

**Table 190. Nursing Homes, Beds, Residents, and Occupancy Rate by State: 2008**

[Based on a census of certified nursing facilities]

State	Nursing homes	Beds	Residents	Occupancy rate <sup>1</sup>	State	Nursing homes	Beds	Residents	Occupancy rate <sup>1</sup>
<b>U.S.</b> . . . . .	<b>15,730</b>	<b>1,703,846</b>	<b>1,412,540</b>	<b>82.9</b>	MO . . . . .	516	55,028	37,510	68.2
AL . . . . .	232	26,824	23,205	86.5	MT . . . . .	91	7,081	5,137	72.5
AK . . . . .	15	725	616	85.0	NE . . . . .	224	16,198	12,899	79.6
AZ . . . . .	133	16,033	12,201	76.1	NV . . . . .	48	5,675	4,724	83.2
AR . . . . .	232	24,477	17,753	72.5	NH . . . . .	80	7,718	6,953	90.1
CA . . . . .	1,255	122,554	103,487	84.4	NJ . . . . .	361	51,132	45,946	89.9
CO . . . . .	212	19,956	16,464	82.5	NM . . . . .	70	6,780	5,695	84.0
CT . . . . .	241	29,678	26,819	90.4	NY . . . . .	652	120,336	110,940	92.2
DE . . . . .	45	4,870	3,999	82.1	NC . . . . .	422	43,770	38,025	86.9
DC . . . . .	18	2,645	2,437	92.1	ND . . . . .	83	6,395	5,847	91.4
FL . . . . .	676	82,067	71,833	87.5	OH . . . . .	955	93,039	81,395	87.5
GA . . . . .	359	39,762	35,276	88.7	OK . . . . .	323	29,786	19,518	65.5
HI . . . . .	48	4,256	3,840	90.2	OR . . . . .	138	12,473	8,113	65.0
ID . . . . .	78	6,034	4,522	74.9	PA . . . . .	711	87,878	79,710	90.7
IL . . . . .	791	101,790	76,282	74.9	RI . . . . .	86	8,868	7,955	89.7
IN . . . . .	510	57,107	39,536	69.2	SC . . . . .	175	18,798	17,004	90.5
IA . . . . .	451	33,658	26,292	78.1	SD . . . . .	110	6,591	6,528	99.0
KS . . . . .	346	26,011	19,301	74.2	TN . . . . .	319	36,943	32,288	87.4
KY . . . . .	287	25,769	23,233	90.2	TX . . . . .	1,145	126,732	90,385	71.3
LA . . . . .	285	36,096	25,875	71.7	UT . . . . .	93	7,967	5,456	68.5
ME . . . . .	112	7,243	6,591	91.0	VT . . . . .	40	3,268	2,992	91.6
MD . . . . .	230	29,231	25,243	86.4	VA . . . . .	281	31,908	28,279	88.6
MA . . . . .	433	49,323	43,684	88.6	WA . . . . .	238	22,314	18,760	84.1
MI . . . . .	425	47,323	40,224	85.0	WV . . . . .	130	10,895	9,710	89.1
MN . . . . .	390	34,117	31,056	91.0	WI . . . . .	393	37,385	32,325	86.5
MS . . . . .	203	18,346	16,246	88.6	WY . . . . .	39	2,993	2,431	81.2

<sup>1</sup> Percentage of beds occupied (number of nursing home residents per 100 nursing home beds).

Source: U.S. National Center for Health Statistics, *Health, United States, 2009*. See also <<http://www.cdc.gov/nchs/hus.htm>>.

**Table 191. Insufficient Rest or Sleep by Number of Days and Selected Characteristics: 2008**

[In percent. Age-adjusted to 2000 projected U.S. population. Respondents were asked, "During the past 30 days, for about how many days have you felt you did not get enough sleep?"]

Characteristic	Number <sup>1</sup>	Days without enough rest or sleep			
		0 days	1–13 days	14–29 days	30 days
<b>Total</b> . . . . .	<b>403,981</b>	<b>30.7</b>	<b>41.3</b>	<b>16.8</b>	<b>11.1</b>
Sex:					
Male . . . . .	152,513	33.6	40.9	15.6	9.9
Female . . . . .	251,468	28.1	41.5	18	12.4
Age:					
18 to 24 years old . . . . .	13,881	23.2	45.5	19.7	11.6
25 to 34 years old . . . . .	38,978	21.8	44.1	20.4	13.8
35 to 44 years old . . . . .	61,350	22.8	45.2	20.1	12.0
45 to 64 years old . . . . .	169,906	30.5	42.4	16.3	10.9
65 years old or over . . . . .	119,866	56.7	28.3	7.6	7.4
Race/ethnicity:					
White, non-Hispanic . . . . .	318,694	27.9	42.7	18.2	11.2
Black, non-Hispanic . . . . .	31,513	30.4	40.4	16.0	13.3
Other, non-Hispanic <sup>2</sup> . . . . .	22,108	35.4	37.2	15.8	11.6
Hispanic <sup>3</sup> . . . . .	28,045	38.8	37.7	13.0	10.5
Employment status:					
Employed . . . . .	215,127	28.7	44.2	17.1	9.9
Unemployed . . . . .	16,797	32.5	36.7	16.9	13.9
Retired . . . . .	106,325	43.8	33.2	13.4	9.5
Unable to work . . . . .	25,956	24.3	28.4	21.6	25.8
Homemaker or student . . . . .	38,395	31.3	41.7	15.9	11.1
Education:					
Less than high school . . . . .	39,395	37.9	33.6	14.2	14.3
High school or GED <sup>4</sup> . . . . .	121,346	33.8	37.3	15.7	13.2
Some college or college graduate . . . . .	242,194	28.0	44.5	17.9	9.6
Marital status:					
Married . . . . .	226,418	30.9	42.1	15.9	11.1
Divorced, widowed, or separated . . . . .	119,372	30.4	35.1	18.6	16.0
Member of unmarried couple . . . . .	8,945	28.4	42.8	16.7	12.1
Never married . . . . .	48,016	31.6	41.0	16.7	10.6

<sup>1</sup> Unweighted sample. Categories may not sum to total due to missing responses. <sup>2</sup> Asian, Hawaiian or other Pacific Islander, American Indian/Alaska Native, or multiracial. <sup>3</sup> Persons of Hispanic origin may be any race. <sup>4</sup> General Education Development certificate.

Source: U.S. Centers for Disease Control and Prevention, Atlanta, GA, *Morbidity and Mortality Weekly Report*, Vol. 58, No. 42, 2009. See also <<http://www.cdc.gov/mmwr/index2009.html>>.