



## Community Center Quilters Tuesdays & Fridays



This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. New quilters are welcomed anytime.



## NORTHWEST AMATEUR RADIO SOCIETY



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.

### **Tomball Community Center Staff**

Wanda Sutton – Director

Terrie Marchand

Catherine Rogers

Kendra Leonard

# FEBRUARY ACTIVITIES



*Tomball Community Center*  
*Website: [www.ci.tomball.tx.us](http://www.ci.tomball.tx.us)*  
*221 Market St*  
*Tomball, TX 77375*  
*281-255-6221*

# MONDAY'S DAYTIME ONGOING EVENTS

WALKING	8 – 9	ROOM A
EXERCISE	9 – 9:30	ROOM A
TAKE A BREAK (5 <sup>TH</sup> MON)	9:30	ROOM A
GAME TIME	9:30 – 11:30	ROOM B
SR. ORGANIZATION(1 <sup>ST</sup> MON)	10 – 12:30	ROOM A
BRIDGE	12:30 – 3:30	ROOM A

## \*\*\*\*\*SPECIAL EVENTS\*\*\*\*\*

13<sup>th</sup> – Nacho social at 11:30a.m. for \$2.00 for those that participate in activities at the Center. Must sign up before the 9<sup>th</sup>.

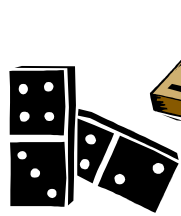
20<sup>th</sup> – 50+ luncheon, must sign up before February 15<sup>th</sup> .

27<sup>th</sup> – 50+ luncheon, must sign up before February 22<sup>nd</sup>.

# “TAKE A BREAK”

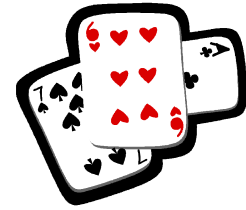


If you participate in any activity at the Center, you are invited to come and have a cup of coffee, juice, cookie or donut with us before you start your day here at the Center. We will be having this on the 5<sup>th</sup> Monday and Friday of each month. Please sign up with us.



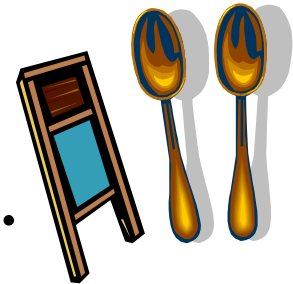
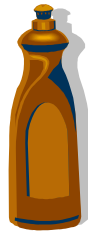
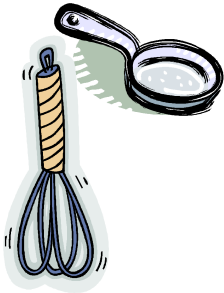
## GAME TIME

As scheduled on books



The Center has various times to play games. Check out the calendar and come join us for some fun. We have dominoes, board games, skip bo, bridge, pennies , etc. Everyday we have some kind of games being played among other activities we do. All it takes is you!

## HOMETOWN KITCHEN BAND



Every Thursday @ 9a.m.

The Center has an outreach program that will benefit many within our Community. We are in need of volunteers with a hometown heart to come and practice for an hour with us. Our mission is to enhance the quality of life for each individual, group or organization within our community. We will take reservations 2 month in advance. For more information, please call us. Involvement starts with you and you can make a difference in the lives of others.

Requirements:

- 21 yrs or older
- attend at least 1 practice a month
- bring your own home made instrument from the kitchen
- try to notify us at least 2 days prior to a performance if you cannot attend
- Attire will be red, white, or black

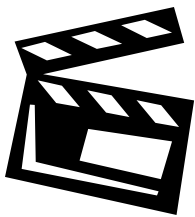
# WEDNESDAY'S DAYTIME ONGOING EVENTS

WALKING	8 – 9	ROOM A
EXERCISE	9 – 9:30	ROOM A
GAME TIME	9:30 – 11:30	ROOM B
ROTARY	11 – 1:30	ROOM A
ROTARY BOARD (2 <sup>nd</sup> WED)	1:30 – 2:30	ROOM B

## \*\*\*\*\*SPECIAL EVENTS\*\*\*\*\*

**8<sup>th</sup>** – The Center's bus will be leaving at 10:45a.m. and eating at Mel's. Please make reservations.

**15<sup>th</sup>** – The Center's bus will be leaving at 10:30 a.m. and going to Conroe to eat at Ryan's Steak house. Please call or come by for reservations.



# MOVIE TIME

FEBRUARY 22<sup>ND</sup> @ 1P.M.



Come and enjoy a “FREE” movie. Our feature presentation will be posted on the bulletin board.

# KEEPING FIT

## BLOOD PRESSURE



Come to the Center and have your blood pressure checked. This will be available to you every Tuesday and Thursday from 8 – 3p.m. We check and you track.

