### MDR Tracking Number: M5-03-1106-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective January 1, 2002 and Commission Rule 133.305 and 133.308 titled <u>Medical</u> <u>Dispute Resolution by Independent Review Organizations</u>, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent.

Date of service 1/2/02 was withdrawn by the requestor, and will therefore no longer be addressed in this Finding and Decision.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. Therefore, upon receipt of this Order and in accordance with §133.308(q)(9), the Commission hereby orders the respondent and non-prevailing party to **refund the requestor \$460.00** for the paid IRO fee. For the purposes of determining compliance with the order, the Commission will add 20 days to the date the order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The office visits, ROM, and physical therapy were found to be medically necessary. The respondent raised no other reasons for denying reimbursement for these office visits, ROM, and physical therapy charges.

This Finding and Decision is hereby issued this  $13^{th}$  day of, May 2003.

Carol R. Lawrence Medical Dispute Resolution Officer

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Order is applicable to dates of service 1/28/02 through 7/24/02 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this <u>13th</u> day of May 2003.

Roy Lewis, Supervisor Medical Dispute Resolution Medical Review Division

RL/cl

### NOTICE OF INDEPENDENT REVIEW DECISION

March 28, 2003

Rosalinda Lopez Program Administrator Medical Review Division Texas Workers Compensation Commission 4000 South IH-35, MS 48 Austin, TX 78704-7491

RE:	MDR Tracking #:	M5-03-1106-01
	IRO Certificate #:	IRO 4326

The \_\_\_\_\_ has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the above referenced case to \_\_\_\_\_ for independent review in accordance with TWCC Rule §133.308 which allows for medical dispute resolution by an IRO.

has performed an independent review of the rendered care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by a matched peer with the treating health care professional. This case was reviewed by a health care professional licensed in chiropractic care.

health care professional has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to \_\_\_\_\_ for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

# Clinical History

This patient sustained a work-related injury on \_\_\_\_\_ when he was lifting a 40-pound box and experienced a sharp pain over the right shoulder. An MRI performed on 02/01/02 revealed a partial tear of the right rotator cuff. The patient was evaluated by an orthopedic surgeon and was treated with injections. The patient received chiropractic care from 01/28/02 through 07/24/02 in the form of office visits, range of motion, and physical therapy.

# Requested Service(s)

Office visits, range of motion, and physical therapy from 01/28/02 through 07/24/02.

#### **Decision**

It is determined that the office visits, range of motion, and physical therapy from 01/28/02 through 07/24/02 were medically necessary to treat this patient's condition.

# Rationale/Basis for Decision

The patient was progressed through conservative management and released from care in a timely and effective manner. The patient was not able to complete the initial recommended trial of treatment given by the treating chiropractor, however, was eventually treated through conservative applications until the treatment paradigm was shifted to more intensive applications following the results of the MRI on 02/01/02. Therefore, the office visits, range of motion, and physical therapy from 01/28/02 through 07/24/02 was medically necessary.

Sincerely,