

Your Monthly Energy Conservation Check List

Month:	
	All our light bulbs are Energy Star LED or compact fluorescent bulbs.
	Progress: □10% □20% □30% □40% □50% □60% □70% □80% □90% □100%
	I have a Energy Star programmable thermostat(s) and have set it for different tempatures, of no more than 8 degree change, when we are at or not at home.
	Progress: □10% □20% □30% □40% □50% □60% □70% □80% □90% □100%
	I have Energy Star ceiling fans and I run them at the lowest speed to get the comfort I want.
	Progress: □10% □20% □30% □40% □50% □60% □70% □80% □90% □100%
	I checked my Heating Ventalation and Air Conditioning air filters and changed them if needed.
	Progress: □10% □20% □30% □40% □50% □60% □70% □80% □90% □100%
	I have evaluated whether or not appliances have the Energy Star logo and visited with everyone in the home about future purchases with the Energy Star logo.
	Progress: □10% □20% □30% □40% □50% □60% □70% □80% □90% □100%
	I have instructed eveyone in the home to close window blinds and/or curtians at night during the winter months and during the day during the summer months.
	Progress: □10% □20% □30% □40% □50% □60% □70% □80% □90% □100%