

Where

We Live

A publication from the City of Hurst



Fall
Special Events

Community
Youth In Government

Hurst
2.0



Fall / Holiday
2009
Recreation
Class
Schedule



**Christmas
Tree
Lighting**
Tuesday, Dec. 1
6-8 p.m.



Welcome to the seventh issue of...

Where We Live

Welcome to the seventh issue of Where We Live. I appreciate you taking the time to read about all of the great things happening in Hurst. As usual, it's been a busy summer in our city and we are already gearing up for an exciting fall and holiday season. In this issue you'll read about what we've been up to all summer and what you can look forward to in the upcoming weeks. Some of these articles include updates on our soon to open Hurst Senior Citizens Activities Center, information on how your student can join other outstanding local students involved in Youth In Government, details on how you can follow your city through social media, what's going on at the Hurst Public Library and information on the Hurst Pride and Business Awards. And that's not all. In the recreation section you'll get the scoop on Halloween Happenings, Campfire Stories, the John Butler Memorial Senior Citizens Banquet and of course, the Christmas Tree Lighting.

It has always been the City Council's goal to provide you with the best in programs, events and services in the area. As we continue in this difficult economy we will remain fiscally conservative while bringing you the same programs and events you love. I am optimistic that Hurst will weather the impacts and maintain the quality services that the City of Hurst is known for. I hope you will join us at some of the many exciting events this fall, and most importantly, I would also like to wish you and your family a safe and healthy holiday season. Now sit back and enjoy the seventh issue of Where We Live.

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Hurst City Council

Back Row: Larry Kitchens-Council Member,
Henry Wilson-Council Member, Bill McLendon-Mayor Pro Tem,
Charles Swearengen-Council Member
Front Row: Nancy Welton-Council Member,
Richard Ward-Mayor, Anna Holzer-Council Member

Healthy Fall Fun

Making the most of your health can be a challenge when goodies are such a big part of celebrating. Here are some great ideas to make your fall fun tasty and full of health!

1. Veggie Madness- Try adding veggies to your meals in entertaining and fun ways. You can carve some ghosts out of mushrooms, make some broccoli trees, and try smashing black beans to make mud or make animals out of squash, green beans, carrots and tomatoes. Just add a little dip and you have a wonderful veggie platter for any occasion.
2. Add some protein and eye popping fun to your next appetizer. Take your traditional deviled egg recipe and use low calorie mayonnaise to lighten the recipe. Then add a green or black olive ring stuffed with red pimentos to the top of the eggs to make some creepy eyes and a tasty starter to your next meal.
3. Be creative with pumpkins to get more nutrition and color into your fall meals. Try adding pumpkin puree to your favorite muffin recipe, mix pumpkin pie filling with low fat vanilla yogurt or ice cream or try making a pumpkin pie on a graham cracker crust for a healthy dessert.
4. Dilute your candy- Do you love candy corn, chocolate chips, candy bars and other yummy bites? Think about cutting back on how much you consume by mixing a small amount of it or another favorite candy into trail mix. At least there are some healthy nutrients in the nuts and raisins!



Pumpkin Bites

Ingredients:

2 cups all-purpose flour
 1 tsp baking powder
 1/2 tsp baking soda
 1/4 tsp salt
 1 tsp cinnamon
 1/2 tsp ginger
 1/4 cup melted butter
 1 cup packed brown sugar
 1 egg
 1 egg white
 1 cup canned pure pumpkin
 1 tsp vanilla

Directions:

Preheat oven to 350 degrees.

In a medium bowl, using a whisk, combine flour, baking powder, baking soda, salt, cinnamon, ginger and allspice. In a large bowl, using an electric mixer, beat butter, sugar, egg and egg white, pumpkin and vanilla. Stir flour mixture into wet ingredients until just combined.



Optional: Fold in 1/2 cup semisweet chocolate chips and 1/2 cup raisins

Drop spoonfuls of dough an inch or so apart on a parchment- or silicone lined cookie sheet. Bake for 12-14 minutes. Remove from cookie sheet to a cooling rack. Makes 30 cookies

Nutrition facts: Per cookie (without chocolate chips or raisins): Calories 78, Total Fat 1.8g, Sodium 64mg, Carbohydrate 14.3g, Fiber 0.4g, Protein 1.3g

City Staff

Allan Weegar—City Manager

Allan Heindel—Deputy City Manager

Jeff Jones—Assistant City Manager

John Brown—Fire Chief

Rita Frick—City Secretary

Ron Haynes—Director of Public Works

Dale Harwell—Information Services Manager

Mike Morgan—Director of Planning
and Community Development

Steve Moore—Police Chief

Anita Thetford—Director of Finance

Ashleigh Whiteman—Communications Manager



Luis Flores

Fire Department Open House Sept. 26

Ever wanted an inside look at your local Fire Department? You and the whole family will have the chance this fall! The Hurst Fire Department will host its annual Open House on Saturday, Sept. 26. Mark your calendars for this annual event favorite, held at Fire Station No. 1 located at 2100 Precinct Line Road. The event will be held from 10:00 AM-2:00 PM, where Hurst Fire apparatus will be on display along with High-Angle Rescue demonstrations, Jaws-of-Life demonstrations, Fire Safety House and Air Ambulance. Refreshments will be served, so bring the family and spend the afternoon with the Hurst Fire Department.

Annual dinner raises funds

The Hurst Citizens' Fire Academy Alumni Association is busy planing the First Annual Firefighters Steak Dinner for the fall. They will have steaks with all the trimmings.

\$20 for adults and \$9 for children. You may buy individual tickets or a table for eight and bring your friends. It will be a fun night for everyone.

Tickets will be on sale Tuesday, Sept. 1. Cost is

For more information or to purchase tickets, please call 817.828.1626.

Firefighter's Annual Steak Dinner

Saturday, Oct. 10

4:00-8:00 PM

Fire Station #1
2100 Precinct Line Rd.

Safe holiday hints

When making shopping lists or looking for gift-giving ideas, remember the simplest ideas and gifts can make the most impact for friends and loved ones. Being prepared can make stormy nights safer and less inconvenient than when not prepared.

Below are some simple and relatively inexpensive ideas to help you with your shopping lists and preparation.

NOAA Weather Radios (with S.A.M.E.) — With a weather radio functioning 24/7 you will almost always know when those outdoor warning sirens are about to be sounded.

Flashlights (and extra batteries) — When the power goes out, what better thing than to have flashlights in the house?

First Aid Kits — although the topic is disaster preparedness,

having one of these around the house will make everyday life more convenient. And it needs to be replenished on a regular basis, making that gift selection process easier the next year.

Water Supply (for three days) — Commercially bottled water kept on hand are great in a pinch especially if you have to load up and leave your residence in a hurry.

Food Supply (for three days) — Having non-perishable foods on hand that do not require cooking facilities are an essential. There are commercially available meals that just need a little water to make a hot meal.

For more information, visit www.knowwhat2do.com or www.fema.gov/areyouready

Ambulance Subscriptions Due Dec. 31

For information call
817.788.7238

2010 Ambulance Subscriptions

The City of Hurst will again offer Hurst citizens an ambulance subscription service to help offset the high costs of emergency ambulance transportation. Insurance companies routinely do not pay the entire amount of ambulance transportation, leaving the patient with the responsibility of paying the balance of the bill. The purpose of the subscription service is to cover the amount not covered by your insurance provider or Medicare. For \$60 per year per family, you will never have to worry about paying an ambulance bill. Enrollment for 2010 begins October 1 through December 31, 2009.

Program Summary:

- Cost is \$60.00 per calendar year, renewed annually.
- Covers all immediate family members of the household that reside at the place of residence in Hurst, which includes applicant,

spouse and children under the age of 25 that are full-time students. Children over 18 (that are not full-time students) and Medicaid recipients are not covered by this subscription.

- Saves out of pocket expense for emergency ambulance transportation by paying the amount not covered by health care insurance, Medicare and other supplemental medical insurance.
- Provides the needed insurance information to expedite billing.
- No bill for the unpaid portion of the service not paid by the insurance provider.
- The plan covers you from January 1 to December 31 of the enrollment year

For more information or for an application, please contact the Hurst Fire Department at 817.788.7238. Applications can also be printed from the City's Web site at www.ci.hurst.tx.us

Fire Prevention Tips

INSTALL SMOKE DETECTORS. Test monthly and replace batteries twice a year.

MAKE AND PRACTICE A HOME ESCAPE PLAN for the entire family and practice with the family twice a year. If you know what to do ahead of time, you have a better chance of escaping from a fire.

IF A FIRE DOES OCCUR, stay out; don't go back inside a burning building for anything or anyone. Call the fire department from a neighbor's house

KITCHEN FIRE SAFETY STARTS WITH THE COOK. Wear short or tight fitting sleeves when cooking. Never leave cooking unattended, but if you must leave the kitchen for a moment, turn the surface burners off. Stand by your pan! Keep small appliances unplugged when not in use and keep them clean and dry. If a small grease fire occurs, use the "Put A Lid On It" tech-

nique. Smother the flames by sliding a cover or larger pan over the fire and turn off the burner; never pour water on a grease fire or move the burning pan. If the fire does not go out instantly, leave the house and call the fire department.

WINTER FIRE SAFETY:

Tree Safety

- Never use candles as decorations.
- Keep trees away from heat.
- Never use a cut tree in a place of public assembly (apartment or hotel lobbies, restaurants, etc.)
- Water a cut tree at least daily.
- Use a "non-tip" tree stand.
- Use only fire retardant decorations.
- Never leave a lighted tree unattended.
- Dispose of your tree properly, soon after the holiday before needles dry out.
- Artificial trees should have a fire retardant label.
- Keep the season bright - watch those

lights.

- Unplug all lighting before retiring for the evening or leaving the house.
- Blow out candles before leaving the room. Don't leave candles burning unattended.
- Purchase lights and electric decorations which are listed by an approved testing agency such as Underwriters Laboratories (UL) or Factory Mutual (FM).
- Check all lighting for frayed wires, broken plugs, sockets, etc.
- Never overload outlets. Use no more than three strands of lights on a single extension cord.
- Never use candles on trees, near live or other flammable decorations.
- Never hang lights on a metallic tree.
- Always use appropriate weatherproof lights outdoors.
- Give the gift of life - give smoke detectors.



**National
Night Out**
Tuesday, Oct. 6
For more information
call
817.788.7375

Prestigious Law Enforcement Accreditation Awarded to Hurst Police

The Law Enforcement Accreditation Program was the first credentialing program established by Commission on Accreditation for Law Enforcement Agencies, Inc. (CALEA), after its founding. It was originally developed to address what was seen as a need to enhance law enforcement as a profession and to improve law enforcement. That mission continues today. It provides a process to systematically conduct an internal review and assessment of the agencies' policies and procedures, and make adjustments wherever necessary to meet a body of internationally accepted standards.

Since the first CALEA Accreditation Award was granted in 1984, the program has become the primary method for an agency to voluntarily demonstrate their commitment to excellence in law enforcement. The standards upon which the Law Enforcement Accreditation Program are based on, reflect the

current thinking and experience of law enforcement practitioners and researchers. Major law enforcement associations, leading educational and training institutions, governmental agencies, as well as law enforcement executives internationally, acknowledge CALEA's Standards for Law Enforcement Agencies® and its Accreditation Program as benchmarks for today's law enforcement agency.

The Hurst Police Department gained its first accreditation in 1990 and re-accreditation in 1995, 2000, 2003 and 2006.

The Department had its on-site assessment in April 2009 for its fifth reaccreditation. Based upon the results of the on-site, the assessment team unanimously recommended the Hurst Police Department be considered for accredited status. The Department will be awarded this status in August 2009.

On the cover...

Danie Hatcher, a Hurst resident and North Texas native, graduated from Trinity High School in 1987 and Tarrant County College in 1996. Danie is currently pursuing a degree in health care management. Danie chose DBU due to the location of the new campus in Hurst, ease of scheduling classes, great teaching and an amazing philosophy. Danie is also a mom to Melanie, Matthew, Megan, Emily and Max and married to husband Ken.

graduated from Irving High School in 2000 and the University of North Texas in 2004. He is currently pursuing an MBA in Accounting from Dallas Baptist University, choosing DBU because of the Christian education, reasonable cost of tuition and location. Zach's wife Ashley is also a graduate of DBU. The Atkinsons moved to Hurst because of the small community feel of their neighborhood and all the city has to offer.

We met up with Zach and Danie at DBU Hurst-Colleyville for the cover shoot.

Zach Atkinson, also a native of North Texas,



Cover shot by photographer Bill Carter

Hurst Public Library

901 Precinct Line Road

Phone: 817.788.7300

Patron Appreciation

Thursday, Dec. 10

5:00-7:00 PM

Join us for an evening
of activities

and entertainment

as we show our appreciation
to the
wonderful patrons
of Hurst.

September is National Library Card Sign-up Month

*Come to the library
and get a card that will
really take you places*

Visit the library often to read, relax, study, use computers, browse and borrow books, magazines, movies and music. Enjoy many programs each month. There is something for everyone. Our virtual Library online at www.hurst.lib.tx.us is open for business 24 hours a day, seven days a week. It's a great place to explore!

Quality service earns awards

Hurst Public Library has been awarded the Achievement of Excellence in Libraries Award from the Texas Municipal Library Director's Association, an affiliate organization of the Texas Municipal League.

This is the fourth year in a row that Hurst Public Library has received this recognition. Of the 565 public libraries in

the state of Texas, only 33 received this award which is for the 2007-2008 fiscal year. Hurst Public Library demonstrated excellence in all areas required to qualify.

The criteria reflect quality services and programs for the continued education and personal enrichment of the citizens the Library serves.

Read

Friends of Hurst Library Summer Book Sale

Private Preview

Friends of Hurst Library Members

Friday, August 21

4:00-5:00 PM

Memberships available at the door.

Public sale

Friday, August 21

5:00-7:00 PM

Saturday, August 22

9:00 AM-6:00 PM

Youth Services

Toddler Time

For ages 12-36 months

Mondays and Thursdays

10:00-10:30 AM

Story Time

For ages 3-6

Tuesdays and Wednesdays

10:45-11:15 AM

Chess Club

For elementary ages and up

Mondays

4:00-5:00 PM

Chapter Chats Book Club

For all ages

Tuesday, September 8

Tuesday, October 13

Tuesday, November 10

Tuesday, December 8

7:00-8:00 PM

Do you enjoy talking about books? Here's your chance! Share your views with other kids who have read what you have! Call 817-788-7302 to find out what books will be talked about each month so you can participate.

