

# ACTIVITIES

2007

A  
U  
G  
U  
S  
T



*Tomball Community Center*

*Website: [www.ci.tomball.tx.us](http://www.ci.tomball.tx.us)*

*221 Market St*

*Tomball, TX 77375*

*281-255-6221*

# AUGUST 2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 EXERCISE 9 -9:30 GAMES 9:30-12 ROTARY 11-1:30	2 A BLOOD PRESSURE8-3 B EUCHRE 9 A HOMETOWN BAND 9:00 GAMES 10-11:30 GAMES 1-3:30  HKB-TOMBALL NURSING CENTER AT 2PM	3 O EXERCISE 9-9:30 C GAMES 9:30-11:30 B QUILTING 9:30 - 11:30 C 50+SINGLES 12:30 C
6 EXERCISE 9-9:30 SR BOARD 9:30-10 SR MEETING 10-12:30 GAMES 9:30-11:30 BRIDGE 12:30-3:30	7 A BLOOD PRESSURE 8-3 C QUILTING 9 - 11:30 A 50+LUNCHEON 11:45 C LINE DANCING 1 - 2 A GAMES 1- 3:30	8 O EXERCISE 9 -9:30 A GAMES 9:30-12 A ROTARY 11-1:30 A ROTARY BR. 1:30  HKB-LAWRENCE HEALTH CARE @ 2PM	9 A BLOOD PRESSURE8-3 B EUCHRE 9 A NO HOMETOWN BAND B GAMES 10-11:30 GAMES 1-3:30  HKB-BUS LEAVES 1PM	10 O EXERCISE 9-9:30 C GAMES 9:30-11:30 A QUILTING 9:30 - 11:30 A
13 EXERCISE 9-9:30 GAMES 9:30-11:30 BRIDGE 12:30-3:30  BUS LEAVES AT 10AM	14 A BLOOD PRESSURE 8-3 C QUILTING 9 - 11:30 A LINE DANCING 1 - 2 GAMES 1- 3:30  HKB-TRC @ 2PM	15 O EXERCISE 9 -9:30 A GAMES 9:30-12 A ROTARY 11-1:30 B	16 A BLOOD PRESSURE 8-3 B EUCHRE 9 A NO HOMETOWN BAND GAMES 10-11:30 LALECHE 10:30-12:30 GAMES 1-3:30  PCT 4 BUS LEAVES @10	17 O EXERCISE 9-9:30 C GAMES 9:30-11:30 B QUILTING 9:30 - 11:30 C A
20 EXERCISE 9-9:30 GAMES 9:30-11:30 BRIDGE 12:30-3:30	21 A BLOOD PRESSURE 8-3 C QUILTING 9 - 11:30 A LINE DANCING 1 - 2 GAMES 1- 3:30	22 O EXERCISE 9 -9:30 A GAMES 9:30-12 A ROTARY 11-1:30 B	23 A BLOOD PRESSURE 8-3 B FOOD CLASS 8 - 4 A EUCHRE 9 A HOMETOWN BAND GAMES 10-11:30 GAMES 1-3:30	24 O EXERCISE 9-9:30 A GAMES 9:30-11:30 C QUILTING 9:30 - 11:30 B POTLUCK 11:45 C A
27 EXERCISE 9-9:30 GAMES 9:30-11:30 BRIDGE 12:30-3:30  BUS LEAVES @ 10:30	28 A BLOOD PRESSURE 8-3 C QUILTING 9 - 11:30 A ORIGAMI 9:30-11:30 LINE DANCING 1 - 2 GAMES 1- 3:30 BUS LEAVES @ 10:30	29 O EXERCISE 9 -9:30 A GAMES 9:30-12 B ROTARY 11-1:30 A B HKB-HARVEST HOMES@2	30 A BLOOD PRESSURE 8-3 B EUCHRE 9 A NO HOMETOWN BAND GAMES 10-11:30 GAMES 1-3:30  BUS LEAVES @ 10AM	31 O EXERCISE 9-9:30 C GAMES 9:30-11:30 B QUILTING 9:30 - 11:30 C TAKE A BREAK 9:30 A

