



## Addressing HIV/AIDS Prevention among Adolescents



Evelyn Kappeler, Acting Director  
Office of Adolescent Health  
President's Advisory Council on HIV/AIDS  
September 30, 2011

# Office of Adolescent Health (OAH)

- Established by the Consolidated Appropriations Act, 2010
- Responsible for:
  - Coordinating adolescent health programs and initiatives across HHS
  - Implementing and administering new grant program to support evidence-based teen pregnancy prevention approaches
  - Implementing the Pregnancy Assistance Fund as established in the Patient Protection and Affordable Care Act, 2010

# OAH Initiatives

## Teen Pregnancy Prevention Initiative

Replication of Evidence-based Programs  
**\$75,000,000**

Research & Demonstration Projects  
**\$25,000,000**

Support for Pregnant and Parenting Teens & Women  
**\$24,000,000**

Minority AIDS Initiative (MAI)  
**\$200,000**

### Testing Innovative Strategies (OAH & ACF)

**OAH (\$15,200,000)** - develop, replicate, refine, and test additional models and innovative strategies

**ACF/PREP (\$10,000,000)** - implement innovative strategies and target services to identified populations

### Community-wide Approach (OAH & CDC)

**OAH (\$9,800,000)** - implement innovative, multi-component community-wide initiatives in communities with highest rates (Part A)

**CDC (\$2,700,000)** - fund national organizations to provide training & technical assistance to Part A grantees (Part B)

## Addressing HIV/AIDS Prevention among Adolescents

“Many advocated that this education be science-based and include information pertinent to all sexual orientations, condom use, and HIV and other STDs. Virtually whenever community members spoke about HIV prevention for young people, they advocated for comprehensive, evidence-based sexuality education.”

*Community Ideas for Improving the Response to the Domestic HIV Epidemic,*  
White House Office of National AIDS Policy, April 2010

# HHS Evidence-based Teen Pregnancy Prevention Programs

- Independent, systematic review of evidence base conducted by Mathematica Policy Research under contract to HHS
- 28 evidence-based program models identified
  - All interventions enhance protective factors and positive health behaviors related to prevention of unintended pregnancy, STIs, and HIV/AIDS
  - 18 interventions include content on condoms
  - 4 interventions include content on condoms and other types of contraception
- OAH and ASPE recently had a call for additional studies to update the evidence
  - Findings from the updated evidence review are expected to be released this fall

## OAH Grantees Replication of Evidence-based Programs

- 75 grantees funded to replicate evidence-based programs to prevent teen pregnancy
  - \$400,000 - \$4 million per year
  - September 2010 – August 2015
  - Grantees serving youth in 32 states and the District of Columbia
  - Diverse set of grantees – school districts; community and faith-based organizations; family planning agencies; State and city departments of health, human services and education; research organizations; and institutions of higher education
  - Program settings include schools, community sites and clinics
  - Referral systems and procedures encouraged

# Examples of TPP Program Addressing HIV/AIDS Prevention among Adolescents

- **Becoming a Responsible Teen (BART)**
    - Goal – Improve communication and negotiation skills related to condom use and increase knowledge of HIV/AIDS
    - Implementation – 8, 90-120 minute sessions delivered over 8 weeks
    - Outcomes – (at 12 month follow-up) Participants less likely to report being sexually active in previous two months
  
  - **Be Proud! Be Responsible!**
    - Goal – Affect knowledge, beliefs, and intentions related to condom use and sexual behaviors such as initiation and frequency of intercourse
    - Implementation – 6, 60 minute sessions
    - Outcomes – (at the 6-month follow-up) Participants reported significantly less frequent engagement in unprotected sex in the previous 3 months and were significantly less likely to report having had anal intercourse in the previous 3 months
-

# TPP Grantees Implementing Strong HIV/AIDS Prevention Programs

## ■ **University of Nevada, Las Vegas- BART**

- The Center for Health Disparities at the University of Nevada Las Vegas is targeting 100 African American youth per year ages 14-18 per year in Clark County, NV through local churches and community centers. The program provides teens with HIV/AIDS prevention information, abstinence education, communication and negotiation skills regarding sex and contraception education. The program seeks to impact youth behaviors by delaying sexual initiation, reducing sexual activity, and increasing the use of condoms for sexually active youth.

## ■ **Le Bonheur Community Health and Well-Being- Be Proud! Be Responsible!**

- Le Bonheur Community Health and Well Being is targeting approximately 2,500 African American youth each year in North Memphis, specifically in schools, community centers and churches. The goals of the project are to reduce high-risk behaviors, increase knowledge of HIV and STIs, and increase confidence in negotiating safer sex practices among the target population.



# National Resource Center for HIV/AIDS Prevention among Adolescents

- The Office of Adolescent Health was awarded funding in the amount of \$200,000 from the Minority AIDS Initiative (MAI) in FY 2011 to establish and operate a National Resource Center for HIV/AIDS Prevention among Adolescents.
- The purpose of the National Resource Center is to provide information, resources and training and technical assistance that will promote HIV/AIDS prevention among adolescents through:
  - Development of an interactive multi-media, web-based resource center;
  - Synthesis of existing and emerging research and identification of evidence-based and evidence-informed programs and practices; and
  - Improved capacity of program staff and communities through training and technical assistance to effectively implement and disseminate HIV/AIDS prevention programs targeting adolescents.

# National Resource Center for HIV/AIDS Prevention among Adolescents

- The Office of Adolescent Health awarded a cooperative agreement to the University of Medicine and Dentistry of New Jersey (UMDNJ), through a competitive process, to implement the National Resource Center for HIV/AIDS Prevention among Adolescents.
- The project was awarded September 1, 2011 in the amount of \$200,000 for up to three years.
- UMDNJ will develop and implement a strategy to manage, maintain, market, and evaluate the National Resource Center.

# Conclusion

Learn more about OAH and our programs

Website: <http://www.hhs.gov/ash/oah/>

Subscribe to the OAH e-updates

Email: [oah.gov@hhs.gov](mailto:oah.gov@hhs.gov)

Phone: (240) 453- 2846



# **Thank You!**

**Evelyn Kappeler  
Acting Director  
Office of Adolescent Health  
1101 Wootton Parkway, Suite 700  
Rockville, MD 20852  
(240) 453-2846  
Evelyn.Kappeler@hhs.gov**