

DECEMBER DAYTIME ACTIVITIES



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MONDAY			TUESDAY		WEDNESDAY			THURSDAY		FRIDAY		
								1				2
								PENNIES 1-3:30	C	EXERCISE	9-9:30	Α
								BINGO 1 - 2	В	GAMES	9:30-11:30	Α
										MEDICARE/D	10A.M.	Α
								PCT 4 LEAVES @ 8:30AM				
	5		6			7		8	}		ļ	9
EXERCISE	9-9:30	A	CITY'S EVENT 8-4	A	EXERCISE	9-9:30	Α	DTMA 8:30 - 10	C	EXERCISE	9-9:30	Α
SR. BOARD	9:30	С	DELPHIANS 10 - 12	В	GAMES	9:30-NOON	В	PENNIES 1-3:30	C	GAMES 9	:30-11:30	Α
GAMES	9:30-11:30	В			SNACK SO	CIAL 9:30	A			LUNCH (50&L	IP) NOON	Α
SR. MEETING 10-12:30 A		Α			Root beef	R SOCIAL 1PM	Α					
BRIDGE	12:30-3:30	Α						BUS LEAVES @ 10:30AM				
CRAFT	1 - 3	В										
	12		13			14		15	5		10	6
EXERCISE	9-9:30	Α	IN THE ZONE 9 - 11	A	EXERCISE	9-9:30	Α	SPECIAL EVENT 11:30-3	A	EXERCISE	9-9:30	Α
GAMES	9:30-11:30		SOCIAL 11:45AM	_	GAMES	9:30-NOON		PENNIES 1-3:30	C		9:30-11:30	Α
BRIDGE	9:30-3:30	A	GAMETIME 1-3:45	C	ROTARY	11-1:30 (**)	Α					
					ROTARY BO		В					
	19		20			21		22			23	3
EXERCISE	9-9:30		ROMEO'S 9:30AM		EXERCISE	9-9:30	Α	POTLUCK(ALLAGES)11:4				-
GAMES	9:30-11:30		DELPHIANS 10 - 12	В	GAMES	9:30-NOON	-	PENNIES 1 - 3:30	C		13	
LUNCH(50&			GAMES 1-3:45	C								1
BRIDGE	12:30-3:30		ICE CREAM SOCIAL 2PM	Α						ي وي ا	= =	
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			DTMA 8:30 - 10		EXERCISE	9-9:30	Α	PENNIES 1 - 3:30	C	EXERCISE	9-9:30	A
	2 3		BINGO 9 - 10	_	GAMES	9:30-NOON		LUNCH(50&UP)	A		9:30-11:30	A
7			GAMES 1-3:45		MOVIE 10		D	. ,		SOUP POTLU		A
200				-			_			(ALL AGES)		
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ICE CREAN SOCIAL DECEMBER 7TH @ 2PM

Mmmm Good! Come by the front office and sign up before December 2^{nd} for a delicious root beer float for only a \$1.00. Open for 18 & up.



We will start playing bingo at 9a.m. sharp for all ages that would like to join us for a hour of fun. Bring a friend and come on down. Please sign up in the office.



Let's fix those dogs. Come and enjoy a hot dog, chips and dessert with us for \$3.00. Please sign up in the office before December 8th. There's no bones about it.



Come every Tuesday at 1 p.m. to learn how to line dance. It's fun and you get a full work out. We would love to have you just visit and watch if you like. A great time to meet new friends too! Open to all ages. **NO DANCING FOR DECEMBER**. Resume regular schedule in January.



Come and enjoy the comforts of a clean and comfortable place to get in shape three times a week. You'll meet friendly people and lots of smiles. $\odot \odot \odot$ Pat Garner volunteers to teach this class on Mondays, Wednesdays and Fridays starting at 9a.m. for all ages. Hope to see you!



GIRL SCOUT TROOPS

The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups, please contact the Center for more information.

wild Bunch Riding & Roping Club 2nd Tuesdays 2nd Tuesdays 0 7p.m.

This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consists of campouts, rodeos, trail rides, parades, etc. We try to get our children and young people interested in the sport of horsemanship, providing them with an opportunity to get involved and to do this as a non-profit organization. Please contact the Center for more information.



December 1st The Tomball Community Center will travel downtown to Sam Houston Park. We will tour seven historical structures all with candles and period decorations. Carolers and musicians will lead musical accompaniment to a seasonal stroll back through time. The bus will leave the Center at 8:30am. and return around 2:30. The cost is \$4.00 with lunch on your own in the Tunnel. Deadline to sign up is Nov. 28th.



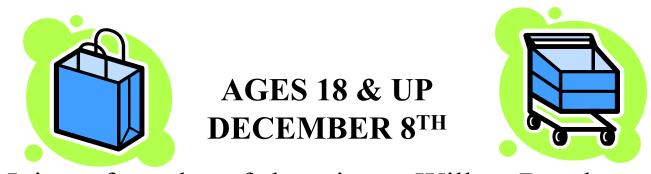


On December 20th we will have a special Brunch for the guys at 9:30. This will be a social time for food and games. The cost is \$2.00 and the deadline to sign up is December15th. Hope to see you!

MORE BUS OUTINGS AGES 18 & UP

DECEMBER 21ST

The Center's bus will be leaving at 9:30a.m. and going to Conroe to play bingo. This trip is for 18 & up. Please register in the office before December 19th with a \$2.00 refundable fee. Bus capacity 25.



