166th Aviation Brigade's mission is as important as it is unique — the 166th is the only First Army training support brigade with the skills and subject matter experts required to validate RC aviation units for deployment. The capability to train RC aviation is critical to meeting the combatant commander requirement for aviation support. More than 47% of all Army aviation is in the RC. Division West, the 166th Aviation Brigade, and Fort Rucker partner to provide the technical individual, crew, collective and environmental training units need to be successful on the battlefield.



First Army Divisions East & West: Demobilization

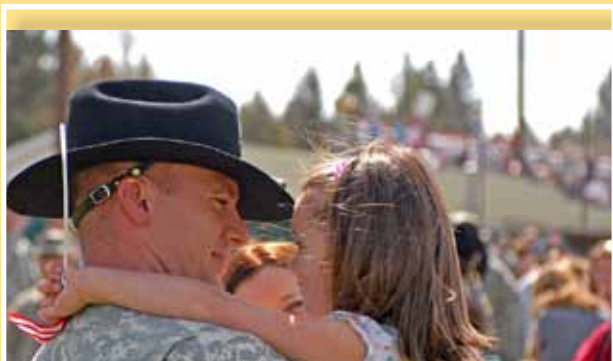
First Army not only deploys RC forces, it also demobilizes units and Soldiers and returns them to their communities and homes after deployment. The Army developed and instituted a number of important medical initiatives in 2010 that improved demobilization for all returning warriors. These initiatives included: establishment of a roadmap of care for Soldiers, Commanders, and providers to ensure medical issues and needs are identified, discussed, addressed, and provide appropriate transition to further care needed; performance of the Periodic Health Assessment (PHA) at the demobilization site in conjunction with the Post Deployment Health Assessment (PDHA); increased behavioral health screening for all Soldiers; and the partnering of the U.S. Department of Veterans Affairs and TRICARE Management Activity (TMA) to update Soldier's benefit brief and established those as the standard across all demobilization installations. This improved process has affected over 250 units and 25,000 Soldiers since it was implemented in FY11.

First Army Headquarters: Operation Forward Presence

Operation Forward Presence provides First Army Soldiers in theater as Liaison Officers/NCOs and Trainer/Mentors to support the combatant commander and provide First Army trainers with practical, relevant and near real-time data on TTPs. This information is used to improve the training for mobilizing units and leaders prior to deployment. Currently First Army personnel are deployed to Kuwait and Afghanistan to support the National Training Mission - Afghanistan.

Transformation

Since 2008, First Army has undertaken a rigorous transformation and reorganization to better support the Army Force Generation (ARFORGEN) process and the RC. Through the lessons learned in mobilizing and training RC units in support of the current conflict, combined with the organizational design of the Army's Combat Training Centers, First Army has begun to implement organizational adjustments to enhance the training support to the modular, brigade-centric force with joint and expeditionary capabilities.



In 2011, First Army completes the consolidation of its TSBs at six Mobilization Training Centers (MTCs): Joint Base Lewis-McChord, Fort Bliss, Fort Hood, Joint Base McGuire-Dix-Lakehurst, Camp Shelby and Camp Atterbury. Simultaneously, the TSBs are developing a functional and mission command training capability.

These six MTCs continue to focus their efforts on training specific mission sets required for the current fight while maintaining the ability and flexibility to support any mission that the Army or Combatant Commanders may require in the future. Additionally, we will maintain TSBs at Fort McCoy, Fort Knox, and Fort Stewart in order to provide additional training support and long-term strategic flexibility.

Increased Active Component (AC) Support: We are currently training select AC Military Police and Joint Units that will deploy. In the future we will also train AC Medical Brigades and will assist MCTP with culminating training events for functional and multi-functional AC Brigades. We also provide training to Department of State, USAID and other agencies.

Multi-Component Training

First Army continues to train select AC Military Police units on detainee operations, and Joint units for deployment. First Army, working with FORSCOM and Training and Doctrine Command, in the future will also support increased training to the AC while continuing to perform its core mission to provide training support to RC units.

We are the Army's bridge to support the long term readiness of our Nation's RC capabilities between current Deployed Expeditionary Forces (DEF), to Contingency Expeditionary Forces (CEF) training strategies.

FIRST ARMY

MOBILIZING, TRAINING AND DEPLOYING RESERVE COMPONENT FORCES TO MEET COMBATANT COMMANDER REQUIREMENTS

DEDICATED TO PARTNERING WITH MEDICAL COMMAND, NATIONAL GUARD BUREAU, US ARMY RESERVE COMMAND AND RESERVE COMPONENT COMMAND AND CONTROL ORGANIZATIONS

TO IMPROVE THE DEMOBILIZATION PROCESS FOR RETURNING RC SOLDIERS.

PROVIDES TRAINING SUPPORT TO SUSTAIN AND IMPROVE RC READINESS THROUGHOUT THE ARFORGEN CYCLE

MORE THAN 700,000 SOLDIERS, SAILORS, AIRMEN AND CIVILIANS MOBILIZED, TRAINED, VALIDATED AND DEPLOYED FOR ARMY COMMITMENTS SINCE 9/11

TRAINS THE ENTIRE DEPTH OF THE RC MODULAR FORCE

OPERATION ENDURING FREEDOM (AFGHANISTAN)

OPERATION NEW DAWN (IRAQ)

KOSOVO FORCE (KFOR)

MULTI-NATIONAL FORCE AND OBSERVERS (MFO)

HAITI (OUR)

HORN OF AFRICA (HOA)

NATIONAL CAPITOL REGION (NCR)

GUANTANAMO BAY (GTMO)

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