

MAY 2008



Tomball Community Center
Website: www.ci.tomball.tx.us
221 Market St
Tomball, TX 77375
281-255-6221

MAY 2008 SPECIAL EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1  Computer 12:15 Hot dog social 11:30 </p> <p>HKB practice 9am </p>	2
5	<p>6 </p> <p>Origami 9:30 Boudreaux @ 10:30 </p>	7	8	9
		<p>Romeo's 9:45</p> <p></p>	<p>HKB practice 9am Food Class 8-4pm</p>	<p>Nacho social 11:30am</p> <p></p>
12	13	14	15	16
<p>Mother brunch @ 8:15am</p> <p></p>	<p>Origami 9:30 Romeo's @ 7:30 HKB-TRC 2pm</p>	<p>Juliet's 10:30am Robins/meeting</p> <p>HKB-Lawrence Health Care 2pm</p>	<p>Taste of Asia 10:45am</p> <p></p> <p>Computer 12:15</p> <p> </p>	<p>11:45AM</p> <p></p> <p>WINNERS ONLY</p>
19	20	21	22	23
<p>Pct 4 50+</p> <p></p>	<p></p> <p>50+luncheon 11:45am</p> <p>Tomball Nursing @ 2pm.</p>	<p></p> <p>Bingo @ 10am</p> <p></p>	<p>50+luncheon 11:45am</p> <p></p>	<p>11:30 AM</p> <p></p>
26	27	28	29	30
<p>CLOSED</p>	<p>Zaza @ 10:45am</p> <p></p>	<p>Harvest Homes 2pm</p>	<p>Blood drive 10-2 room A</p> <p></p>	<p>Take a Break 9:30am</p> <p></p>

ONGOING PROGRAMS

MONDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Exercise
- 9:30 a.m. Games
- 9:30 a.m. Sr. Board Meeting(1st Mon.)
- 9:30 a.m. Take A Break(5th Mon.)
- 9:45 a.m. Advance Exercise
- 10:00 a.m. Senior Meeting(1st Mon.)
- 12:30 p.m. Bridge
- 5:00 p.m. Sister City(3rd Mon.)
- 6:00 p.m. North Star(3rd Mon.)
- 6:15 p.m. Troop 10673(1st & 3rd Mon.)
- 6:30 p.m. Troop Council(last Mon.)

TUESDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Quilting
- 9:30 a.m. Origami
- 10:00 a.m. Delphians(1st&3rdTue.)
- 10:30 a.m. La Leche(2nd Tue.)
- 12:00 p.m. Games
- 1:00 p.m. Line dancing
- 2:00 p.m. Hometown KB(2nd Tue.)
- 6:00 p.m. Troop #10122(2nd & 4th Tue.)
- 6:30 p.m. TARC(1st Tue.)Anxiety
- 7:00 p.m. NAMI(1st Tue)Support
- 7:00 p.m. NAMI(2nd Tue)
- 7:00 p.m. Riding Club(3rd Tue.)

WEDNESDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Exercise
- 9:30 a.m. Games
- 9:45 a.m. Advance Exercise
- 11:00 a.m. Rotary
- 1:00 p.m. Beginners Bridge
- 2:00 p.m. Hometown KB(2nd & last Wed)
- 6:30 p.m. Coin Club (2nd Wed.)

THURSDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:30 a.m. Origami
- 9:00 a.m. Euchre
- 11:30 a.m. Focusing Families
- 12:15 p.m. Computer Classes(1st&3rd)
- 1:00 p.m. Games
- 6:00 p.m. Troop #10382(2nd&4th Thur.)
- 6:30 p.m. Promenaders

FRIDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure Chcek
- 9:00 a.m. Exercise
- 9:30 a.m. Take A Break(5th Fri.)
- 9:30 a.m. Games
- 9:30 a.m. Quilting
- 9:30 a.m. Porcelain Art(1st Fri.)
- 12:30 p.m. 50+ Singles
- 1:00p.m. Advance Exercise

SATURDAYS – NON PROFIT ONLY

UNTIL NOON

- 8:00 a.m. NW Amateur Radio(4thSat.)
- 8:30 a.m. Needle Arts (2nd Sat.)
- 10:00 a.m. Dtrs. Of Confederacy (1stSat.)

