

# AUGUST ACTIVITIES

2006



**COME ON INSIDE!**

*Tomball Community Center*  
*Website: [www.ci.tomball.tx.us](http://www.ci.tomball.tx.us)*  
*221 Market St*  
*Tomball, TX 77375*  
*281-255-6221*

# MONDAY'S EVENTS

WALKING	8 – 9	ROOM A
EXERCISE	9 – 9:30	ROOM A
GAMES (VARIOUS)	9:30 – 11:30	ROOM B,C
SR. ORGANIZATION(1 <sup>st</sup> MON)	10 – 12:30	ROOM A
BRIDGE	12:30 – 3:30	ROOM A

7<sup>TH</sup> – Hometown Kitchen Band will be performing for the Senior Organization. Performers please be there at 10a.m.

14<sup>th</sup> – 50+luncheon for \$4.00 will be served at 11:45a.m. The menu consist of vegetable soup, corn bread and dessert. Please sign up before August 9<sup>th</sup>.

21<sup>st</sup> - The Center's bus will depart at 7:30a.m. for the I-Hop for breakfast. Please reserve your seat before August 17<sup>th</sup>.



## EXERCISE

Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and lots of smiles. 😊😊



## BRIDGE CLUB

Every Monday @ 12:30p.m.

Bridge is open for anyone that is a serious player. If you are interested in joining this group, please contact the President Joe Richardson or the Center.

## SENIOR ORGANIZATION



1<sup>st</sup> MONDAY EVERY MONTH @ 10A.M.

This organization is open to 50 & older for the purpose of uplifting each other in fun, fellowship, and support. We also do food drives and toy drives as we assist other organizations that may need our help and support within the community. If you are interested in joining this group, please contact the President Judy Turner 281-257-3017.

# TUESDAY'S EVENTS

WALKING	8 – 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	ROOM E
QUILTING	9 – 11:30	ROOM A
DELPHIANS (1 <sup>st</sup> & 3 <sup>rd</sup> TUE)	10 – NOON	ROOM B
LINEDANCING	1 - 2	ROOM A
GAMES (VARIOUS)	1 – 3:30	ROOM B
BEG. BRIDGE	2:30-3:30	ROOM A

**15<sup>th</sup>** - The Center's bus will depart at 10a.m. to play bingo in Conroe. You must be 8yrs+ to go. Please reserve your seat before August 11<sup>th</sup>.

**22<sup>ND</sup>** - 50+luncheon for \$4.00 will be served at 11:45a.m. The menu consist of King Ranch chicken casserole, salad and dessert. Please sign up before August 17<sup>th</sup>.

**22<sup>nd</sup>**- Hometown Kitchen Band will be performing at Southern Knights at 2p.m. Performers, please be there at 1:45p.m.

**29<sup>TH</sup>** – The Center's bus will depart at 10:30a.m. to eat at the Sweet Tomato. Please reserve your seat before August 25<sup>th</sup>.



## TOMBALL ARCHEOLOGICAL RECOVERY



**1<sup>st</sup> TUESDAY EVERY MONTH**  
**7:00 – 9:00 P.M.**



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.



**BEGINNERS BRIDGE**  
**2:30 – 3:30 p.m. - Room A**

Volunteer Katherine Bowers will be teaching this class for those of you that are interested in learning how to play. **Learning class only.**

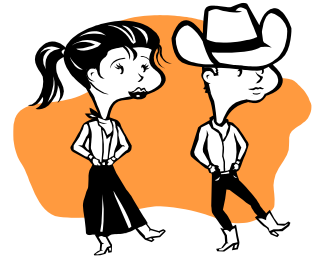
# **MORE TUESDAY'S EVENTS**

## **NAMI METROPOLITAN HOUSTON**

**2<sup>ND</sup> TUESDAY @ 6:00 – 9:30 P.M.**

This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information, please call the Center.

### **LINEDANCING**



Come every Tuesday at 1 p.m. to learn how to line dance with volunteer, Terry Mandzuk. It's fun and you get a full work out. We would love to have you just visit and watch. Open to all ages.

### **KEEPING FIT**



A Center staff is available to take your blood pressure every Tuesday and Thursday from 8 – 3p.m. All you need to do is stop by. We check and you track.

# WEDNESDAY'S EVENTS

WALKING	8 – 9	ROOM A
EXERCISE	9 – 9:30	ROOM A
GAMES (VARIOUS)	9:30 – 11:30	ROOM B,C
ROTARY	11 – 1:30	ROOM A
ROTARY BOARD (2 <sup>nd</sup> WED)	1:30 – 2:30	ROOM B

**9<sup>th</sup>** - Hometown Kitchen Band will be performing at Autumn Hill at 2p.m. Performers, please be there at 1:45p.m.

