

Table 190. Nursing Homes, Beds, Residents, and Occupancy Rate by State: 2008

[Based on a census of certified nursing facilities]

State	Nursing homes	Beds	Residents	Occupancy rate ¹	State	Nursing homes	Beds	Residents	Occupancy rate ¹
U.S.	15,730	1,703,846	1,412,540	82.9	MO.....	516	55,028	37,510	68.2
AL.....	232	26,824	23,205	86.5	MT.....	91	7,081	5,137	72.5
AK.....	15	725	616	85.0	NE.....	224	16,198	12,899	79.6
AZ.....	133	16,033	12,201	76.1	NV.....	48	5,675	4,724	83.2
AR.....	232	24,477	17,753	72.5	NH.....	80	7,718	6,953	90.1
CA.....	1,255	122,554	103,487	84.4	NJ.....	361	51,132	45,946	89.9
CO.....	212	19,956	16,464	82.5	NM.....	70	6,780	5,695	84.0
CT.....	241	29,678	26,819	90.4	NY.....	652	120,336	110,940	92.2
DE.....	45	4,870	3,999	82.1	NC.....	422	43,770	38,025	86.9
DC.....	18	2,645	2,437	92.1	ND.....	83	6,395	5,847	91.4
FL.....	676	82,067	71,833	87.5	OH.....	955	93,039	81,395	87.5
GA.....	359	39,762	35,276	88.7	OK.....	323	29,786	19,518	65.5
HI.....	48	4,256	3,840	90.2	OR.....	138	12,473	8,113	65.0
ID.....	78	6,034	4,522	74.9	PA.....	711	87,878	79,710	90.7
IL.....	791	101,790	76,282	74.9	RI.....	86	8,868	7,955	89.7
IN.....	510	57,107	39,536	69.2	SC.....	175	18,798	17,004	90.5
IA.....	451	33,658	26,292	78.1	SD.....	110	6,591	6,528	99.0
KS.....	346	26,011	19,301	74.2	TN.....	319	36,943	32,288	87.4
KY.....	287	25,769	23,233	90.2	TX.....	1,145	126,732	90,385	71.3
LA.....	285	36,096	25,875	71.7	UT.....	93	7,967	5,456	68.5
ME.....	112	7,243	6,591	91.0	VT.....	40	3,268	2,992	91.6
MD.....	230	29,231	25,243	86.4	VA.....	281	31,908	28,279	88.6
MA.....	433	49,323	43,684	88.6	WA.....	238	22,314	18,760	84.1
MI.....	425	47,323	40,224	85.0	WV.....	130	10,895	9,710	89.1
MN.....	390	34,117	31,056	91.0	WI.....	393	37,385	32,325	86.5
MS.....	203	18,346	16,246	88.6	WY.....	39	2,993	2,431	81.2

¹ Percentage of beds occupied (number of nursing home residents per 100 nursing home beds).

Source: U.S. National Center for Health Statistics, *Health, United States, 2009*. See also <<http://www.cdc.gov/nchs/hus.htm>>.

Table 191. Insufficient Rest or Sleep by Number of Days and Selected Characteristics: 2008

[In percent. Age-adjusted to 2000 projected U.S. population. Respondents were asked, "During the past 30 days, for about how many days have you felt you did not get enough sleep?"]

Characteristic	Number ¹	Days without enough rest or sleep			
		0 days	1–13 days	14–29 days	30 days
Total	403,981	30.7	41.3	16.8	11.1
Sex:					
Male.....	152,513	33.6	40.9	15.6	9.9
Female.....	251,468	28.1	41.5	18	12.4
Age:					
18 to 24 years old.....	13,881	23.2	45.5	19.7	11.6
25 to 34 years old.....	38,978	21.8	44.1	20.4	13.8
35 to 44 years old.....	61,350	22.8	45.2	20.1	12.0
45 to 64 years old.....	169,906	30.5	42.4	16.3	10.9
65 years old or over.....	119,866	56.7	28.3	7.6	7.4
Race/ethnicity:					
White, non-Hispanic.....	318,694	27.9	42.7	18.2	11.2
Black, non-Hispanic.....	31,513	30.4	40.4	16.0	13.3
Other, non-Hispanic ²	22,108	35.4	37.2	15.8	11.6
Hispanic ³	28,045	38.8	37.7	13.0	10.5
Employment status:					
Employed.....	215,127	28.7	44.2	17.1	9.9
Unemployed.....	16,797	32.5	36.7	16.9	13.9
Retired.....	106,325	43.8	33.2	13.4	9.5
Unable to work.....	25,956	24.3	28.4	21.6	25.8
Homemaker or student.....	38,395	31.3	41.7	15.9	11.1
Education:					
Less than high school.....	39,395	37.9	33.6	14.2	14.3
High school or GED ⁴	121,346	33.8	37.3	15.7	13.2
Some college or college graduate.....	242,194	28.0	44.5	17.9	9.6
Marital status:					
Married.....	226,418	30.9	42.1	15.9	11.1
Divorced, widowed, or separated.....	119,372	30.4	35.1	18.6	16.0
Member of unmarried couple.....	8,945	28.4	42.8	16.7	12.1
Never married.....	48,016	31.6	41.0	16.7	10.6

¹ Unweighted sample. Categories may not sum to total due to missing responses. ² Asian, Hawaiian or other Pacific Islander, American Indian/Alaska Native, or multiracial. ³ Persons of Hispanic origin may be any race. ⁴ General Education Development certificate.

Source: U.S. Centers for Disease Control and Prevention, Atlanta, GA, *Morbidity and Mortality Weekly Report*, Vol. 58, No. 42, 2009. See also <<http://www.cdc.gov/mmwr/index2009.html>>.