MONDAY'S EVENTS

- 12th** – The Center will be having a Mother's Day brunch at 8:15am. Men are welcome to come with their wife's. We will be serving egg casserole, assorted muffins, fruit, juice and coffee for \$3.00. Please sign up in the office before May 7th.
- 19th** – The Pct 4 bus for 50+ will be going to Galveston for a tour of The Ocean Star Offshore Energy Center. We will leave at 8:00 and return around 4:00. Joe's Crab shack will be our lunch stop with lunch costs on your own. The cost of the tour is \$7.00.
- 26th** The Center will be closed for Memorial Day. Have a safe and happy holiday.

ADVANCE EXERCISE Mondays

We will begin dancing with Richard Simmons following right after regular exercise class is over at 9:45am. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun. **(Except first Monday)**



WALKING

Come and enjoy a safe and comfortable atmosphere to walk in. So, get out those old sneakers and dust them off and get your feet moving with us in Room A.



EXERCISE

Every Monday, at 9:00 we exercise in room A! Come join us and get in shape. Open for all ages.

KEEPING FIT



A Center staff is available to take your blood pressure. All you need to do is stop by the office. We check and you track.

MONDAY'S CLUBS & ORGANIZATIONS

SENIOR ORGANIZATION

This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support in room A. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community. First Monday every month @ 10a.m.

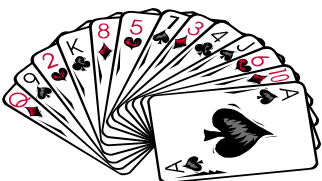


Community Center Quilters

Room A @ 9:30a.m.



This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.



BRIDGE CLUB

Every Monday @ 12:30p.m.



Bridge is open for anyone that is a serious player. If you are interested in joining this group in room A, please contact the President Susan Hall or the Center.

TUESDAY'S CLUB & ORGANIZATIONS

NAMI METROPOLITAN HOUSTON

2ND TUESDAY @ 6:00 P.M. IN ROOM B

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information call. This month we will have John Pickett, Community Education-Intracare Hospital speaking on their programs and future plans.

TOMBALL ARCHEOLOGICAL RECOVERY



1ST TUESDAY @ 7:00 P.M. IN ROOM B



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

WILD BUNCH RIDING & ROPING CLUB



3RD TUESDAY @ 7:00 P.M. IN ROOM B

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

TUESDAY'S CLUB & ORGANIZATIONS



LA LECHE LEAGUE

2nd TUESDAY 10:30A.M.-12:30P.M.

The mission of this non-profit group that is open to the public is to support and educate women who wish to breast feed their children.

DELPHIANS

1st & 3rd TUESDAY @ 10:00 A.M. IN ROOM B

This chapter is a women's organization that meets in small educational discussion groups twice a month. The primary philanthropic objective of the members of the Assembly and the Foundation is to assist undergraduate students in reaching their goal of acquiring a college education.

LINEDANCING

ROOM A

Come every Tuesday at 1 p.m. to learn how to line dance with volunteer, Terry Mandzuk. It's fun and you get a full work out. We would love to have you just visit and watch. Open to all ages.



WEDNESDAY'S EVENTS

- 7th - Romeo's meeting at 9:45 a.m. This is open to all you men that would like to get involved and go places with other guys. No wife's.
- 14th - Juliet's meeting will be at Robins restaurant and the bus will leave at 10:30am. The name for Juliet will be announce at the meeting.
- 14th - Hometown Kitchen Band will be performing at Lawrence Health Care at 2p.m. Performers, please be there at 1:45pm
- 21st - The Center's bus will depart at 10 am to play bingo in Conroe. You must be 8+ years to go. Please reserve your seat on the bus.
- 28th - Hometown Kitchen Band will perform at Harvest Homes at 2 p.m. Performers, please be there at 1:45p.m.

ADVANCE EXERCISE

We will begin dancing with Richard Simmons following right after regular exercise class is over at 9:45am. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun.

