







SEPTEMBER 2008



Tomball Community Center
Website: www.ci.tomball.tx.us
221 Market St
Tomball, TX 77375
281-255-6221

SEPTEMBER 2008 SPECIAL EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2	3 HKB-St. Anne-noon	4 Dancercise 10:00 Computer class Bus 10:45  Bus 12:45	5
8	9 Origami 9:30 HKB-TRC 2pm	10 Romeo's 9:30 Beginner bridge 1pm HKB-Lawrence Health	11 Dancercise 10:00 Bingo 10am 	12
15 NO BRIDGE	16 HKB-T.Nursing	17 Beginner bridge 1pm	18 Dancercise 10:00 AARP noon-4 Bus 9:45  Bus 12:45	19 AARP noon-4
22 	23 Origami 9:30	24 Juliet's 9:30 Beginner bridge 1pm HKB-Harvest Homes	25 Dancercise 10:00 Bus to Fall Festival 8:00a.m.	26 
29 Take a break 9:30 Pct 4 trip@ 8:30 	30			

ONGOING PROGRAMS

MONDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Exercise
- 9:30 a.m. Games
- 9:30 a.m. Sr. Board Meeting(1st Mon.)
- 9:30 a.m. Take A Break(5th Mon.)
- 9:45 a.m. Advance Exercise
- 10:00 a.m. Senior Meeting(1st Mon.)
- 12:30 p.m. Bridge
- 5:00 p.m. Sister City(3rd Mon.)
- 6:00 p.m. North Star(3rd Mon.)
- 6:15 p.m. Troop 10673(1st & 3rd Mon.)
- 6:30 p.m. Troop Council(last Mon.)

TUESDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Quilting
- 9:00 a.m. Watercolor class
- 9:30 a.m. Origami
- 10:00 a.m. Delphians(1st&3rdTue.)
- 10:30 a.m. La Leche(2nd Tue.)
- 12:00 p.m. Games
- 1:00 p.m. Line dancing
- 2:00 p.m. Hometown KB(2nd Tue.)
- 6:00 p.m. Troop #10122(2nd & 4th Tue.)
- 6:30 p.m. TARC(1st Tue.)Anxiety
- 7:00 p.m. NAMI(1st Tue)Support
- 7:00 p.m. NAMI(2nd Tue)
- 7:00 p.m. Riding Club(3rd Tue.)

WEDNESDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Exercise
- 9:30 a.m. Games
- 9:45 a.m. Advance Exercise
- 11:00 a.m. Rotary
- 1:00 p.m. Beginners Bridge
- 2:00 p.m. Hometown KB(2nd & last Wed)
- 6:30 p.m. Coin Club (2nd Wed.)

THURSDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:30 a.m. Origami
- 9:00 a.m. Euchre
- 10:00 a.m. Dancercise
- 11:30 a.m. Focusing Families
- 12:15 p.m. Computer Classes(1st&3rd)
- 1:00 p.m. Games
- 6:00 p.m. Troop #10382(2nd&4th Thur.)
- 6:30 p.m. Promenaders

FRIDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure Chcek
- 9:00 a.m. Exercise
- 9:30 a.m. Take A Break(5th Fri.)
- 9:30 a.m. Games
- 9:30 a.m. Quilting
- 9:30 a.m. Porcelain Art(1st Fri.)
- 9:45 a.m. Advance Exercise Rm B
- 12:30 p.m. 50+ Singles

SATURDAYS – NON PROFIT ONLY

UNTIL NOON

- 8:00 a.m. NW Amateur Radio(4thSat.)
- 8:30 a.m. Needle Arts (2nd Sat.)
- 10:00 a.m. Dtrs. Of Confederacy (1stSat.)

MONDAY'S EVENTS

- 1st** - The Center is closed due to the holiday. Have a save time.
- 29th** - Take a break 9:30am, please sign up in the office.
- 29th** - The Pct.4 trip for 50+ will head to Sealy for a historic tour of Homes, The Haynes Mattress Factory, and a Catholic Church from the 1800's. The trip charge is \$4.00. We will have a buffet lunch in Sealy, those costs are on your own. The bus will leave at 8:30 a.m. and return around 4:00 p.m. Please sign up.

ADVANCE EXERCISE

Monday, Wednesday, Friday



We will begin dancing with Richard Simmons following right after regular exercise class is over at 9:45am. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun. **(Except first Monday) Fridays in room B**



WALKING

Come and enjoy a safe and comfortable atmosphere to walk in. So, get out those old sneakers and dust them off and get your feet moving with us in Room A.

EXERCISE



Every Monday, at 9:00 we exercise in room A! Come join us and get in shape. Open for all ages.

KEEPING FIT



A Center staff is available to take your blood pressure. All you need to do is stop by the office. We check and you track.

MONDAY'S CLUBS & ORGANIZATIONS

SENIOR ORGANIZATION

This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support in room A. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community. First Monday every month @ 10a.m.