## LINEDANCING

Come every Tuesday at 1 p.m. to learn how to line dance. It's fun and you get a full work out. We would love to have you just visit and watch if you like. A great time to meet new friends too! Open to all ages. NO dancing on February 14<sup>th</sup>.

## EXERCISE



Come and enjoy the comforts of a clean and comfortable place to get in shape three times a week. You'll meet friendly people and lots of smiles. 😊😊😊 Pat Garner volunteers to teach this class on Mondays, Wednesdays and Fridays starting at 9a.m. for all ages. Hope to see you!

# COMMUNITY MAIL BOX

The Center has a Community mail box located in the foyer at the Cherry Street entrance. This is for your convenience so that you can give your friends here at the Center a special card anytime of the year. You can place your birthday, valentine, or just a card of thinking of you in our box. REMEMBER! It is up to you to check the mail box for your mail. We will only deliver mail to you when our box is running over. This is a great way to save on stamps and trips to the post office. So, start writing those cards.

## HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

No advance registration required. Any questions please call consumer Health at (713) 439-6270

- Fee:** Free to all Harris County food service personnel
- Time:** Class begins at 8 a.m. to 4:00p.m.
- Date:** February 16<sup>th</sup> in Room A

# TUESDAY'S DAYTIME ONGOING EVENTS

WALKING	8 – 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	ROOM E
QUILTING	9 – 11:30	ROOM A
DELPHIANS (1 <sup>st</sup> & 3 <sup>rd</sup> TUE)	10 – NOON	ROOM B
LINEDANCING	1 - 2	ROOM A
GAME TIME	1 – 3:30	ROOM B

## \*\*\*\*\*SPECIAL EVENTS\*\*\*\*\*

14<sup>th</sup> - No line dancing



14<sup>th</sup> - We will be having a Valentine party for all that participate at the Center starting at 11:30a.m. The cost is \$5.00 and you must sign up in the office before February 9<sup>th</sup>. The food menu will be chicken enchiladas, refried beans, rice, salsa and dessert. We hope to see you.



## **BEGINNERS BRIDGE**

**1- 2 p.m.**

Volunteer Katherine Bowers will be teaching for this month only. If you are interested, please sign up in the office. We must have 5 participants to have class.

Room C



# FRIDAY'S DAYTIME ONGOING EVENTS

WALKING	8 – 9	ROOM A
PORCELAIN ART (1 <sup>ST</sup> FRI)	9:30 – 1:30	ROOM B
EXERCISE	9 – 9:30	ROOM A
TAKE A BREAK (5 <sup>TH</sup> FRI)	9:30A.M.	ROOM A
QUILTING	9:30 – 11:30	ROOM A
GAME TIME	9:30 – 11:30	ROOM A
POTLUCK ( 1 <sup>ST</sup> & 4 <sup>TH</sup> FRI)	11:45A.M.	ROOM A
BINGO ( 2 <sup>ND</sup> & 4 <sup>TH</sup> FRI)	1 - 2	ROOM B

## \*\*\*\*\*SPECIAL EVENTS\*\*\*\*\*

10<sup>th</sup> – Second half of AARP class, starts at noon in Room B.



**@ 11:45a.m. ALL AGES**

All participants need to bring their favorite dish to share and enjoy with the company of others. The Center will provide the drinks. This is open to all ages and we welcome you to come and browse around. We hope to see you!

# BINGO!



We will start playing bingo at 1p.m. sharp for all ages that would like to join us for a hour of fun. We have a lot of new prizes, so bring a friend and come on down.



## **SESQUICENTENNIAL PROMENADERS**

**EVERY THURSDAY**

**7:00 – 10 P.M.**

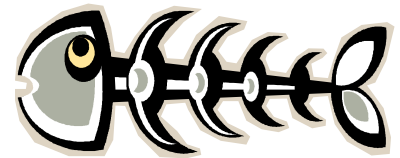
If you are interested in meeting people and having fun come by and visit with us anytime. Visitors are welcome. If you would like more information about square dancing, please contact the Center at 281-255-6221.

## **TOMBALL ARCHEOLOGICAL RECOVERY**

**1<sup>st</sup> TUESDAY EVERY MONTH**



**7:00 – 9:00 P.M.**



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

## **SENIOR ORGANIZATION**



**1st MONDAY EVERY MONTH**

**10:00 A.M.**

This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community. If you are interested in joining this group, please contact the President Judy Turner or the Center for more information.

## **BRIDGE CLUB**



**EVERY MONDAY**

**12:30 P.M.**

Bridge is open for anyone that is a serious player. We play every Monday starting at 12:30p.m. If you are interested in joining this group, please contact the President Joe Richardson or the Center for more information.