Boo Books

For all ages

Saturday, October 31

4:00-5:00 PM

Before you head out for trick or treating, treat yourself to a special story time with slightly scary and funny stories; add to that some mildly spooky activities and you get an afternoon of Halloween fun! Costumes are optional but encouraged.

Truly Teen

7th-12th Graders

Anime Club

Thursday, September 3

Thursday, October 1

Thursday, November 5

Thursday, December 3

6:00-8:00 PM

If you enjoy anime—watching it and talking about it—this is the place for you! Add snacks and other teens that love anime, too, just for fun!

Teen Pulse

Thursday, September 10

Thursday, October 8

Thursday, November 12

7:00-8:00 PM

Wii want you to be a (Guitar) Hero and Dance Dance (Revolution) for an hour. Take a short break from homework and get in the game!

Adult & Family Informational Afternoon

Brown Bag Book Club

Bring your lunch and join us for book discussions by the fireplace in the Reading Alcove with drinks and comfy chairs provided!

Vampires are hot; share your favorite

Bill, Edward, Eric, Lestat

Thursday, October 1, NOON

Absolutely True Diary of a Part-Time Indian

by Sherman Alexie

Thursday, November 5, NOON

The Girls' Guide to Hunting and Fishing

by Melissa Bank

Thursday, December 3, NOON



Hurst Public Library
The place to go
when you need to know!

All About It!

MasterWorks at The Library

Bring the family for FREE. The MasterWorks Music Series is funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with ARTSNET.

Evening Performances

Thursday, August 27, 7:00 PM
Rhett Butler - Texas Jazz guitarist

Thursday, September 24, 7:00 PM
Rose Marine Theater

El Conejito Verde/ The Green Rabbit is an old Mexican folktale adapted collaboratively for the stage. This play is fully bi-lingual and the performers engage the children in the audience by having them help with the magic that moves the story along.

Thursday, October 22, 7:00 PM
The Banditos

Bluegrass Duo. Outdoor Event: Please bring lawn chairs and blankets to sit in the Library Park. If it rains, the event will be held in the Library Meeting Room.

Thursday, November 19, 7:00 PM
Matt Ingram - Acoustic Country Guitar

Thursday, December 17, 7:00 PM
Holiday Cheer - Victorian Carolers

Noon Performances

Friday, August 14, 12:15 PM
2tone

An eclectic musical group headed by bass player / producer Michael Medina and jazz harpist Cindy Horstman, has reached out to all age groups with their interpretation of Jazz. Their music blends traditional styles drawing from jazz, pop, and Latin.

Friday, September 11, 12:15 PM
Bill Oliver

Bill Oliver presents a lively program of original music celebrating natural and cultural heritage. Outdoor Event: Please bring lawn chairs and blankets to sit in the Library Park. If it rains, the event will be held in the Library Meeting Room.



Family Night

Thursday, August 20, 7:00 PM

Live Homework Help

Find out how to get free homework help online via our Live Homework Help tutoring service. Live Homework Help connects students in grades K through 12, introductory college level and adult learners to expert tutors in math, science, social studies, and English.

Educational Evenings

Thursday, September 17, 7:00 PM

How Money Works

Hurst Public Library and Primerica present a free program: How Money Works. Avoid financial problems by learning how to pay off debt, avoiding credit card traps and the rule of 72.

Tuesday, October 15, 7:00 PM

Estate Probate

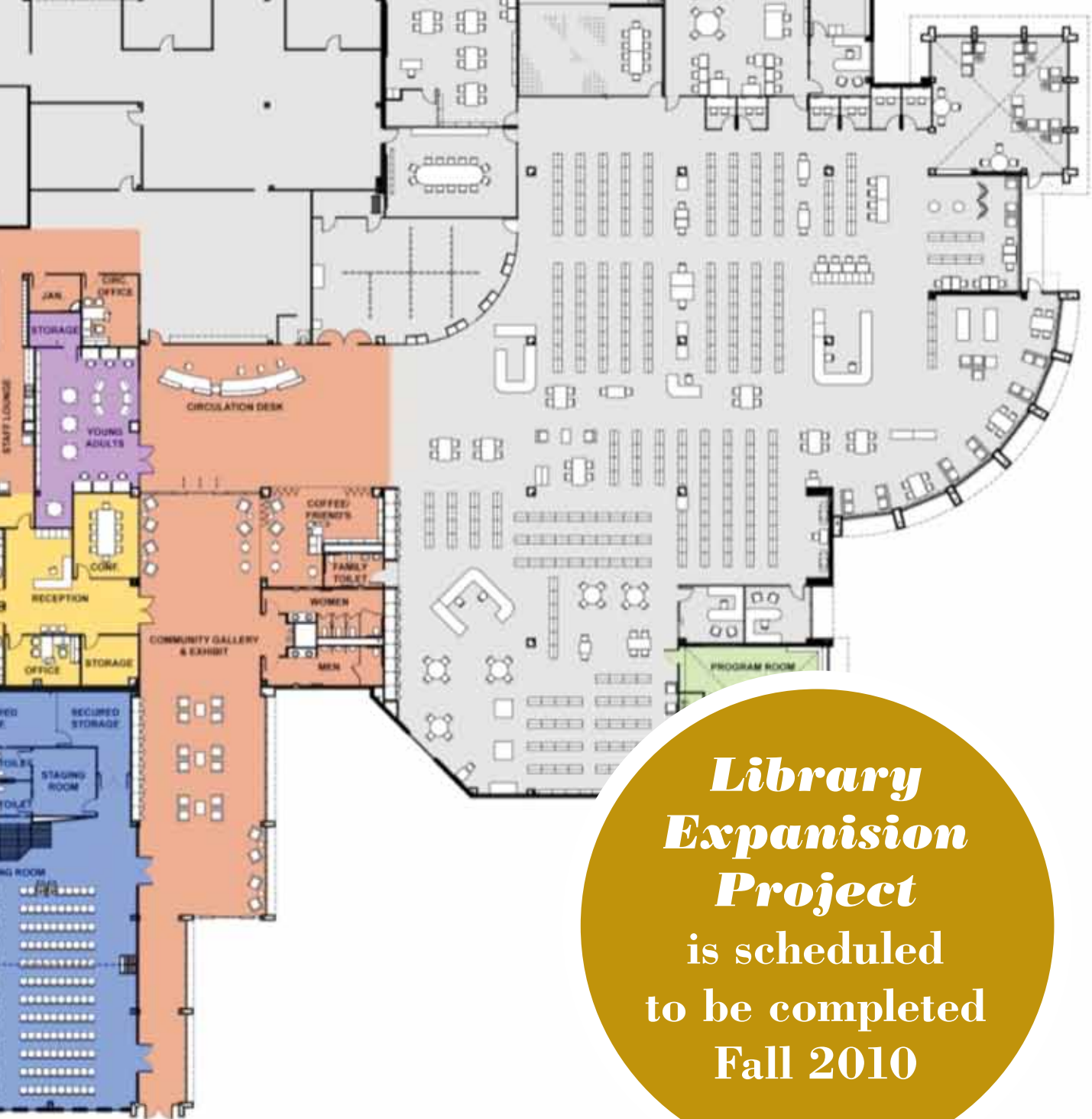
Hurst Public Library and Haney, Scott & Associates present a free educational seminar on Texas estate probate laws.



Visit the Library Online

www.hurst.lib.tx.us

- View the iBistro catalog
- Place items on hold
- View your own record
- Renew materials online
- Home access to over 60 databases for research
- Download eAudiobooks and video



***Library
Expansion
Project***
is scheduled
to be completed
Fall 2010

Library *Expansion update*

The Library Board, architect and city staff are continuing to work on the design and development of the architectural drawings.

The Library Expansion Project is scheduled to begin in Fall 2009 and should be completed by Fall 2010.



Employee Giving Day

*Applications for the
12th Annual Giving Day
are due January 15, 2010
For more information
call 817.788.7238.*

Paul Russell

Employee Giving Day

More than 120 City of Hurst employees and members of the City Council helped paint and landscape 4 homes in Hurst on May 8. They replaced broken windows, repaired leaking roofs, replaced broken fences, updated landscaping and assisted on needed outside home repair. The City's Employee Giving Day program began in 1998 as part of a revitalization effort to improve city neighborhoods and assist

senior citizens in making needed repairs to their homes. Area businesses donate resources needed for the event and city employees provide the labor. Some of this year's sponsors include Kelly-Moore Paint Products, Mr. C's Hardware, AUI Construction, All Complete Plumbing, American Municipal Waste Services, Ed's Electric, Komatsu/Rangel, Perdue, Brandon, Fielder, Collins, Mott and Lowes.

Program celebrates 30 year anniversary

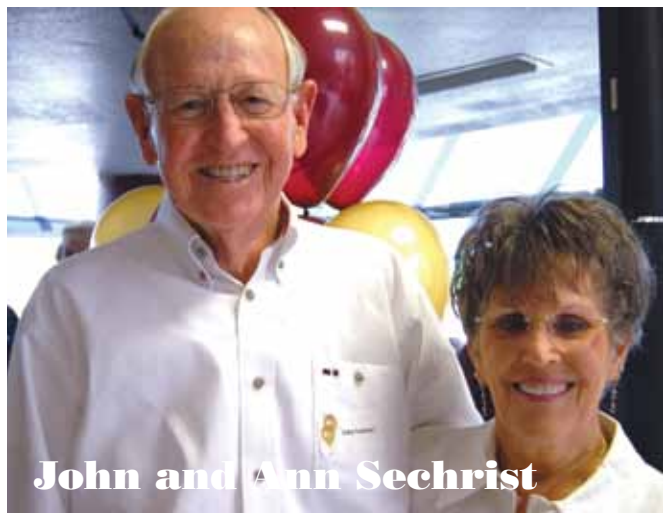
The City of Hurst celebrated the 30th Anniversary of the VIA program April 22, 2009. The VIA program began in 1979 thanks to the innovative thinking of the Hurst City Council. Since that time, the VIA program has become the prototype for all other municipal volunteer programs and was the first municipal volunteer organization to be officially recognized by the State of Texas.

In conjunction with the 30th Anniversary celebration, the City of Hurst honored members of the VIA program at a banquet featuring a catered lunch from Italianni's and a performance from Don and Judy Earley. At the banquet, volunteers who had contributed at least 500 hours of service received an award. Awards were also presented to volunteers for every 500-hour increase of service thereafter. More than 35 individuals and group volunteers were recognized at this year's banquet, proving that the City of Hurst has the most dedicated volunteers around.

Also recognized at the VIA Banquet was the City of Hurst's Volunteer of the Year, Kim Procter. Kim has been volunteering at the Library for the past nine years and has donated more than 3,000 hours of her time. She assists staff with the processing of

library materials and is the only person who handles items that are donated in someone's memory. Kim's generosity extends beyond her duties at the Hurst Public Library and includes participation in the Mid-Cities Angel program and collecting school items for N.E.E.D.

The City of Hurst is always looking for new volunteers. If you are interested in joining the VIA program, please contact the Community Services Department at 817.788.7305. Volunteer applications can be picked up at the Community Services' offices in the Hurst Public Library or accessed online through the City's Web site at www.ci.hurst.tx.us



John and Ann Sechrist



Transforming Hurst *update*

The transformation of our city continues! We broke ground on our conference and meeting center on June 18 and construction began the next day.

The Hurst Conference Center will feature a 14,400 sq. ft. grand ballroom, six breakout meeting rooms, one outdoor atrium, one executive boardroom and underground parking. The conference center will jump start the revitalization effort in Hurst Town Center, which is part of the master redevelopment initiative by the city, otherwise known as Transforming Hurst. The conference center is the second major project under this initiative, following the opening of Heritage Village. The Heritage Village development includes a new Fire Station (opened February 2009), the Hurst Senior Citizen's Activities Center (scheduled

to open this fall) and a beautiful plaza connecting the two.

Construction on the new Hurst Senior Center is well underway. The building is quickly taking shape, promising to be a beautiful addition to the Hurst community. Key staff members for the senior center have been hired and are making plans for the opening. For volunteer opportunities, job inquiries or suggestions please call 817.788.7293.



Hurst Pride Award nominations requested

Each year the City of Hurst recognizes outstanding Hurst businesses at the annual Hurst Pride and Business Awards luncheon. The Hurst Pride Awards honor businesses who demonstrate landscape and design excellence, style and aesthetics, creative use of building materials and a commitment to maintenance. The Business Awards are determined by the Economic Development Advisory Com-

mittee and honor companies that demonstrate longevity, image enhancement, quality service, marketing success, renovation/revitalization and a spirit of entrepreneurship.

The City of Hurst encourages residents, businesses, property owners, visitors and customers to nominate a Hurst business.

The luncheon will be held Sept. 11 to recognize the award recipients.

A business may be nominated by completing a nomination form on the city Web site, ci.hurst.tx.us, or by calling 817.788.7094. Forms may be faxed to 817.788.7074 or mailed to 1505 Precinct Line Rd., Hurst, TX 76054, attn. Mike Morgan.

Hurst businesses recognized as Best in Tarrant County

The following Hurst businesses were named Readers' Choice Best in Tarrant County by Fort Worth Star Telegram readers!

- North East Mall — Best Shopping Center
- McDonald's — Best Fries
- Braums Ice Cream and Dairy — Best Milkshakes
- DSW Shoes — Best Men's Shoes, Best Women's Shoes
- Dillard's — Best Mens Clothing, Best Mens Shoes runner-up, Best Womens Clothing runner up, Best Womens Shoes runner up
- Comet Cleaners — Best Dry Cleaners
- Kwik Kar — Best Place for Oil Change
- Bank of America — Best Bank (National)
- Cavenders Boot City — Best Western Wear
- Calloways Nursery — Best Lawn and Garden Center
- EECU — Best Local Bank/Credit Union
- Nordstrom — Best Womens Clothing runner up, Best Womens Shoes runner up
- Panera Bread Co. — Best Deli/Sandwiches runner up
- Chicken Express — Best Fried Chicken runner up
- Sonic — Best Onion Rings runner up
- IHOP — Best Breakfast runner up
- Rave — Northeast Mall — Best Movie Theater runner up
- Lowe's — Best Lawn and Garden Center runner up
- Jiffy Lube — Best Place for Oil Change runner up
- Wells Fargo — Best Bank (National) runner up
- Frost Bank — Best Local Bank/Credit Union runner up
- Kroger — Best Grocery Store runner up
- Toni & Guy — Best Hair Salon runner up

**To the
Hurst businesses
selected for the
Readers' Choice
Best in Tarrant County
by Fort Worth
Star-Telegram readers,
Congratulations!**

**Another great
reason to
Shop First
in Hurst!**

Shop First in Hurst

"Shop First in Hurst," is more than just a catchy phrase. It's our mantra at the City of Hurst. We continually encourage residents to support our local businesses. With so much to offer in Hurst, why shop anywhere else? We showcase our wide variety of businesses each year in our Restaurant, Retail and Business Guide. Every mailbox in Hurst can anticipate the arrival of this annual guide, complete with addresses and phone numbers of each business in Hurst. We publish the guide at no cost to businesses. The guide is also available online with the most up-to-date information at <http://hurst.mesh.net> or call 817.788.7094 for additional copies. With the holidays just around the corner make "shop first in Hurst" your mantra.



