MDR Tracking Number: M5-03-0693-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective January 1, 2002 and Commission Rule 133.305 and 133.308 titled Medical Dispute Resolution by Independent Review Organizations, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. Therefore, upon receipt of this Order and in accordance with §133.308(q)(9), the Commission hereby orders the respondent and non-prevailing party to **refund the requestor \$450.00** for the paid IRO fee. For the purposes of determining compliance with the order, the Commission will add 20 days to the date the order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The physical therapy services were found to be medically necessary. The respondent raised no other reasons for denying reimbursement for these physical therapy service charges.

This Finding and Decision is hereby issued this <u>27th</u> day of February 2003.

Carol R. Lawrence Medical Dispute Resolution Officer Medical Review Division

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Order is applicable to dates of service 2/4/02 through 5/16/02 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this <u>27th</u> day of February 2003.

Roy Lewis, Supervisor Medical Dispute Resolution Medical Review Division

RL/cl

January 29, 2003

Rosalinda Lopez Texas Workers' Compensation Commission Medical Dispute Resolution 4000 South IH-35, MS 48 Austin, TX 78704-7491

Re: Medical Dispute Resolution

MDR #: M5.03.0693-01 IRO Certificate No.: IRO 5055

Dear Ms. Lopez:

has performed an independent review of the medical records of the abovenamed case to determine medical necessity. In performing this review, _____ reviewed relevant medical records, any documents provided by the parties referenced above, and any documentation and written information submitted in support of the dispute.

The independent review was performed by a matched peer with the treating health care provider. This case was reviewed by a physician who is certified in Chiropractic medicine.

Clinical History:

This male claimant injured his right should while on his job on ____. He was taken to the emergency room and was released to work duty with a medication prescription. The patient sustained an anterior dislocation that was reduced, and a partial-thickness tear that was noted on MR imaging on 09/27/01.

Conservative applications were administered, and the patient had minimal progression that warranted invasive applications. SLAP lesion repair of the supraspinatus musculature, arthroscopic acromioplasty, labrum repair, capsulorrhaphy, and loose body removal were performed on 12/18/01. He received postoperative therapies.

Disputed Services:

Physical therapy services rendered from 02/04/02 thru 05/16/02.

Decision:

The reviewer disagrees with the determination of the insurance carrier. The reviewer is of the opinion that the services rendered in question were medically necessary in this case.

Rationale for Decision:

It is obvious that the patient was under medically necessary postsurgical rehabilitation applications from 02/04/02 through 05/16/02. Quantitative and qualitative progress has been shown in the medical records supplied for this review, adding further to the necessity of its application.

The aforementioned treatment algorithm is represented in the following guidelines for clinical practice:

- 1. *Criteria for Shoulder Surgery*, published by the Washington State Department of Labor and Industries in 2002.
- 2. Clinical Practice Guidelines for Chronic Non-Malignant Pain Syndrome Patients II: An Evidence-Based Approach, published in the Journal of Back Musculoskeletal Rehabilitation in 1999.

I am the Secretary and General Counsel of ___ and I certify that the reviewing healthcare professional in this case has certified to our organization that there are no known conflicts of interest that exist between him and any of the treating physicians or other health care providers or any of the physicians or other health care providers who reviewed this case for determination prior to referral to the Independent Review Organization.

Sincerely,