MDR Tracking Number: M5-03-3136-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective June, 2001 and Commission Rule 133.305 titled Medical Dispute Resolution- General, 133.307 titled Medical Dispute Resolution of a Medical Fee Dispute, and 133.308 titled Medical Dispute Resolution by Independent Review Organizations, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent. This dispute was received on 7-31-03.

The IRO reviewed work hardening program and FCE rendered from 8-6-02 through 8-23-02.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor did not prevail** on the issues of medical necessity. Consequently, the requestor is not owed a refund of the paid IRO fee.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

This dispute also contained services that were not addressed by the IRO and will be reviewed by the Medical Review Division.

On 10-6-03, the Medical Review Division submitted a Notice to requestor to submit additional documentation necessary to support the charges and to challenge the reasons the respondent had denied reimbursement within 14 days of the requestor's receipt of the Notice.

The following table identifies the disputed services and Medical Review Division's rationale:

DOS	CPT CODE	Billed\$	Paid\$	EOB	MAR\$	Reference	Rationale
			, and 4	Denial	(Max. Allowable		
				Code	Reimbursement)		
8-15-02	97545WHAP 97546WHAP	\$128.00 320.00	\$102.40 256.00	F,320	\$64.00/hr for CARF	96 MFG Med GR II E and Rule 133.307 (g)(3)	Carrier paid at the not CARF rate with denia "F, 320 – non-accredited interdisciplinary program. Payment reduced 20% below MAR or 20% below usual and customary. Requestor submitted relevant information to support its CARF accreditation. Recommend addition reimbursement of \$89.60.
TOTAL		\$448.00	\$358.40	,			The requestor is entitl to reimbursement of \$89.60.

### ORDER

Pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay for the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Decision is applicable for date of service 8-15-02 in this dispute.

This Order is hereby issued this 27th day of January 2004.

Dee Z. Torres Medical Dispute Resolution Officer Medical Review Division

September 19, 2003

#### NOTICE OF INDEPENDENT REVIEW DECISION

# **RE:** MDR Tracking #: M5-03-3136-01

has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO) IRO Certificate Number is 5348. Texas Worker's Compensation Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent review of a Carrier's adverse medical necessity determination. TWCC assigned the above-reference case to for independent review in accordance with this Rule.
has performed an independent review of the proposed care to determine whether or not the adverse determination was appropriate. Relevant medical records, documentation provided by the parties referenced above and other documentation and written information submitted regarding this appeal was reviewed during the performance of this independent review.
This case was reviewed by a practicing chiropractor on the external review panel. The reviewer has met the requirements for the ADL of TWCC or has been approved as an exception to the ADL requirement. The chiropractor reviewer signed a statement certifying that no known conflicts of interest exist between this chiropractor and any of the treating physicians or providers or any of the physicians or providers who reviewed this case for a determination prior to the referral to for independent review. In addition, the chiropractor reviewer certified that the review was performed without bias for or against any party in this case.

### Clinical History

This case concerns a 34 year-old female who sustained a work-related injury on \_\_\_\_. The patient reported that while at work she slipped in a wet spot on the floor, falling to the ground injuring her right ankle and low back. The patient underwent X-Rays and a MRI on 7/13/01 showed a 2mm disc protrusion at C5-C6 and a 5mm disc protrusion at the L5-S1. The patient underwent a lumbar laminectomy from L5-S1. The diagnoses for this patient included lumbar radiculopathy, herniated nucleus pulposus at L5-S1, lumbago, cervicalgia, and cervical myorascial injury. The patient has also been treated with physical epidural steroid injections, physical therapy, chiropractic treatment and work hardening program.

## Requested Services

Work hardening & functional capacity evaluation from 8/6/02 through 8/23/02.

## **Decision**

Sincerely,

The Carrier's determination that these services were not medically necessary for the treatment of this patient's condition is upheld.

### Rationale/Basis for Decision

The chiropractor reviewer noted that this case concerns a 34 year-old female who
sustained a work related injury to her right ankle and low back on The chiropractor
also noted that the diagnoses for this patient included radiculopathy, herniated nucleus
pulposus at L5-S1, lumbago, cervicalgia, and cervical myofascial injury. The chiropractor
reviewer further noted that the patient participated in a work hardening program from 8/6/02
through 8/23/02. The chiropractor reviewer indicated that for an injured employee to
participate in a work hardening program, the enrollee must fit the entrance criteria. The
chiropractor reviewer explained that the criteria for a work hardening program would be that the
person would likely benefit from the program, the person's current levels of function due to
illness or injury interfere with their ability to carry out specific tasks required in the work place,
the person whose medical/psychological or other conditions do not prohibit participation in the
program, and the person who is capable of attaining specific employment upon completion of
the program. The chiropractor reviewer noted that an FCE from 7/23/02 indicated that the patient had static lifting force ranging from 42lbs. on torso lift to 67lbs. on arm lift. The
chiropractor reviewer also noted that the patient's dynamic lifting capacity ranged from 40lbs.
(floor to shoulder) and 55lbs (knuckle to shoulder). The chiropractor reviewer indicated that
the patient's job as a packer is listed on the medium strength level in the Dictionary of
Occupational Titles (D.O.T.). The chiropractor reviewer explained that the patient was
deemed to be functioning at a light level. However, the chiropractor reviewer also explained
that according to the D.O.T, medium work capacity requires occasional lifting (21-50lbs.)
frequent (11-21lbs.) and constant (1-10lbs.). The chiropractor further explained that the
patient fits into the medium capacity and not the light category.
The chiropractor reviewer indicated that the documentation provided did not demonstrate
that a mental health evaluation was performed prior to the patient beginning the program to
determine the injured worker's readiness for the program. The chiropractor reviewer
explained that because of the patient's current level of functioning and the lack of a mental
health evaluation, the patient did not meet the criteria necessary for entrance into a work
hardening program. Therefore, the chiropractor consultant concluded that the work
hardening & functional capacity evaluation from 8/6/02 through 8/23/02 were not medically
necessary to treat this patient's condition.