Become a Fan of Your City

Want to stay connected with your city? Want the latest information on city events, services and local business discounts? Follow the City of Hurst on Facebook, Twitter, Nixle and of course, our city Web site.

We'll keep you posted on all of the latest happenings in the city, as well as offer special promotional discounts to followers from our local business community.

FOLLOW US HERE

Facebook:

<http://www.facebook.com/CityOfHurstTX>

Twitter:

CityofHurstTX
HurstFireDept
HurstLibrary

Nixle.com

Follow directions

Web sites:

www.ci.hurst.tx.us
www.transforminghurst.com
www.hursted.com



Youth in Government

Program gears up for eighth year of success

The City of Hurst's Youth in Government program is gearing up for its eighth year of success. After wrapping up last year's program with two scholarship recipients, the 2009-10 class promises to be one of the best yet.

The program, started by City Council in 2001, allows students to explore possible career paths by getting hands on experience in different departments while building a stronger resume. Students meet with local officials, interact with students from other schools, participate in service projects and are given the

resources to make a difference in their community. Youth in Government is open to all high school juniors and seniors that live in the city or attends any of the four districts that serve Hurst. Each student has the chance to win a college scholarship along with a paid summer internship.

For more information and an application for next years program visit the cities web site at ci.hurst.tx.us and navigate to City Council and the Youth in Government Program, or call 817.788.7029



Walmart unveils remodeled Hurst store

Walmart on Precinct Line Road recently became one of the first stores in the country to unveil the company's next generation of store design and customer experience. The results of a three-month remodeling project were unveiled at the Hurst Walmart on May 20, during a grand re-opening ceremony. Among the many improvements are a new layout, wider aisles, low-profile shelving, bright interior paint scheme, en-

hanced lighting and easy-to-read signage to make the shopping experience more convenient for customers than ever before.

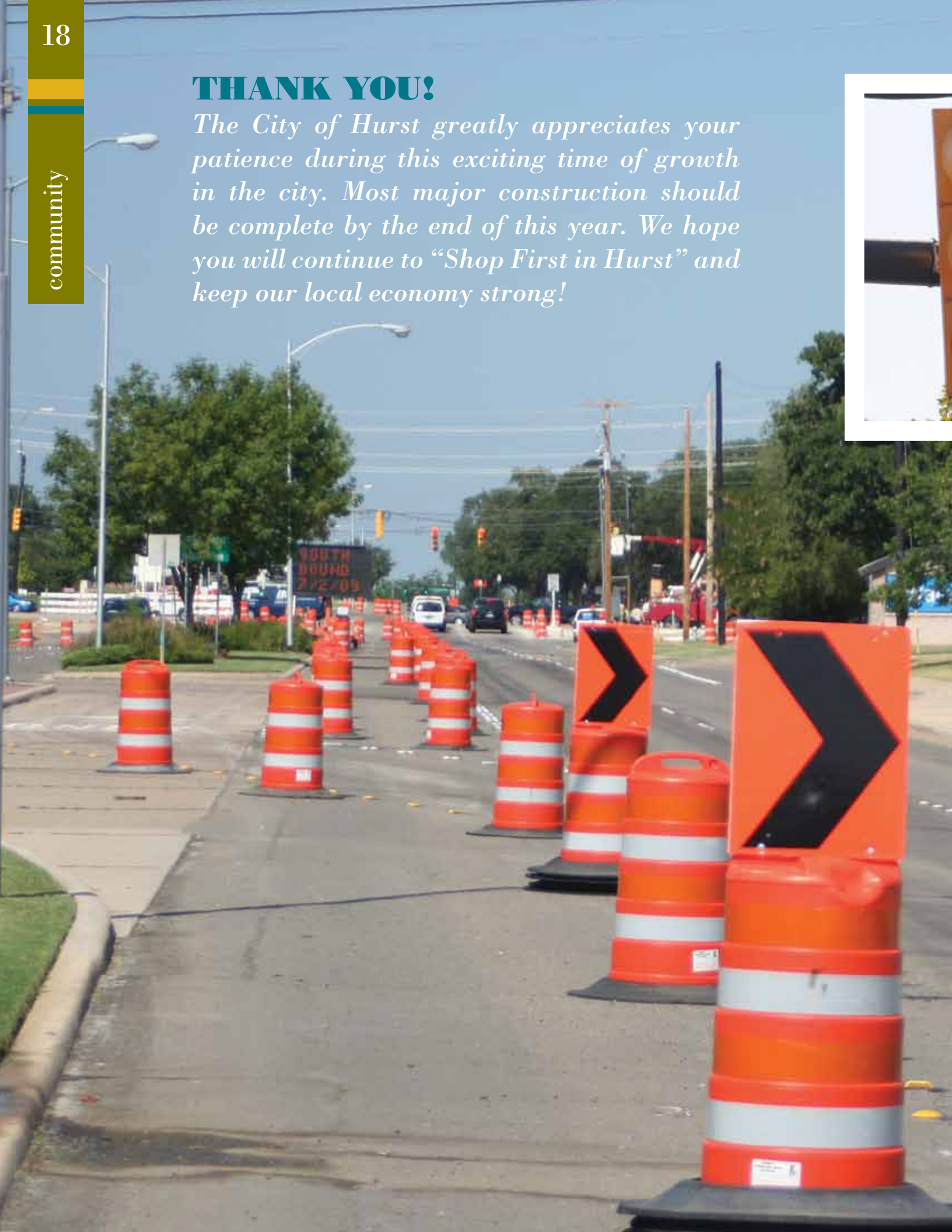
The remodeled Hurst store features a more open shopping environment with wider aisles that contain no product displays.

Walmart also aligned the departments that customers shop most frequently, making

it quicker to purchase everyday items. A bright interior paint scheme and enhanced lighting creates a more inviting shopping experience and helps define the store's merchandise areas. Low-profile shelving creates an improved sightline and directional signage helps customers find the products they need.

THANK YOU!

The City of Hurst greatly appreciates your patience during this exciting time of growth in the city. Most major construction should be complete by the end of this year. We hope you will continue to “Shop First in Hurst” and keep our local economy strong!





ROAD Construction

Precinct Line Rd.

The TxDOT project is moving right along and making huge strides in completing their Precinct Line Road (FM 3029) project. The major portion of construction work on the east side has now been completed. Smaller miscellaneous construction work such as sodding, sidewalk, handicap ramps, and some signal work will continue to take place outside of the roadway on the east side, while the major work takes place on the west side. Construction on the west side is expected to proceed much quicker during the second half of the project.

TxDOT has set a primary goal of completing west side construction by mid-December 2009, to begin working on the center median and allow for a much smoother flow of traffic

during the holiday season. Project completion is anticipated during Summer 2010, barring any major delays.

Although faced with numerous challenges during this project, the City of Hurst and TxDOT have worked very closely together to facilitate progress and will continue to do so until its completion.

Pipeline Rd.

The City of Hurst recently began construction on West Pipeline Road from Precinct Line Road to Billie Ruth Lane. Construction began June 1, 2009 with the shifting of traffic to the north side of the street to start demolition and utility work on the south side. Once south side utilities and new concrete pavement are complete, traffic will shift to

the newly reconstructed south side to begin work on the north side. The same processes will then be repeated on the north side. During construction, one lane of traffic will be maintained in each direction at all times.

Some side streets intersecting Pipeline Road will be closed to traffic at various times requiring the use of alternate routes. Traffic signal work is also part of this project, with a new signal light being installed at the new Fire Station No. 2. In addition, great detail has been prioritized throughout the Heritage Village area using landscaping, streetscapes, decorative lighting, and many other aesthetic touches.

The Pipeline Road project will be complete by the end of the year.



City of Hurst Overlay Program

The City of Hurst's overlay program is used to restore paved street surfaces to add structural capacity, riding comfort and skid resistance, adding to the street's safety. While newly overlaid streets are aesthetically pleasing, streets are not overlaid to improve appearance. Pavement deterioration is cumulative. Factors including weather, traffic impacts, frequency of maintenance, etc. all contribute to a street's longevity.

The average life of a paved street in Hurst is between 10 and 15 years (that is from the time the street is newly paved to a point where reconstruction becomes necessary). When a paved street reaches about 75 percent of its service life deterioration accelerates. If routine maintenance is not performed restoration costs are four to five times higher.

The city evaluates the condition of every street each year. Determinations are made which streets will receive what type of maintenance based on street paving condition ratings. Streets selected for an asphalt overlay are first "wedge milled" which is a process of cutting a layer of asphalt from the street surface. This allows for a new application of asphalt not to exceed the height of the concrete gutter line. Following the wedge milling, a layer of hot mix asphalt is applied that provides a smooth riding surface along with enhanced durability and stability to the street.

In 2008, the City of Hurst rehabilitated 27 lane miles of street paving under the overlay program.

Streets targeted for the 2009 Overlay Program are as follows:

- Yates Drive, from Airport Freeway to Church entrance

- Bedford Court West, from Hurstview Drive to West dead end
- Brookside Drive, from Bedford Court West to Hurstview Drive
- Wreyhill Drive, from Airport Freeway to Wheelwood Drive
- Zelda Drive, from Pipeline Road to Bedford Court West
- Calcutta Street, from Acapulco Drive to Madrid Street
- Redbud Drive West, from Melbourne Road to Englewood Lane
- Carnation Lane, from Henson Drive to Magnolia Court
- Crosstimber Drive, from Redbud Drive to Cullum Avenue
- Souder Drive, from Redbud Drive to Cullum Avenue
- Terry Road, from Jane Lane to Ellen Avenue
- Prestondale Road, from Mid Cities Boulevard to Regency Drive
- Prestondale Road, from Regency Drive to Springhill Drive
- Highland Crest Drive, from Precinct Line Road to Steve Drive
- Steve Drive, from Highland Crest Drive to Highland Park Drive
- Steve Drive, from Highland Park Drive to Evergreen Drive
- Mary Drive, from Pipeline Road to Recreation Center parking lot
- Mary Drive, Recreation Center parking lot

With assistance from Tarrant County, Harwood Road was recently overlaid from the east city limits to Cimarron Trail.



Hurst Senior Center

847 W. Pipeline Road
Phone: 817.788.7305

*The city
is seeking
qualified
individuals
to fill key positions
at the Center
Call 817.788.7012
for information*

Hurst Senior Citizens Activities Center

*Hurst Senior
Citizens
Activities Center
is scheduled to
open Fall 2009*

It's easy to see the changes taking place on West Pipeline Road. With Fire Station No. 2 opening last February, Heritage Village is beginning to take shape.

Another thing beginning to take shape on West Pipeline Road is the Hurst Senior Citizens Activities Center. This state-of-the-art facility is much anticipated and will offer a variety of programs, activities and special events for our senior community.

The City of Hurst is proud to open this facility for our residents and contribute to the uniqueness of Heritage Village and our city. Stay tuned for more details as we near completion.

Volunteers Needed!

For more information
call Michelle Dennis
817.788.7293



Volunteer Positions Available Tour Guides — “Ambassadors”

Needed to help represent the new Hurst Senior Citizens Activities Center by conducting tours for new members and visitors.

We are in search of volunteers to assist us in giving tours of the new Center. Come join the Ambassador Program!

Volunteer Instructors

We have so many ideas for programs, classes, and special events for the new Hurst Senior Citizens Activities Center! We are in search of Volunteer Instructors to teach some of these classes.

General Volunteers

Be the first to get on the volunteer list! Once the new Hurst Senior Citizens Activities Center opens, we will always be in need of volunteers. We have so many exciting things planned, but we need a little help to carry out our ideas. We will always need volunteers to help us with programs and special events—decorations, registration, check-in, taking tickets, serving refreshments, clean-up, etc. We appreciate your time and commitment!



Bobby and Blanche Goebel

Meet Your Senior Center Director and Programmer

The City has already hired our Senior Center Director and Senior Center Programmer, and they are so excited to be on board!

Linda Rea Senior Center Director

Linda comes to the Hurst Senior Citizens Activities Center with a variety of experience with senior adults. She graduated from UT Southwestern with an undergraduate degree in Gerontology. After graduation, she worked in the Dallas area for a non-profit agency that provided services to low income seniors. In 2002, she became the first Community Director of Parc Place Retirement in Bedford. She was there for 7 years and provided oversight for all aspects of a senior housing community.

Linda enjoys a variety of leisure activities. She enjoys spending time at home with her spouse of 20 years and MULTIPLE pets! She enjoys gardening, movie-watching and hanging out with her 6 grandchildren every chance she gets.

Linda is very excited about her new role and about all the wonderful new friends she is going to meet. It is her goal to provide a wonderful, exciting place for all seniors in the HEB area and beyond to enjoy and flourish. Let's all have some fun!

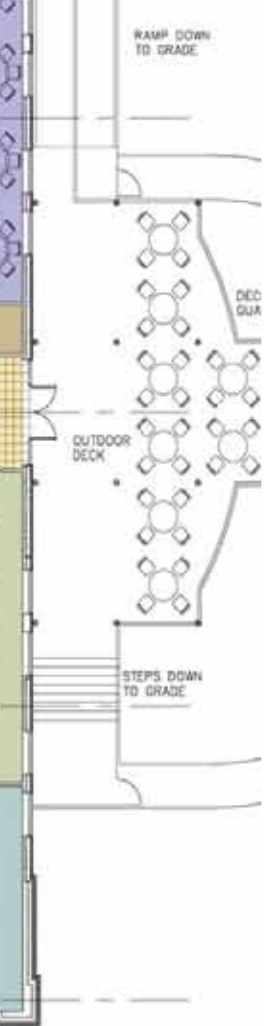


Michelle Dennis Senior Center Programmer

Michelle attended SMU and holds a Bachelor's Degree in Psychology, with minors in English and Sociology. She has worked in several fields including senior programming, human resources, psychology, teaching and customer service.

Michelle worked for more than four years for the City of Irving as a Recreation Specialist/Programmer at the Heritage Senior Center. She taught a variety of classes, worked at the dances and organized and led various outings.

