



Tomball Community Center Website: www.ci.tomball.tx.us 221 Market St Tomball, TX 77375 281-255-6221

MARCH 2008 SPECIAL EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
31 Take a Break Adv Exercise 9:45am				
3	4 Origami 9:30	5 Romeo meet 9:45am	6 HCS leave @10:45 Computer 12:15 100 th Birthday Emma Williams	7
10 ROMEO'S @ 9:00am Adv. Exercise 9:45am	11 Origami 9:30 50+lunch 11:45	12 HKB- Lawrence Health Care-	13 First Aid class 9 – noon Rm B Blue water @ 10:45	14 Potluck 1145
17 Adv. Exercise 9:45am Saw Mill @ 10:30	HKB-TRC-2pm 18 HKB-Tomball Nursing 2pm Rodeo's leave @ 2:30pm	2pm 19 Bingo @ 10am	20 Sweet Tomato Catered in 11:45 Computer 12:15	21 Closed Good Friday
24 Adv. Exercise 9:45am	25 Pct 4 50+ @ 8:00am	26 Harvest Homes 2pm	27 Casino leave @ 7am	28

DAYLIGHT SAVINGS BEGINS MARCH 9TH

FEBRUARY ONGOING PROGRAMS

MONDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Exercise
- 9:30 a.m. Games
- 9:30 a.m. Sr. Board Meeting(1st Mon.)
- 9:30 a.m. Take A Break(5th Mon.)
- 9:45 a.m. Advance Exercise
- 10:00 a.m. Senior Meeting(1st Mon.)
- 12:30 p.m. Bridge
 - 5:00 p.m. Sister City(3rd Mon.)
 - 6:00 p.m. North Star(3rd Mon.)
 - 6:15 p.m. Troop 10673(1st & 3rd Mon.)
 - 6:30 p.m. Coin Club (2nd Mon)
 - 6:30 p.m. Troop Council(last Mon.)

TUESDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Quilting
- 9:30 a.m. Origami
- 10:00 a.m. Delphians(1st&3rdTue.)
- 10:30 a.m. La Leche(2nd Tue.)
- 12:00 p.m. Games
- 1:00 p.m. Line dancing
- 2:00 p.m. Hometown KB(2nd Tue.)
- 6:00 p.m. Troop #10122(2nd & 4th Tue.)
- 6:30 p.m. TARC(1st Tue.)Anxiety
- 7:00 p.m. NAMI(1st Tue)Support
- 7:00 p.m. NAMI(2nd Tue)
- 7:00 p.m. Riding Club(3rd Tue.)

WEDNESDAYS

- 8:00 a.m Walking
- 8:00 a.m. Blood Pressure check
- 9:00 a.m. Exercise
- 9:30 a.m. Games
- 9:45 a.m. Advance Exercise
- 11:00 a.m. Rotary
- 2:00 p.m. Hometown KB(2nd & last Wed)
- 5:30 p.m. Cooper Foundation

THURSDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure check
- 9:30 a.m. Origami
- 10:00 a.m. Euchre
- 1:00 p.m. Games
- 6:00 p.m Troop #10382(2nd&4th Thur.)
- 6:30 p.m. Promenaders

FRIDAYS

- 8:00 a.m. Walking
- 8:00 a.m. Blood Pressure Chcek
- 9:00 a.m. Exercise
- 9:30 a.m. Take A Break(5th Fri.)
- 9:30 a.m. Games
- 9:30 a.m. Quilting
- 9:30 a.m. Porcelain Art(1st Fri.)
- 12:30 p.m. 50+ Singles
 - 1:00p.m. Advance Exercise

<u>SATURDAYS – NON PROFIT ONLY</u> <u>UNTIL NOON</u>

- 8:00 a.m. NW Amateur Radio(4thSat.)
- 8:30 a.m. Needle Arts (2nd Sat.)
- 10:00 a.m. Dtrs. Of Confederacy (1stSat.)

MARCHA EN PROGRAMAS QUE VAN

LUNES

- 8:00 a.m. El caminar
- 8:00 a.m. Cheque de la presion arterial
- 9:00 a.m. Ejercicio
- 9:30 a.m. Tome un break(5th Mon.)
- 9:30 a.m. Juegos
- 9:30 a.m. Tablero Meeting(1st Mon Del Sr.)
- 9:45 a.m. Ejercicio Anticipado
- 10:00 a.m. Meeting(1st mayor Mon.)
- 12:30 p.m. Puente
 - 5:00 p.m. City(3rd Mon.)
 - 6:00 p.m. Star(3rd del norte Mon.)
 - 6:15 p.m. Matcha 10673(10 y 3ro mon)
 - 6:30 p.m. Moneda Club(2nd Mon.)
 - 6:30 p.m. Troop Council(last Mon.)

