# OCTOBER CTIVITIES



## FALL IN STEP WITH US!

Tomball Community Center
Website: www.ci.tomball.tx.us
221 Market St
Tomball, TX 77375
281-255-6221

#### **MONDAY'S EVENTS**

WALKING	8 - 9	ROOM A
EXERCISE	9 - 9:30	ROOM A
GAMES (VARIOUS)	9:30 – 11:30	ROOM B,C
SR. ORGANIZATION(1st MON)	10 – 12:30	ROOM A
BRIDGE	12:30-3:30	ROOM A
TAKE A BREAK (5 <sup>TH</sup> MON)	9:30AM	ROOM A

- 2<sup>nd</sup> "Farkel" will be played at 1p.m. in room B.
- 9<sup>th</sup> The Center's bus will depart at at 10a.m. to play bingo in Conroe. You must be 8yrs+ to go. Please reserve your seat before October 6<sup>th</sup>.
- **16**<sup>th</sup> The Center's bus will depart at 10:30a.m. to eat at the Olive Garden. Please reserve your seat before October 13<sup>th</sup>.
- 23<sup>rd</sup> Pct. 4 trip for 50+ will depart at 8:30a.m. to tour the San Jacinto Monument, Museum and Battleship. The cost is \$12.00(lunch excluded). We will lunch at The Monument Inn. Please register before October 19<sup>th</sup>.
- 30th Don't forget to sign up for "Take a Break" before October 25th .

#### EXERCISE

Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and lots of smiles. ©©



#### BRIDGE CLUB

Every Monday @ 12:30p.m.

Bridge is open for anyone that is a serious player. If you are interested in joining this group, please contact the President Joe Richardson or the Center.

#### SENIOR ORGANIZATION

#### 1st MONDAY EVERY MONTH @ 10A.M.

This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community. If you are interested in joining this group, please contact the President Judy Turner 281-257-3017. We will be having Texas Pink for entertainment this month.

#### **TUESDAY'S EVENTS**

WALKING	8 - 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	ROOM E
QUILTING	9 - 11:30	ROOM A
DELPHIANS (1st & 3rd TUE)	10 - NOON	ROOM B
LINEDANCING	1 - 2	ROOM A
GAMES (VARIOUS)	1 - 3:30	ROOM B
BEG. BRIDGE	2:30-3:30	ROOM A

- 10<sup>th</sup> The Center's bus will depart at 10:30a.m. to have a fun afternoon at Incredible Pizza. Please reserve your seat before October 6<sup>th</sup>.
- 17<sup>th</sup> Origami class begins at 9:30a.m. in room C. Please sign up in the office.
  17<sup>th</sup> Single group for 50+ will meet in Room C at 1p.m.
- 17<sup>th</sup> Single group for 50+ will meet in Room C at 1p.m.
  17<sup>th</sup> 50+ luncheon for \$4.00 served at 11:45a.m. The menu consist
- of Tator Tot casserole, salad and dessert.
- 31st The Center will be having a "Fall Festival" for anyone that participants in any of the Center's activities starting at 11:45a.m. The cost is \$5.00. Please sign up before October 25th. No quilting, beginners bridge or line dancing this day.

#### TOMBALL ARCHEOLOGICAL RECOVERY

1st TUESDAY EVERY MONTH

7:00 - 9:00 P.M.

TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

#### **MORE TUESDAY'S EVENTS**



This year the Center will be having a fun filled afternoon for those that participate in any of the Center's activities, with basketball hoops, duck pond, treasure walk, and much more. Come dressed in order to participant in our costume contest, which will start at 1p.m. All participants line up under the big screen on the East wall. We will have panel of judges to vote on the most funniest, scariest, ugliest and the most original. The cost is \$5.00 and please sign up before October 26<sup>th</sup>, otherwise the cost is \$6.00. When you arrive, please stop by the ticket booth and pickup your tickets for all the booths. We will be serving hot dogs, nachos and desserts. Don't forget to bring your trick or treat bag to fill up with goodies.

### NAMI METROPOLITAN HOUSTON

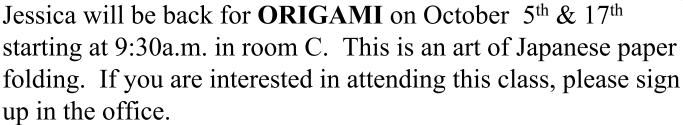
 $2^{ND}$  TUESDAY @ 6:00 – 9:30 P.M.