# MONDAY'S EVENTS

WALKING	8 – 9	ROOM A
EXERCISE	9 – 9:30	ROOM A
GAMES (VARIOUS)	9:30 – 11:30	ROOM B,C
TAKE A BREAK (5 <sup>th</sup> MON)	9:30	ROOM A
SR. ORGANIZATION(1 <sup>st</sup> MON)	10 – 12:30	ROOM A
BRIDGE	12:30 – 3:30	ROOM A

**13<sup>th</sup>** - The Center's bus will depart @ 10a.m. to enjoy an outing to the Willowbrook Mall. We will return by 2pm. Call or come by the office to reserve your seat on our bus.

**27<sup>th</sup>** - The Center's bus will depart at 10:30a.m. to eat at Sweet Tomato. Call or come by the office to reserve your seat on our bus.

## SENIOR ORGANIZATION



**1st MONDAY EVERY MONTH @ 10A.M.**

This organization is open to persons 50 & older for the purpose of uplifting each other in fun, fellowship, and support. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community.

## EXERCISE

Every Monday, Wednesday, and Friday at 9:00 a.m. we exercise! Come join us and get in shape.



## BRIDGE CLUB

**Every Monday @ 12:30p.m.**

Bridge is open for anyone that is a serious player. If you are interested in joining this group, please contact the President Jim Workman or the Center.

# TUESDAY'S EVENTS

WALKING	8 – 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	OFFICE
LINE DANCING	1 - 2	ROOM A
GAMES (VARIOUS)	1 – 3:30	ROOM B

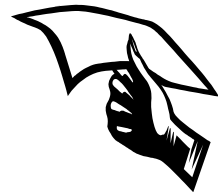
7<sup>th</sup> - 50+ luncheon will be \$4.00 and will be served at 11:45a.m.  
The menu will consist of beef lasagna, salad and dessert. Please sign up 3 days before.

14<sup>th</sup> - Hometown Kitchen Band will be performing at Tomball Retirement at 2p.m. Performers, please be there by 1:45p.m.

28<sup>th</sup> - The Center's bus will depart at 10:30 a.m. to eat at China Bear. Call or come by the office to reserve your seat on our bus.



## ORIGAMI



Jessica will be teaching this month on August 28 only at 9:30a.m. This class is an art of Japanese paper folding. Come and see you may just like it. It's fun to create art. We will resume our regular schedule in September.

## KEEPING FIT



One of our Center staff members is available to take your blood pressure every Tuesday and Thursday from 8 – 3p.m. All you need to do is stop by. We check and you track.

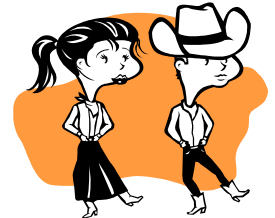
# MORE TUESDAY EVENTS

## NAMI METROPOLITAN HOUSTON

**2<sup>ND</sup> TUESDAY @ 6:00 – 9:30 P.M.**

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information call.

### LINEDANCING



Come every Tuesday at 1 p.m. to learn how to line dance with volunteer, Terry Mandzuk. It's fun and you get a full work out. We would love to have you just visit and watch. Open to all ages.

### TOMBALL ARCHEOLOGICAL RECOVERY

**1<sup>ST</sup> TUESDAY EVERY MONTH**

**7:00 – 9:00 P.M.**



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

# WEDNESDAY'S EVENTS

WALKING	8 – 9	ROOM A
EXERCISE	9 – 9:30	ROOM A
GAMES (VARIOUS)	9:30 – 11:30	ROOM B,C
ROTARY	11 – 1:30	ROOM A
ROTARY BOARD (2 <sup>nd</sup> WED)	1:30 – 2:30	ROOM B

**8<sup>th</sup>** - Hometown Kitchen Band will be performing at Lawrence Health Care at 2p.m. Performers, be there at 1:45pm.

**29<sup>th</sup>** - Hometown Kitchen Band will be performing at Harvest Homes at 2p.m. Performers, please be there at 1:45pm.