MARTES

- 8:00 a.m. El caminar
- 9:00 a.m. El acolchar
- 9:30 a.m. Origami
- 10:00 a.m. Delphians
- 10:30 a.m. Leche del la
- 12:00 p.m. Juegos
- 1:00 p.m. Linea el bailar
- 2:00 p.m. Ciudad natal kb(2nd Tue)
- 6:00 p.m. Troop #10122(2nd & 4th Tue.)
- 6:30 p.m. TARC(1st Tue.)
- 7:00 p.m. NAMI(1st y 2do Tue.)
- 7:00 p.m. Tue del montar acaballo $club(3^{rd})$

MIERCOLES

El caminar 8:00 a.m. Cheque de la presion arterial 8:00 a.m. Ejercicio 9:00 a.m. 9:30 a.m. Juegos 9:45 a.m. Ejercicio Anticipado 11:00 a.m. Rotatirui 2:00 p.m. La ciudad natal kb (2nd y el ultimo Wed.) Fundacion Del Fabricante de 5:30 p.m. vinos

JUEVES

- 8:00 a.m. El caminar
- 9:30 a.m. Origami
- 10:00 a.m. Euchre
- 1:00 p.m. Juegos
- 6:00 p.m Marcha 10382 (o y to Thur.)
- 6:30 p.m. Promenaders

VIERNES

- 8:00 a.m. Juegos
- 9:00 a.m. Ejercicio
- 9:30 a.m. Tome un break(5th Mon.)
- 9:30 a.m. Juegos
- 9:30 a.m. El acolchar
- 9:30 a.m. Porcelana art (1st Fri.)
- 12:30 p.m. 50+ escoge
 - 1:00 p.m. Ejercicio Anticipado

<u>SABADOS – NO BENEFICIESE</u> SOLAMENTE HASTA MEDIODIA

- 8:00 a.m. Aficionado radio (4th del nan ouatio sentado)
- 8:30 a.m. Aguja arts (2nd Sentada)
- 10:00 a.m. Dtrs. De confederacy(1st

sentado)

MONDAY'S EVENTS

10th - ROMEO'S trip to the Houston Police Museum. We will leave at 9:00 and return around 2:00. The trip is free with lunch costs at China Bear on your own. Please sign up before March 6th.

- 17th -We will be going out to eat for St. Patrick's Day at the Saw Mill Grill. We will leave the Center at 10:30a.m., so call or come by to reserved your seat on the bus.
- 31^{st} Take a break will us. Please sign up in the office. Starts at 9:30a.m.

Mondays

We will begin dancing with Richard Simmons following right after regular exercise class is over at 9:45am. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun. (Except first Monday)





Come and enjoy a safe and comfortable atmosphere to walk in. So, get out those old sneakers and dust them off and get your feet moving with us in Room A.







Every Monday, at 9:00 we exercise in room A! Come join us and get in shape. Open for all ages.





A Center staff is available to take your blood pressure. All you need to do is stop by the office. We check and you track.

MONDAY'S CLUBS & ORGANIZATIONS

SENIOR ORGANIZATION





1st MONDAY EVERY MONTH @ 10A.M.

This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support in room A. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community.



TOMBALL COIN CLUB

2nd MONDAY @ 6:30 P.M. IN ROOM B

We are just starting our club, but the one thing we all like to do is talk about coins. If you collect coins and would like to share, then come and join us. If you have any questions, please call at 281-255-6221.







Bridge is open for anyone that is a serious player. If you are interested in joining this group in room A, please contact the President Susan Hall or the Center.



The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

TUESDAY'S EVENTS

- 11th The 50+ luncheon will be broccoli chicken alfredo, salad, roll and a dessert for \$4.00. Must sign up in the office before March 6th.
- 18th- Let's Rodeo! Join us for a trip to The Houston Livestock Show and Rodeo. The bus will leave at 2:30 and return around 11:00 p.m. Tickets are \$15.00 and must be paid for in advance.
- 18th Hometown Kitchen Band will perform at Tomball Retirement at 2 p.m. Performers, please be there at 1:45p.m.
- 25th- Pct. 4 trip for 50+. We are going to Lake Jackson to tour Sea Center Texas and have lunch at Ryan's. The bus will leave the Center at 8:00 and return around 3:00. The trip fee is a refundable amount of \$2.00 and lunch costs are on your own. Please sign up before March 21st.



Come every Tuesday at 1 p.m. to learn how to line dance with volunteer, Terry Mandzuk. It's fun and you get a full work out. We would love to have you just visit and watch. Open to all ages.