In her spare time, Michelle loves to spend time with her family, friends and her three cats. Michelle is very excited to be working in this new role. She loves working with seniors, and she hopes to deliver the most wonderful and interesting programs, classes and special events—because the seniors in Hurst deserve the best!





See
Page
48 for
 registration
 information

Hurst Recreation Center

Now that the summer has come and gone, and the family vacations are complete, you can get back into your regular workout routine at the Hurst Recreation Center. Whether you want to continue your fitness program, get back on track with one, or start a new one altogether, the Hurst Recreation Center can help you meet all of your fitness goals! Our state-of-the-art Fitness Center has treadmills, elliptical crosstrainers, bikes, stairclimbers, rowing machines, seated crosstrainers, and a wide variety of strength equipment (plate loaded, dumbbells, pin-selectorized). Many of our treadmills and elliptical crosstrainers now have 15" LCD screens, which enable you to watch television, or use your iPod while working out. If walking or jogging is your preferred fitness activity, you can use our Jogging/Walking Track and never miss a workout because of inclement weather outside. We also offer numerous fitness classes (aerobics, spinning, kickboxing, etc.) that will get you into shape.

Our Commitment to Quality:

Your satisfaction is our goal. . .we strive to provide you with quality recreation programs and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational, and life-long learning opportunities. If

Do you have a group of friends that enjoys playing basketball? Get a team together and play in the Hurst Recreation Division's Adult Basketball League. While you are at the Recreation Center, you can also enjoy a variety of recreational activities. You can shoot some hoops, enjoy some volleyball with your friends, play racquetball, wallyball or table tennis. Equipment used to participate in these activities is available for check out, with your "Quality of Life" Recreation Card, at the front desk of the Recreation Center.

If you need a little extra motivation to reach your fitness goals, the Hurst Recreation Center has personal trainers, who are available to custom-design a fitness plan that will meet your needs. For more information, contact the Front Desk at the Recreation Center 817.788.7325.

you are not completely satisfied with your recreational experience, please call us at 817.788.7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities, and services that encourage life-long learning, fitness and fun.

Pre-School Programs

Van Gogh's Two's (18 months to 2 years)

Your 2-year old could be the next Van Gogh! Come find out as they express themselves through fun art projects. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18020A	M	4:30-5:00 PM	8WKS	8/31	\$22
18020B	W	9:30-10:00 AM	8WKS	9/2	\$22

Holiday:

19020A	M	4:30-5:00 PM	5WKS	11/2	\$14
19020B	W	9:30-10:00 AM	5WKS	11/4	\$14

Mozart's Two's (18 months to 2 years)

Can you imagine the beautiful music your 2-year old and their new friends will create with musical instruments? They will play musical instruments and games. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18000A	M	5:00-5:30 PM	8WKS	8/31	\$22
18000B	W	10:00-10:30 AM	8WKS	9/2	\$22

Holiday:

19000A	M	5:00-5:30 PM	5WKS	11/2	\$14
19000B	W	10:00-10:30 AM	5WKS	11/4	\$14

Lunch A Bunch! (3 to 5 years)

Calling all pre-schoolers to the kitchen! Come learn how to create a healthy lunch. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18170A	T	10:30-11:15 AM	8WKS	9/1	\$24
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Holiday:

19170A	T	10:30-11:15 AM	5WKS	11/3	\$15
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Creative Time For Tots (3 to 4 years)

This class is designed to teach your pre-schooler important social skills through interaction with others. Your child will prepare for Pre-K through an introduction to letters, numbers, and colors. In a structured, yet fun, environment, your child will learn through crafts, music, stories and creative play. (Supply Fee \$10)

Instructor: Barbara Johnson (Certified School Teacher)

Fall:

18040A	MW	8:45-10:30 AM	8WKS	8/31	\$56
18040B	TTH	8:45-10:30 AM	8WKS	9/1	\$56

Holiday:

19040A	MW	8:45-10:30 AM	5WKS	11/2	\$35
19040B	TTH	8:45-10:30 AM	5WKS	11/3	\$35

Pre-K Kids (4 to 5 years)

This class is designed to prepare your child for Kindergarten. Through crafts, stories, music and play time, they will learn the alphabet, numbers and colors in a structured, yet fun, environment. Your child will develop improved social skills through their interaction with other students. Be sure to bring a sack lunch. (Supply Fee \$10)

Instructor: Barbara Johnson (Certified School Teacher)

Fall:

18050A	MW	11:00-2:30 PM	8WKS	8/31	\$98
18050B	TTH	11:00-2:30 PM	8WKS	9/1	\$98

Holiday:

19050A	MW	11:00-2:30 PM	5WKS	11/2	\$61
19050B	TTH	11:00-2:30 PM	5WKS	11/3	\$61

NEW CLASS! Sing & Learn (3 to 5 years)

Let's learn through music! We will have fun learning through active participation in musical activities.

Instructor: Jean Cook

Fall:

18666A	T	9:30-10:00 AM	8WKS	9/1	\$22
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Holiday:

19666A	T	9:30-10:00 AM	5WKS	11/3	\$14
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Yes, I Can Draw (3 to 5 years)

Yes, you can draw! This class is designed to teach your youngster the first form of communication, art. They will have a chance to let their creativity flow. (Supply List)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18010A	T	9:00-9:30 AM	8WKS	9/1	\$22
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Holiday:

19010A	T	9:00-9:30 AM	5WKS	11/3	\$14
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Phonics Fun - Step 1 (3 to 5 years)

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18030A	M	9:00-9:45 AM	8WKS	8/31	\$24
18030B	TH	9:00-9:45 AM	8WKS	9/3	\$24

Holiday:

19030A	M	9:00-9:45 AM	5WKS	11/2	\$15
19030B	TH	9:00-9:45 AM	5WKS	11/5	\$15

Phonics Fun - Step 2 (3 to 5 years)

Ready for more phonics? Come take the next step of Phonics Fun and learn some more! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18035A	M	10:30-11:15 AM	8WKS	8/31	\$22
18035B	TH	10:30-11:15 AM	8WKS	9/3	\$22

Holiday:

19035A	M	10:30-11:15 AM	5WKS	11/2	\$12
19035B	TH	10:30-11:15 AM	5WKS	11/5	\$12

Hands-on Science (3 to 5 years)

We'll explore the world of science through exciting experiments. Science will knock your socks off! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18135A	TH	11:15-Noon	8WKS	9/3	\$22
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Holiday:

19135A	TH	11:15-Noon	5WKS	11/5	\$12
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Hands on Math (3 to 5 years)

Let's learn numbers the fun way! We will learn to add, subtract, and count. We will also use musical instruments to help us have fun while learning! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18205A	M	9:45-10:30 AM	8WKS	8/31	\$24
18205B	TH	9:45-10:30 AM	8WKS	9/3	\$24

Holiday:

19205A	M	9:45-10:30 AM	5WKS	11/2	\$14
19205B	TH	9:45-10:30 AM	5WKS	11/5	\$14

Crafty Motor Skills (3 to 5 years)

Let's have fun developing our fine motor skills through fun craft projects! By completing the crafts using scissors, pens, and pencils, you will help develop the fine motor skills required to complete these tasks. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18120A	T	9:30-10:20 AM	8WKS	9/1	\$26
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Holiday:

19120A	T	9:30-10:20 AM	5WKS	11/3	\$15
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Preschool Programs:

Just a couple of reminders...

With your child's best interest in mind, we ask that parents not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is affected by parental distractions and interruptions.

In order to provide the best learning environment, children 3-5 years must be toilet trained.

NEW CLASS! Move It... Move It... (3 to 5 years)

Come learn to have fun while moving our bodies. "Drill Sergeant Mary" will lead the way through relays and games. We will also work on waiting in lines, following directions, and our manners.

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

18100A	T	11:30-Noon	8WKS	9/1	\$22
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Holiday:

19100A	T	11:30-Noon	5WKS	11/3	\$12
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Little Tyke Soccer (3-6 years)

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport. Tennis shoes required.

Instructor: Stacie Castillo

Fall:

(3 to 4 years)

18600A	F	9:00-9:30 AM	8WKS	9/4	\$22
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(4 to 6 years)

18600B	F	9:30-10:00 AM	8WKS	9/4	\$22
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Holiday:

(3 to 4 years)

19600A	F	9:00-9:30 AM	5WKS	11/6	\$14
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(4 to 6 years)

19600B	F	9:30-10:00 AM	5WKS	11/6	\$14
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Little Tyke Sports (3-5 years)

Looking for some good old-fashioned fun? We'll get a little taste of soccer, basketball, running, fitness, and just plain fun.

Instructor: Stacie Castillo

Fall:

(3-4 years)

18700A	F	10:00-10:30 AM	8WKS	9/4	\$22
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(4-5 years)

18700B	F	10:30-11:00 AM	8WKS	9/4	\$22
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Holiday:

(3-4 years)

19700A	F	10:00-10:30 AM	5WKS	11/6	\$14
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(4-5 years)

19700B	F	10:30-11:00 AM	5WKS	11/6	\$14
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NEW CLASS! Little Tyke Basketball (4 to 6 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started. (Athletic shoes required)

Instructor: Jennifer Baer

Fall:

18500A	T	11:30-Noon	8WKS	9/1	\$22
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18500B	TH	11:30-Noon	8WKS	9/3	\$22
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Holiday:

19500A	T	11:30-Noon	5WKS	11/3	\$14
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19500B	TH	11:30-Noon	5WKS	11/5	\$14
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Paints and Crafts Galore! (3-5 years)

It's time for fun! We'll create our very own works of art through paints and crafts. (Supply Fee \$5)

Instructor: Tammy Slovensky

Fall:

18090A	T	11:30-Noon	8WKS	9/1	\$22
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Holiday:

19090A	T	11:30-Noon	5WKS	11/3	\$14
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Computer Tots (3 to 5 years)

Come and learn about computers through the Elmo's Pre-School and Jump Start Kindergarten programs!

Instructor: Vicki McMeans

Fall:

18800A	TH	9:00-9:30 AM	8WKS	9/3	\$22
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Holiday:

19800A	TH	9:00-9:30 AM	5WKS	11/5	\$14
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Tap for Tots (3-5 years)

No previous tap experience needed! In this fun and energetic class you will learn rotary-based basics of tap dancing. You will also have fun with a wide variety of music, styles, and rhythms. Each class is designed based on the students' abilities. (Tap shoes required.)

Fall:

Instructor: LaTisha Clay

18065A	TH	11:45-12:15 PM	8WKS	9/3	\$22
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Instructor: Mindy Kim

18065B	W	5:00-5:30 PM	8WKS	9/2	\$22
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Holiday:

Instructor: LaTisha Clay

19065A	TH	11:45-12:15 PM	5WKS	11/5	\$14
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Instructor: Mindy Kim

19065B	W	5:00-5:30 PM	5WKS	11/4	\$14
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Ballet for Tots (3-5 years)

No previous ballet experience needed! In this fun and energetic class you will learn the basics of ballet. You will also have fun with a wide variety of music, styles, and rhythms. Each class is designed based on the students' abilities. (Ballet shoes required.)

Instructor: LaTisha Clay

Fall:

18180A	TH	12:15-12:45 PM	8WKS	9/3	\$22
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Holiday:

19180A	TH	12:15-12:45 PM	5WKS	11/5	\$14
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Tiny Dancer I (3-5 years)

Your tiny dancer will learn tap, ballet, and rhythmic movements. (Ballet and tap shoes are required.)

Instructor: LaTisha Clay

Fall:

18060A	M	10:30-11:15 AM	8WKS	8/31	\$24
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18060B	W	10:30-11:15 AM	8WKS	9/2	\$24
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Holiday:

19060A	M	10:30-11:15 AM	5WKS	11/2	\$14
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19060B	W	10:30-11:15 AM	5WKS	11/4	\$14
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NEW CLASS! Tiny Dancer II (4-5 years)
Your tiny dancer will learn tap, ballet, and rhythmic movements. (Ballet and tap shoes are required.)

Instructor: LaTisha Clay

Fall:

18070A	M	11:15-Noon	8WKS	8/31	\$24
18070B	W	11:15-Noon	8WKS	9/2	\$24

Holiday:

19070A	M	11:15-Noon	5WKS	11/2	\$14
19070B	W	11:15-Noon	5WKS	11/4	\$14

Jungle Safari Party (3-8 years)

Come to our safari party! We will have a bug hunt, bug throwing contest, treasure hunt and everyone will get party treats. (Supply fee \$5)

Instructor: Michelle Riley

18333A	F	9:30-10:15 AM	1WK	9/25	\$12
18333B	F	9:30-10:15 AM	1WK	10/9	\$12

Youth Programs

Yes, I Can Draw (6-12 years)

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing. (Supply list)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

28170A	T	5:00-5:50 PM	8WKS	9/1	\$24
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Holiday:

29170A	T	5:00-5:50 PM	5WKS	11/3	\$14
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Water Coloring (6-11 years)

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

28090A	M	5:30-6:20 PM	8WKS	8/31	\$24
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Holiday:

29090A	M	5:30-6:20 PM	5WKS	11/2	\$14
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Tap Dance I & II (6-10 years)

No experience needed! In this fun and energetic class you will learn the basics of tap dancing, studies in rhythm, and a routine to perform on the last day of class for family and friends. Tap shoes required.

Instructor: Mindy Kim

Fall:

Tap Dance I

28160A	W	5:30-6:30 PM	8WKS	9/2	\$24
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Tap Dance II

28160B	W	6:30-7:30 PM	8WKS	9/2	\$24
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Holiday:

Tap Dance I

29160A	W	5:30-6:30 PM	5WKS	11/4	\$14
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Tap Dance II

29160B	W	6:30-7:30 PM	5WKS	11/4	\$14
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3-in-1 Dance Combo Class (5-14 years)

Are you looking for a class that has it all? You will get a taste of ballet, tap, and jazz all in the same class!

Instructor: LaTisha Clay

Fall:

(5-10 years)

28300A	M	4:00-5:15 PM	8WKS	8/31	\$28
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(9-14 years)

28300B	W	4:00-5:15 PM	8WKS	9/2	\$28
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Holiday:

(5-10 years)

29300A	M	4:00-5:15 PM	5WKS	11/2	\$18
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(9-14 years)

29300B	W	4:00-5:15 PM	5WKS	11/4	\$18
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NEW CLASS! Teen Tap (11-17 years)

No experience required! We will learn the basics and explore more advanced tap techniques. We will also learn performance routines using contemporary music and modern tap steps. (Tap shoes required.)

Instructor: Mindy Kim

Fall:

28050A	TH	5:30-6:25 PM	8WKS	9/3	\$28
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Holiday:

29050B	TH	5:30-6:25 PM	5WKS	11/5	\$18
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Hip-Hop Dance (10-17 years)

Even if you have no previous dance experience, you can take this class! We will explore the elements of dance and movement. Not only will we study classical dance, but also learn rhythm and how to count the beats to the music. We will create Hip-Hop style routines and center floor steps.

