OCTOBER EVENTS



Tomball Community Center Website:

www.ci.tomball.tx.us.com
221 Market St
Tomball, TX 77375
281-255-6221

FOOD MENU

55 & UP 11:45 a.m. Cost - \$4.00



- 7th Spinach lasagna, salad, roll and dessert
- 12th Smothered steak, rice, sauté squash, roll and dessert
- 19th Baked barbeque pork chop, baked beans, slaw, and dessert

SENIOR ONLY MEAL BELOW

29th – Chili cheese nachos, hot dogs, chips, and dessert

ATTENTION: CITY EMPLOYEES

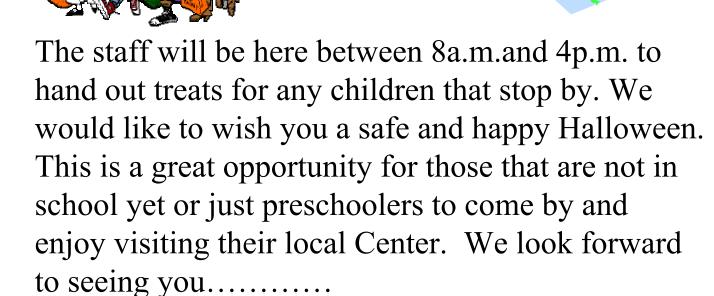
You are welcome to eat lunch at noon with us for a cost of \$5.00 (unless otherwise noted). You will need to come by the office to register and pay at least 2 days prior to the Center buying the groceries. Sorry, but cancellations made after groceries are bought and all "no shows" will forfeit their money. Limit to first 25 to sign up.



The Center cares about handing out "safe" candy to our community children. We will be collecting donated candy that is wrapped in individual packages until October 22nd. Please come by the office that is located by the Cherry Street entrance. Thank You!

FOR KIDS







If you are 55 or over and would like to be involved in an outreach program to bring sunshine to others, then this group would like to invite you to come and see for yourself what we are all about. We meet here at the Center on Thursdays at 10a.m. Call Hattie Griffith the president for more information at 281-351-5208.



FALL FESTIVAL 10/29/04 12:45 - 3P.M. SENIORS ONLY



This is the Center's annual fall festival that the staff hosts for the seniors. We are going to have a goodie walk, beach ball bonanza and lots of fun. Those that participated in secret pals will reveal themselves. We will be showing the play dough critters up on the big screen to allow you to vote on the first and second place winners. Come dressed up or just as you are.

FUN FOR ALL AGES



MOVIES! MOVIES! MOVIES!



The FREE movie begins at 1:00 p.m. on October 7th. The feature presentation will be "Steel Magnolias". On October 22nd we will be showing "The Sandlot " at 1:00 p.m.

POTLUCK OCTOBER 15TH 11:45 A.M.



All you need to do to join in is bring your favorite dish and enjoy the company of others. This is open to all ages and we welcome you to come, browse around and pickup one of the Center's calendars. We hope to see you.



BROWN BAG DAY! October 8th

11:45A.M.



Don't eat alone, come and enjoy a nice comfortable place to eat and enjoy your sack lunch with others while meeting new friends.. Open to all ages. We also have games in our file cabinets for your enjoyment.



FLU SHOTS

October 21, 2004 10am – 2pm



Home Health Resources will be administering flu shots again this year. You must call the Center and reserve your shot by October 18th. This service is offered at a cost of \$15.00 to all full-time, city employees & their dependents (covered on your insurance) aged 18 & up, and is 100% payable by TML (must show your TML card). Medicare will be billed for senior citizens who have Medicare Part B (must show your card). All others must pay with cash or check.

Note: They have asked if you can wear short sleeves to make the process faster.



Not feeling "up to snuff?"

Velma Henry, the senior organization "Sunshine Lady," wants to know of participants in the club who need a ray of sunshine so she can send a card from "all of us." If you know of someone, please let Velma know.

TURKEY ON A HAT HANGING OCTOBER 19TH 12:45 – 2:45P.M.

This class is FREE and we will provide you with a supply list. Please sign up in the office before October 15th. Must have 5 participants to have class.

