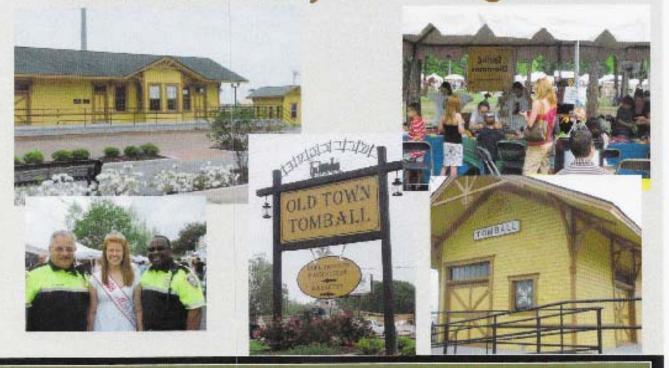
AUGUS7 2008



Tomball Community Center
Website: www.ci.tomball.tx.us
221 Market St
Tomball, TX 77375
281-255-6221

THE CITY OF TOMBALL & THE REGIONAL ARTS COUNCIL PRESENT

2ND SATURDAY AT THE DEPOT June 14 ~ July 12 ~ August 9



Movies - Music - Arts - Food

ENTERTAINMENT BEGINS AT 6:00 P.M.-MOVIE BEGINS AT DARK

MOVIES

FREE ADMISSION

Music

JUNE 14 ~ HAPPY FEET

JULY 12 ~ BEE MOVIE

AUGUST 9 ~ MADAGASCAR

JUNE 14 ~ THE LAIRDS

JULY 12 ~ TBD

AUGUST 9 ~ BRAID

WHAT TO BRING: THE WHOLE FAMILY LAWN CHAIRS

PICNIC BASKET

*NO GLASS CONTAINERS *NO RAIN DATE





AUGUST 2008 SPECIAL EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
,	_			1
4	5	6 Beginner Bridge 1:00 p.m.	7 Dancercise 10:00-11:00 a.m. Pct4 – 8:00 a.m.	8
11	12 50+luncheon 11:45 a.m.	13 Beginner Bridge 1:00 p.m.	14 Food Class 8:00 a.m 4:00P.m.	15 POTLOCK
18	Origami 9:30 a.m. Romeo's 9:00 a.m.	20 Beginner Bridge 1:00 p.m.	21 Dancercise 10:00-11:00 a.m.	22
25	26 Juliet's 9:00	Beginner Bridge 1:00 p.m.	28 Dancercise 10:00-11:00 a.m. 50+luncheon 11:45 a.m. Computer class Bus 12:15 p.m.	29 Take a Break 9:30 am

MONDAY'S EVENTS

DVANCE EXERCISE

We will begin dancing with Richard Simmons following right after regular exercise class which is over at 9:45a.m. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun. (Except every first Monday)

Fridays in room B



NALKING

Come and enjoy a safe and comfortable atmosphere to walk in. So get out those old sneakers, dust them off, and get your feet moving with us in Room A!





Every Monday, at 9:00 a.m. we exercise in room A! Come join us and get in shape. Open for all ages.



A Center staff is available to take your blood pressure. All you need to do is stop by the office. We check and you track.

MONDAY'S CLUBS & ORGANIZATIONS SENIOR ORGANIZATION



This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support in room A. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community. First Monday every month @ 10 a.m.



Bridge is open for anyone that is a serious player. If you are interested in joining this group in room A, please contact the President, Susan Hall, or the Center.

TUESDAY'S EVENTS

- 12th 50+ luncheon will consist of A chopped beef sandwich, potato salad, and dessert. The cost is \$4.00 and you need to sign up before the August 8th.
- 19th- ROMEO'S-will leave the center at 9:00 a.m. for a trip to the 7th Squadron of the 6th Cavalry Regiment for a tour of the Army base and Apache helicopters. The trip is free with lunch costs on your own. Please sign up in the office.
- **26th-** JULIET'S-will leave the center at 9:00 a.m. for a tour of the Co-Cathedral of the Sacred Heart Church. We will have lunch at Treebeards and return to the center around 2:00 p.m. Please sign up in the office.



