

Tomball Community Center
Website: www.ci.tomball.tx.us
221 Market St
Tomball, TX 77375
281-255-6221

## **JULY 2007**

MONDAY		TUESDAY		WEDNESDAY	THURSDAY		FRIDAY	
EXERCISE 9-9:30 GAMES 9:30-11:30 BRIDGE 12:30-3:30	2 A B A	BLOOD PRESSURE 8-3 QUILTING 9 - 11:30 ORIGAMI 9:30-11:30 LINE DANCING 1 - 2 GAMES 1- 3:30	3 O A B A B	CLOSED	BLOOD PRESSURE8-3 EUCHRE 9 HOMETOWN BAND 9:00 GAMES 10-11:30 GAMES 1-3:30	C B C		6 A A C A
EXERCISE 9-9:30 SR BOARD 9:30-10 SR MEETING 10-12:30 GAMES 9:30-11:30 BRIDGE 12:30-3:30	С	BLOOD PRESSURE 8-3 QUILTING 9 - 11:30 LINE DANCING 1 - 2 GAMES 1- 3:30 HKB-TRC @ 2PM	A A	11 EXERCISE 9 -9:30 GAMES 9:30-12 ROTARY 11-1:30 ROTARY BR. 1:30  HKB-LAWRENCE HEALTH CARE @ 2PM	A BLOOD PRESSURE8-3 B EUCHRE 9 A NO HOMETOWN BAND B GAMES 10-11:30 50+ LUNCHEON GAMES 1-3:30		EXERCISE 9-9:30 GAMES 9:30-11:30 QUILTING 9:30 - 11:30	13 A A A
EXERCISE 9-9:30 GAMES 9:30-11:30 BRIDGE 12:30-3:30	C A	CITY EVENT 5AM-8:30 BLOOD PRESSURE 8-3 QUILTING 9-11:30 ORIGAMI 9:30-11:30 LINE DANCING 1-2 GAMES 1-3:30 BUS DEPARTS 10 AM		18 EXERCISE 9 -9:30 GAMES 9:30-12 ROTARY 11-1:30	A BLOOD PRESSURE 8-3 B EUCHRE 9 A HOMETOWN BAND GAMES 10-11:30 LALECHE 10:30-12:30 CITY EVENT NOON - 2 GAMES 1-3:30	С В	SOCIAL 11:45	20 A A A A
EXERCISE 9-9:30 GAMES 9:30-11:30 BRIDGE 12:30-3:30		BLOOD PRESSURE 8-3 QUILTING 9 - 11:30 LINE DANCING 1 - 2 GAMES 1- 3:30 PCT 4 DEPARTS 9:30		25 EXERCISE 9 -9:30 GAMES 9:30-12 ROTARY 11-1:30  HKB-HARVEST HOMES@2	A BLOOD PRESSURE 8-3 B EUCHRE 9 A NO HOMETOWN BAND GAMES 10-11:30 GAMES 1-3:30 BUS DEPARTS 10:30AM	C B	EXERCISE 9-9:30 GAMES 9:30-11:30 QUILTING 9:30 - 11:30 POTLUCK 11:45	27 A A A
EXERCISE 9-9:30 GAMES 9:30-11:30 TAKE A BREAK 9:30 BRIDGE 12:30-3:30		-	31 O A A B					29

#### MONDAY'S EVENTS

WALKING	8 - 9	ROOM A
EXERCISE	9 - 9:30	ROOM A
GAMES (VARIOUS)	9:30-11:30	ROOM B,C
TAKE A BREAK (5 <sup>th</sup> MON)	9:30	ROOM A
SR. ORGANIZATION(1st MON)	10 - 12:30	ROOM A
BRIDGE	12.30 - 3.30	ROOM A

**30**<sup>th</sup> - "Take a Break" You need to sign up in the office before July 25<sup>th</sup>.

## SENIOR ORGANIZATION



#### 1st MONDAY EVERY MONTH @ 10A.M.

This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community. The meeting will be held July 9<sup>th</sup> and will resume next month regular schedule.

Every Monday, Wednesday and Friday at 9:00 we exercise! Come join us and get in shape.



#### BRIDGE CLUB

Every Monday @ 12:30p.m.

Bridge is open for anyone that is a serious player. If you are interested in joining this group, please contact the President Jim Workman or the Center.

#### **TUESDAY'S EVENTS**

WALKING	8 - 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	OFFICE
LINEDANCING	1 - 2	ROOM A
GAMES (VARIOUS)	1 - 3:30	ROOM B

- **10**<sup>TH</sup> Hometown Kitchen Band will be performing at Tomball Retirement at 2p.m. Performers, please be there at 1:45p.m.
- 17<sup>th</sup> The Center's bus will depart at 10 am to play bingo in Conroe. You must be 8+ years to go. Please reserve your seat on the bus.
- **24**<sup>th</sup> The Pct. 4 trip for 50+ will depart at 9:30 am to visit the Bayou Wildlife Park. Cost is \$7.00 lunch excluded. We will ride over 86 acres of natural habitat birds and exotic wildlife. We will lunch at the Golden Corral and return by 4 p.m. Please sign up before July 18<sup>th</sup>.
- **31**<sup>st</sup> The Center's bus will depart at 10:45 to eat at Ruby Tuesday. Please reserve your seat on the bus before July 26<sup>th</sup>.