This class is an art of Japanese paper folding. Come and see you may just like it. It's fun to create art. The volunteer teaching is Jessica Bishea. Class for this month will be on March 4th and 11th.

Community Center Quilters



Room A @ 9:30a.m.

This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.

TUESDAY'S CLUB & ORGANIZATIONS NAMI METROPOLITAN HOUSTON 2ND TUESDAY @ 6:00 P.M. IN ROOM B

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information call. This month we will have John Pickett, Community Education-Intracare Hospital speaking on their programs and future plans.

TOMBALL ARCHEOLOGICAL RECOVERY 1st TUESDAY @ 7:00 P.M. IN ROOM B



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

WILD BUNCH RIDING & ROPING CLUB 3rd TUESDAY @ 7:00 P.M. IN ROOM B

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

DELPHIANS

1st & 3rd TUESDAY @ 10:00 A.M. IN ROOM B

This chapter is a women's organization that meets in small educational discussion groups twice a month. The primary philanthropic objective of the members of the Assembly and the Foundation is to assist undergraduate students in reaching their goal of acquiring a college education.

LA LECHE LEAGUE

2nd TUESDAY 10:30A.M.-12:30P.M.



The mission of this non-profit group that is open to the public is to support and educate women who wish to breast feed their children.

WEDNESDAY'S EVENTS

- **5th** Romeo's meeting in Room E at 9:45.
- Hometown Kitchen Band will be performing at Lawrence Health Care at 2p.m. Performers, please be there at 1:45pm.
- 19th The Center's bus will depart at 10 am to play bingo in Conroe. You must be 8+ years to go. Please reserve your seat on the bus
- 67th Hometown Kitchen Band will perform at Harvest Homes at 2 p.m. Performers, please be there at 1:45p.m.

ADVANCE EXERCISE

We will begin dancing with Richard Simmons following right after regular exercise class is over at 9:45am. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun.

WALKING



Come and enjoy a safe and comfortable atmosphere to walk in. So, get out those old sneakers and dust them off and get your feet moving with us in Room A.







Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and lots of smiles.

KEEPING FIT



A Center staff is available to take your blood pressure. All you need to do is stop by the office. We check and you track.

WEDNESDAY'S CLUBS & ORGANIZATION ROTARY

EVERY WEDNESDAY @ 11 A.M. IN ROOM A

This is an organization that operates exclusively for the promotion of social welfare and net earnings are devoted exclusively to charitable, educational, or recreational purposes.

THURSDAY'S EVENTS

- 6th The City bus will depart at 10:45 to eat at the Harris County Smoke House.
 Please call or come by to register.
- 6th The City bus will depart at 12:15p.m. to go over to the College for computer classes. Please register in the office.
- 13th The Center will be having first aid class in Room B from 9 to noon. The cost is \$35.00 and we must have 5 for class to make.
- 13th The City bus will depart at 10:30am to eat at Bluewater's. Please call or come by to register.
- 20th The Center will be having Sweet Tomato catered in at 11:45. The cost is \$8.00 and you must sign up before March 17th. The menu will be wonton salad, Caesar salad, Jones broccoli, tuna tarragon, assorted muffins, bake potatoes with toppings, chocolate chip cookies, tea and lemonade.
- 20th The City bus will depart at 12:15p.m. to go over to the College for computer classes. Please register in the office.
- 27th Casino trip to Coushatta. We will be leaving on a First Class Tour bus and will leave at 7 am and return by 8p.m. The cost is \$5.00. You can bring your food, snacks, blankets, etc. You must be 21 yrs+ to go. Please come by to pay and sign up for there will be no reserving for other people or by phone. So HURRY!





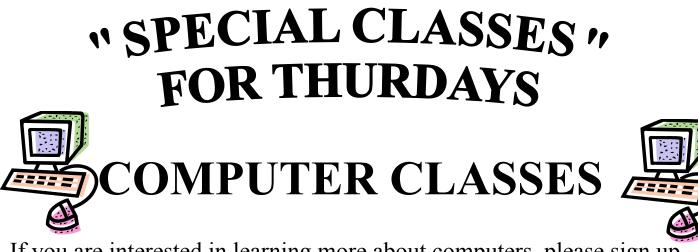
A Center staff is available to take your blood pressure any day from 8-3p.m. All you need to do is stop by. We check and you track.





Every Thursday 9:00-11:00a.m.

Any one wanting to learn or play, just come in and have fun. We are always needed new people and welcome you to join.



If you are interested in learning more about computers, please sign up in the office. We have a reserved class just for the Community Center at the college and it's FREE. We will be going on March 6th and 20th. The bus will leave at 12:15. Our bus capacity is 25.