**23<sup>rd</sup>**- Romeo's will be going to the Art Car Museum. We will leave at 10a.m. and make a stop at Corvettes of Houston. Lunch will be on your own at the Hickory Hollow. Please reserve your seat before August 21<sup>st</sup>.



## EXERCISE



Come and enjoy the comforts of a clean and comfortable place to get in shape. You'll meet friendly people and lots of smiles. 😊😊

## WILD BUNCH RIDING & ROPING CLUB

**2nd Wednesday**



**@ 7p.m.**

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. Please contact the Center for more information.

# THURSDAY'S EVENTS

WALKING	8 – 9	ROOM A
BLOOD PRESSURE CHECK	8 - 3	ROOM E
HOMETOWN K- BAND	9 – 10	ROOM B
LA LECHE CLASS	10:30-12:30	ROOM B
BRIDGE FOR FUN	10-11:30	ROOM C
TUTORING	1 – 2	ROOM E
GAMES (PENNIES)	1 – 3:30	ROOM C

**3<sup>rd</sup>** - The Center's bus will depart at 10:30a.m. to eat at Fuddruckers. Afterwards we will shop at the Mall and return to the Center around 2:30p.m. Please reserve your seat before August 1<sup>st</sup>.

**10<sup>th</sup>** – The Pct.4 bus for 50+ will be departing the Center at 7:30a.m. We will be going to the Space Center Houston and should arrive back at 4p.m. The cost is \$10.00 and the deadline is August 7<sup>th</sup>.

**10<sup>th</sup>** – No Hometown Kitchen Band practice.

**17<sup>th</sup>** – The Center's bus will be departing at 9:30a.m. We will be traveling to Memorial City Mall to see the exhibit of Lionel trains on display by the Houston Tinsplate Operators. We will have lunch at the Steak Country Buffet and return around 2:30. The tour is free, with lunch costs on your own. Please reserve your seat before August 15<sup>th</sup>.



**24<sup>th</sup>** – No Hometown Kitchen Band practice.

**24<sup>th</sup>** - Food Handling class in Room A from 8-4p.m. FREE

**31<sup>st</sup>** – 50+luncheon for \$4.00 will be served at 11:45p.m. The menu consist of spaghetti, salad and dessert. Please sign up before August 28<sup>th</sup>.

**31<sup>st</sup>** - Come and learn to play, “Farkel”. Some call it “Ten Thousand” or “Press Your Luck”. It's a fun dice game and it easy to learn. We will meet in Room B at 1p.m.



# MORE THURSDAY'S EVENTS

## LA LECHE LEAGUE

**2<sup>nd</sup> THURSDAY 10:30A.M.-12:30P.M.**

The mission of this non-profit group that is open to the public, is to support and educate women who wish to breast feed their children.

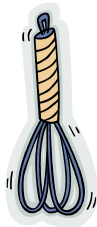
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### HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

No advance registration required. Any questions please call consumer Health at (713) 439-6270

- Fee:** Free to all Harris County food service personnel
- Time:** Class begins at 8 a.m. to 4:00p.m.
- Date:** May 18<sup>th</sup> in Room A

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### HOMETOWN KITCHEN BAND



**Thursday @ 9a.m.**



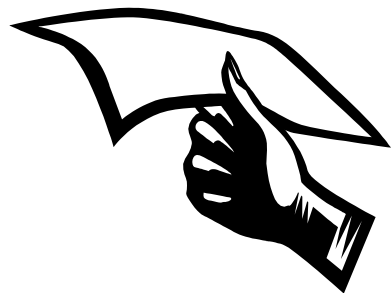
The Center has an outreach program that will benefit many within our Community. We are in need of volunteers with a hometown heart to come and practice for an half hour with us. Our mission is to enhance the quality of life for each individual, group or organization within our community. We will take reservations 2 month in advance. For more information call.

# MORE THURSDAY'S EVENTS



## CRAFT CLASS

### AUGUST 31



We have a volunteer this month to teach a class on August 31<sup>st</sup> at 10 a.m in learning **ORIGAMI**, the art of Japanese paper folding. If you are interested in attending this class, please sign up before August 29th. We need at least 5 participants to have this class.

## SESQUICENTENNIAL PROMENADERS

EVERY THURSDAY @ 7:00 – 10 P.M.



If you are interested in meeting people and having fun come by and visit with us anytime. If you would like more information about square dancing, please contact the Center at 281-255-6221.

## KEEPING FIT



A Center staff is available to take your blood pressure every Tuesday and Thursday from 8 – 3p.m. All you need to do is stop by. We check and you track.



