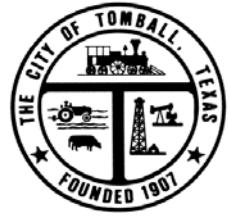




PRESS RELEASE

03312006
TOMBALL POLICE DEPARTMENT



400 Fannin, Tomball, Texas 77375
(281) 351-5451 Fax: (281) 351-2615

For Immediate Release

Date: March 31, 2006
Contact: Sergeant Rick Grassi
Phone: (281) 290-1346

Tomball Police Department Offers Rape Aggression Defense to Women

The Tomball Police Department now offers a self defense course for women. R.A.D. – Rape Aggression Defense Systems, is a program that teaches women defensive concepts and techniques against various types of assaults utilizing effective self defense tactics.

This course is taught by the Tomball Police Department in four separate sessions. Each Session is three hours in length. During these sessions, awareness, avoidance, prevention and risk reduction are taught.

The class then begins hand-on training. These skills are practiced and developed over four sessions. During the fourth session, simulated assault scenarios are conducted. During these simulations, women can use the skills they have developed in a safe training environment.

Class size is limited to sixteen students. Class is held on Mondays and Wednesdays from 6:30pm to 9:30pm. If you are interested in enrolling or would like further information, please contact Sergeant Rick Grassi via e-mail at rgrassi@tomballpd.com or call him at 281-290-1346.