MDR Tracking Number: M5-03-1574-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective **January 1, 2003** and Commission Rule 133.305 and 133.308 titled <u>Medical Dispute Resolution by Independent Review Organizations</u>, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. Therefore, upon receipt of this Order and in accordance with §133.308(r)(9), the Commission hereby orders the respondent and non-prevailing party to **refund the requestor \$460.00** for the paid IRO fee. For the purposes of determining compliance with the order, the Commission will add 20 days to the date the order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The treatment/services rendered on 4-3-02 through 9-27-02 were found to be medically necessary. The respondent raised no other reasons for denying reimbursement for these charges.

The above Findings and Decision are hereby issued this 3rd day of July 2003.

Dee Z. Torres Medical Dispute Resolution Officer Medical Review Division

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Order is applicable to dates of service 4-3-02 through 9-27-02 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this 3rd day of July 2003.

Roy Lewis, Supervisor Medical Dispute Resolution Medical Review Division RL/dzt

## NOTICE OF INDEPENDENT REVIEW DECISION

RE: MDR Tracking #: M5-03-1574-01
has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO) IRO Certificate Number is 5348. Texas Worker's Compensation Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent review of a Carrier's adverse medical necessity determination. TWCC assigned the above-reference case to for independent review in accordance with this Rule.
has performed an independent review of the proposed care to determine whether or not the adverse determination was appropriate. Relevant medical records, documentation provided by the parties referenced above and other documentation and written information submitted regarding this appeal was reviewed during the performance of this independent review.
This case was reviewed by a practicing chiropractor on the external review panel. The chiropractor reviewer signed a statement certifying that no known conflicts of interest exist between this chiropractor and any of the treating physicians or providers or any of the physicians or providers who reviewed this case for a determination prior to the referral to for independent review. In addition, the chiropractor reviewer certified that the review was performed without bias for or against any party in this case.
Clinical History This case concerns a 45 year-old female who sustained a work related injury on The patient reported that while at work she developed carpal tunnel syndrome. The patient underwent carpal and cubital tunnel surgery in April 2001 on the left upper extremity followed by postsurgical rehabilitation. The patient then underwent carpal tunnel release for the right extremity in August of 2001 followed by postsurgical rehabilitation. The patient then received an injection on 11/29/01 and physical therapy following. The patient then underwent a repeat carpal tunnel release on the right 2/21/02 followed by postsurgical rehabilitation.
Requested Services Office visits with manipulations, electrical stimulation, joint mobilization, manual traction, ultrasound therapy, hot or cold packs, myofascial release, neuromuscular reeducation, physical therapy treatment, therapeutic exercises and special reports from 04/03/02 through 09/27/02.
<u>Decision</u> The Carrier's determination that these services were not medically necessary for the treatment of this patient's condition is overturned.
Rationale/Basis for Decision  The chiropractor reviewer noted that this case concerns a 45 year-old female who sustained a work related injury on The chiropractor reviewer also noted that the diagnoses for this patient included bilateral carpal tunnel syndrome. The chiropractor reviewer further noted that this patient was treated with carpal and cubital tunnel surgery in April of 2001 on the left upper extremity and carpal tunnel release for the right extremity in August of 2001. The chiropractor reviewer indicated that the

patient was treated with rehabilitation services after each surgery. The chiropractor reviewer
explained that after a review of the medical records provided, the treatment dates from 4/3/02 through
9/27/02 were reasonable and medically necessary. Therefore, the chiropractor consultant concluded
that the office visits with manipulations, electrical stimulation, joint mobilization, manual traction,
ultrasound therapy, hot or cold packs, myofascial release, neuromuscular reeducation, physical therapy
treatment, therapeutic exercises and special reports from 04/03/02 through 09/27/02 were medically
necessary to treat this patient's condition.

Sincerely,