# FRIDAY'S EVENTS

WALKING	8 – 9	ROOM A
PORCELAIN ART (1 <sup>ST</sup> FRI)	9:30 – 1:30	ROOM B
EXERCISE	9 – 9:30	ROOM A
TAKE A BREAK (5 <sup>TH</sup> FRI)	9:30A.M.	ROOM A
QUILTING	9:30 – 11:30	ROOM A
GAMES (VARIOUS)	9:30 – 11:30	ROOM A
POTLUCK ( 1 <sup>ST</sup> & 4 <sup>TH</sup> FRI)	11:45A.M.	ROOM A
BINGO ( 2 <sup>ND</sup> & 4 <sup>TH</sup> FRI)	1 – 2	ROOM B
MOVIE DAY ( 1 <sup>ST</sup> FRI)	1-4	ROOM D

4<sup>th</sup> - Our FREE movie presentation for this month will be “Cheaper by the Dozens”, starring Steve Martin.

11<sup>th</sup> – For anyone that participates in any of the Center’s activities, we invite you to come and enjoy nachos with us for \$3.00. Please sign up before August 8<sup>th</sup>.

## PORCELAIN ART GUILD

1<sup>ST</sup> FRIDAYS AS SCHEDULED



We love to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like to join our class please contact us at 936-539-6635.



## Community Center Quilters

### Tuesdays & Fridays



This group quilts on behalf of the Center for anyone needing a quilt stitched. All proceeds they collect are donated back to various organizations on behalf of this group to help our community. These quilters are special and their volunteer time and work is very well appreciated. New quilters are welcomed.

# BINGO!

The Center is looking for those wishing to donate their unwanted treasures for bingo prizes. We are looking for small prizes to give away to our winners. If you have any unwanted or unopened gifts that will never be used and would like to clean house with them, they will surely be appreciated. We are looking for lotions, candles, trinkets, perfume samples, pot holders, what knots, etc. The saying is “What’s one man junk is another man’s Treasure”. We will have a treasure box located in the foyer by the Cherry street entrance for your drop offs. Thank you!

## WHAT'S YOUR GAME!



The Center has various types of games on the book at different times of the week, so be sure to check the calendar for the time you would like to join us. On Mondays, Wednesdays and Friday mornings we have groups that play dominos, chicken foot and pennies. On Tuesdays we have a group that plays various games. On Thursday mornings we have a group that plays bridge for fun and in the afternoon on the same day we have a group that plays pennies. If you have never visited with us and are interested, you may want to call us first due to games or subject to change due to the usage of our rooms. If there is a change of status, we will post a notice on the door of the room. We do apologize in this event and playing time will resume at the regular time if no room is available that day.

# 2006 ASTROS SCHEDULE



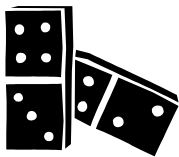
**SEPTEMBER 20<sup>TH</sup> - CINCINNATI**



Tickets are \$23.00 for bullpens seats. The latest to sign up for this game will be August 17<sup>th</sup>. Game time starts at 1:05p.m. We will depart the Center at 11a.m. GO! ASTROS!

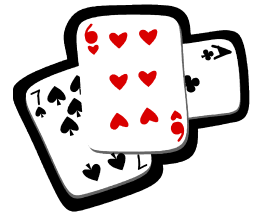
## VOLUNTEERS

If you would like to volunteer at the Center, please contact the director. If you have a talent in teaching, educating the public, or just want to help others, or whatever your expertise may be. The Center has a place for you. Call us for more information.



## GAME TIME

**As scheduled on books**



The Center has various times to play games. Check out the calendar and come join us for some fun. We have dominoes, cards, board games, skip bo, bridge, pennies, etc. Everyday we have some kind of games being played among other activities we do. All it takes is you!

# **FOOD HANDLING TIPS**

- **Buy from trusted sources.**
- **Choose fresh or frozen products that are clean, cold, well wrapped, sealed tight without rips or leaks, and sold from a refrigerated or freezer case.**
- **Refrigerate or freeze poultry quickly after purchase, if possible within half an hour.**
- **Defrost meats in the refrigerator, not on the counter, allowing a few hours to a full day depending on size.**
- **Do not allow raw poultry or its juices to touch other foods.**
- **Safe Temperatures:**
  - 180 degree – dark meat**
  - 170 degree – White meat**
  - 165 degree – Ground chicken & turkey**
  - 140-165 degree – Foods held warm to serve**
- **Keep hot foods hot and cold foods cold. Hot foods at 140 degree and cold food at 40 degree or colder.**
- **Always wash your hands before handling foods or serving**
- **Never taste and eat food while in serving line or at the buffet**
- **Wash cutting boards, tools, the sink, all work surfaces and hands in hot soapy water before and after handling raw foods.**



# **NORTHWEST AMATEUR RADIO SOCIETY**



This club provides emergency communications to many organizations during disasters. These include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.

## **GIRL SCOUT TROOPS**



The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

### **Tomball Community Center Staff**

Wanda Sutton – Director

Terrie Marchand

Kendra Leonard