WALKING



Come and enjoy a safe and comfortable atmosphere to walk in. So, get out those old sneakers and dust them off and get your feet moving with us in Room A.



EXERCISE



Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and lots of smiles. 😊😊

KEEPING FIT



A Center staff is available to take your blood pressure. All you need to do is stop by the office. We check and you track.



BEGINNER BRIDGE

Every Wednesday 1-3pm.

Starting on May 7th will be the first class if you are interested in learning beginner bridge. This class is not for those that already know how to play, but for those that wish to learn how. The class starts at 1 o'clock and is over at 3p.m in Room B. The volunteer will be Darlene Nassua.

WEDNESDAY'S CLUBS & ORGANIZATION

ROTARY

EVERY WEDNESDAY @ 11 A.M. IN ROOM A

This is an organization that operates exclusively for the promotion of social welfare and net earnings are devoted exclusively to charitable, educational, or recreational purposes.

TOMBALL COIN CLUB



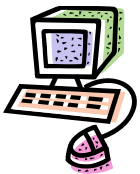
2nd WEDNESDAY @ 6:30 P.M. IN ROOM B



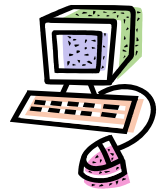
We are just starting our club, but the one thing we all like to do is talk about coins. If you collect coins and would like to share, then come and join us. If you have any questions, please call at 281-255-6221.

THURSDAY'S EVENTS

- 1st - The City bus will depart at 12:15p.m. to go over to the College for computer classes. Please register in the office.
- 1st - For anyone that participates in any of the Center's activities, we invite you to come and enjoy a hot social with us for \$3.00 at 11:30am. Please sign up in the office before April 8th .
- 8th - A Food handling class will be held in Spanish in Room A, 8-4pm.
- 15th - The Center's bus will depart at 10:45am to eat at Taste of Asia. Please call or come by to register in the office.
- 15th - The City bus will depart at 12:15p.m. to go over to the College for computer classes. Please register in the office.
- 22nd - The 50+luncheon will consist of meatloaf, green beans, mash potatoes, roll and dessert for \$4.00. Please come by the office before the 19th.
- 29th - There is a blood drive in Room A, 10-2p.m



COMPUTER CLASSES



If you are interested in learning more about computers, please sign up in the office. We have a reserved class just for the Community Center at the college and it's FREE. We will be going on May 1st and 15th. The bus will leave at 12:15. Our bus capacity is 25.

KEEPING FIT



A Center staff is available to take your blood pressure any day from 8 – 3p.m. All you need to do is stop by. We check and you track.

EUCHRE

Every Thursday 9:00-11:00a.m.



Any one wanting to learn or play, just come in and have fun. We are always needed new people and welcome you to join.

THURSDAY'S CLUB'S & ORGANIZATIONS

FOCUSING FAMILIES

EVERY THURSDAY @ 11:30AM-1:30PM

This is a non-profit organization committed to strengthening individuals, families and communities through education, prevention and intervention to eliminate family violence, sexual assault, and other crisis issues. This will help provide safe conversation that will allow you to gain knowledge and support from other members that can help you.

SESQUICENTENNIAL PROMENADERS

EVERY THURSDAY @ 7:00 – 10 P.M.



If you are interested in meeting people and having fun come by and visit with us anytime in room A. If you would like more information about square dancing, please contact the Center.



GIRL SCOUT TROOPS



The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

FRIDAY'S EVENTS

- 2nd** - The 50+ single group in Room C.
- 9th** - For anyone that participates in any of the Center's activities, we invite you to come and enjoy a nacho social with us for \$3.00, Please sign up in the office before April 8th .
- 16th** - Sweet tomato winners only in Room A at 11:45am.
- 30th** - For anyone that participates in any of the Center's activities, we invite you to come and enjoy having a break with us. Please sign up in the office.
- 23rd** - Potluck at 11:45 in Room A.
- 30th** - Take a break in room A at 9:30 for those that participate in any activity at the Center.



11:45 A.M. IN ROOM A May 23rd

Bring your favorite covered dish with enough to share, and invite a friend, neighbor, or relative. This monthly gathering is a great opportunity to meet friendly, interesting folks from all walks of life, and engage in wonderful conversations.



