

NOVEMBER 2004



Tomball Community Center

Website:

www.ci.tomball.tx.us.com

221 Market St

Tomball, TX 77375

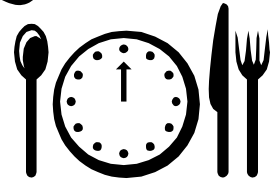
281-255-6221

FOOD MENU

55 & UP

11:45 a.m.

Cost - \$4.00



4th – Lime sauce chicken, mocha sweet potatoes, creamy brussel sprouts, roll and dessert

9th – Soup potluck for a \$1.00 and Center will provide cornbread and dessert

19th – Mel's (Seniors only) cost \$5.00 for cater

23rd – Meatloaf, mashed potatoes, green beans, roll, and dessert

ATTENTION: CITY EMPLOYEES

You are welcome to eat lunch at **noon** with us for a cost of \$5.00 (unless noted). If you would like to eat with us you will need to come by the office to register and pay 2 days prior to the Center buying the groceries. Sorry, but cancellations made after groceries are bought and all “no shows” will forfeit your money.



KITCHEN BAND!

If you are 55 & up and would like to be involved in an outreach program to bring sunshine to someone else, then this group would like to invite you to come and see for yourself what we are all about. We meet here at the Center on Thursday at 10a.m. Call Hattie Griffith, the President, for more information at 281-351-5208.

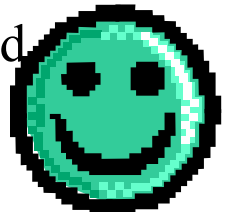
THE JOY OF VOLUNTEERISM
NOVEMBER 12th
10 - NOON



Come and learn the benefits of volunteering and the many ways to contribute. The most important thing is how to become one. Please sign up for this class before November 5th by registering in the office.

SNACKS AND DOOR PRIZES provided

Limited to 48.



Presented by Melissa Lombard, Volunteer Coordinator
Lighthouse Hospice

TURKEY CONTEST



All AGES



Win a FREE turkey. You must come by the Center and draw and color your turkey while on the premises. All entries will be done in crayon and turned into the office before you leave. November the 15th is the deadline. We will contact the winner on the 19th . You don't need to be present to win.

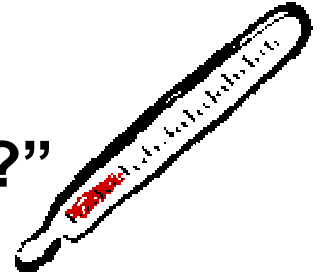
SPECIAL BULLENTIN

November 12th

Any regular daytime activities in Room A are cancelled and will resume as schedule next week. Rooms B,C, and E will be available for game time after twelve o'clock due to prior scheduled events open to the public for community service.



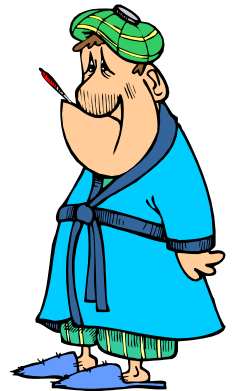
Not feeling “up to snuff?”



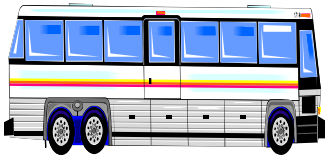
Velma Henry, the senior organization “Sunshine Lady”, wants to know of participants in the club who need a ray of sunshine so she can send a card from “all of us”. If you know of someone, please let Velma know.

CHRONIC PAIN CLASS

November 23rd
10:00 – 11:00 a.m.