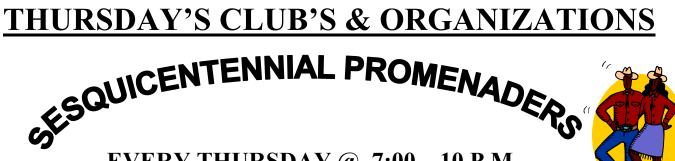


If you are interested in learning about first aid, please come by the office to sign up. The cost is \$35.00 and we must have 5 participants for class to make. Please make checks payable to: MLS Enterprises.



MARCH 27TH

The Center will have a First Class Tour Charter bus pick us up at the front on Market Street at 7:00 a.m. and head to Coushatta Casino. Due to space you can park across from Granny's Corner. The cost of the trip is \$5.00 per person and we <u>MUST</u> have 40 people before March 10th or the trip will cancel.. Once the trip is confirmed with 40 people, then you will get you \$5.00 back and the trip down there is free. We will leave the casino at 4 p.m. and arrive back at the Community Center around 8:00 p.m. You can bring food, drinks, or blankets for the trip. You must be at least 21 years of age. Please no reserving for other people or by phone, you must come to the office to register. Thanks! Good Luck and hope you WIN!



EVERY THURSDAY @ **7:00 – 10 P.M.**

If you are interested in meeting people and having fun come by and visit with us anytime in room A. If you would like more information about square dancing, please contact the Center.





The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

A OLUNTEER NEEDED S

The Center has room to grow and we need you. Monday through Friday between the hours of 8 to 2pm. anyone wanting to share a talent with our Community on behalf of the Center is needed. The Center is looking for someone to teach a craft, watercolor, knitting, basket weaving, exercise instructor, education class or an instrument. Whatever you have that may be of interest to those seeking to learn is welcomed here. Just call or come by and talk to Terrie or Wanda and we will set you up with a room at your convenient for teaching.

FRIDAY'S EVENTS

- 7th 50+ single group in Room C.
- 14th Potluck at 11:45 in Room A.
- **21**st The Center will be closed for Good Friday.



11:45 A.M. IN ROOM A March 14th

Bring your favorite covered dish with enough to share, and invite a friend, neighbor, or relative. This monthly gathering is a great opportunity to meet friendly, interesting folks from all walks of life, and engage in wonderful conversations.





If you are interested in getting to know people that are outgoing and would like to socialize after hours or just go out for fun, then this group may be for you. The meetings will be held the 1st Friday of every month in . Come to the meeting for details.





This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.

FRIDAYS CLUBS & ORGANIZATIONS





1ST FRIDAYS AS SCHEDULED

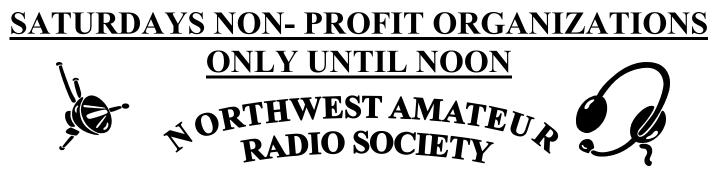
We love to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like more information, please call.

GOMETHING FOR EVERYONE

Come and enjoy your favorite activity or go with us on a trip. The Center offers a variety of events, classes, trips, socials and seminars that may be of interest to our community of all ages. You may pick up one of our calendars and the choice is your as to what you would like to participate in. You may not like some things one month, but each month there are different events that may be of interest you. We are continuing to grow and add new programs so there is something for everyone to do. Come on in and stay awhile with us.



It's that time again. We spring forward with our clocks. Daylight saving time begins March 9th.



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.



This organization is to honor the memory of our confederate soldiers and uphold the tradition for which they fought. Membership are women that are 16 years of age and are blood or lineal descendant. This group is historical, educational, benevolent, memorial and patriotic.

BRING A "FRIEND DAY"

All you need to do is bring your friend by the office and introduce them to one of the staff members. If this is their first time to visit our Center then you will be presented with a "FREE" meal ticket to eat with us. We are looking forward to seeing your new friend.(③)

Need a Place to Meet?

If your organization or group needs a comfortable place to meet. The Community Center is available for rentals. Please contact a Center representative for more details.



Tomball Community Center celebrates its first 100th birthday. The staff would like to say **"Happy 100th Birthday"** to Emma Williams. Emma is always on the go at the Center. She is involved in bridge, bingo and goes out with us on our bus trips. The secret to staying young is to stay active and involve. We need to have Emma share will us how to reach our own 100th birthday.



Tomball Community Center Staff

Wanda Sutton – Director Terrie Marchand Cathy Rogers Diana Lujan