menopause



mood swings

hot flashes



low sex drive

night sweats



problem sleeping



irregular periods



bone loss

sexual discomfort



weight gain



We're here to listen and help. Let's talk about it... face to face.



For more information about menopause and related clinical guidelines please visit the North American Menopause Society at www.menopause.org.



ata indicate that women feel reluctant to discuss HT and menopause with their providers. In fact, one study noted that almost half of women [in the study] left the physician's office with unanswered questions about HT and menopause, with almost two-thirds indicating that HT was not ever discussed in their appointment.¹

This clinical education aid is designed to facilitate discussion of menopause and its symptoms with your patients.

The physicians who designed this aid (see below) recommend framing and displaying it in a prominent location in your waiting room, exam room or even in your patient restroom.

We hope you'll find it a useful addition to your office.

LEAP Group

Chair

David Russell, MD

Medical Director-Medical Clinic of North Texas – OB/GYN President-Southwestern Gynecologic Assembly North Richland Hills, TX

Members

Ralph Anderson, MD, FACOG, FRCS (c)

Chairman and Assistant Professor Dept. of OB/GYN University of North Texas Health Science Center Fort Worth, TX

Robert Frymier, MD

Regional Consultant Institute for Healthcare Communication Annapolis, MD

Michael Goldstein, MD

Associate Director Institute for Healthcare Communication New Haven, CT

Robin Hall, DO

Assistant Clinical Professor University of North Texas Health Science Center Fort Worth, TX

Lisa Martinez, RN, JD

Executive Director The Women's Sexual Health Foundation Cincinnati, OH

JoAnn Pinkerton, MD

Medical Director/Professor of Obstetrics and Gynecology Midlife Health Center / University of Virginia Charlottesville, VA

Claudio Soares, MD, PhD, FRCPC

Director, Women's Health Concerns Clinic Associate Professor of Psychiatry McMaster University Hamilton, Ontario

Ex-Officio

James Hall, PhD, FABMP

Associate Professor of Medicine and Psychology Internal Medicine, Psychology University of North Texas Health Science Center Fort Worth, TX

[1] Clinkingbeard C, Minton BA, Davis J, McDermott K. Women's knowledge about menopause, hormone replacement therapy (HRT), and interactions with healthcare providers: an exploratory study. J Womens Health Gend Based Med. 1999 Oct;8(8):1097-102.