# THURSDAY'S DAYTIME ONGOING EVENTS

WALKING	8 – 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	ROOM E
HOMETOWN K- BAND	9 - 10	ROOM B
GAME TIME	1 – 3:30	ROOM C

## \*\*\*\*\*SPECIAL EVENTS\*\*\*\*\*

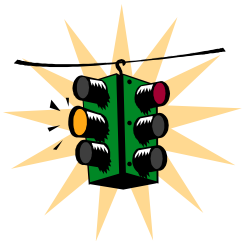
9<sup>th</sup> - 50+ luncheon, must sign up before February 6<sup>th</sup>.

16<sup>th</sup>- Harris County Food Class in Room A, 8 – 4p.m.

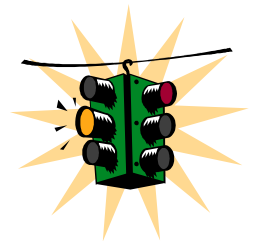
23<sup>rd</sup> – Bingo in Conroe, leave at 10a.m. Please sign up before the 21<sup>st</sup>.

## LEGACY CLASS EVERY THURSDAY IN FEBRUARY ONLY from 10 – 11a.m.

A local author named “Dorothy Housdorfer” will come and share free ideas on writing personal essays for decedents. Please sign up in the office.



February 9<sup>th</sup> & 10<sup>th</sup>  
Noon till 4:00 p.m.



Requirements: You must be past your 50<sup>th</sup> birthday, have a valid driver's license, and have NO outstanding traffic violations. Certificates are awarded after completion of the full eight hour course. The cost is \$10.00 and must be paid in the office at time of reservations. Make check payable to AARP. Class must have a minimum of 12 and a maximum of 30. Deadline is the 6<sup>th</sup> .

# 50+ SENIOR'S ACTIVITIES



## 50+ Precinct 4 Bus Travel Plans



HOUSTON LIVESTOCK SHOW  
FEBRUARY 28, 2006  
TUESDAY

Lets Go Texan! The Community Center is heading down to the livestock show for a day of fun visiting exhibits and touring the various livestock. We will leave the Center at 7:30, have breakfast at McDonalds, and arrive at Reliant Stadium by 9:00. The cost of admission is \$2.00 with lunch costs on your own. We should return to the Center around 3:30pm. Sign up before February 23<sup>rd</sup> .

## ROMEIO'S HOUSTON POLICE MUSEUM FEBRUARY 21, 2006



Our Romeo's (Retired Old Men Eating Out) trip this month will be a tour of the Houston Police Museum with lunch at The Casa. We will leave the Center at 9:00 and should return around 2:00. Lunch costs are on your own. Please sign up by Feb. 17<sup>th</sup>.

## Meals - \$4.00 11:45a.m. – ROOM A Drink & dessert provided



9<sup>th</sup> – Chicken strip salad and garlic bread  
20<sup>th</sup> – King Ranch chicken, roll and fruit salad  
27<sup>th</sup> – Spaghetti, salad, and garlic toast



## **VALENTINE CONTEST**



You don't have to be a writer to write a poem. All ages can participate. Please put your name and a phone number on your entry. All entries must be turned in before February 11<sup>th</sup>. Winner will be notified on Valentine Day.

## **NAMI**

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas.

Monthly meetings are open to the public and are held the second Tuesday of each month. For more information, please call the Center.

## **VOLUNTEERS**

If you would like to volunteer at the Center, please contact the director. If you have a talent in teaching, educating the public, or whatever your expertise may be. You are needed and a place in the Center is here for you. Call us for more information at 281-255-6221.



## GIRL SCOUT TROOPS

The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

## PORCELAIN ART GUILD



We are a group that loves to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like to join our class please contact us at 936-539-6635.

## WILD BUNCH RIDING & ROPING CLUB

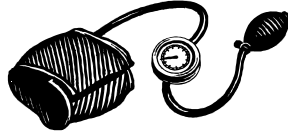
**2nd Tuesdays**



**@ 7p.m.**

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

# **TRACKING YOUR BLOOD PRESSURE**



This is a new program for those that would like to stop by and have their blood pressure taken. We will be doing this on Tuesdays and Thursdays each month.

Keeping track of your blood pressure is a great way of knowing if you need to follow up with your doctor for further advise and other health issues.

## **WHAT'S HAPPENING!**

Whatever your interests may be, we might be the answer. We have various groups that meet here each month and all you need to do is call for more information. We will direct you to the proper contacts in order to inquire about your need. We have Sesquicentennial Square Dancers, American Sewing Guild, Mental Health, Needle Arts, Girl Scouts, Child Care Plus, Porcelain Arts, Senior Organization, Bridge Club, Archeological Recovery, Ham Radio, Wild Bunch Riding Club Rotary Club, Downtown Merchants, Sister City, Quilters, Craft classes, Line dancing, educational seminars and Delphians. The Center is always looking for volunteers to help out in various ways.