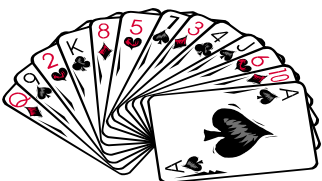


Community Center Quilters

Room A @ 9:30a.m.



This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced hand quilters are welcomed.



BRIDGE CLUB

Every Monday @ 12:30p.m.



Bridge is open for anyone that is a serious player. If you are interested in joining this group in room A, please contact the President Susan Hall or the Center.

TUESDAY'S EVENTS

- 9th** - Hometown Kitchen Band will be performing at Tomball Retirement Center at 2p.m. Performers, please be there at 1:45pm
- 16th** - Hometown Kitchen Band will be performing at Tomball Nursing at 2p.m., Performers, please be there at 1:45p.m.

Every Tuesday 9 – noon Watercolor class



If you are interested in a watercolor class, please call and sign up. Darcel Mercer has taught this class before and it was a huge success ending with a wonderful art show exhibit. We will have a supply list in the office, so please come by.



1st & 3rd Tuesday @ 9:30a.m.

This class is an art of Japanese paper folding. Come and see you may just like it. It's fun to create art. The volunteer teaching is Jessica Bishea.

TUESDAY'S CLUB & ORGANIZATIONS

NAMI METROPOLITAN HOUSTON

2ND TUESDAY @ 6:00 P.M. IN ROOM B

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information call. This month we will have John Pickett, Community Education-Intracare Hospital speaking on their programs and future plans.

TOMBALL ARCHEOLOGICAL RECOVERY



1ST TUESDAY @ 7:00 P.M. IN ROOM B



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

WILD BUNCH RIDING & ROPING CLUB



3RD TUESDAY @ 7:00 P.M. IN ROOM B

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

TUESDAY'S CLUB & ORGANIZATIONS



LA LECHE LEAGUE

2nd TUESDAY 10:30A.M.-12:30P.M.

The mission of this non-profit group that is open to the public is to support and educate women who wish to breast feed their children.

DELPHIANS

1st & 3rd TUESDAY @ 10:00 A.M. IN ROOM B

This chapter is a women's organization that meets in small educational discussion groups twice a month. The primary philanthropic objective of the members of the Assembly and the Foundation is to assist undergraduate students in reaching their goal of acquiring a college education.

LINEDANCING

ROOM A

Come every Tuesday at 1 p.m. to learn how to line dance with volunteer, Terry Mandzuk. It's fun and you get a full work out. We would love to have you just visit and watch. Open to all ages.



WEDNESDAY'S EVENTS

- 3rd** - Hometown Kitchen Band will be performing at St. Anne's at 2p.m.
Performers, please be there at 1:45pm
- 10th** - Romeo's trip to The Buffalo Soldiers Museum. We will leave the center at 9:30 and return around 2:30. The cost of the tour is \$2.00 with lunch costs on your own. Please sign up before September 8th.
- 24th** - Juliet's cruise on Lake Conroe. Lunch is included along with music. The cost is \$22.00 and you must sign up by September 22nd. We will leave the center at 9:30 and return around 2:00.
- 24th** - Hometown Kitchen Band will be performing at Harvest Homes at 2p.m.,
Performers, please be there at 1:45p.m.

ADVANCE EXERCISE



We will be dancing with a tape of Richard Simmons at 9:45am. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun.



WALKING

Come and enjoy a safe and comfortable atmosphere to walk in. So, get out those old sneakers and dust them off and get your feet moving with us in Room A.



EXERCISE



Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and lots of smiles.☺☺



BEGINNER BRIDGE

Every Wednesday 1-3pm.

If you are interested in learning beginner bridge, the class starts at 1p.m. and is over by 3p.m. in Room B. This class is not for those that already know how to play, but for those that wish to learn how. The volunteer will be Darlene Nassau.

WEDNESDAY'S CLUBS & ORGANIZATION

ROTARY

EVERY WEDNESDAY @ 11 A.M. IN ROOM A

This is an organization that operates exclusively for the promotion of social welfare and net earnings are devoted exclusively to charitable, educational, or recreational purposes.

TOMBALL COIN CLUB



2nd WEDNESDAY @ 7 P.M. IN ROOM B



We are just starting our club, but the one thing we all like to do is talk about coins. If you collect coins and would like to share, then come and join us. If you have any questions, please call at 281-255-6221.

THURSDAY'S EVENTS

- 4th - The City bus will depart at 12:45p.m. to go over to the College for computer classes. Please register in the office.
- 4th - Bus leaving at 10:45 for lunch at Pecos Grill for lunch.
- 11th - Blood Drive in room A starting at noon.
- 11th - The Center's bus will depart at 10 am to play bingo in Conroe. You must be 8+ years to go. Please reserve your seat on the bus.
- 18th - AARP defensive driving, see details below.
- 18th - Washington County Fair in Brenham. We will leave the center at 9:45 and return around 3:30. The cost is \$3.00 and does include lunch. Please sign up before September 16th.
- 25th- The bus will leave at 8:30 for a trip over to Mangum-Howell Center for their Fall Festival. A spaghetti lunch will be served for \$4.00. We will return around 3:00.