AUGUST 19th ONLY TUESDAY @ 9:30 a.m.

This class is an art of Japanese paper folding. Come and see you may just like it. It's fun to create art. The volunteer teaching is Jessica Bishea.

TUESDAY'S CLUB & ORGANIZATIONS

NAMI METROPOLITAN HOUSTON

2ND TUESDAY @ 6:00 P.M. IN ROOM B

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held on the second Tuesday of each month.

Community Center Quilters

ROOM A @ 9:30 a.m.



This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds that are collected, are donated back to various organizations on behalf of the group in order to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.

WILD BUNCH RIDING & ROPING CLUB

3rd TUESDAY @ 7:00 P.M. IN ROOM B

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

TUESDAY'S CLUB & ORGANIZATIONS



LA LECHE LEAGUE

2nd TUESDAY 10:30A.M.-12:30P.M.

The mission of this non-profit group is to support and educate women who wish to breast feed their children. This group is open to the public

DELPHIANS

1st & 3rd TUESDAY @ 10:00 A.M. IN ROOM B

This chapter is a women's organization that meets in small educational discussion groups twice a month. The primary philanthropic objective of the members of the Assembly and the Foundation is to assist undergraduate students in reaching their goal of acquiring a college education.

LINEDANCING

EVERY TUESDAY @1:00 P.M.

Come to learn how to line dance with volunteer, Terry Mandzuk. It's fun and you will get a full work out. We would love to have you participate or to just visit and watch. Open to all ages.



WEDNESDAY'S EVENTS

27th - The Center's bus will depart at 10:00 a.m. to play bingo in Conroe. You must be 8+ years to go. Please reserve your seat on the bus.



We will be dancing with a tape of Richard Simmons at 9:45 a.m. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun.



Come and enjoy a safe and comfortable atmosphere to walk in. So get out those old sneakers, dust them off, and get your feet moving with us in Room A.





Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and see lots of smiles. ©©



BEGINNER BRIDGE

1:00 - 3:00 P.M. ROOM B

If you are interested in learning beginner bridge, this class is for you! This class is not for those that already know how to play, but for those that wish to learn how. The volunteer to assist will be Darlene Nassau.

WEDNESDAY'S CLUBS & ORGANIZATION ROTARY

EVERY WEDNESDAY @ 11:00 A.M. IN ROOM A

This is an organization that operates exclusively for the promotion of social welfare and its net earnings are devoted exclusively to charitable, educational, or recreational purposes.

TOMBALL COIN CLUB





2nd WEDNESDAY @ 6:30 P.M. IN ROOM B

We are just starting our club, but the one thing we all like to do is talk about coins. If you collect coins and would like to share, then come and join us. If you have any questions, please call at 281-255-6221.

THURSDAY'S EVENTS

- **7th** Pct. 4 bus trip for 50+ We will be touring the Ashton Villa Museum in Galveston. The cost is \$6.00. Afterwards, we will do some shopping on the strand with lunch on your own. We will leave the Center at 8:00 a.m. and should return around 4:00 p.m.
- 14th Food Handling class in Room A from 8:00 a.m. to 4:00 p.m.
- 21st Ice Cream Social @ 1:00 p.m. The cost is \$2.00 and you need to sign up before August 19th.
- **28th -** 50+ luncheon. The cost will be \$4.00 and the meal will consist of chicken and dumplings, salad, and dessert. Be sure to sign up and pay before August 25th.
- **28th** The City bus will depart at 12:15 p.m. to go over to the Tomball Community College for computer classes. Please register in the office.

KEEPING FIT



A Center staff is available to take your blood pressure any day from 8:00 a.m. -3:00 p.m. All you need to do is stop by and we'll check and track you.





EVERY THURSDAY 9:00 a.m. - 10:00 a.m.

