



WHAT YOU CAN SAY TO KEEP THE PEACE

1. "I'd like to find a time to talk with you about...When would be good for you?"
2. "It's important for you and me to work this out somewhere outside of our child's hearing. Where would be convenient for you?"
3. "I want to understand how this problem has affected you."
4. "I'm sorry for being late to pick up our child and not calling ahead to let you know. It was very inconsiderate of me."
5. "What can I do to make this better? What can I do to help solve this problem?"
6. "I appreciate the way you get my child to school on time every morning before you go to work, even though it must be a huge hassle for you."
7. "When you say negative things to me in front of our child, I feel disrespected and embarrassed. It makes me want to stay away, and that's not good for the child."
8. "I am scheduled to pick our child up this weekend, but my boss wants me to work overtime, and it would help me in my new job to say yes. Will it be all right for me to have him next weekend instead?"