MARCH 2005



Tomball Community Center Website:

www.ci.tomball.tx.us.com
221 Market St
Tomball, TX 77375
281-255-6221

SUNDAES

MARCH 8th @ 2p.m.

Mmmm Good! Come by the front office and sign up before March 4th for a delicious sundae for only a \$1.00. Open for 18 & up.

POTLUCK

MARCH 4th @ 11:45a.m.

All participants need to bring a favorite item to share and enjoy with the company of others. This is open to all ages and we welcome you to come and browse around and pickup a calendar. We hope to see you!



We will start playing bingo at 1 p.m. sharp for all ages that would like to join us for a hour of fun. We will be giving away prizes. Please sign up in the front office before March 4th.

SESQUICENTENNIAL PROMENADERS

EVERY THURSDAY 7:00 – 10 P.M.

If you are interested in meeting people and having fun then come by and visit with us anytime. Visitors are welcome. If you would like more information about square dancing, please contact the Center at 281-255-6221.

TOMBALL ARCHEOLOGICAL RECOVERY



1st TUESDAY EVERY MONTH

7:00 - 9:00 P.M.

TARC group is to promote the hobby of metal detecting, discovering and preserving the history of the local area while having fun, fellowship, and trading treasure hunting stories. It is open to everyone. If you would like more information, please contact the Center at 281-255-6221.

PORCELAIN ART GUILD

We are a group that loves to paint on porcelain. This class will teach you how to be very creative and show you special techniques with paints by your instructor. If you are interested and would like to join our class please contact the Center at 281-255-6221.

SENIOR ORGANIZATION



We will meet March 7th @ 10:00 a.m. You are welcome to come and join us for fun, fellowship and it's FREE. All you need to bring is a dish for our potluck dinner so everyone can share and enjoy the company and your smiles. © © © © This month we are playing bingo.

"SPECIAL NOTICES" STAFF

No kitchen band until further notice.

March 15th – No line dancing or quilt class. Will resume next week.

March 16th – Games will be played in Rooms A till 11a.m. or room E only.

Due to increasing activities, Please play in rooms designated. THANKS!

STAFF'S CORNER

February 14th the staff gave a "Sweetheart" dinner. We crowned Velma Henry as the 2005 Sweetheart for the year. Each person attending was given a free meal ticket to the new Chick-fil-A here in town. A gift card to the Hill Country Buffet was awarded to Pansy Loyd. Martha McDowell won the "Hearts" contest. Everyone had a GREAT time! Thanks Terri and Peggy for a

job well done.

BUS OUTINGS

PCT. 4 TRIP – 50 & UP – MARCH 14TH

We will be departing the Center at 8a.m. and will return by 4:30p.m. We will be touring the Clifton Steamboat Museum, which is a 24,000 sq ft, two-story museum. Step back and relive the history featuring "Heroes, Past, Present and Future." The cost is \$5.00 (lunch excluded) We will eat at Al "T" Cajun restaurant. Please sign up in the front office before March 9th.



CENTER'S BUS – 18 & UP March 22nd

The Center's bus will depart at 11 a.m. sharp. We will be going to Boudreaux restaurant. The cost is a \$2.00 refundable fee to reserve your seat on the bus. Please sign up in the front office before March 18th. Must have 10 to travel.

ROMEO'S – 50 & UP MARCH 31st

The Center's bus will depart at 8:30a.m. and head to Brenham to tour the Blue Bell Creameries. We will stop for breakfast at McDonalds and eat lunch later at Brazos River Bar-b-que. Please sign up in the front office before March 29th. The cost is \$2.00.(lunch & breakfast excluded)

MORE BUS OUTINGS



LIBRARY MARCH 10TH & 24TH AGES 18 & UP

The Center's bus will depart at 1p.m. sharp to visit the new library in town. If you are interested in going, please sign up in the front office before March 8th for the 10th. For March 24th, please sign up in the front office before the 22nd.



BERRY PICKIN' FUN! MARCH 3RD AGES 18 & UP

The Center's bus will depart at 9 a.m. sharp going to King's Orchard to pick strawberries. The cost is \$3.00 per pound and a \$1.00 fee for a container. You must purchase their container. There is walking involved, so wear comfortable shoes. We will have lunch afterwards at Hickory Hollow in Magnolia. The cost is a \$2.00 refundable fee and you must sign up in the front office before March 1st. Lunch and picking is your cost.

LUCKY CHARM CONTEST



The Center will be having a Lucky Charm contest that will run until March 17th. All you need to do is come by the office and guess how many lucky charms we have on display. Winner does not need to be present to win. Winner will be notified by March 18th.

EASTER COLORING CONTEST



The Center will be having an Easter coloring contest that is open to all ages until March 18th. All participants must come by the office and pick up a picture that you must color while here. Please put you name and phone number on the back so we can contact you if you WIN!. Winner will be notified by the 23rd.



This organization was formed in February 1988 for charitable and educational purposes relating to the promotion, support, development and furtherance of rehabilitation services and treatment programs for persons who suffer from mental illness in Harris County, Texas. Monthly meetings are open to the public and are held the second Tuesday of each month. Social time begins at 7:00p.m. and the formal meeting begins at 7:30 p.m. For more information, please call the Center.



This club provides emergency communications to many organizations during disasters. These organizations include the American Red Cross, the National Weather Service and the Harris County Office of Emergency Management. NARS provides an exam program for amateur radio operators to become licensed. For more information, please contact the Center.







The Center has various times to play games. Check out the calendar and come join us for some fun. We have dominos, board games, skip bo, bridge, pennies, etc. Everyday we have some kind of games being played among others activities we do. All it takes is you!