Anyone wanting to learn or play, just come in and have fun. We are always needing new people and welcome you to join.

HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

AUGUST 14th

No advance registration required. Any questions please call consumer Health at (713) 439-6270

•Fee: Free to all Harris County food service personnel

•Time: Class begins at 8:00 a.m. to 4:00 p.m.

•Date: August 14th

•Where: Room A



COMPUTER CLASSES

4th Thursday (this month only)

If you are interested in learning more about computers, please sign up in the office. We have a reserved class just for the Community Center at the college and it's FREE. The bus will leave at 12:15 p.m.. Our bus capacity is 25.

THURSDAY'S CLUB'S & ORGANIZATIONS

FOCUSING FAMILIES

EVERY THURSDAY @ 11:30 A.M. - 1:30 P.M.

This is a non-profit organization committed to strengthening individuals, families and communities through education, prevention and intervention to eliminate family violence, sexual assault, and other crisis issues. This group will help provide safe conversation that will allow you to gain knowledge and support from other members that can help you.

EVERY THURSDAY @ 7:00 p.m. – 10:00 p.m.



If you are interested in meeting people and having fun come by and visit with us anytime in room A. If you would like more information about square dancing, please contact the Center.



GIRL SCOUT TROOPS



The Center has various troops that meet here each month in the evenings. If you are interested in getting involved in one of these groups, please contact the Center for more information.

FRIDAY'S EVENTS

15th - Potluck, bring a dish to share @ 11:45 A.M. 29th - Take a break @ 9:30 a.m. Please sign up





Come and exercise with a tape of Richard Simmons at 9:45 a.m. in room B. Please be sure to wear comfortable shoes because you will be doing a little dancing. We will wiggle into shape with the oldies. It's fun.



11:45 A.M. IN ROOM A August 15th

Bring your favorite covered dish with enough to share, and invite a friend, neighbor, or relative. This monthly gathering is a great opportunity to meet friendly, interesting folks from all walks of life, and engage in wonderful conversations.







Community Center Quilter

This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds that are collected, are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.

FRIDAYS CLUBS & ORGANIZATIONS



We love to paint on porcelain. This class will teach you how to be creative and show you special techniques with paints. If you are interested and would like more information, please call 281 255-6221.



If you are interested in getting to know people that are outgoing and would like to socialize after hours or just go out for fun, then this group may be for you. The meetings will be held the 1st Friday of every month. The meetings are in Room A @ 12:30 p.m.

SOMETHING FOR EVERYONE

Come and enjoy your favorite activity or go with us on a trip. The Center offers a variety of events, classes, trips, socials, rental space and seminars that may be of interest to you or someone you know from the community. We are open to all ages. You may pick up one of our calendars in the foyer at the Cherry street entrance or go online at www.ci.tomball.tx.us under Community Center and then calendar to print you a copy. We hope to see you.

SATURDAYS NON- PROFIT ORGANIZATIONS ONLY UNTIL NOON



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.

QAUGHTERS OF CONFEDERACA

This organization is to honor the memory of our confederate soldiers and uphold the tradition for which they fought. Membership includes women who are 16 years of age or older and are of blood or lineal descendant. This group is historical, educational, benevolent, memorial and patriotic. This organization's meetings will resume September 6th.

NOTE:

We will not be having Kitchen Band performances this month, but will resume in September. Be sure to store your instrument in a safe place and keep it in tune.

Tomball Community Center Staff

Wanda Sutton – Director Terrie Marchand Cathy Rogers Diana Lujan

Center's Recipe for the Month

ALMOND CHICKEN

3 lbs can cream of mushroom soup
15 oz. sliced mushrooms
2 ½ c. chopped onions
2 ½ c. slivered almonds
1 ¼ c. white wine
Salt & pepper
2 sticks of butter
Paprika on top to make pretty

Bake @ 275 degrees in oven for about 1 hour

Note: If you have a favorite recipe you would like to share, please drop it in the box located in the office.