MDR Tracking Number: M5-03-3280-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective June 17, 2001 and Commission Rule 133.305 titled <u>Medical Dispute Resolution - General</u> and 133.308 titled <u>Medical Dispute Resolution by</u> <u>Independent Review Organizations</u>, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent. The dispute was received on 8-5-03.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. Therefore, upon receipt of this Order and in accordance with §133.308(r)(9), the Commission hereby orders the respondent and non-prevailing party to **refund the requestor \$460.00** for the paid IRO fee. For the purposes of determining compliance with the order, the Commission will add 20 days to the date the order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The office visits, therapeutic activities, neuromuscular reeducation, gait training, massage, and joint mobilization were found to be medically necessary. The respondent raised no other reasons for denying reimbursement for the above listed services.

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Order is applicable to dates of service 3-27-03 through 4-4-03 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this 10th day of February 2004.

Dee Z. Torres Medical Dispute Resolution Officer Medical Review Division DZT/dzt

February 10, 2004

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NOTICE OF INDEPENDENT REVIEW DECISION Amended Letter

_____has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). _____ IRO Certificate Number is 5348. Texas Worker's Compensation Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent review of a Carrier's adverse medical necessity determination.

TWCC assigned the above-reference case to _____ for independent review in accordance with this Rule.

has performed an independent review of the proposed care to determine whether or not the adverse determination was appropriate. Relevant medical records, documentation provided by the parties referenced above and other documentation and written information submitted regarding this appeal was reviewed during the performance of this independent review.

This case was reviewed by a practicing chiropractor on the _____ external review panel. The reviewer has met the requirements for the ADL of TWCC or has been approved as an exception to the ADL requirement. The _____ chiropractor reviewer signed a statement certifying that no known conflicts of interest exist between this chiropractor and any of the treating physicians or providers or any of the physicians or providers who reviewed this case for a determination prior to the referral to _____ for independent review. In addition, the _____ chiropractor reviewer certified that the review was performed without bias for or against any party in this case.

Clinical History

This case concerns a 59 year-old female who sustained a work related injury on _____. The patient reported that while at work she tripped over an orange street cone. The patient was evaluated in an emergency room. The patient has been diagnoses with left displaced tibial shaft fracture and fibular fracture and lumbar sprain/strain. The patient underwent a intramedullary rodding of the left tibial shaft fracture on 10/8/02. This patient has also been treated with physical therapy that included moist heat, interferential electric stimulation and ultrasound. The patient has also been treated with spinal correction, joint mobilization and myofascial release. The patient underwent an orthopedic evaluation on 12/20/02 and physical therapy was recommended.

Requested Services

Office visit, therapeutic activities, neuromuscular reeducation, gait training, joint mobilization and massage from 3/27/03 through 4/4/03.

Decision

The Carrier's determination that these services were not medically necessary for the treatment of this patient's condition is overturned.

Rationale/Basis for Decision

The _____ chiropractor reviewer noted that this case concerns a 59 year-old female who sustained a work related injury to her left tibula and fibula on _____. The _____ chiropractor reviewer also noted that the diagnoses for this patient's condition were left displaced tibial shaft fracture and fibular fracture and lumbar sprain/strain. The _____ chiropractor reviewer further noted that the treatment for this patient's condition has included intramedullary rodding of the left tibial shaft fracture on 10/8/02 as well as physical therapy that included moist heat, interferential electric stimulation, ultrasound, spinal correction, joint mobilization and myofascial release. The

_____ chiropractor reviewer explained the documentation provided demonstrated the need for the treatment this patient received. The _____ chiropractor reviewer also explained that the treatment rendered to this patient was helpful and medically necessary. Therefore, the _____ chiropractor consultant concluded that the office visit, therapeutic activities, neuromuscular reeducation, gait training, joint mobilization and massage from 3/27/03 through 4/4/03 were medically necessary to treat this patient's condition.

Sincerely,