Fall:

Instructor: LaTisha Clay

(10-16 years)

28070A	M	5:15-6:00 PM	8WKS	8/31	\$28
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Instructor: Mindy Kim

(11-17 years)

28070B	TH	6:30-7:25 PM	8WKS	9/3	\$28
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Holiday:

Instructor: LaTisha Clay

(10-16 years)

29070A	M	5:15-6:00 PM	5WKS	11/2	\$18
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Instructor: Mindy Kim

(11-17 years)

29070B	TH	6:30-7:25 PM	5WKS	11/5	\$18
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Homeschool Art (5-12 years)

Art is all around us. You will learn about different kinds of art, including painting, drawing, and sculpting. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

28040A	W	11:30-12:20 PM	8WKS	9/2	\$24
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Holiday:

29040A	W	11:30-12:20 PM	5WKS	11/4	\$15
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Homeschool Lunch A Bunch (5-12 years)

Calling all home-schoolers to the kitchen for some fun! Come learn how to create a healthy lunch. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Fall:

28060A	W	12:30-1:20 PM	8WKS	9/2	\$24
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Holiday:

29060A	W	12:30-1:20 PM	5WKS	11/4	\$15
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Guitar I (9-17 years)

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (nylon strings preferred.)

Instructor: Ray Wallace

Fall:

28020A	TH	6:00-7:00 PM	8WKS	9/3	\$30
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Holiday:

29020A	TH	6:00-7:00 PM	5WKS	11/5	\$19
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Guitar II (All Ages)

Wanting to learn more about playing your guitar? In this class, you will learn music theory, sight reading, and even learn your first solo piece.

Instructor: Ray Wallace

Fall:

28025A	T	6:00-7:00 PM	8WKS	9/1	\$30
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Holiday:

29025A	T	6:00-7:00 PM	5WKS	11/3	\$19
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Guitar III (All Ages)

Guitar III will help you further the skills you have already learned. You will learn more advanced skills and additional solo pieces of your choice. (The class will be presented in a workshop format.)

Instructor: Ray Wallace

Fall:

28023A	T	7:15-8:15 PM	8WKS	9/1	\$30
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Holiday:

29023A	T	7:15-8:15 PM	5WKS	11/3	\$19
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Kids' Workout (6-10 years)

Let's improve our fitness level and have fun doing it! This class is all-inclusive functional fitness with focus on the 10 points of fitness.

Instructor: William Reed (Certified Fitness Instructor)

Fall:

28555A	TTH	4:00-4:55 PM	8WKS	9/1	\$28
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Holiday:

29555A	TTH	4:00-4:55 PM	5WKS	11/3	\$17
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Basketball Basics (4-12 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started.

Instructor: Stacie Castillo

Fall:

(4-6 years)

28030A	W	6:00-6:30 PM	8WKS	9/2	\$22
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(6-12 years)

28030B	W	6:30-7:00 PM	8WKS	9/2	\$22
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Holiday:

(4-6 years)

29030A	W	6:00-6:30 PM	5WKS	11/4	\$14
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(6-12 years)

29030B	W	6:30-7:00 PM	5WKS	11/4	\$14
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Karate/Self-Defense (5-15 years)

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

Fall:

(Beginner 8-15 years)

28111A	M	6:00-8:00 PM	8WKS	8/31	\$34
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(Advanced 5-7 years)

28111B	MW	4:00-5:00 PM	8WKS	8/31	\$34
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(Advanced 8-15 years)

28111C	MW	5:00-6:00 PM	8WKS	8/31	\$34
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Holiday:

(Beginner 8-15 years)

29111A	M	6:00-8:00 PM	5WKS	11/2	\$21
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(Advanced 5-7 years)

29111B	MW	4:00-5:00 PM	5WKS	11/2	\$21
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(Advanced 8-15 years)

29111C	MW	5:00-6:00 PM	5WKS	11/2	\$21
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ITF — Tae Kwon Do (5 and up)

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/ F/W. You will increase your flexibility, physical fitness, self defense, self control, discipline, and stress relief while building self-esteem and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

Fall:

White belts — 5 and up

28700A	S	3:00-4:00 PM	8WKS	9/5	\$56
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Colored belts — 5 and up

28700B	S	4:00-5:00 PM	8WKS	9/5	\$56
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Holiday:

White belts — 5 and up

29700A	S	3:00-4:00 PM	5WKS	11/7	\$35
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Colored belts — 5 and up

29700B	S	4:00-5:00 PM	5WKS	11/7	\$35
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Legends Martial Arts (5-11 years)

A Korean martial art, this class is for all ages. You will develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being.

Instructor: Chris Malhiot

WHITE BELTS: (All beginners start in this class.)

September:

28500A	TH	5:00-5:30 PM	4WKS	9/3	\$45
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October:

28500B	TH	5:00-5:30 PM	4WKS	10/1	\$45
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November:

28500C	TH	5:00-5:30 PM	4WKS	11/5	\$45
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December:

28500D	TH	5:00-5:30 PM	4WKS	12/3	\$45
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JUNIOR YELLOW - BLACK BELT

September:

28500E	TH	5:30-7:00 PM	4WKS	9/3	\$45
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October:

28500F	TH	5:30-7:00 PM	4WKS	10/1	\$45
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November:

28500G	TH	5:30-7:00 PM	4WKS	11/5	\$45
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December

28500H	TH	5:30-7:00 PM	4WKS	12/3	\$45
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Olympic Sport of Judo (6-12 years)

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

Instructor: Kim Mesa (5th degree black belt)

September:

28900A	M	6:00-7:00 PM	4WKS	9/14	\$32
	S	9:05-10:05 AM			

October

28900B	M	6:00-7:00 PM	4WKS	10/5	\$32
	S	9:05-10:05 AM			

November:

28900C	M	6:00-7:00 PM	4WKS	11/2	\$32
	S	9:05-10:05 AM			

December:

28900D	M	6:00-7:00 PM	4WKS	12/7	\$32
	S	9:05-10:05 AM			

One-Time Classes

Monster Mash! (6-11 years)

Come and do the Monster Mash while we create fun fall treats! (Supply fee \$10)

Instructor: Mary Cassidy

18045B	S	10:00-Noon	1 TIME	10/10	\$17
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Santa's Workshop (3-12 years)

Let's get ready for the holidays and make some wonderful treats and crafts! (Supply fee \$10)

Instructor: Mary Cassidy

Craft Class:

(3-5 years)

19130A	S	10:00-Noon	1 TIME	12/5	\$15
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(6-12 years)

19130B	S	1:00-3:30 PM	1 TIME	12/5	\$17
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Candy Class:

(3-5 years)

19333A	S	10:00-Noon	1 TIME	12/12	\$15
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(6-12 years)

19333B	S	1:00-3:30 PM	1 TIME	12/12	\$17
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Christmas Parties! (3-7 years)

Ready to get in the Christmas spirit? We will get you ready to celebrate the holiday! We will play games, decorate a cookie, make an ornament, and sing some of fashioned Christmas carols! (Supply fee \$6)

Instructor: Michelle Riley

19999A	F	10:00-11:00 AM	1 TIME	12/18	\$12
19999B	S	10:00-11:00 AM	1 TIME	12/19	\$12

Gymnastics Programs

Parent/Tot Tumbling (16-36 months)

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination. One child per parent.

Fall:

Instructor: Tammy Slovensky

38040A	M	9:30-10:00 AM	8WKS	8/31	\$22
38040B	W	9:30-10:00 AM	8WKS	9/2	\$22
38040C	W	5:30-6:00 PM	8WKS	9/2	\$22

Instructor: Jennifer Baer

38040D	T	9:30-10:00 AM	8WKS	9/1	\$22
38040E	TH	9:30-10:00 AM	8WKS	9/3	\$22

Holiday:

Instructor: Tammy Slovensky

39040A	M	9:30-10:00 AM	5WKS	11/2	\$14
39040B	W	9:30-10:00 AM	5WKS	11/4	\$14
39040C	W	5:30-6:00 PM	5WKS	11/4	\$22

Instructor: Jennifer Baer

39040D	T	9:30-10:00 AM	5WKS	11/3	\$14
39040E	TH	9:30-10:00 AM	5WKS	11/5	\$14

Tiny Tykes (2.5-3.5 years)

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

Fall:

Instructor: Tammy Slovensky

38030A	M	10:00-10:30 AM	8WKS	8/31	\$22
38030B	M	11:30-Noon	8WKS	8/31	\$22
38030C	T	9:30-10:00 AM	8WKS	9/1	\$22
38030D	W	10:00-10:30 AM	8WKS	9/2	\$22
38030E	W	11:30-Noon	8WKS	9/2	\$22

Instructor: Jennifer Baer

38030F	T	10:00-10:30 AM	8WKS	9/1	\$22
38030G	TH	10:00-10:30 AM	8WKS	9/3	\$22

Holiday:

Instructor: Tammy Slovensky

39030A	M	10:00-10:30 AM	5WKS	11/2	\$14
39030B	M	11:30-Noon	5WKS	11/2	\$14
39030C	T	9:30-10:00 AM	5WKS	11/3	\$14
39030D	W	10:00-10:30 AM	5WKS	11/4	\$14
39030E	W	11:30-Noon	5WKS	11/4	\$14

Instructor: Jennifer Baer

39030F	T	10:00-10:30 AM	5WKS	11/3	\$14
39030G	TH	10:00-10:30 AM	5WKS	11/5	\$14

Tumbling Tots I (3-4 years)

Your tot will strengthen motor skills and enhance his/her coordination while learning tumbling skills and the use of all gymnastics equipment.

Fall:

Instructor: Tammy Slovensky

38011A	M	10:30-11:00 AM	8WKS	8/31	\$22
38011B	M	11:30-Noon	8WKS	8/31	\$22
38011C	T	10:00-10:30 AM	8WKS	9/1	\$22
38011D	W	10:30-11:00 AM	8WKS	9/2	\$22
38011E	W	11:30-Noon	8WKS	9/2	\$22

Instructor: Jennifer Baer

38011F	T	10:30-11:00 AM	8WKS	9/1	\$22
38011G	TH	10:30-11:00 AM	8WKS	9/3	\$22

Instructor: Amber McMeans

38011H	T	5:30-6:00 PM	8WKS	9/1	\$22
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Holiday:

Instructor: Tammy Slovensky

39011A	M	10:30-11:00 AM	5WKS	11/2	\$14
39011B	M	11:30-Noon	5WKS	11/2	\$14
39011C	T	10:00-10:30 AM	5WKS	11/3	\$14
39011D	W	10:30-11:00 AM	5WKS	11/4	\$14
39011E	W	11:30-Noon	5WKS	11/4	\$14

Instructor: Jennifer Baer

39011F	T	10:30-11:00 AM	5WKS	11/3	\$14
39011G	TH	10:30-11:00 AM	5WKS	11/5	\$14

Instructor: Amber McMeans

39011H	T	5:30-6:00 PM	5WKS	11/3	\$14
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Tumbling Tots II (4-5 years)

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Fall:

Instructor: Tammy Slovensky

38022-A	M	11:00-11:30 AM	8WKS	8/31	\$22
38022-B	T	10:30-11:00 AM	8WKS	9/1	\$22
38022-C	W	11:00-11:30 AM	8WKS	9/2	\$22

Instructor: Jennifer Baer

38022-D	T	11:00-11:30 AM	8WKS	9/1	\$22
38022-E	TH	11:00-11:30 AM	8WKS	9/3	\$22

Instructor: Amber McMeans

38022-F	T	6:00-6:30 PM	8WKS	9/1	\$22
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Holiday:

Instructor: Lauren Cassidy

39022-A	M	11:00-11:30 AM	5WKS	11/2	\$14
39022-B	T	10:30-11:00 AM	5WKS	11/3	\$14
39022-C	W	11:00-11:30 AM	5WKS	11/4	\$14

Instructor: Tammy Slovensky

39022-D	T	11:00-11:30 AM	5WKS	11/3	\$14
39022-E	TH	11:00-11:30 AM	5WKS	11/5	\$14

Instructor: Amber McMeans

39022-F	T	6:00-6:30 PM	5WKS	11/3	\$14
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Tumbling Tots III (4-6 years)

This new class is designed for tumblers who have already taken Tumbling Tots I and Tumbling Tots II. Your child must be able to do a forward roll and a cartwheel.

Fall:

Instructor: Tammy Slovensky

38033-A	T	11:00-11:30 AM	8WKS	9/1	\$22
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Instructor: Amber McMeans

38033-B	T	6:30-7:00 PM	8WKS	9/1	\$22
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Holiday:

Instructor: Tammy Slovensky

39033-A	T	11:00-11:30 AM	5WKS	11/3	\$14
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Instructor: Amber McMeans

39033-B	T	6:30-7:00 PM	5WKS	11/3	\$14
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**Beginner Gymnastics** (6-11 years)

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars and vault.

Fall:

Instructor: Tammy Slovensky

38051-A	W	6:00-7:00 PM	8WKS	9/2	\$26
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Instructor: Amber McMeans

38051-B	T	7:00-8:00 PM	8WKS	9/1	\$26
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Instructor: Tana Eden

38051-C	M	5:30-6:30 PM	8WKS	8/31	\$26
38051-D	T	5:30-6:30 PM	8WKS	9/1	\$26
38051-E	T	6:30-7:30 PM	8WKS	9/1	\$26
38051-F	W	5:30-6:30 PM	8WKS	9/2	\$26
38051-G	TH	5:30-6:30 PM	8WKS	9/3	\$26

Holiday:

Instructor: Tammy Slovensky

39051-A	W	6:00-7:00 PM	5WKS	11/4	\$16
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Instructor: Amber McMeans

39051-B	T	7:00-8:00 PM	5WKS	11/3	\$16
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Instructor: Tana Eden

39051-C	M	5:30-6:30 PM	5WKS	11/2	\$16
39051-D	T	5:30-6:30 PM	5WKS	11/3	\$16
39051-E	T	6:30-7:30 PM	5WKS	11/3	\$16
39051-F	W	5:30-6:30 PM	5WKS	11/4	\$16
39051-G	TH	5:30-6:30 PM	5WKS	11/5	\$16

Boys Gymnastics (6-11 years)

Here's a class just for the boys! You will learn basic tumbling while working on strength, fine motor skills, and coordination.