## ORIGAMI



Jessica will be teaching this month on July 17<sup>th</sup> and July 31<sup>st</sup> at 9:30a.m. This class is an art of Japanese paper folding. Come and see you may just like it. It's fun to create art. We will have class in August on the 28<sup>th</sup> only. We will resume regular schedule in September.

## KEEPING FIT

A Center staff is available to take your blood pressure every Tuesday and Thursday from 8 – 3p.m. All you need to do is stop by. We check and you track.

#### **MORE TUESDAY'S EVENTS**

## NAMI METROPOLITAN HOUSTON

 $2^{ND}$  TUESDAY @ 6:00 - 9:30 P.M.

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information call.

## LINEDANCING

Come every Tuesday at 1 p.m. to learn how to line dance with volunteer, Terry Mandzuk. It's fun and you get a full work out. We would love to have you just visit and watch. Open to all ages.

## TOMBALL ARCHEOLOGICAL RECOVERY



#### 1st TUESDAY EVERY MONTH

7:00 - 9:00 P.M.



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

#### WEDNESDAY'S EVENTS

WALKING	8 - 9	ROOM A
EXERCISE	9 - 9:30	ROOM A
GAMES (VARIOUS)	9:30 - 11:30	ROOM B,C
ROTARY	11 - 1:30	ROOM A
ROTARY BOARD (2 <sup>nd</sup> WED)	1:30-2:30	ROOM B

- 4<sup>th</sup> Have a safe and happy "Fourth of July."
- 11<sup>th</sup> Hometown Kitchen Band will be performing at Lawrence Health Care at 2p.m. Performers, be there at 1:45pm.
- 25<sup>th</sup> Hometown Kitchen Band will be performing at Harvest Homes at 2p.m. Performers, please be there at 1:45pm.



Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and lots of smiles.

## WILD BUNCH RIDING & ROPING CLUB

# 2nd Wednesday



@ 7p.m.

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

#### THURSDAY'S EVENTS

8-9 8-3 9-10 9-11 10:30-12:30 10-11:30	ROOM A OFFICE ROOM B ROOM C ROOM B ROOM C
1 - 3:30	ROOM C
	8 - 3 9 - 10 9-11 10:30-12:30 10-11:30

- 12<sup>th</sup> 50+ luncheon will be served at 11:45. The menu will be chicken-n-dumplings, salad and desert for \$4.00. Please sign up before July 9<sup>th</sup>. Remember once food is bought there will be no refunds.
- **26<sup>th</sup> -** The Center's bus will depart at 10:30am to eat at the Potato Patch. Please reserve your seat before July 23<sup>rd</sup>.



The Center has an outreach program that will benefit many within our Community. We are in need of volunteers with a hometown heart to come and get involved. Our mission is to enhance the quality of life for each individual, group or organization within our community. We will take reservations 2 month in advance. For more information call. Come practice with us on July 5<sup>th</sup> and July 19<sup>th</sup>.

#### **MORE THURSDAY'S EVENTS**

## KEEPING FIT



A Center staff is available to take your blood pressure every Tuesday and Thursday from 8 - 3p.m. All you need to do is stop by. We check and you track.

### LA LECHE LEAGUE

2<sup>nd</sup> THURSDAY 10:30A.M.-12:30P.M.

The mission of this non-profit group that is open to the public is to support and educate women who wish to breast feed their children.

Every Thursday @ 9:00-11:00a.m.

This is a new card game for those that want to learn how to play or for those that already know how. Just come in and have fun.

# EVERY THURSDAY @ 7:00 - 10 P.M.

If you are interested in meeting people and having fun come by and visit with us anytime. If you would like more information about square dancing, please contact the Center.

#### FRIDAY'S EVENTS

WALKING	8 - 9	ROOM A
EXERCISE	9 - 9:30	ROOM A
TAKE A BREAK (5 <sup>TH</sup> FRI)	9:30-11:30	ROOM A
GAMES (VARIOUS)	9:30-11:30	ROOM A
50+ SINGLE GROUP	12:30	ROOM C

- **6**<sup>th</sup> For anyone that participants in any of the Center's activities, we invite you to come and enjoy a hot dog social will us for \$3.00 at 11:45 a.m. Please sign up before July 2<sup>nd</sup>.
- 20<sup>th</sup> For anyone that participants in any of the Center's activities, we invite you to come and enjoy a pizza social will us for \$4.00 at 11:45a.m. Pleas sign up before July 17<sup>th</sup>.



This month we will be having potluck July 27<sup>th</sup>. All ages all welcomed. Just bring your favorite dish and meet in Room A at 11:45a.m.

## 50+ SINGLES GROUP

If you are interested in getting to know people that are outgoing and would like to socialize after hours or just go out for fun, then this group may be for you. The meetings will be held the 1<sup>st</sup> Friday of every month. Come to the meeting for details.



# Community Center Quilters Tuesdays & Fridays



This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.



We didn't have enough interested to go on June 14<sup>th</sup>, but there is time for the August 30<sup>th</sup>. We will be purchasing bullpen seats. The ticket are \$24.00. You will need to sign up before July 20<sup>th</sup> for the August game. Hope to see you. We must have at least 12 going for trip to make. If you wait to sign up to see if the trip makes, then you may be the one that causes it not to make.



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.



The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

#### **Tomball Community Center Staff**

Wanda Sutton – Director
Terrie Marchand
Cathy Rogers
Diana Lujan