Community Center Quilters

This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.

FRIDAYS CLUBS & ORGANIZATIONS



PORCELAIN ART GUILD **1ST FRIDAYS AS SCHEDULED**



We love to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like more information, please call.

50+ SINGLES GROUP



If you are interested in getting to know people that are outgoing and would like to socialize after hours or just go out for fun, then this group may be for you. The meetings will be held the 1st Friday of every month in . Come to the meeting for details.

Need a Place to Meet?

If your organization or group needs a comfortable place to meet. The Community Center is available for rentals. Please contact a Center representative for more details.

SOMETHING FOR EVERYONE

Come and enjoy your favorite activity or go with us on a trip. The Center offers a variety of events, classes, trips, socials, rental space and seminars that may be of interest to you or our community of all ages. You may pick up one of our calendars in the foyer at the Cherry street entrance or go on line at www.ci.tomball.tx.us under Community Center and then calendar to print you a copy. We hope to see you.

SATURDAYS NON- PROFIT ORGANIZATIONS

ONLY UNTIL NOON



**NORTHWEST AMATEUR
RADIO SOCIETY**



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.

DAUGHTERS OF CONFEDERACY

This organization is to honor the memory of our confederate soldiers and uphold the tradition for which they fought. Membership are women that are 16 years of age and are blood or lineal descendant. This group is historical, educational, benevolent, memorial and patriotic.



It's that time of year to support our "ASTROS" for their 2008 season. The Center is planning on going to three daytime games this year, so mark your calendars. The first one is June 12th, followed by July 23rd, and August 28th. If we have more than 20 people then the tickets will be \$2.00 off, otherwise the price for bullpen seats this year is \$26.00. Please sign up for the first game for June before May 8th so that tickets can be purchased.

HARRIS COUNTY PUBLIC HEALTH SERVICES FOOD HANDLING CLASS

May 8th

Favor de llamar al Departamento De Salud Del Consumidor (713-439-6270). Para confirmar las fechas de las clases y centros comunitarios.

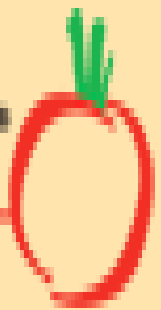
Horarios: Todas las CLASES 8:00 am-4:00pm
Se registra de 8:00a.m. – 8:30a.m.

No advance registration required. Any questions please call consumer Health at (713) 439-6270

- Fee:** Free to all Harris County food service personnel
- Time:** Class begins at 8 a.m. to 4:00p.m.
- Date:** May 8th in Room A

Souplantation & Sweet Tomatoes

salads • soups • bakery



On May 16th Sweet Tomato will cater for 20 people. If you have participated in any of our activities within the last 6 months, then you can place your name in the bowl located in the office for a chance to eat FREE. The office staff will draw 20 names from the bowl on May 12th.
GOOD LUCK!

Center's Recipe for the Month

COLE SLAW

1 large head cabbage(shredded)

1 onion(chopped fine)

**Add shredded carrots & green pepper
(if you like)**

1 cup sugar

1 teaspoon celery seed

1/2 cup vinegar

1/2 cup oil

2 tablespoon salt

1 teaspoon mustard seed

**Put all into small sauce pan & bring to a boil. Boil for a few
Minutes & pour over cabbage mixture and mix well.**

Will keep in refrigerator for 7 days

**Note: If you have a favorite recipe you would like to share, please
drop it in the box located in the office.**

FREE CPR CLASSES

Northwest EMS and the Tomball Fire Department will provide CPR training once a month beginning March 1. The classes will be held at the Tomball Fire Department Station 1, 1200 Rudel. Classes will commence at 9a.m. and will be completed by approximately 2p.m. Classes will be free to the public as TFD will cover the cost of any training materials as part of our public education outreach program. The following is a schedule of the 2008 classes:

March 1

April 19

May 3

June 21

July 5

August 23

September 6

October 25

November 1

No class in December



Tomball Community Center Staff

Wanda Sutton – Director

Terrie Marchand

Cathy Rogers

Diana Lujan