COMPUTER CLASSES

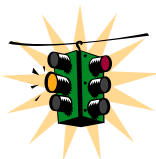
1st & 3rd Thursday



If you are interested in learning more about computers, please sign up in the office. We have a reserved class just for the Community Center at the college and it's FREE. The bus will leave at 12:45. Our bus capacity is 25.

BLOOD DRIVE

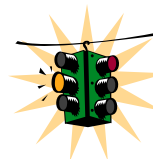
The City of Tomball will be having a blood drive September 11th starting at 12:30p.m. To schedule an appointment, visit www.giveblood.org and login to Digital Donor. Enter sponsor code L385 or contact Shawn Cox at (281) 290-1001.



AARP Defensive Driving Class

September 18th & 19th

Noon till 4:00 p.m.



Requirements: You must be past your 50th birthday, have a valid driver's license, and have NO outstanding traffic violations. Certificates are awarded after completion of the full eight hour course. The cost is \$10.00 and must be paid in the office at time of reservations. Make check payable to AARP. Class must have a minimum of 12 and a maximum of 30.

THURSDAY'S CLUB'S & ORGANIZATIONS

FOCUSING FAMILIES

EVERY THURSDAY @ 11:30AM-1:30PM

This is a non-profit organization committed to strengthening individuals, families and communities through education, prevention and intervention to eliminate family violence, sexual assault, and other crisis issues. This will help provide safe conversation that will allow you to gain knowledge and support from other members that can help you.

SESQUICENTENNIAL PROMENADERS

EVERY THURSDAY @ 7:00 – 10 P.M.



If you are interested in meeting people and having fun come by and visit with us anytime in room A. If you would like more information about square dancing, please contact the Center.



GIRL SCOUT TROOPS



The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

FRIDAY'S EVENTS

19th - The continuation of AARP class. Begins at noon.

26th – Potluck, bring a dish to share.

ADVANCE EXERCISE

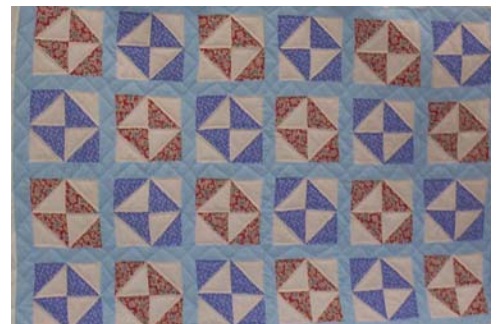


Come and exercise with a tape of Richard Simmons at 9:45am in room B. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun.



11:45 A.M. IN ROOM A September 26th

Bring your favorite covered dish with enough to share, and invite a friend, neighbor, or relative. This monthly gathering is a great opportunity to meet friendly, interesting folks from all walks of life, and engage in wonderful conversations.



Community Center Quilters

This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.

FRIDAYS CLUBS & ORGANIZATIONS



PORCELAIN ART GUILD

1ST FRIDAYS AS SCHEDULED



We love to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like more information, please call.

50+ SINGLES GROUP

If you are interested in getting to know people that are outgoing and would like to socialize after hours or just go out for fun, then this group may be for you. The meetings will be held the 1st Friday of every month in . Come to the meeting for details.

SOMETHING FOR EVERYONE

Come and enjoy your favorite activity or go with us on a trip. The Center offers a variety of events, classes, trips, socials, rental space and seminars that may be of interest to you or our community of all ages. You may pick up one of our calendars in the foyer at the Cherry street entrance or go on line at www.ci.tomball.tx.us under Community Center and then calendar to print you a copy. We hope to see you.

Center's Recipe for the Month

PEA SALAD

**1pkg. Frozen peas-rinsed off &
drained(not cooked)**

4 tbsp. cheddar cheese(grated)

3 hard boiled eggs (chopped)

4 tbsp. onions chopped

4 sl. Bacon(crumbled)

1/3 c. mayonnaise & 1tbsp. Sugar

**Combine all ingredients, toss cover &
refrigerate until ready to serve**

Note: If you have a favorite recipe you would like to share, please drop it in the box located in the office.

SATURDAYS NON- PROFIT ORGANIZATIONS

ONLY UNTIL NOON



**NORTHWEST AMATEUR
RADIO SOCIETY**



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.

DAUGHTERS OF CONFEDERACY

This organization is to honor the memory of our confederate soldiers and uphold the tradition for which they fought. Membership are women that are 16 years of age and are blood or lineal descendant. This group is historical, educational, benevolent, memorial and patriotic. Will resume September 6th.

Tomball Community Center Staff

Wanda Sutton – Director

Terrie Marchand

Cathy Rogers

Diana Lujan