

SWINE FLU IN GUADALUPE COUNTY

There have been three confirmed cases of Swine Flu in Guadalupe County at this time. All three cases are related to Steele High School in Cibolo. There have been no confirmed cases in Seguin at this time. However, the administration staff at the City of Seguin feels that it is very important to educate the public on how to prevent the spread of the Swine Flu. The complete list of recommendations can be found at the links below. The major recommendations are as follows:

1. If you have mild flu like symptoms, STAY HOME.
2. Avoid large social gatherings, unless absolutely necessary.
3. Cover your cough with your elbow or a tissue.
4. Wash your hands frequently.

We are making every effort to control the spread of the virus to ensure the health of all.

http://www.dshs.state.tx.us/news/releases/swine_flu.shtm

<http://www.cdc.gov/swineflu/>

<http://www.pandemicflu.gov/>