JANUARY ACTIVITIES



Tomball Community Center
Website: www.ci.tomball.tx.us
221 Market St
Tomball, TX 77375
281-255-6221

MONDAY'S DAYTIME ONGOING EVENTS

WALKING	8 – 9	ROOM A
EXERCISE	9 - 9:30	ROOM A
TAKE A BREAK (5 TH MON)	9:30	ROOM A
GAME TIME	9:30-11:30	ROOM B
SR. ORGANIZATION(1st MON)	10 - 12:30	ROOM A
BRIDGE	12:30-3:30	ROOM A

<u>16th</u> – 50+ luncheon, must sign up before January 11th. <u>23rd</u> – 50+ luncheon, must sign up before January 18th.

"TAKE A BREAK"







This is a new program for those participating in any activity at the Center that the staff sponsors. We would like to invite you to come and have a cup of coffee, juice, cookie or donut with us before you start your day here at the Center. We will be having this on the 5th Monday and Friday of each month.



The Center has various times to play games. Check out the calendar and come join us for some fun. We have dominoes, board games, skip bo, bridge, pennies, etc. Everyday we have some kind of games being played among other activities we do. All it takes is you!

HOMETOWN KITCHEN BAND Every Thursday @ 9a.m.

The Center will be starting an outreach program that will benefit many within our Community.

Involvement starts with you and you can make a difference in the lives of others. The first Hometown gathering will be on January 5th. We hope to see you.

Requirements:

- 21 yrs or older
- attend at least 1 practice a month
- bring your own home made instrument from the kitchen
- try to notify us at least 2 days prior to a performance if you cannot attend
- Attire will be red, white, or black

WEDNESDAY'S DAYTIME ONGOING EVENTS

WALKING	8 - 9	ROOM A
EXERCISE	9 - 9:30	ROOM A
GAME TIME	9:30-11:30	ROOM B
ROTARY	11 - 1:30	ROOM A
ROTARY BOARD (2 nd WED)	1:30-2:30	ROOM B



- 11th Movie day at the Center will be at 1p.m. in Room D. Feature presentation will be "Fried Green Tomatoes."
- 18th The Center's bus will be departing at 10:30a.m. We will be going to Pancho's. We will be stopping at Wal-mart, so be sure to bring your shopping list with you. Signup before January 16th.
- **25th** The Center's bus will be departing at 10:30a.m. We will be going to King Palace for lunch. Please sign up in the office before January 20th. Seating is limited to 25.

ATTENTION

HOMETOWN KITCHEN BAND



The Tomball Community Center has added an outreach program for our community under the leadership of the staff. We are needing volunteers with a hometown heart that can come and practice with us for a hour a month. Our mission is to enhance the quality of life for each individual, group or organization being served within our community free of charge. Our desire is to be able to perform for those requesting us and enhance their lives with presenting them with a 30 minutes program. We will take reservations for performances as soon as we have our band together 2 months in advance. For more information, please call us at 281-255-6221.

KEEPING FIT

BLOOD PRESSURE



Come to the Center and have your blood pressure checked. This will be available to you every Tuesday and Thursday from 8 – 3p.m. We check and you track.

LINEDANCING

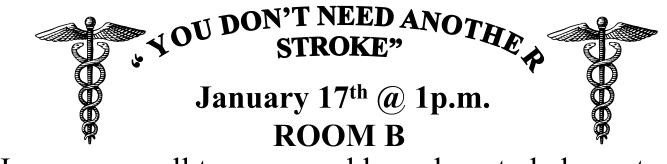
Come every Tuesday at 1 p.m. to learn how to line dance. It's fun and you get a full work out. We would love to have you just visit and watch if you like. A great time to meet new friends too! Open to all ages.

EXERCISE

Come and enjoy the comforts of a clean and comfortable place to get in shape three times a week. You'll meet friendly people and lots of smiles. ©© Pat Garner volunteers to teach this class on Mondays, Wednesdays and Fridays starting at 9a.m. for all ages. Hope to see you!

TUESDAY'S DAYTIME ONGOING EVENTS

WALKING	8 - 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	ROOM E
QUILTING	9 - 11:30	ROOM A
DELPHIANS (1st & 3rd TUE)	10 - NOON	ROOM B
LINEDANCING	1 - 2	ROOM A
GAME TIME	1 - 3:30	ROOM B



I encourage all to come and learn how to help protect yourself against stroke. In this seminar you will learn the causes and conditions that put you at risk. Call or Sign up in the office before January 13th.

January 31st @ 11:30a.m. ROOM A

When it's cold outside we need to be warm on the inside. Come and enjoy a hot bowl with us for \$3.00. Please sign up before January 26th.