CRAFT CLASS

MARCH 22ND

Terrie Myrick will be teaching this class on making a mosaic pot starting at 12:45p.m. The cost is \$3.00 for the supplies and you will need to sign up in the office before March 17th. Must have 5 participants to have class.

CITY OF TOMBALL WELLNESS FAIR



FOR EMPLOYEES MARCH 15TH 7 A.M. – 2P.M.

WHO: The fair is open to all employees. The testing is restricted to all full time employees and their spouses who are enrolled in our TML medical insurance.

WHY: To give you a chance to have diagnostic health screenings such as diabetes and cholesterol checks at NO COST. If you sign up for other more advanced diagnostic tests such as PSA or bone density, they are automatically filed with TML and can be charged to your wellness dollars. all results are COMPLETELY CONFIDENTIAL. The City will not have access to any test results.

NO COST TESTING

- •Blood Sugar
- •Lipid Profile Cholesterol
- •Blood Pressure
- •Heart Rate
- •Low Back/Hamstring Flexibility
- Body Composition Analysis
- •Height
- Weight



TESTING CHARGED TO TML

- Prostate Specific Antigen-PSA
- •(covered at 100%)

TESTING CHARGES TO WELLNESS\$\$

- •Thyroid Stimulating Hormone (TSH)
- •Hematocrit & Hemoglobin (H & H)
- •Follicle Stimulating Hormone (FSH)
- •Osteoporosis screenings

HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

No advance registration required. Any questions please call consumer Health at (713) 439-6270

•Fee: Free to all Harris County food service personnel

•Time: Class begins at 8 a.m. to 4:00p.m.

•Date: March 17th in Room A

EDUCATIONAL VIDEOS MARCH 10TH 10 A.M. – 11 A.M.

•Stability In Time of Crises

•A Woman's Silent Legacy

Please call or sign up in the front office by March 9th

Need a Place to Meet?

If your organization or group needs a comfortable place to meet or have a private party, etc. The Community Center is available for rentals. Please contact a Center representative (at least two weeks in advance) for more details.



The Center has several different troops that meet here each month in the evening. If you are interested in getting involved in one of these groups. Please contact the Center for more information.

WILD BUNCH RIDING & ROPING CLUB



This organization is open to all persons that are interested in promoting fellowship and social activities for the community. We sponsor family activities with a western related theme. This consist of campouts, rodeos, trail rides, parades, etc. We try to get our children and young people interested in the sport of horsemanship, providing them with an opportunity to get involved and to do this as a non-profit organization. Please contact the Center for more information.

FOOD MENU 50 & UP 11:45 a.m. Cost - \$4.00

- 11th Stuff baked potatoes with all the trimmings and dessert
- 18th Meatloaf, mashed potatoes, black-eyed peas, cornbread and dessert
- **24**th Brisket, potatoes, baked beans, roll and dessert
- 28th Lasagna, salad, roll and dessert

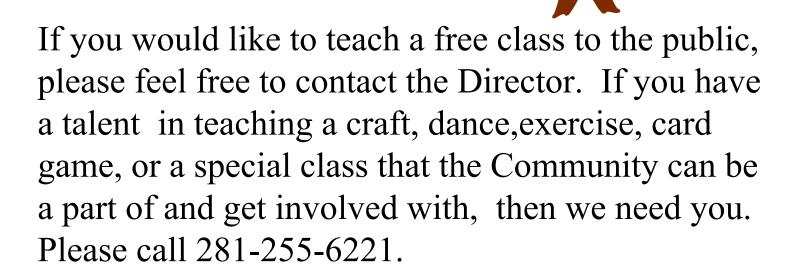
ATTENTION: ALL CITY EMPLOYEES

You are welcome to eat lunch at **noon** with us for a cost of \$5.00 (unless otherwise noted). If you would like to eat with us you will need to come by the office to register and pay 2 days prior to the Center buying the groceries. Sorry, but cancellations made after groceries are bought and all "no shows" will forfeit your money.

TOMBALL GERMAN HERITAGE FESTIVAL MARCH 19TH & 20TH

We would like to invite the public to come and enjoy the canvas artwork from our sister city Telgate. Family history and photos will be on displayed among other items. We will be open on March 19th from 10a.m. to 10p.m. and on March 20th from 10a.m. to 6p.m. We hope to see you.

VOLUNTEERS





Every Tuesday at 1 p.m. come learn to line dance. It's fun and you get a full work out. We would love to have you just visit and watch if you like. A great time to meet new friends too! Open to all ages. **No** class on the 15th.

EXERCISE

Come and enjoy the comforts of a clean and comfortable place to get in shape three times a week. You'll meet friendly people and lots of smiles. ©© Pat Garner is the volunteer that teaches this class on Mondays, Wednesdays and Fridays from 9 − 9:30 a.m. for all ages. Hope to see you!

WALKING FOR FITNESS! Mon.-Fri. 8a.m.

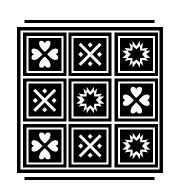
MORE EXERCISE

Come and enjoy the comforts of a clean and comfortable place to get that extra day of exercising in. Join us on Thursdays from 1p.m. – 1:30p.m. We will exercise with a video. No class on the 17th due to rental.



QUILTERS

Tuesday & Fridays 9 - 11:30a.m.



If you have any questions about having a quilt stitched, please contact Judy Turner at 281-257-3017 or jotspring@sbcglobal.net

New quilters are welcomed anytime. All proceeds are donated back to various organizations on behalf of this group to help the community.

HAPPY ST. PATRICK'S DAY







HAVE A GREAT EASTER

The Center will be closed on March 25th in observation of Good Friday.

Tomball Community Center Staff

Wanda Sutton - Director

Terrie Myrick

Peggy Cole