Do you have chronic pain? If you can answer “yes” then this class is for you. Steve Hoffart, Pharm D. will be speaking on this topic for one hour. The floor will be open afterwards for discussion and questions that may concern you. This is a **FREE** class. Please signup in the office before November 19th. Limit 48



55- AGENDA

November 8th – The Pct. 4 bus will be departing the Center at 7:30 a.m. and will return by 6:30p.m. We will tour the Texas

Artist Museum and pick up our tour guide before we go to the Pompeian Villa of the barbed wire king. We will lunch at Esther’s Seafood and then head over to Rose Hill, which is a colonial style home. Our final stop will be the Dutch Windmill/Tex Ritter Museum. The cost is \$7.00 and the deadline is November 5th. Lunch not included in cost of the trip.

SENIOR ORGANIZATION



We meet on November 1st at 10 a.m. You are welcome to come and join us for fun, fellowship and it’s FREE. All you need to bring is a potluck dish so everyone can share and enjoy the company and your smiles. 😊😊

KITCHEN BAND



10th – Harvest Homes
2:00p.m.

11th – Heritage – 2:00p.m.

17th – Park Place-Fallbrook
leave @ 1:30p.m.

19th – Park Manor- leave @
1:45p.m.

24th – Autumn Hills 2:30p.m.

26th – Winslow – 2:30p.m.

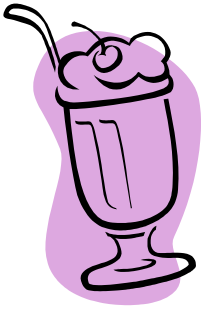
ROMEO'S



November 18th



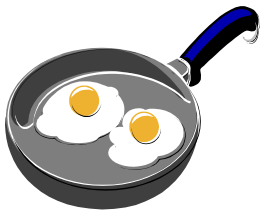
We will be leaving the Center at 8 a.m. We will be visiting the San Jacinto Battleground State Historic Site. The cost is \$5.00 and you must sign up before November 12th. Further details will be announced at the Senior business meeting on November 1st.



ICE CREAM SOCIAL

NOVEMBER 16th @ 2 p.m.

Mmmmmm Good! Come by the office and sign up before November 12th for a delicious root beer float. Only a \$1.00. Open to 18 & up.



BREAKFAST OUT



NOVEMBER 24th

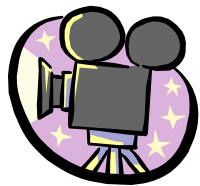
The City bus will departing the Center at 8 a.m. heading over to the I-Hop. Come by the office before the 19th to reserve your seat for a \$2.00 refundable fee. Must have 10 participants. Ages 18 & up are welcome.

TOMBALL TRAVELERS

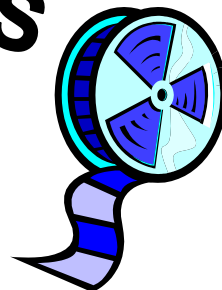
November 3rd – Romeo's meeting at 9:45a.m.
(55 & up men only)

November 10th - Pct. 4 meeting at 9:45a.m.
(55 & up only)

FUN FOR ALL AGES

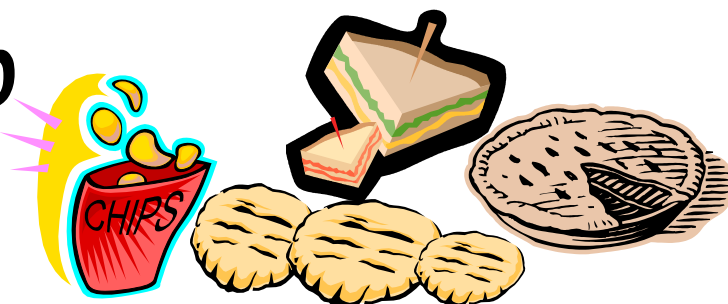


NOVEMBER 18th

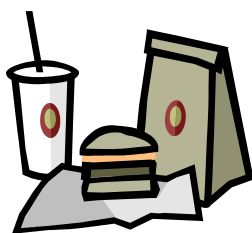


The FREE movie begins at 1p.m. The feature presentation will be “ The Rookie “ starring Dennis Quaid. Bring your snack and a friend.