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information call.

#### **MORE TUESDAY'S EVENTS**



### ORIGAMI



## LINEDANCING



Come every Tuesday at 1 p.m. to learn how to line dance with volunteer, Terry Mandzuk. It's fun and you get a full work out. We would love to have you just visit and watch. Open to all ages.



### BEGINNERS BRIDGE

2:30 - 3:30 p.m. - Room A

Volunteer Katherine Bowers will be teaching this class for those of you that are interested in learning how to play. Learning class only.

## KEEPING FIT

A Center staff is available to take your blood pressure every Tuesday and Thursday from 8 – 3p.m. All you need to do is stop by. We check and you track.

#### WEDNESDAY'S EVENTS

WALKING	8 - 9	ROOM A
EXERCISE	9 - 9:30	ROOM A
GAMES (VARIOUS)	9:30-11:30	ROOM B,C
ROTARY	11 - 1:30	ROOM A
ROTARY BOARD (2 <sup>nd</sup> WED)	1:30-2:30	ROOM B

- 4<sup>th</sup> The Center's bus will depart at 10:45 for Sue's Kitchen to eat lunch. Please sign up before October 2<sup>nd</sup>.
- 11<sup>th</sup> Widow's support group will meet in room B at 10a.m.
- 18<sup>th</sup> Hometown Kitchen Band will be performing at Lawrence Health Care at 2p.m. Performers, please be there @ 1:45.
- 25<sup>th</sup> Carb counting class will start at 1p.m. in room B. This class will teach you how to use carbohydrates to keep your blood glucose healthy. Please sign up in the office before October 23<sup>rd</sup>. Must have 5 for class to make.
- 25<sup>th</sup> Hometown Kitchen Band will be performing at Harvest Homes at 2p.m. Performers, please be there at 1:45p.m.

### EXERCISE



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## wild bunch riding & roping club and Wednesday 7p.m.

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

## ATTENTION

Did you miss something? There are a lot of events going on this month, so be sure to look at every page. The two main events are the Fall Festival for those that participant in any of the Center's activities and the Health Fair. There is some thing for everyone and all ages. The **ONLY** events for 50+ are the Pct 4 bus trip each month, 50+ social club and the meals the staff cooks. Everything else is open to the public to join us. Ask a friend to come and pass the word around. Come and "Fall in Step with us".

## COMMUNITY MAIL BOX





The Center has a Community mail box located in the foyer at the Cherry Street entrance. This is for your convenience so that you can give your friends here at the Center a special card anytime of the year. You can place your birthday, valentine, or just a card of thinking of you in our box. REMEMBER! It is up to you to check the mail box for you mail. We will only deliver mail to you when our box is running over. This is a great way to save on stamps and trips to the post office. So, start writing those cards.

#### THURSDAY'S EVENTS

WALKING	8 - 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	ROOM E
HOMETOWN K-BAND	9 - 10	ROOM B
LA LECHE CLASS	10:30-12:30	ROOM B
BRIDGE FOR FUN	10-11:30	ROOM C
GAMES (VARIOUS)	1 - 3.30	ROOM C

- **5**<sup>TH</sup> Origami class at 9:30a.m. in room C.
- 5<sup>th</sup> Hometown Kitchen band practice only for this month.
- 12<sup>th</sup> Spanish speaking food handling class only. Details inside.
- 19<sup>th</sup> Health fair begins at 9a.m. to noon.
- **26**<sup>th</sup> 50+ luncheon for \$4.00 served at 11:45a.m. The menu consist of fried chicken breast, corn on the cob, Cole slaw and dessert.

### HEALTH FALR

The Center will be having a health fair on October 19<sup>th</sup> from 9a.m. to noon. This fair will be informative to you in regards to Social security, blood pressure, diabetes, and much more. This is a come and go event. So don't miss this opportunity to check out your health and ask questions.





#### HOMETOWN KITCHEN BAND





The Center has an outreach program that will benefit many within our Community. We are in need of volunteers with a hometown heart to come and practice for an half hour with us. Our mission is to enhance the quality of life for each individual, group or organization within our community. We will take reservations 2 month in advance. For more information call.

#### **MORE THURSDAY'S EVENTS**

#### HARRIS COUNTY PUBLIC HEALTH SERVICES FOOD HANDLING CLASS OCTOBER 12<sup>TH</sup>

Favor de llamar al Departamento De Salud Del Consumidor (713-439-6270. Para confirmar las fechas de las claes y centros comunitarios.