Instructor: Scotty Cottle

Fall:

38080-A	T	6:00-6:30 PM	8WKS	9/1	\$22
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Holiday:

39080-A	T	6:00-6:30 PM	5WKS	11/3	\$14
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Advanced Beginner Boys Gymnastics

(6-11 years)

With your experience in beginning gymnastics under your belt, it is time to move to the advanced beginner class. You will continue to improve your skills and add new ones.

Instructor: Scotty Cottle

Fall:

38082-A	T	6:30-7:30 PM	8WKS	9/1	\$26
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Holiday:

39082-A	T	6:30-7:30 PM	5WKS	11/3	\$16
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Help Us Help You!

Please enroll early!

Help us keep your favorite classes around by enrolling early. There is a point when classes must be cancelled due to low enrollment. Help us prevent course cancellations by registering early.

Adult Programs

Personal Training

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. A one hour session is \$41 or a series of five is \$172. Sessions are set by appointment.

Instructors: *Bilal Roberts, BS Kinesiology/Fitness Management and William Reed, Certified Personal Trainer*

Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

Instructors: *Bilal Roberts, BS Kinesiology/Fitness Management and William Reed, Certified Personal Trainer*

Nutrition Counseling

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders, and general wellness. A one-hour session is \$52 or a series of 3 sessions is \$117. All evaluations are done by appointment.

Instructor: *Esther White, MS, RD, LD*

The Power Package

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes 2 sessions focused on nutrition with a customized diet plan and 2 sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$142 for the 4 sessions. All evaluations are done by appointment.

Instructors: *Esther White, MS, RD, LD, Bilal Roberts, BS Kinesiology/Fitness Management and William Reed, Certified Personal Trainer*

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: *Karen Cowley*

Fall:

48010A	MWThF	8:30-9:15 AM	8WKS	8/31	\$28
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Holiday:

49010A	MWThF	8:30-9:15 AM	5WKS	11/2	\$18
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Low Impact Aerobics

Join the fun and trim your buns with a variety of low impact work-outs. Classes are designed to motivate and energize you while building your strength and stamina.

Instructor: *Behka Hartmann (Certified Fitness Instructor)*

Fall:

48040A	MWF	9:15-10:15 AM	8WKS	8/31	\$36
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Holiday:

49040A	MWF	9:15-10:15 AM	5WKS	11/2	\$22
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Massage Therapy

At the Hurst Recreation Center

Would a 10 or 15 minute chair massage help you to relax, and relieve your stress? Or, would you prefer to pamper yourself with a 60, 90, or 120 minute massage? The Hurst Recreation Center now offers massage therapy. Enjoy a chair massage while your child attends a class, or schedule an appointment for a table massage. **For more information please check at the front desk of the Recreation Center or call 817.788.7325.**

Active Independents

Attention Seniors! Are you looking for an exercise class scaled to your fitness level? This class is all inclusive functional fitness with focus on the 10 points of fitness.

Instructor: *William Reed (Certified Fitness Instructor)*

Fall:

48333-A	TTH	10:30-11:30 AM	8WKS	9/1	\$28
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Holiday:

49333-A	TTH	10:30-11:30 AM	5WKS	11/3	\$18
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Legs and Abs

Do you want to focus on improving your leg and abdominal muscles? This class will help you better define these two areas.

Instructor: *Michelle Lada (Certified Aerobics Instructor)*

Fall:

48030A	S	10:20-11:00 AM	8WKS	9/5	\$28
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Holiday:

49030A	S	10:20-11:00 AM	5WKS	11/7	\$18
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Camp HRC

Do you have high blood pressure, Type II Diabetes (adult onset), low back pain (non-traumatic), feel sluggish, and just physically unconditioned? It's time to get in shape! Exercise can prevent, treat, and cure diseases associated with poor diet and sedentary lifestyle. Exercise to increase metabolism, bone density, improve body composition, increase energy levels, and more.

Instructor: *Bilal Roberts (B.S. Kinesiology/Fitness Management)*

September:

48998-A	MW	7:15-8:10 PM	4WKS	9/2	\$25
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48998-B	TTH	5:00-5:55 PM	4WKS	9/1	\$25
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48998-C	MW	7:15-8:10 PM	4WKS	10/5	\$25
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48998-D	TTH	5:00-5:55 PM	4WKS	10/6	\$25
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48998-E	MW	7:15-8:10 PM	4WKS	11/2	\$25
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48998-F	TTH	5:00-5:55 PM	4WKS	11/3	\$25
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48998-G	MW	7:15-8:10 PM	4WKS	12/2	\$25
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48998-H	TTH	5:00-5:55 PM	4WKS	12/3	\$25
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48998-I	MW	7:15-8:10 PM	4WKS	12/2	\$25
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48998-J	TTH	5:00-5:55 PM	4WKS	12/3	\$25
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NEW CLASS! Crossfit for Adults

This high intensity, total body workout uses functional every day movements to get you exercising. The workout and movements will be scaled to meet your personal fitness level and ability.

Instructor: *William Reed (Certified Fitness Instructor)*

Fall:

48005-A	TTH	6:00-6:55 PM	8WKS	9/1	\$32
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Holiday:

49005-A	TTH	6:00-6:55 PM	5WKS	11/3	\$20
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Cardio Mix

Let's mix it up and keep your body challenged. We'll vary our workout of cardio exercises from step aerobics, interval training, and boot-camp style workouts to keep your body guessing so you keep seeing positive results.

Instructor: *Michelle Lada (Certified Aerobics Instructor)*

Fall:

48020-A	MW	5:30-6:15 PM	8WKS	8/31	\$28
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Holiday:

49020-A	MW	5:30-6:15 PM	5WKS	11/2	\$18
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Bootcamp

Come tone and tighten that awesome body of yours with a variety of workouts including core strength, stability ball, weights, step, circuits, interval training and much more. Keep your body energized up and working and let's achieve your goals!

Instructor: *Behka Hartmann (Certified Fitness Instructor)*

Fall:

48420-A	MW	6:35-7:35 AM	8WKS	8/31	\$36
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Holiday:

49420-A	MW	6:35-7:35 AM	5WKS	11/2	\$22
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Slim It Out, Tone It Up

Do you want to be sleek and slim? Join this class for a great mix of strengthening and toning exercises to reinvent your body. You will get a total body workout and focus on your core to create a strong and healthy look. This class will challenge and encourage you to meet your goals!

Instructor: *Esther White, MS, RD, LD*

Fall:

48015-A	TTH	6:40-7:30 AM	8WKS	9/1	\$28
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Holiday:

49015-A	TTH	6:40-7:30 AM	5WKS	11/3	\$18
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Body Sculpting

Here's the total body muscle strengthening class you've been looking for! We'll work on our total body strength using stability balls, tubing, dumbbells, and steps.

Instructor: Michelle Lada (Certified Aerobics Instructor)

Fall:

48555-A	MW	6:20:7:10 PM	8WKS	8/31	\$34
48555-B	S	9:15 AM-10:15 AM	8WKS	9/5	\$17

Holiday:

49555-A	MW	6:20:7:10 PM	5WKS	11/2	\$21
49555-B	S	9:15 AM-10:15 AM	5WKS	11/7	\$11

Cycle and Core

Challenge yourself with a great combo cardio and strength class. Come prepared to spin, sweat, and strengthen for a total body workout. Bring water, bike shorts or padded seat cover, and determination!

Instructor: Esther White, MS, RD, LD

Fall:

48300-A	T	5:15-6:35 PM	8WKS	9/1	\$22
48300-B	T	6:00:7:00 PM	8WKS	9/1	\$20

Holiday:

49300-A	T	5:15-6:35 PM	5WKS	11/3	\$14
49300-B	T	6:00:7:00 PM	5WKS	11/3	\$12

Spin & Sweat

Join us for the latest in fitness craze: Spinning! Spinning turns the basics of cycling into a great cardio workout. Get ready to work hard and sweat like crazy.

Fall:

Instructor: Esther White, MS, RD, LD

48444-A	TH	5:15-6:15 PM	8WKS	9/3	\$22
48444-B	TH	6:15-7:00 PM	8WKS	9/3	\$20

Instructor: Michelle Lada (Certified Aerobics Instructor)

48444-C	TTH	6:45-7:45 AM	8WKS	9/1	\$36
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Holiday:

Instructor: Esther White, MS, RD, LD

49444-A	TH	5:15-6:15 PM	5WKS	11/5	\$14
49444-B	TH	6:15-7:00 PM	5WKS	11/5	\$13

Instructor: Michelle Lada (Certified Aerobics Instructor)

49444-C	TTH	6:45-7:45 AM	5WKS	11/3	\$22
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Hurst Hustlers Running Club

Come join runners of all levels and abilities for a workout. We will accomplish speed, distance, and fun! Perfect way to make friends and meet your running goals!

Instructor: Esther White, MS, RD, L

Fall:

48001-A	M	6:00:7:00 PM	8WKS	8/31	\$30
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Holiday:

49001-A	M	6:00:7:00 PM	5WKS	11/2	\$19
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Hatha Yoga

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility, balance, and tone your body. Discover the technique of breath control, centering and meditation. (Eat nothing 2 hours prior to class and bring a lap blanket.)

Fall:

Instructor: Jessica Copeland

48100-A	T	9:15-10:15 AM	8WKS	9/1	\$32
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Instructor: Behka Hartmann

48100-B	F	10:15-11:15 AM	8WKS	9/4	\$32
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Holiday:

Instructor: Jessica Copeland

49100-A	T	9:15-10:15 AM	5WKS	11/3	\$20
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Instructor: Behka Hartmann

49100-B	F	10:15-11:15 AM	5WKS	11/6	\$20
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Scaravelli Yoga

Relax and renew with Scaravelli-style yoga. This user-friendly style of yoga emphasizes the use of breath and gravity to lengthen the spine allowing yoga poses to unfold naturally and comfortably. (Please bring a blanket to class.)

Instructor: Julie Vela (Certified and registered with Yoga Alliance)

Fall:

48100-C	M	8:15-9:15 PM	8WKS	8/31	\$28
48100-D	W	8:15-9:15 PM	8WKS	9/2	\$28

Holiday:

49100-C	M	8:15-9:15 PM	5WKS	11/2	\$28
49100-D	W	8:15-9:15 PM	5WKS	11/4	\$28

ITF — Tae Kwon Do

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, and stress relief while building self-esteem and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

Fall:

WHITE BELTS: (5 and up)

28700-A	S	3:00-4:00 PM	8WKS	9/5	\$28
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COLORED BELTS: (5 and up)

28700-B	S	4:00-5:00 PM	8WKS	9/5	\$28
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Holiday:

WHITE BELTS: (5 and up)

29700-A	S	3:00-4:00 PM	5WKS	11/7	\$28
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COLORED BELTS: (5 and up)

29700-B	S	4:00-5:00 PM	5WKS	11/7	\$28
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Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

Instructor: Kim Mesa (5th degree Black Belt)

September:

48800A	M	7:00-8:30 PM	4WKS	9/2	\$32
	W	7:00-8:30 PM			
	S	10:05-11:30 AM			

October:

48800B	M	7:00-8:30 PM	4WKS	10/5	\$32
	W	7:00-8:30 PM			
	S	10:05-11:30 AM			

November:

48800C	M	7:00-8:30 PM	4WKS	11/2	\$32
	W	7:00-8:30 PM			
	S	10:05-11:30 AM			

December:

48800D	M	7:00-8:30 PM	4WKS	12/7	\$32
	W	7:00-8:30 PM			
	S	10:05-11:30 AM			

Legends Martial Arts

You will develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being.

Instructor: Chris Malhiot

WHITE BELTS: (All beginners start in this class.)

September:

28500-A	TH	5:00-5:30 PM	4WKS	9/3	\$45
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October:

28500-B	TH	5:00-5:30 PM	4WKS	10/1	\$45
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November:

28500-C	TH	5:00-5:30 PM	4WKS	11/5	\$45
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December:

28500-D	TH	5:00-5:30 PM	4WKS	12/3	\$45
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ADULT YELLOW - BLACK BELT:

September:

48128-A	TH	7:00-9:00 PM	4WKS	9/3	\$45
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October:

48128-B	TH	7:00-9:00 PM	4WKS	10/1	\$45
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November:

48128-C	TH	7:00-9:00 PM	4WKS	11/5	\$45
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December:

48128-D	TH	7:00-9:00 PM	4WKS	12/3	\$45
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Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance, and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

Instructor: Dan Streeter

September:

48070A	TH	7:30-8:45 PM	4WKS	9/3	\$37
	S	9:05-10:30 AM			

October:

48070B	TH	7:30-8:45 PM	4WKS	10/1	\$37
	S	9:05-10:30 AM			

November:

48070C	TH	7:30-8:45 PM	4WKS	11/5	\$37
	S	9:05-10:30 AM			

December:

48070D	TH	7:30-8:45 PM	4WKS	12/3	\$37
	S	9:05-10:30 AM			

Porcelain Dolls

Learn each step of creating a beautiful and delicate porcelain doll. Brushes and paints will be provided for you to use in class. (Supply list)

Instructor: Micke Kelch

Fall:

48080A	TH	10:00-1:00 PM	8WKS	9/3	\$52
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Holiday:

49080A	TH	10:00-1:00 PM	5WKS	11/5	\$32
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Exploring Water Color

If you have always wanted to learn how to paint, then why not start with watercolors? This introductory class consists of basic techniques, color harmony, and composition. (Supply list)

Instructor: Lesley Talty

Fall:

48120A	M	9:30-Noon	4WKS	8/31	\$25
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Brush & Palette

Express your talent through the art of oil painting! Basic strokes, color mixing, and application will be covered. (Supply list)

Instructor: Elaine Roosz

Fall:

48110A	T	9:00-Noon	8WKS	9/1	\$50
48110B	T	6:30-9:00 PM	8WKS	9/1	\$50

Holiday:

49110A	T	9:00-Noon	5WKS	11/3	\$31
49110B	T	6:30-9:00 PM	5WKS	11/3	\$31

Adults on the Computer

Whether you have no idea how to turn on your computer or you're ready to cruise the Internet, we have a computer class for you. You will learn the basics of operating your computer and venture into word processing and spreadsheets.

Instructor: Vicki McMeans

Fall:

48600A	TH	11:35-1:00 PM	8WKS	9/3	\$50
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Holiday:

49600A	TH	11:35-1:00 PM	5WKS	11/5	\$31
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THE ABC's of MicroSoft WORD, EXCEL and POWERPOINT

Now that you have learned how to turn your PC on and off, let's learn how to use it! We'll explore the ABC's of MicroSoft Word, Excel, and Powerpoint.

Instructor: Vicki McMeans

Fall:

48666A	TH	9:35-10:55 AM	8WKS	9/3	\$50
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Holiday:

49666A	TH	9:35-10:55 AM	5WKS	11/5	\$31
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Guitar I

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (nylon strings preferred).

