

## ***Safety Tips for Adults***

1. Make sure you know where the children in your care are at all times, and make certain to provide close supervision at all times either yourself or by trusted adults.
2. Help children acclimate to new environments by taking time to show them around and explain any rules or guidelines to children who are old enough to understand.
3. Since the environment is new for the children in your care, ask how you may make the stay more comfortable.
4. Establish a routine with the children that includes scheduled nutritious meals and bedtimes.
5. Give children time to acclimate, and be patient with those who appear to be withdrawn, shy, or angry.
6. When talking to the children in your care, do so in a calm, nonthreatening, and reassuring manner.
7. Be sensitive to children's individual needs, and seek professional help for any children in your care who demonstrate acting out behaviors, appear to be extremely withdrawn, or have difficulties adjusting to the new environment.
8. Be as involved as possible in activities in which the children in your care participate so you may better observe the adults in charge and how they interact with program participants.
9. Encourage open communication, listen compassionately, and take every opportunity to reassure.
10. Get the support you need from other adults so you may be in the best shape to help those in your care. Reach out for helpful resources.