## EXERCISE



Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and lots of smiles. 😊😊

## WILD BUNCH RIDING & ROPING CLUB

**2nd Wednesday**



**@ 7p.m.**

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

# THURSDAY'S EVENTS

WALKING	8 – 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	OFFICE
HOMETOWN K- BAND (as needed)	9 – 10	ROOM B
EUCHRE	9-11	ROOM C
LA LECHE CLASS	10:30-12:30	ROOM B
BRIDGE FOR FUN	10-11:30	ROOM C
GAMES (VARIOUS)	1 – 3:30	ROOM C

- 2<sup>nd</sup>** - Hometown Kitchen Band will be performing at the Tomball Nursing Center at 2p.m. Performers, please be there at 1:45p.m.
- 9<sup>th</sup>** - Hometown Kitchen Band will be performing at the College for the AARP meeting. Performers, please be at the Center to ride the bus by 12:45p.m.
- 16<sup>th</sup>** - Pct 4 for 50+ Join us for a trip to Kemah Boardwalk. We will leave the Center at 10:00 and return by 3:00. Lunch and shopping will be on your own. Please sign up by August 14<sup>th</sup>.
- 30<sup>th</sup>** - The Center's bus will depart at 10 am to play bingo in Conroe. You must be 8+ years to go. Please reserve your seat on the bus.

## HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

No advance registration required. Any questions please call consumer Health at (713) 439-6270

•**Fee:** Free to all Harris County food service personnel

•**Time:** Class begins at 8 a.m. to 4:00p.m.

•**Date:** August 23<sup>rd</sup> in Room A

# MORE THURSDAY EVENTS

## KEEPING FIT



A Center staff is available to take your blood pressure every Tuesday and Thursday from 8 – 3p.m. All you need to do is stop by. We check and you track.

## LA LECHE LEAGUE

**2<sup>nd</sup> THURSDAY 10:30A.M.-12:30P.M.**

The mission of this non-profit group that is open to the public is to support and educate women who wish to breast feed their children.

## EUCHRE

**Every Thursday @ 9:00-11:00a.m.**

This is a new card game for those that want to learn how to play or for those that already know how. Just come in and have fun.

## SESQUICENTENNIAL PROMENADERS

**EVERY THURSDAY @ 7:00 – 10 P.M.**



If you are interested in meeting people and having fun come by and visit with us anytime. If you would like more information about square dancing, please contact the Center.



# FRIDAY'S EVENTS

WALKING	8 – 9	ROOM A
EXERCISE	9 – 9:30	ROOM A
TAKE A BREAK (5 <sup>TH</sup> FRI)	9:30	ROOM A
GAMES (VARIOUS)	9:30 – 11:30	ROOM A
50+ SINGLE GROUP	12:30	ROOM C

**31<sup>st</sup>** - “Take a Break” with us if you sign up in the office 2 days before. This is “Free” for those that wish to enjoy a morning breakfast snack while you enjoy playing your favorite game.



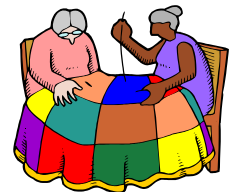
This month we will be having potluck August 24<sup>th</sup> All ages all welcomed. Just bring your favorite dish and meet in Room A at 11:45a.m.

## 50+ SINGLES GROUP

If you are interested in getting to know people that are outgoing and would like to socialize after hours or just go out for fun, then this group may be for you. The meetings will be held the 1<sup>st</sup> Friday of every month. Come to the meeting for details.



**Community Center Quilters**  
**Tuesdays & Fridays**



This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.



F.Y.I.

Please be sure to read your calendars. The Center puts out the calendar 2 weeks prior to the month, so you have plenty of time to sign up for the things you would like to enjoy participating with us. You may come to the office or call to register for free events, however all paying events must be paid for at the time you register with us in the office. When food is being served you must sign up or cancel eating with us 3 days in advance. You will be given a refund if you cancel in advance, otherwise no refund. We have no stand by list and therefore regret to have to say that you will not be eating with us today if you didn't reserve your meal before we brought groceries. Thank you.



## **NORTHWEST AMATEUR RADIO SOCIETY**



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.

### **Tomball Community Center Staff**

Wanda Sutton – Director

Terrie Marchand

Cathy Rogers

Diana Lujan