Join us for a day of shopping at Willow Brook Mall and lunch at the "Sweet Tomato". We will leave the Center at 10:30 am. and will return around 3:30 pm. Please sign up before December 6th . Bring your money and have a GREAT time.

> WALKING FOR FITNESS! Mon.-Fri. 8a.m[,]





Come and enjoy a cup of hot chocolate and a cookie with us. Take a 9:30 break from your regular activity. Break the same old routine.

PORCELAIN ART GUILD

We are a group that loves to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like to join our class please contact us at 936-539-6635.



MOVIE DAY

December 28th



The Center will be showing "Jack Frost" at 10 a.m. Come and bring your snack and enjoy a FREE movie.



The Center has various times to play games. Check out the calendar and come join us for some fun. We have dominoes, board games, skip bo, bridge, pennies, etc. Everyday we have some kind of games being played among other activities we do. All it takes is you!

HOMETOWN KITCHEN BAND

The Center will be starting an outreach program that will benefit many within our Community.

Involvement starts with you and you can make a difference in the lives of others. The first Hometown gathering will be on January 5th. We hope to see you. Requirements:

- 21 yrs or older
- attend at least 1 practice a month
- bring your own home made instrument from the kitchen
- try to notify us at least 2 days prior to a performance if you cannot attend
- Attire will be red, white, or black

SESQUICENTENNIAL PROMENADERS

EVERY THURSDAY 7:00 – 10 P.M.

If you are interested in meeting people and having fun come by and visit with us anytime. Visitors are welcome. If you would like more information about square dancing, please contact the Center at 281-255-6221.

TOMBALL ARCHEOLOGICAL RECOVERY



1st TUESDAY EVERY MONTH

7:00 – 9:00 P.M.



TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.



This organization is for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. For more information, please call the Center.



We will meet December 5th (a) 10:00 a.m and will have a special performance from Texas Pink. You are welcome to come and join us for fun, fellowship and it's FREE. The organization will furnish the meat and you will need to bring a side dish, so everyone can share and enjoy the company and your smiles. \odot

Not feeling "up to snuff?"

Velma Henry, the senior organization "Sunshine Lady", wants to know of club participants who need a ray of sunshine so she can send a card from "all of us". If you know of someone, please let Velma know.

MEDICARE PART D

December 2nd @ 10A.M.

If you would like to learn more about what "part D" is all about, please sign up in the office. We will be serving light refreshments. Be sure to bring your questions. This will only take about 20 minutes.

CHRISTMAS, TIME IS HERE!



DECEMBER 15TH @ 11:45A.M.

This event is opened to anyone that has participated at the Center in the past year. This means you must have participated in one of our meal programs, crafts, line dancing, exercise program, gone on a trip, or some event that was sponsored by the staff or taught be a volunteer teaching on behalf of the Center. The cost is \$5.00 and you must sign up in the office before December 12th. We welcome you to bring a \$5.00 value wrapped gift and place it under our Christmas tree. You Must bring a gift to participate in the gift exchange. The staff will be serving chicken-n-dressing, green beans, corn, cranberry sauce and dessert for starters. After lunch we will have fun with the gifts and later there will be a drawing for some wonderful prizes. This is to show our appreciation for you getting involved in your Community Center. We hope to see more of you involved next year. A new year is not a new year if you are still doing the same old things. Try something new next year!

"IN THE ZONE"

December 13th @ 9a.m.

This seminar is all about understanding "high blood pressure." Through this program, attendees will come to better understand high blood pressure, and how you can take more control of your life. Please sign up before December 8th. You will receive a blood pressure pocket tracker and get your blood pressure checked after the seminar.



The staff will have a mail box out in the foyer for anyone what would like to give Christmas cards to their friends here at the Center. It will be up to each person to check the mail box on your visit with us. DON'T FORGET!



19th – Beef lasagna, salad, dessert
29th – Rib Tickler chop beef, potato salad, our beans and dessert



December 30th @ 11:45a.m. ALLAGES

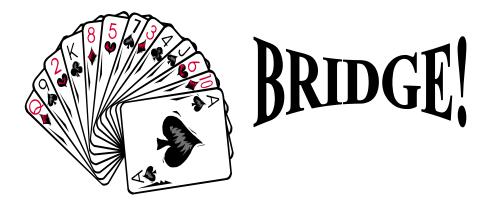
The Center will provide you with a slice of corn bread, **but** you must sign up with us before December 27th **and** you **must** bring a soup to share. We welcome you to come and browse around. We hope to see you! This can be MMMM..... good!



All participants need to bring their favorite dish to share and enjoy with the company of others. The Center will provide the drinks. This is open to all ages and we welcome you to come and browse around. We hope to see you!



Join us on Monday December 5th for a class on making a Christmas door mat. This will be a festive look for the holidays for any door. We will begin the class at 1:00 and the cost is \$2.00. Please sign up before November 30th.



Bridge is played every Monday starting at 12:30p.m. If you are interested in joining, please contact the Center or the President Elsie Mae Vicknair at 281-351-7575 for more information.

UPCOMING EVENTS FOR JANUARY



- Blood pressure checked –
 every Tuesday and Thursdays
 from 8 10 a.m. Room E
- "You don't need another stroke" seminar
- Hometown Kitchen Band practice from 10 – 11a.m.
 every Thursdays



The Center will be closed on December 23rd & 26th. The staff wishes you a safe & Merry Holidays Holidays



Wanda Sutton – Director

Terrie Myrick Catherine Rogers Kendra Leonard