Instructor: Ray Wallace

Fall:

48500A	TH	7:15-8:15 PM	8WKS	9/3	\$30
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Holiday:

49500A	TH	7:15-8:15 PM	5WKS	11/5	\$19
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Guitar II (All Ages)

Wanting to learn more about playing your guitar? In this class, you will learn music theory, sight reading, and even learn your first solo piece.

Instructor: Ray Wallace

Fall:

28025A	T	6:00-7:00 PM	8WKS	9/1	\$30
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Holiday:

29025A	T	6:00-7:00 PM	5WKS	11/3	\$19
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Guitar III *(All Ages)*

Guitar III will help you further the skills you have already learned. You will learn more advanced skills and additional solo pieces of your choice. (The class will be presented in a workshop format.)

Instructor: Ray Wallace

Fall:

28023A	T	7:15-8:15 PM	8WKS	9/1	\$30
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Holiday:

29023A	T	7:15-8:15 PM	5WKS	11/3	\$19
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Belly Dance Basics

Fun dance class! Come learn the basics of belly dance, American Tribal Style! A healthy, low-impact dance class suitable for all body types.

Instructor: Pavalina

Fall:

48200A	T	7:00-8:00 PM	8WKS	9/1	\$40
48200B	TH	7:00-8:00 PM	8WKS	9/3	\$40

Holiday:

49200A	T	7:00-8:00 PM	5WKS	11/3	\$25
49200B	TH	7:00-8:00 PM	5WKS	11/5	\$25

Intermediate Belly Dance

This class will cover transitions and combinations of belly dance techniques and introduce Zills (finger symbols).

Instructor: Pavalina

Fall:

48225A	T	8:00-9:00 PM	8WKS	9/1	\$40
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Holiday:

49225A	T	8:00-9:00 PM	5WKS	11/3	\$25
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Advanced Belly Dance

This class will take you to the next step in belly dance. You will learn to use props and proper staging.

Instructor: Pavalina

Fall:

48227A	T	9:00-9:45 PM	8WKS	9/1	\$40
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Holiday:

49227A	T	9:00-9:45 PM	5WKS	11/3	\$25
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Tribal Evolution

This class will cover Tribal Fusion performance preparation.

Instructor: Pavalina

Fall:

48226A	TH	8:45-9:45 PM	8WKS	9/3	\$40
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Holiday:

49226A	TH	8:45-9:45 PM	5WKS	11/5	\$25
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Adult Tap Dance

Whether you have never put on a pair of tap shoes or you are a tap dancing fool, you will be a perfect fit. You will have fun and learn the basics of tap dancing and get a great workout too! Tap shoes required.

Instructor: LaTisha Clay

Fall:

48111A	T	7:00-8:00 PM	8WKS	9/1	\$30
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Holiday:

49111A	T	7:00-8:00 PM	5WKS	11/3	\$19
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NEW CLASS! Adult Dance Combo

Come get a taste of several styles of dance in one class. As a class, we will choose one style of dance to explore in depth, while we continue to learn more about ballet, tap, jazz, modern, and more. (Ballet and Tap shoes required.)

Instructor: LaTisha Clay

Fall:

48400A	T	8:00-9:30 PM	8WKS	9/1	\$36
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Holiday:

49400A	T	8:00-9:30 PM	5WKS	11/3	\$23
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Wedding/Party Dance: The Foxtrot

Come and learn the social dance that is danced at most weddings, parties, cruise ships, and "just fun" type gatherings: the Foxtrot! Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

Fall:

48165A	M	8:00-8:45 PM	4WKS	8/31	\$38
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Holiday:

49165A	M	8:00-8:45 PM	4WKS	11/2	\$38
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Line Dancing for Fun BrainTwisting and**Exercise**

Bring the whole family! We will learn a variety of line dances. Simple ones to harder ones will be taught. No one will be left behind. Step out of your box and challenge yourself with great combination patterns, cardio, playful and fun dance movements. Bring your water and dance attitude. Best yet...no partner needed. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

49150A	W	6:15-7:00 PM	4WKS	11/4	\$38
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Exercise/Workout Latin Style

Enjoy this fun, flirty, playful routine and workout through Cuban motion and syncopated steps. We will move and exercise to Latin style salsa and Cha Cha patterns plus some meringue and then cool down and stretch with the romantic Bolero. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to sweat and have fun. Men and women both are encouraged. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

Fall:

48135A	M	6:15-7:00 PM	4WKS	8/31	\$38
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48135B	M	6:15-7:00 PM	4WKS	10/5	\$38
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Holiday:

49135A	M	6:15-7:00 PM	4WKS	11/2	\$38
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Salsa — Part I

We will cover all the basics including cross over, right side pass, left side pass, turns, free style, and more! Leading for the men and following for the ladies will be taught. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples are encouraged but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48175A	W	8:00-8:45 PM	4WKS	9/2	\$38
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Intermediate Tango - American Standard and Argentine

Come and learn how to intermix the two most danced tangos together. We will combine both styles of dance with Gancho's, Ronde's different accent styles, techniques and timings of the Tango. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples only for this class. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48191A	M	7:05-7:55 PM	4WKS	8/31	\$38
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Wedding Party Dance - The Jitter Bug**Swing (Triple Time)**

The Swing is a great dance to know because it can be danced to most music played at weddings and parties. East coast swing is a triple or single time style of dance with a rock step. Both styles will be taught. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48180A	W	6:15-7:00 PM	4WKS	9/2	\$38
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Intermediate Waltz - Ballroom or Country

We will learn the styling and techniques of the waltz and add style and grace to your dance. Prerequisite: Must know more than just a box step in Waltz. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48195A	W	7:05-7:55 PM	4WKS	9/2	\$38
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The Romantic Rumba - Intermediate

The Rumba is the easy going tropical style of dance where you get to move your hips in slow motion as you dance. The Rumba is sultry and has Cuban and Puerto Rico influences. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48122A	M	7:05-7:55 PM	4WKS	10/5	\$38
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West Coast Swing - Part II

Bring your West Coast Swing favorite patterns to share with the class. We will break it down, teach it to the class, and even add to it! To enroll in this class, you must know basics such as baskets, whips, and passes. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48160A	M	8:00-8:45 PM	4WKS	10/5	\$38
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Fort Worth Shuffle - Country Dance

If you are going to dance in Fort Worth or Dallas, you have to come learn this dance! The Fort Worth Shuffle is smoother than the 3-step and has its own unique raps and turns. The Shuffle is really a unique dance style that is somewhat the origins of the Triple Two Step or Progressive Double Two Step. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48125A	W	6:15-7:00 PM	4WKS	10/7	\$38
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NEW CLASS! The Night Club Two-Step Country Slow Dancing - Beginner

Nightclub two-step—not to be confused with country two-step—is a slow and romantic dance. You will learn the rhythm and basic steps to the music. You will also learn how to move with a partner, the side-cross-side traveling step, and some simple turns and open breaks. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48140A	W	7:05-7:55 PM	4WKS	10/7	\$38
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Salsa - Part II

With the basics of Salsa under your belt, we will learn more advanced patterns, double turns, footwork, styling, patterns such as hammer locks, various pretzels and more. We will also review all the basics including cross over, right side pass, left side pass, turns, free style, and more! No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

48170A	W	8:00-8:45 PM	4WKS	10/7	\$38
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Intermediate Samba

Let's add to your existing dance patterns you learned in the beginning Samba class. We will learn Samba rolls from behind and in front, Bota Fogo's, volta's, and much more. We will also work on arm styling to improve your styling. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

49155A	M	7:05-7:55 PM	4WKS	11/2	\$38
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The Party Dance Plus Fun Line Dances

The Swing is a great dance to know because it can be danced to most music played at weddings and parties. East coast swing is a triple or single time style of dance with a rock step. Both styles will be taught. We will also learn the Cupid Shuffle and the Electric Slide. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

49130A	W	7:05-7:55 PM	4WKS	11/4	\$38
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Mexican Cultural Dances - Tejano, Cumbia and Bachata

These three South American cultural dances are danced at most Quinceñeras and Bodas (weddings) and are just fun to learn. Easy steps and relaxed frames, turns, and raps are included in the lesson. Come learn and enjoy to dance the dances of fiestas and parties of the Hispanic community. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. \$38 single/\$70 couple.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

49190A	W	8:00-8:45 PM	4WKS	11/4	\$38
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Tri-Cities Promenadors:

Did you know that the Tri-Cities Promenadors offer Square Dance lessons at the Brookside Center on Tuesday nights from 7:30-9:30 PM?

Drop by and give it a try!

Recreation Division Programs

Recreation Center Fees:

	<i>Hurst Residents</i>	<i>Non-Hurst Residents</i>
Daily Pass	\$1.00	\$5.00
Annual Pass <i>Youth (6 — 15 years)</i>	\$10.00 per year	\$40.00 per year
Annual Pass <i>Adult (16 — 64 years)</i>	\$25.00 per year	\$100.00 per year
Annual Pass <i>Senior (65+ years)</i>	\$10.00 per year	\$40.00 per year
Annual Family Pass	\$65.00 per year	N/A
Replacement Card Fee	\$5.00	\$5.00

Walk your way to fitness in Walktober

If walking is your favorite fitness activity, or if you'd like to start walking your way to fitness, join us at the Hurst Recreation Center for our next Healthy Hurst event, Walktober! To participate in Walktober, simply register for this event at the Hurst Recreation Center and keep track of the number of days that you walk on a treadmill or on the track at the Hurst Recreation Center during the month of October. Participants will qualify for incentive awards based on their level of participation. For more information on Walktober, contact the Hurst Recreation Center at 817.788.7325.



Healthy Hurst:

Healthy Hurst Online Wellness Program Information

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness, and fitness.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are also available to all participants as they track and log their fitness activities!

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst t-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst Program.

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness, and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health, and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817.788.7325.

Recreation Center Information:

700 Mary Drive: 817.788.7325

Hours of Operation:

Monday-Thursday 6:30 AM — 10:00 PM
 Friday 6:30 AM — 6:00 PM
 Saturday 9:00 AM — 6:00 PM
 Sunday 1:00 PM — 6:00 PM

Special Events

recreation

Special Events

NFL Punt, Pass and Kick Competition

Saturday, September 12

Hurst Community Park, 601 Precinct Line Rd.

1:00 — 3:00 PM

Boys and girls ages 8-15 can test their football punt, pass and kicking skills in this event sponsored by the National Football League, the Texas Amateur Athletic Federation, and the City of Hurst. The event is FREE.

For more information, call 817.788.7320.

Campfire Stories

Friday, October 23

Chisholm Park, Longhorn Pavilion, 2200 Norwood Drive

7:00 — 8:00 PM

Bring the family, marshmallows for roasting, lawn chairs or blankets, and experience the magic of the campfire and storytelling for all ages. The event is FREE.

For more information, call 817.788.7320.



Santa's Mailbox

December 1-13

Santa wants to hear from you! Here's your chance to tell Santa your "wish list." You can write to Santa, and he will write you back! Write your letter and drop it in one of Santa's Mailboxes from December 1-13. The mailboxes are located at the Hurst Recreation Center, Hurst Public Library, and Hurst City Hall. Santa's Mailbox is FREE.

For more information, call 817.788.7320.

Christmas Tree Lighting & Santa's Workshop

Tuesday, December 1

Hurst City Hall

6:00 — 8:00 PM

Join us for the lighting of the City's official Christmas Tree! Activities include: children's craft area, pony carousel, costumed characters, face painting, music, refreshments, and of course Santa and Ms. Claus! The event is FREE.

For more information, call 817.788.7320.



in Hurst

www.ci.hurst.tx.us :: ph 817.788.7325 :: fax 817.282.7081



Halloween Happenings

Saturday, October 31

North East Mall

6:00-8:00 PM

Calling all ghouls and goblins ages 12 and under! Hurst Parks and Recreation invites you to wear your favorite costume and attend the Halloween Happenings event at North East Mall. Activities include: games, prizes, and treats! The event is FREE.

For more information, call 817.788.7320.

31st Annual John Butler Memorial Senior Citizens Banquet

Saturday, December 12

Hurst Recreation Center

5:00-7:00 PM

Tickets will be available for Hurst Residents on Monday, October 12 and for non-residents on Thursday, November 12. You may pick up your tickets in person at the Hurst Recreation Center, or call 817-788-7320 to have your tickets mailed to you. There is a limit of TWO tickets per household. The event is FREE.

For more information, call 817.788.7320.



Patron Appreciation Week October 12-16

Join us at the Hurst Recreation Center as we celebrate our 9th year since the Recreation Center re-opened in October 2000. Since re-opening, more than 2.1 million patrons have participated at the Hurst Recreation Center. We'll have refreshments, and promo items all week to commemorate this special anniversary.

For more information call 817.788.7325.

Adult Softball Fall League Registration

Returning Teams:

(Teams that played in Hurst in 2009)

Monday, August 3, 8:00 AM-5:00 PM
and Tuesday, August 4, 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Open Registration:

Monday thru Friday, August 5-21
Monday, Wednesday, and Friday from 8:00 AM-5:00 PM
and Tuesday and Thursday from 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$300 for an 8 game season (No Fall Playoffs)

League Nights:

Monday-Friday

League Schedules:

Available August 25

Season Begins:

Monday, August 31

Adult Basketball Fall League Registration

Registration Begins September 8:

September 8-18

Monday, Wednesday and Friday, 8:00 AM-5:00 PM
and Tuesday and Thursday, 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$265 for a 7 game season (With Playoffs for teams who qualify)

League Nights:

Tuesday

League Schedules:

Available September 22

Season Begins:

September 29

**For more information,
call 817.788.7320.**

Youth Sports Associations:

Mid-Cities Premier Fastpitch Association

(MCPFA) 817.209.5409
or e-mail xtremesoftball94@yahoo.com
www.eteamz.com/hurstgsl

Mid-Cities Basketball Assn.

(MCBA) 817.354.6208
www.midcitiesbasketball.org

Mid-Cities PeeWee Football & Cheerleading Assn.

817.282.2390
www.midcitiespeeweefootball.org

Tri-Cities Baseball Assn.

(TCBA) 817.285.0200
www.tcbaseball.com

Hurst United Soccer Assn.

(HUSA) 817.282.8680
www.hurstunitedsoccer.com

Hurst Tennis Center

701 Mary Drive
817.788.7330

Welcome to the Hurst Tennis Center

*“Home of the Team Hurst
Junior Development Program”*

Junior Tennis

Pee Wee Tennis Camp (Ages 6 & under)

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games. Please bring a can of unopened balls to your first class.

