#### MDR Tracking Number: M5-03-1821-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective January 1, 2002 and Commission Rule 133.305 and 133.308 titled <u>Medical Dispute Resolution by Independent Review Organizations</u>, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. Therefore, upon receipt of this Order and in accordance with §133.308(q)(9), the Commission hereby orders the respondent and non-prevailing party to **refund the requestor \$460.00** for the paid IRO fee. For the purposes of determining compliance with the order, the Commission will add 20 days to the date the order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The treatment, including the following: office visits, nerve conduction study, H/F reflex study, somatosensory testing, unlisted neurological procedure, aquatic therapy, special reports, kinetic activities, physical medicine exercises, physical medicine treatment, physical education services, physical performance test, electrical stimulation, medical conference and data analysis were found to be medically necessary. The respondent raised no other reasons for denying reimbursement for these charges: treatment, including the following: office visits, nerve conduction study, H/F reflex study, somatosensory testing, unlisted neurological procedure, aquatic therapy, special reports, kinetic activities, physical medicine exercises, physical medicine exercises, physical neurological procedure, aquatic therapy, special reports, kinetic activities, physical medicine exercises, physical medicine treatment, physical medicine treatment, physical education services, special reports, kinetic activities, physical medicine exercises, physical medicine treatment, physical medicine treatment, physical education services, physical performance test, electrical stimulation, medical conference and data analysis.

This Finding and Decision is hereby issued this 28<sup>th</sup> day of May 2003.

Carol R. Lawrence Medical Dispute Resolution Officer Medical Review Division

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Order is applicable to dates of service 3/29/02 through 10/8/02 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this 28<sup>th</sup> day of May 2003.

David R. Martinez, Manager Medical Dispute Resolution Medical Review Division DRM/crl

May 23, 2003

## NOTICE OF INDEPENDENT REVIEW DECISION

#### **RE:** MDR Tracking #: M5-03-1821-01

has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). \_\_\_\_\_ IRO Certificate Number is 5348. Texas Worker's Compensation Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent review of a Carrier's adverse medical necessity determination. TWCC assigned the above-reference case to \_\_\_\_\_ for independent review in accordance with this Rule.

has performed an independent review of the proposed care to determine whether or not the adverse determination was appropriate. Relevant medical records, documentation provided by the parties referenced above and other documentation and written information submitted regarding this appeal was reviewed during the performance of this independent review.

This case was reviewed by a practicing chiropractor on the \_\_\_\_\_ external review panel. The \_\_\_\_\_ chiropractor reviewer signed a statement certifying that no known conflicts of interest exist between this chiropractor and any of the treating physicians or providers or any of the physicians or providers who reviewed this case for a determination prior to the referral to \_\_\_\_\_ for independent review. In addition, the \_\_\_\_\_ chiropractor reviewer certified that the review was performed without bias for or against any party in this case.

#### Clinical History

This case concerns a 50 year-old male who sustained a work related injury on \_\_\_\_\_. The patient reported that while at work he was placing some boards under a bridge when he slipped and fell injuring his back. Diagnoses for this patient include displacement of lumbar intervertebral disc without myelopathy, thoracic subluxation, spasms of myscles, and lumbar subluxation. An MRI on 3/16/02 showed L2-3, L3-4 2mm symmetric annular disc bulges, at L4-5 there is a 4-5 mm left foraminal discal substance herniation and 2mm symmetric annular disc bulge and L5-S1 there is a 1-2mm symmetric annular disc bulge. The patient has been treated with therapy, oral medications and chiropractic care that included aquatic therapy, physical medicine exercises and treatments and electrical stimulation. The patient has undergone CMG/NCV and an orthopedic evaluation.

#### **Requested Services**

Nerve conduction study, H/F reflex study, somatosensory testing, unlisted neurological procedure, office visits, aquatic therapy, special reports, kinetic activities, physical medicine exercises, physical medicine treatment, physical education services, physical performance test, electrical stimulation, medical conference and data analysis from 03/29/02 through 10/8/02.

# **Decision**

The Carrier's determination that these services were not medically necessary for the treatment of this patient's condition is overturned.

### Rationale/Basis for Decision

The \_\_\_\_\_ chiropractor reviewer noted that this case concerns a 50 year-old male who sustained a work related injury to his back on \_\_\_\_\_. The \_\_\_\_ chiropractor reviewer also noted that the diagnoses for this patient included displacement of lumbar intervertebral disc without myelopathy, thoracic subluxation, spasms of muscles, and lumbar subluxation. The \_\_\_\_\_ chiropractor reviewer further noted that the patient was treated with therapy, oral medications and chiropractic care that included aquatic therapy, physical medicine exercises and treatments and electrical stimulation. The \_\_\_\_\_ chiropractor reviewer explained that the patient underwent services for a long period of time. However, the \_\_\_\_\_ chiropractor reviewer also explained that the nerve conduction study, H/F reflex study, somatosensory testing, unlisted neurological procedure, office visits, aquatic therapy, special reports, kinetic activities, physical medicine exercises, physical medicine treatment, physical education services, physical performance test, electrical stimulation, medical conference and data analysis from 03/29/02 through 10/8/02 were medically necessary to treat this patient's condition.

Sincerely,