MDR Tracking Number: M5-03-1575-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective January 1, 2003 and Commission Rule 133.305 and 133.308 titled Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. Therefore, upon receipt of this Order and in accordance with §133.308(q)(9), the Commission hereby Orders the respondent and non-prevailing party to **refund the requestor \$650.00** for the paid IRO fee. For the purposes of determining compliance with the order, the Commission will add 20-days to the date the Order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The physical therapy treatments were found to be medically necessary. The respondent raised no other reasons for denying reimbursement of the therapy treatment charges.

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20-days of receipt of this order. This Order is applicable to dates of service 5/28/02 through 6/24/02.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this 24th day of June 2003.

Margaret Q. Ojeda Medical Dispute Resolution Officer Medical Review Division MQO/mqo

NOTICE OF INDEPENDENT REVIEW DECISION

June 19, 2003

RE:

MDR Tracking #: M5-03-1575-01 IRO Certificate #: IRO4326

___has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the above referenced case to ____ for independent review in accordance with TWCC §133.308 which allows for medical dispute resolution by an IRO.

has performed an independent review of the rendered care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.
The independent review was performed by a physician reviewer who is board certified in neurosurgery which is the same specialty as the treating physician. The physician reviewer has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

Clinical History

This patient was injured on ___when she fell into a storm drain. She had subsequent lumbar spinal surgery on 03/11/02. Post operatively, she began a course of physical therapy which continued for eight weeks.

Requested Service(s)

Physical therapy treatments rendered from 05/28/02 through 06/24/02

Decision

It is determined that the physical therapy treatments rendered from 05/28/02 through 06/24/02 were medically necessary to treat this patient's condition.

Rationale/Basis for Decision

The amount and variety of physical therapy provided was medically necessary and appropriate. In the immediate post-operative period of physical therapy, this patient was only able to participate in lumbar stretching without aggravating her surgical site. She had difficulty with progression in her therapy regimen due to lumbar and leg pain. Every patient improves and responds to therapy at a different rate and this patient required longer one on one supervision and guidance to avoid further injury. Therefore, it is determined that the physical therapy treatments rendered from 05/28/02 through 06/24/02 was medically necessary.

Sincerely,