

Main course – single serving size containers preferred

- any Campbell's Soup at Hand
- Tuna fish
- 1. canned, water packed
- 2. vacuum sealed pouch
- Chef Boyardee products
- Chicken & Dumplings
- Dinty Moore products

Vegetables – 8 oz

Carrots
Potatoes
Green peas
Spinach
Green beans

Can fruits – 8 oz

Peaches
Fruit Cocktail
Pears
Mandarin oranges