VOLUNTEERS

If you would like to teach a free class to the public, please feel free to contact the Director. If you have a talent in teaching a craft, dance, exercise, card game, or a special class that the Community can be a part of and get involved with, then we need you. Please call 281-255-6221.

THANK YOU!



I would like to thank all the volunteers that have helped teach a class, craft, or contributed in any way to help make the Center a success. It takes you to help bring new idea that have helped the community to get involved with us.



The Center bus will be departing at 9 a.m. on October 14th. We will be heading over to the Woodlands Mall for a fun day of early Christmas shopping or whatever. This trip is for 18 & up. The cost is a refundable fee of \$2.00 to reserve your seat on the bus. We will return by 3p.m.

STILL SHOPPING!

The Center bus will be departing at 9:30 a.m. on October 25th. We will be heading over to the Willowbrook Mall for a fun day of more early Christmas shopping or whatever. This trip is for 18 & up. The cost is a refundable fee of \$2.00 to reserve your seat on the bus. We will return by 3p.m.

TOMBALL TRAVELERS

October 6th – Romeo's meeting starts at 9:45 a.m. (55 & up men only)

October 8th - Pct. 4 meeting starts at 9:45 a.m.(55 & up only)

Reminder

Come by the office if you want your picture taken.

55- AGEND4



October 22th – the Pct. 4 bus will be departing the Center at 7:30 a.m. heading to the Nolan Ryan Exhibit Center. Lunch will be at Park's Restaurant and then we head over to the Bayou Wildlife Park. Be sure to bring extra cash, if time allows we will stop at Froberg's Vegetable & Fruit Farm and will return by 6:30p.m. Sign up in the office before October 15th. Cost \$7.00



13th – Harvest Homes 2:00p.m.

15th – Park Manor- leave @ 1:45p.m.

20th – Park Place-Fallbrook leave @ 1:30p.m.

 21^{st} - Heritage - 2:00p.m.

27th – Autumn Hills 2:30p.m.

29th - Winslow - 2:30p.m.

SENIOR ORGANIZATION



We meet on October 4th at 10 a.m. and will have a special guest, Mary Yoho RN,M.S.N. who will speaks to us on basic American Red Cross CPR and first aid skills. You are welcome to come and join us for fun, fellowship and it's FREE. All you need to bring is a potluck dish so everyone can share and enjoy the company and your smiles. ©©



ROMEO'S

October 28, 2004



We will be departing the Center at 8 a.m. and will return by 4p.m. We will visit the Texas Prison Museum and afterwards we will eat at The Junction Restaurant. Our last stop will be to tour the Sam Houston Memorial Statue and visitor center. The cost is \$3.00 and you must sign up before October 25th in the office. Must have 5 or more participants.



Every Tuesday at 1 p.m. come learn to dance. It's fun and you get a full work out. We would love to have you just visit and watch if you like. A great time to meet new friends too!

EXERCISE

Come and enjoy the comforts of a clean and comfortable place to get in shape three times a week. You'll meet friendly people and lots of smiles. $\bigcirc \bigcirc \bigcirc \bigcirc$ Pat Garner is the volunteer that teaches this class on Mondays, Wednesdays and Fridays from 9-9:30 a.m. Hope to see you!



CHOO! CHOO, OCTOBER 12TH STARTS @ 12:45p.m.

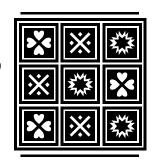


If you like to play dominoes and the game is Mexican Train, then this is a chance for you to participate in a afternoon of fun sponsored by the Tomball Occupational Therapy Assistant Students. These ladies will furnish the treats and prizes. Please sign up in the office before October 8th.



QUILTERS

Tuesday & Fridays 9 - 11:30a.m.



If you have any questions about having a quilt hand stitched, supplies you need to furnish, when your quilt will go in the frame or fees, please contact Judy Turner at 281-257-3017 or jotspring@sbcglobal.net

New quilters are welcomed anytime. All proceeds are donated back to various organizations on behalf of this group to help the community.



If you are interested in learning how to play Community Center shuffle board, please sign up in the office before October 8th. We will have our first lesson on October 13th. If enough people will play on a regular basis then we will make this a regular activity.

Tomball Community Center Staff

Wanda Sutton – Director

Dale Merten

Bill Haines