**FINGERFOODS
NOVEMBER 22ND
11:45a.m.**



All you need is to bring your favorite item and enjoy the company of others. This is open to all ages and we welcome you to come and browse around and pickup a calendar. We hope to see you.



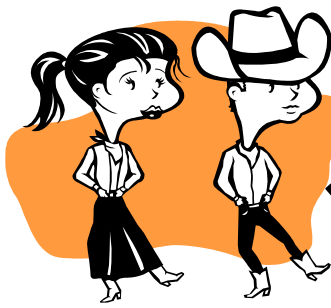
BROWN BAG DAY!

@ NOON

NOVEMBER 18th



Come and enjoy a nice comfortable place to eat and enjoy your sack lunch with others while meeting new friends. Don't eat alone. Open to all ages. We also have games in our file cabinets for you to enjoy afterwards.



LINEDANCING



Every Tuesday at 1 p.m. come learn to line dance. It's fun and you get a full work out. We would love to have you just visit and watch if you like. A great time to meet new friends too!

EXERCISE



Come and enjoy the comforts of a clean and comfortable place to get in shape three times a week. You'll meet friendly people and lots of smiles.😊😊😊 Pat Garner is the volunteer that teaches this class on Mondays, Wednesdays and Fridays from 9 – 9:30 a.m. Hope to see you!



WALK-A-THON



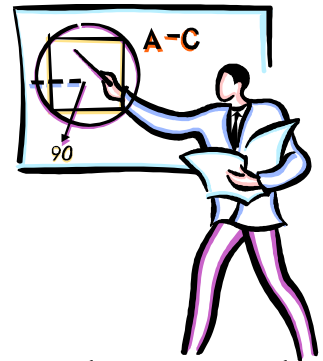
Starting November 1st through November 24th the Center will host this event for Seniors only. Come by the office and let us know you are walking so we can log the miles that you will accumulate. For every 3 miles we will credit you with a \$1.00 ticket that can go toward your next meal eaten with us that the staff prepares. Don't forget you **MUST** check in with the office before you walk. Twenty laps around Room A is equal to 1 mile. Walk a mile at a time. It ADDS UP!



SOUP IN A JAR

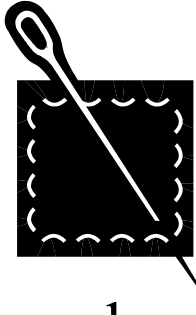
November 16th

Please bring a quart mason jar, lid, band and scrap material to cover the lid. We will supply the ingredients. The cost is \$2.00 and you must sign up before November 11th. Must have 5 to have class. Starts at 10 a.m.



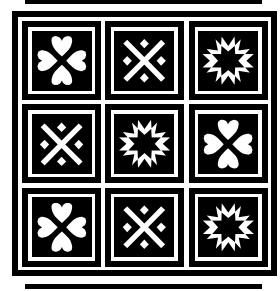
VOLUNTEERS

If you would like to teach a free class to the public, please feel free to contact the Director for more information. If you have a talent in teaching a craft, dance, exercise, card game, or an educational class that the Community can be a part of and get involved with, then we need you. Please call 281-255-6221.



QUILTERS

Tuesday & Fridays
9 – 11:30a.m.



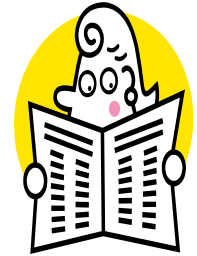
If you have any questions about having a quilt sewed, supplies you need to furnish, when your quilt will go in the frame or fees, please contact

Judy Turner at 281-257-3017 or
jotspring@sbcglobal.net

New quilters are welcomed anytime. All proceeds are donated back to various organizations on behalf of this group to help the community.



UP COMING EVENTS



December 9th – City's party

The Center will be closed in November 25th and 26th.
The staff wishes you a safe and happy Thanksgiving.

Tomball Community Center Staff

Wanda Sutton – Director

Dale Merten