Instructor: Bryan Combest and Staff

Times: 4:45 PM - 5:30 PM

Price: \$36 Days: Thursday

82601-A	Begins 9/3 - 4 weeks
82601-B	Begins 10/8 - 4 weeks
82601-C	Begins 11/5 - 4 weeks

Jr. Beginner Tennis (Ages 7 & up)

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games. Please bring a can of new, unopened balls to your first class.

Instructor: Bryan Combest and Staff

Times: 5:30 PM- 7:00 PM

Price: \$60 Days: Thursday

82502-A	Begins 9/3 - 4 weeks
82502-B	Begins 10/8 - 4 weeks
82502-C	Begins 11/5 - 4 weeks

Advanced Beginner/Intermediate Tennis Camp (Ages 11 and up)

Designed for players getting that want to advance to the next level. Perfect for Junior High and Junior Varsity players. Singles and doubles strategy and plenty of drills, techniques and tactics. Please bring a can of new, unopened balls to your first class.

Instructor: Bryan Combest

Times: 5:30-7:00 PM

Price: \$60 Days: Tuesday

82504-A	Begins 9/1 - 4 weeks
82504-B	Begins 10/6 - 4 weeks
82504-C	Begins 11/3 - 4 weeks

High School Drill Class (Ages 14 & up)

For High School players looking to improve their overall game. Singles and doubles, techniques and tactics. Please bring a can of new, unopened balls to your first class.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 5:30 PM- 7:00 PM

Price: \$60 Days: Thursday

82504-A	Begins 9/1 - 4 weeks
82504-B	Begins 10/6 - 4 weeks
82504-C	Begins 11/3 - 4 weeks

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's Prince ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Adult Programs

Adult Beginner/Advanced Beginner Clinic

Just for adults! Learn basic strokes, scoring, and strategy. Bring one can of new balls to first class.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 7:00 PM - 8:30 PM

Days: Tuesday

Price: \$60

82505-A	Begins 9/1 - 4 weeks
82505-B	Begins 10/6 - 4 weeks
82505-C	Begins 11/3 - 4 weeks

Adult Intermediate Clinic

This class is for adults who want to build on existing skills. You'll practice all shots and learn techniques and tactics. Please bring a can of new, unopened balls to your first class.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 7:00 PM - 8:30 PM

Days: Tuesday

Price: \$60

82506-A	Begins 9/1 - 4 weeks
82506-B	B egins 10/6 - 4 weeks
82506-C	Begins 11/3 - 4 weeks

Men's Open 4.0 Clinic

Meets each Thursday for men rated 4.0 or higher. Learn techniques and strategy. Must register three days in advance. Minimum of four participants.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 7:00 PM - 8:30 PM

Days: Thursday

Price: \$12

88444-A	Begins 9/3 - Weekly
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*Do you want
to practice your serve or
hit a few with a friend?*

CALL
817.788.7330
*for a court
reservation.*

Fall Operating Hours:

Mon.-Thurs. 8:00 AM -9:00 PM

Friday 8:00 AM - 6:00 PM

Saturday & Sunday 9:00 AM - 6:00 PM

Tennis Center Coordinator — Mike Campo, USPTA

Tennis Specialist — Kelly Langdon, USPTA

Tennis Attendants — Randy Cook, Wally Benson, Steven Lu, Mark Hargrove and Charlie Crosswait.

Tennis Instructors — Jason Brown, USPTA, Greg Smith, Sam Elliott, USPTA and Bryan Combest

*Please bring one can of new, unopened, tennis balls
to your first day of class.*

**How do I
know I am a
Hurst resident?**
*Residency is defined by:
living within the Hurst city
limits, receiving a water
bill from the City of Hurst
and paying property taxes
to the City of Hurst.*

How about a Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Tennis Professionals:

Hurst Tennis Specialist, **Kelly Langdon**, USPTA, or Tennis Center Coordinator, **Mike Campo**, USPTA

- \$48 per hour
- \$26 per half hour
- \$168 per series of 4 lessons

Lessons with Tennis Instructors:

Jason Brown, USPTA, **Greg Smith**, **Sam Elliott**, USPTA and **Bryan Combest**

- \$47 per hour
- \$25 per half hour
- \$168 per series of 4 lessons

The Tennis Center Staff also offers:

Private and group lessons. \$80 for 90 minute group lessons for league teams.

Services and Facilities:

- Lessons for all ages and abilities
- 10 lighted outdoor courts
- USRSA Racquet Stringers
- Prince Ball Machine
- USPTA Certified Instructors Available
- USTA Adult and Youth Leagues

Court Fees

(90 minutes)

- \$1 Hurst Residents
- \$2 Non-Residents

Racquet Stringing

The Tennis Center has a large choice of string and accessories for your racquet needs. We offer fast service and have three United States Racquet Stringer's Association stringers on staff.

Upcoming Tournaments

Mid-Cities Junior Circuit — TBA

Fall Adult Leagues begin

Oct. 6

must register by September 17

cost is \$25/person



Registration Easy-Options!

Walk-in registration beginning on Monday, August 3 at 7 AM, is open only to those participants who are Hurst residents. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address," are not eligible to register until August 10 at 7:00 AM. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Out of fairness to all citizens of our community, you may only register the members of your household. Non-residents will be able to register beginning Monday, August 10.

Classes begin the week of August 31. (Unless otherwise indicated.)

Walk-In Class Registration Times

Monday-Thursday	7:00 AM-9:00 PM	Saturday	9:30 AM-5:00 PM
Friday	7:00 AM-5:00 PM	Sunday	1:30 PM-5:00 PM

Sign-up to register online:

You do not have to wait until your appropriate registration date to activate your account and receive your username and password. Go ahead and do it the next time you are at the Recreation Center for your current class, or working out, and be sure to bring your Hurst water bill, property tax statement or apartment lease, and a photo ID as proof of Hurst residency, then you will be ready to register online the day registration begins.

Hurst Residents:

Mail-in (check or credit card payment), fax (credit card payment), online (credit card payment), and walk-in (cash, check or credit card payment) **registration for Recreation Classes August 3.**

Non-Residents:

Fax (credit card payment), online (credit card payment), and walk-in (cash, check or credit card payment) **registration for Recreation Classes begin August 10.**

Confirmation:

When you mail-in, fax, or online register, you will receive a confirmation notice through the postal mail or e-mail. You will be notified if the designated classes are not available. If the class is not available, you may select a second choice.

Supply List and Fees:

Some of our classes require a supply list. These classes are noted in the magazine. You will receive a supply list when you register. For those mailed, a list will be included with your confirmation letter. Supplies should not be purchased prior to the Friday before the class starts in case of cancellation. Any supply fees are due on the first day of class.

Refund Policy:

When you sign-up for one of our classes, we depend on your participation for a successful class. If you have unforeseen circumstances and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the class start date. Thank you for your cooperation.

Weather Policy:

In case of inclement weather, the Hurst Recreation Center will not conduct any classes if the H-E-B Independent School District cancels their classes for the day.

*Classes begin
the week of*

**August
31**

Parks and Recreation Board

Chairman: Alan Neace
Vice Chairman: Ralph Hurd
 Carol Cole
 Pat King
 Howard Shotwell
 Hank Williams
 Delbert Derrett
 Rod Robertson
 Estelle Teague

Recreation Staff

Recreation Director: Doug Kratz
Recreation Managers: Kim Mesa, Doug McDaniel,
 & Chris Watson
Recreation Center Supervisor: Mary Singleton
Senior Secretary: Jeanne Coons
Recreation Specialist: Kendall Thornton

Fall/Holiday 2009 Class Registration Form



Head of Household	Home Phone	Work Phone	E-mail Address
Street Address	Apt#	City	State/Zip

Participant's Name	Date of Birth	Gender	Class #	Fee	
1.					
2.					
3.					
4.					
5.					
			Sub-Total	\$	
Non-Resident Fee of \$2 per class		_____ x \$2 (# of classes)	= \$ _____	+ Sub-Total of \$ _____ =	Total Due \$ _____

Payment Method:

Check # _____
 Credit Card _____
 Cash/Money _____



Order

Checks Payable to :
City of Hurst

Mail to:
Hurst Parks and Recreation
Class Registration
700 Mary Drive
Hurst, Texas 76053

Fax to:
817-282-7081

Credit Card Payment Authorization:

Visa Mastercard Discover American Express

_____ / _____
 Expiration Date
 _____ / _____
 month year

As a participant in any City of Hurst Parks and Recreation Department program or user of the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from any injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I do fully release the City, its employees and officers from their own negligence for failure to properly design, inspect, or supervise the activities to be engaged in or equipment to be used by the undersigned or the minor from whom the undersigned has signed this release. The City does not provide any medical or other insurance protection or benefits for those who use recreational equipment or engage in activities on City premises.

BY SIGNING THIS RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

 SIGNATURE OF PARTICIPANT/USER SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18 DATE

The City of Hurst is proud to be an agency member of the following organizations:

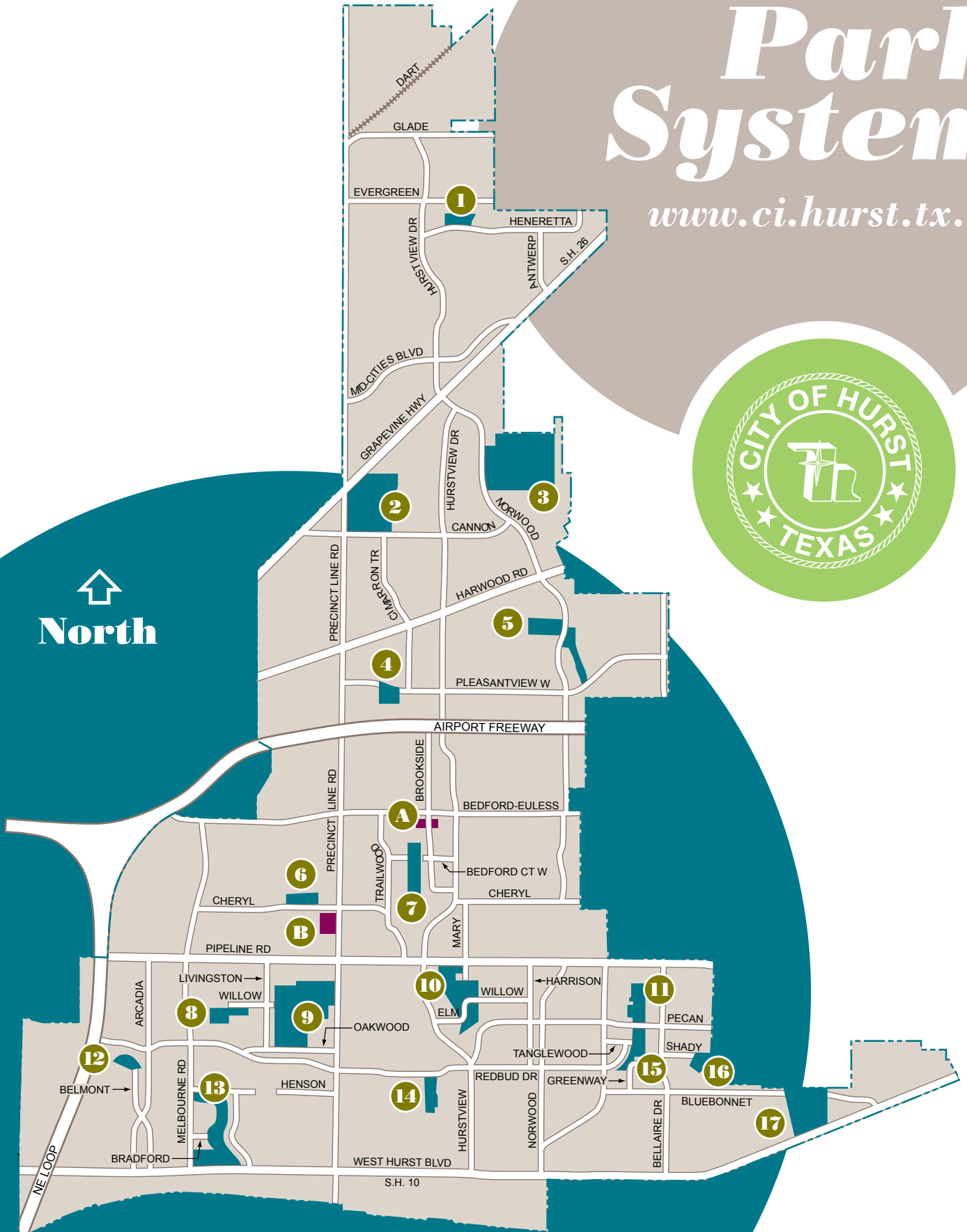


Park System

www.ci.hurst.tx.us



↑
North



Parks

1 ECHO HILLS PARK

500 Heneretta (7.1 Acres)

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

2 HURST ATHLETIC COMPLEX

2104 Precinct Line Road (42.2 Acres)

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

3 CHISHOLM PARK

2200 Norwood (50 Acres)

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

4 SMITH-BARFIELD PARK

640 Pleasantview (6.9 Acres)

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

5 MAYFAIR PARK

1725 Norwood (14.4 Acres)

- Youth Athletic Practice Fields (Unlighted)

6 WINDMILL PARK

840 Cheryl (2 Acres)

- Historical Marker

7 VALENTINE PARK

610 Bedford Court West (4 Acres)

- Youth Athletic Practice Field (Unlighted)

8 HURST HILLS PARK

575 Billie Ruth (4 Acres)

9 HURST COMMUNITY PARK

601 Precinct Line Road (44.9 Acres)

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

10 CENTRAL PARK

700 block of Mary Drive (17.5 Acres)

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

11 VIVAGENE COPELAND PARK

501 Pecan Drive (5.2 Acres)

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

12 JAYCEE BAKER PARK

500 Belmont (4.1 Acres)

- Playground
- Picnic Tables
- Restrooms
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

13 BILLY CREEK PARK

14 REDBUD PARK

525 Redbud Drive (7.2 Acres)

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

15 BELLAIRE PARK

500 Pecan Drive (6.4 Acres)

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

16 WAN-KA-KANI PARK

748 Shadylane (4.1 Acres)

- Picnic Tables

17 RICKEL PARK

1001 Bluebonnet (29 Acres)

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- 2 Pet Water Fountains
- Playground

Facilities

A BROOKSIDE CENTER

B HURST LIBRARY

Park Pavilions

listed are available for rental for \$25 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation.

For more information, call

817.788.7320



CITY OF HURST

1505 Precinct Line Road
Hurst, Texas 76054

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US POSTAGE
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HURST, TX
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Hurst Postal Customer