

Table 1306. Percentage of the Adult Population Considered to Be Obese: 2006

[Obesity rates are defined as the percentage of the population with a Body Mass Index (BMI) over 30 kg/m². The BMI is a single number that evaluates an individual's weight status in relation to height (weight/height², with weight in kilograms and height in meters). For Australia, the United Kingdom, and the United States, figures are based on health examinations, rather than self-reported information. Obesity estimates derived from health examinations are generally higher and more reliable than those coming from self-reports because they preclude any misreporting of people's height and weight. However, health examinations are only conducted regularly in a few countries. For more information on methods by country, see <<http://www.irdes.fr/EspaceAnglais/home.html>>]

Country	2006	Country	2006	Country	2006
United States	34.3	France	10.5	Luxembourg	³ 18.6
Australia	¹ 21.7	Germany	³ 13.6	Mexico	30.0
Austria	12.4	Greece	⁴ 21.9	New Zealand	⁴ 25.0
Belgium	² 12.7	Hungary	⁴ 18.8	Norway	³ 9.0
Canada	³ 18.0	Ireland	⁵ 13.0	Spain	14.9
Czech Republic	³ 17.0	Italy	10.2	Sweden	³ 10.7
Denmark	³ 11.4	Japan	² 3.9	Switzerland	⁵ 7.7
Finland	14.3	Korea, South	³ 3.5	United Kingdom	24.0

¹ 1999 data. ² 2004 data. ³ 2005 data. ⁴ 2003 data. ⁵ 2002 data.

Source: Organization for Economic Cooperation and Development, Paris, France, *OECD Factbook*, 2009 (copyright). See also <<http://www.oecd.org>>.