

you with life and work issues...

and Work-Life Information

corphealth.eap.com
 user name: unthsc (all lower case)
 password: unthsc (all lower case)

Access to online services

Through the program, you have access to a comprehensive resource. The website features a variety of free articles, audio features, and calculators to help you with budgeting and planning. You can also listen to webinars, download legal forms and sign up for newsletters.

866-219-1232

EAP and Work-life Information

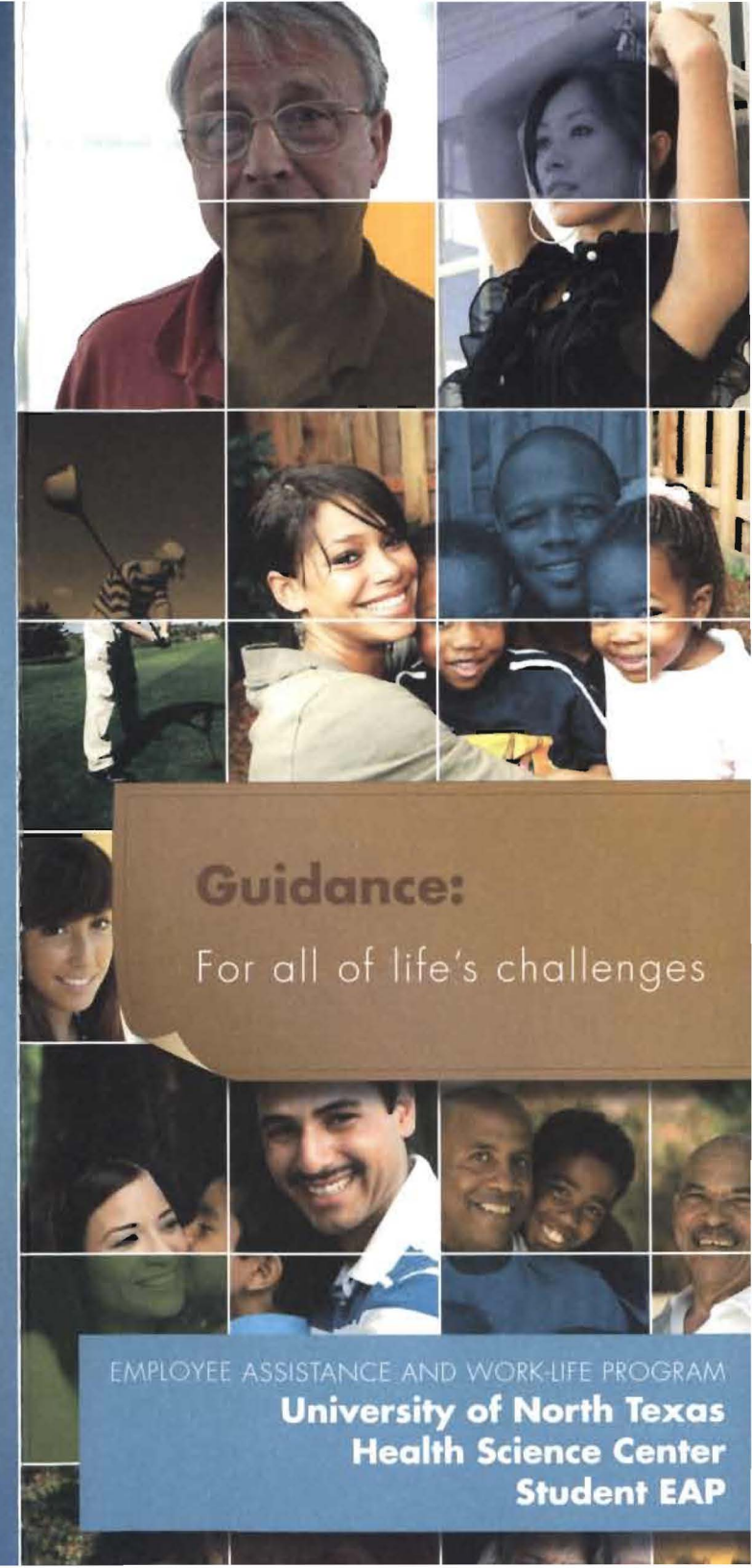
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 password: unthsc (all lower case)

Providing immediate, professional assistance with personal, work-related, or emotional concerns.

Services are provided for all eligible employees and family members.

EMPLOYEE ASSISTANCE AND WORK-LIFE PROGRAM

provided through



Guidance:
 For all of life's challenges

EMPLOYEE ASSISTANCE AND WORK-LIFE PROGRAM
**University of North Texas
 Health Science Center
 Student EAP**

Employee Assistance & Work-Life Program

Life, relationships, work, money, legal, family and everyday issues, all can be challenging. Sometimes you need help and guidance coming up with the answers and practical solutions. Your Employee Assistance (EAP) & Work-Life Program is here for you and your family—any day, any time. Best of all your organization provides this completely confidential service at no cost to you.

When you call you'll talk with a trained professional who will:

- Ask you about your situation
- Help you clarify the problem
- Offer guidance and support
- Connect you with experts who can help with work-life issues
- Refer you to a local EAP counselor for up to six face-to-face sessions



Get the guidance you need – any day, any time.
Corphealthep.com 866-219-1232

Life

- Stress
- Addiction and recovery
- Depression
- Anxiety
- Relationships
- Grief and loss

Legal

- Estate planning
- Legal forms (wills, living wills, power of attorney, final arrangements)
- Free initial legal consultation, 25% discount from standard legal fees for subsequent services

Family

- Childcare resources
- Emergency and backup care
- Summer school/vacation camp
- Parenting
- Adoption
- Child development
- College planning
- Caring for older adults

Work

- Co-worker relationships
- Change and transition
- Balancing work and personal life
- Relocation
- Business travel
- Job stress
- Communication

Money

- Budgeting
- Debt management
- Home buying and refinancing
- Retirement planning
- Insurance
- Tax planning

Everyday Issues

- Consumer information
- Home remodeling and repair
- Home and car buying
- Big-ticket purchases
- Pet care resources

Guidance:

For all of life's changes

Strict Confidentiality

Personal information about you and your dependents is confidential. EAP complies with all local, state and federal privacy laws.

access is easy! 24/7

866-219-1232