FRIDAY'S DAYTIME ONGOING EVENTS

WALKING	8 - 9	ROOM A
PORCELAIN ART (1st FRI)	9:30-1:30	ROOM B
EXERCISE	9 - 9:30	ROOM A
TAKE A BREAK (5 TH FRI)	9:30A.M.	ROOM A
QUILTING	9:30-11:30	ROOM A
GAME TIME	9:30-11:30	ROOM A
POTLUCK (1 ST & 4 TH FRI)	11:45A.M.	ROOM A
BINGO (2^{ND} & 4^{TH} FRI)	1 _ 2	ROOM B



All participants need to bring their favorite dish to share and enjoy with the company of others. The Center will provide the drinks. This is open to all ages and we welcome you to come and browse around. We hope to see you!

BINGO!

We will start playing bingo at 1p.m. sharp for all ages that would like to join us for a hour of fun. We have a lot of new prizes, so bring a friend and come on down.



SESQUICENTENNIAL PROMENADERS

EVERY THURSDAY 7:00 – 10 P.M.

If you are interested in meeting people and having fun come by and visit with us anytime. Visitors are welcome. If you would like more information about square dancing, please contact the Center at 281-255-6221.

TOMBALL ARCHEOLOGICAL RECOVERY



7:00 – 9:00 P.M.



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

SENIOR ORGANIZATION Ist MONDAY EVERY MONTH 10:00 A.M.

This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community. If you are interested in joining this group, please contact the President Judy Turner or the Center for more information.

BRIDGE ORGANIZATION EVERY MONDAY 12:30 P.M.

Bridge is open for anyone that is a serious player. We play every Monday starting at 12:30p.m. If you are interested in joining this group, please contact the President Joe Richardson or the Center for more information.

THURSDAY'S DAYTIME ONGOING EVENTS

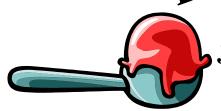
WALKING	8 - 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	ROOM E
HOMETOWN K-BAND	9 - 10	ROOM B
GAME TIME	1 - 3:30	ROOM C

5th – The Center's bus will depart at 10:30a.m. Bring your money and lunch with us at Joe's Crab Shack. Please sign up before January 3rd.

<u>12th</u> − 50+ luncheon, must sign up before January 9th.

19th – City employee's Chili Social @ 11:30 in Rm A

BROWNIE SOCIAL

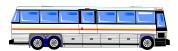


January 26th @ 1 p.m. ROOM A



Mmmmmmm Good! Come by the front office and sign up before January 23rd for a delicious brownie with a scoop of vanilla ice cream for only a \$1.00.

50+ SENIOR'S ACTIVITIES



50+ Precinct 4 Bus Travel Plans

GEORGE BUSH PRESIDENTIAL LIBRARY AND MUSEUM

Join us on Tuesday, January 24th, as we tour the George Bush Library in College Station. The bus will leave the center at 7:45am and return around 3:30pm. The cost of the tour is \$5.00. We will have a buffet lunch at Ranglers Steak House after our tour. Lunch costs are on your own. Sign up deadline is January 19th.

ROMEO'S

Let's go to IHOP! All of you Romeo's (Retired Old Men Eating Out) join us Tuesday January 10th for breakfast at IHOP. We will leave the Center at 8a.m. and return after eating. Breakfast costs are on your own. Please sign up before January 6th.

Meals - \$4.00 11:45a.m. – ROOM A Drinks & dessert provided



12th – Meat loaf, black-eye peas, broccoli & cornbread 16th –Cabbage roll casserole, green beans, squash, & roll 23rd –Mexican casserole, salad, & roll



The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

PORCELAIN ART GUILD

We are a group that loves to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like to join our class please contact us at 936-539-6635.

WILD BUNCH RIDING & ROPING CLUB 2nd Tuesdays @ 7p.m.

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.



This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information, please call the Center.



JANUARY 31ST @ 1P.M.

We will be having a volunteer teach this FREE class to anyone that is interested in learning to make pins out of paper mache. Please sign up in the office by January 26th.

TRACKING YOUR BLOOD PRESSURE

This is a new program for those that would like to stop by and have their blood pressure taken. We will be doing this on Tuesdays and Thursdays each month. Keeping track of your blood pressure is a great way of knowing if you need to follow up with your doctor for further advise and other health issues.

WHAT'S HAPPENING!

Whatever your interests may be, we might be the answer. We have various groups that meet here each month and all you need to do is call for more information. We will direct you to the proper contacts in order to inquire about your need. We have Sesquicentennial Square Dancers, American Sewing Guild, Mental Health, Needle Arts, Girl Scouts, Child Care Plus, Porcelain Arts, Senior Organization, Bridge Club, Archeological Recovery, Ham Radio, Wild Bunch Riding Club Rotary Club, Downtown Merchants, Sister City, Craft classes, Line dancing, educational seminars and Delphians. The Center is always looking for volunteers to help out in various ways.



Community Center Quilters





This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. New quilters are welcomed anytime.

The Center will be closed on January 2nd. The staff wishes you a safe & Happy New Year.



Tomball Community Center Staff

Wanda Sutton – Director
Terrie Myrick
Catherine Rogers
Kendra Leonard