Horarios: Todas las CLASES 8:00 am-4:00pm Se registra de 8:00a.m. – 8:30a.m.

## LA LECHE LEAGUE

2<sup>nd</sup> THURSDAY 10:30A.M.-12:30P.M.

The mission of this non-profit group that is open to the public, is to support and educate women who wish to breast feed their children.

### SESQUICENTENNIAL PROMENADERS

#### **EVERY THURSDAY** @ 7:00 – 10 P.M.

If you are interested in meeting people and having fun come by and visit with us anytime. If you would like more information about square dancing, please contact the Center at 281-255-6221.

### BEAUTY ACADEMY

The Center will take the first 6 participants over to the Academy at 9a.m October 5<sup>th</sup>. Please sign up before October 4<sup>th</sup>.

#### FRIDAY'S EVENTS

WALKING PORCELAIN ART (1st FRI) EXERCISE TAKE A BREAK (5TH FRI) QUILTING GAMES (VARIOUS) POTLUCK (1st & 4TH FRI) BINGO (4TH FRI)	8-9 9:30-1:30 9-9:30 9:30A.M. 9:30-11:30 9:30-11:30 11:45A.M. 1-2	ROOM A
MOVIE DAY (1 <sup>ST</sup> FRI)	1-4	ROOM D

 $6^{th}$  - Farkel at 1p.m. in room B.

**20**<sup>th</sup> – For anyone that participant in any of the Center's activities, we invite you to come and enjoy a banana split at 1p.m. Cost is \$1.50. Please sign up before October 17<sup>th</sup>.

# **PORCELAIN ART GUILD**1ST FRIDAYS AS SCHEDULED



We love to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like to join our class please contact us at 936-539-6635.



### Community Center Quilters

#### **Tuesdays & Fridays**

This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. Experienced quilters are welcomed.

## BINGO,

The Center is looking for those wishing to donate their unwanted treasures for bingo prizes. We are looking for small prizes to give away to our winners. If you have any unwanted or unopened gifts that will never be used and would like to clean house with them, they will surely be appreciated. We are looking for lotions, candles, trinkets, perfume samples, pot holders, what knots, etc. The saying is "What's one man junk is another man's Treasure". We will have a treasure box located in the foyer by the Cherry street entrance for your drop offs. Thank you!



The Center has various types of games on the book at different times of the week, so be sure to check the calendar for the time you would like to join us. On Mondays, Wednesdays and Friday mornings we have groups that play dominos, chicken foot and pennies. On Tuesdays we have a group that plays various games. On Thursday mornings we have a group that plays bridge for fun and in the afternoon on the same day we have a group that plays pennies. If you have never visited with us and are interested, you may want to call us first due to games or subject to change due to the usage of our rooms. If there is a change of status, we will post a notice on the door of the room. We do apologize in this event and playing time will resume at the regular time if no room is available that day.

#### SINGLES GROUP FOR 50+ OCTOBER 17TH

If you are interested in getting to know people that are outgoing and would like to socialize after hours or just go out for fun, then this group may be for you. The first meeting will be October 17<sup>th</sup> at 1 p.m. in Room C. Come to the meeting for details.

#### WIDOWS SUPPORT GROUP OCTOBER 11<sup>TH</sup>

If you have lost a love one and would like to talk and share with others, then this group is for you. This class is sponsored by the Champions Christian Counseling Center. Please sign up before October 9<sup>th</sup> @ 10a.m.

#### **VOLUNTEERS**

If you would like to volunteer at the Center, please contact the office. If you have a talent in teaching, educating the public, of just want to help others, or whatever your expertise may be. The Center has a place for you. Call us for more information.



### GAME TIME

#### As scheduled on books



The Center has various times to play games. Check out the calendar and come join us for some fun. We have dominoes, cards, board games, skip bo, bridge, pennies, etc. Everyday we have some kind of games being played among other activities we do. All it takes is you!

## CENTER'S CHRISTMAS PROJECT

If you would like to help make ornaments for our Christmas tree this year, your help is very much needed. We will be making Origami ornaments from the art of paper folding. Please try and come to one or both of the classes offered this month if you are interested in helping.



# ORTHWEST AMATEUR RADIO SOCIETY



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.



### GIRL SCOUT TROOPS

The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

#### **Tomball Community Center Staff**

Wanda Sutton – Director Terrie Marchand Kendra Leonard